

Underhill Town Plan changes

By Phyl Newbeck
Special to the Mountain Gazette

Throughout 2014 the Underhill Planning Commission (UPC) was hard at work updating their Town Plan, which expires in May of 2015. "They've been updating it chapter by chapter," said Zoning and Planning Administrator Sarah McShane, "and we're up to Natural Resources, which is our last chapter." Rather than wait to showcase a final draft, the UPC has been sending each section to the Chittenden County Regional Planning Commission (CCRPC) as they are completed. "They've provided us with comments all along," said McShane "so I think the regional approval process will be quicker."

McShane said there are no major changes in the plan but there are some additions. The state of Vermont now requires municipalities to address flood resiliency so they have drafted a new section addressing those concerns. The state also requires additional details about designated village centers including a map, so the Underhill Flats area has been included in that section. In the Natural Resources chapter the commission is currently working on a potential fluvial erosion hazard area and discussing ways to incorporate new river corridors, which is a state requirement for towns requesting emergency funding after flooding events.

Although there haven't been major changes, McShane described the commission as having taken "a fine tooth comb" to every chapter to make sure the language correctly conveys their intent. As each chapter is completed, it has been put on the town website for citizen review but McShane says public feedback has been somewhat limited. "I've had some interesting conversations with community members about sustainability and resiliency," she said. "We

hope to continue those conversations through the plan's adoption and implementation."

The hope is that the draft will be completed by Town Meeting Day. After that, the UPC intends to begin work on trying to connect Underhill's two village centers and to address traffic calming and walkability issues. They will also take time to determine their priorities for the upcoming year and hope to coordinate a meeting with the Jericho Planning Commission.

Planning Commission Vice Chair Clifford Peterson said one of the UPC's goals was to create a shorter plan, which would be easier to read. He noted that the most visible changes in the document are the ones dealing with hydrology issues such as flood resiliency and erosion. "That will show up throughout the plan with particular attention in the Natural Resources section," he said. "We live in a steep town and anyone who has lived here is aware that when you build a road, you're also building two streams."

McShane is excited about introducing the completed plan to the residents of Underhill. "It's a great opportunity to highlight what is important in the community," she said "and what gives Underhill its unique sense of place." Peterson is also looking forward to finishing the project. "There's nothing radical in it," he said. "We have two village centers which we want to promote and we love our landscape which we want to preserve."

The Underhill Planning Commission currently has one vacancy. Interested parties are urged to contact the town to apply for the position. The Planning Commission meets on the first and third Wednesday of every month at 6:30 PM.

Browns River Middle School awarded Drive to Education grant



Browns River Middle School was awarded \$1200 on Friday, December 19 from Berlin City Auto Group in Williston to help support after-school clubs and programs. The school was one of 13 Vermont schools to receive a Drive for Education grant. "We're so excited to have the ability to give back to our community. Since the creation of the Drive for Education program in 2011, we have given our schools in New England a total of \$319,890," said Yegor Malinovskii, Vice President of Berlin City Auto Group. Pictured left to right are BRMS students Jacob Marston, Josh Walp, Kade Kitchen Glodgett, Nate Preston.

PHOTO CONTRIBUTED

Tedford to read from St. Albans Raid book

Journalist Ted Tedford of Underhill Center will read from his book, *Incident at St. Albans*, and sign copies at the Jericho Town Library on Saturday, January 24 from 10:00 – 11:00 AM.

The book is a result of years of research and writing the story of the 21-year-old Kentuckian, leader of a group of Confederates who steal \$208,000 from three of the town's four banks, murder one man, and shoot two others before riding back to Canada on stolen horses. There, they face two trials in their struggle to resist extradition back to Vermont where a hangman's noose awaits.

Tedford was a reporter and editor at the *Burlington Free Press* for 20 years, having also worked for newspapers in Connecticut and New Jersey. He was editor and manager of the *Mountain Villager* and later wrote for the *Mountain Gazette* and *Champlain Business Journal*.

An excerpt from his book appeared in *Vermont Life Magazine*.

The author is available for interviews at any time.

MMUSIC Symphony Concert with the String Orchestra

Please join us for a Symphony Concert/pot luck dinner Wednesday, January 21. Dinner will start at 7:00 PM, and the concert will start at 7:30 PM.

Congratulations to the following instrumental students for their audition and acceptance into the Northwest District High School Music Festival. MMU is very proud of you!

Concert Band – Clarinet: Peter Barbagallo, Loughlin Neuert, Ella Bisbee; Alto Sax – Dylan Barbagallo, Colleen Wyatt; Tenor Sax: Cameron Smith; Trumpet: James Lavanway; Trombone: Jack Landis. **Wind Ensemble** – Flute: Maia Hendrickson, Alexa New, Celia Goodyear, Victoria Rosales, Kenzie Provencher; Oboe: Margaret Allen; Bassoon: Rebecca Barwin; Clarinet: Ginny Churchill, Charlie Cobb; Bass Clarinet: Ian Orlando; Alto Sax: Cory Raymond, Brian Rosmus; French Horn: David Brown; Trumpet: Elliot Lowe; Trombone: Josh Brown; Percussion: Michael O'Connor, Avi Bauer.

Mater Christi students perform Shakespeare



The combined 7th grade homerooms posed after taking turns performing *A Midsummer's Night Dream*. Top row, from left: Madeline Sawyer, Shelburne; Maren Altadonna, Essex; Lily Oliver, Burlington; Alessandra Magg, Shelburne; Asa Shlansky, Ferrisburgh; Melayna Sells, Essex Junction. Middle row: Isabella Magg, Shelburne; Bryanna Boucher, Colchester; Abhijit Dodgson, S. Hero; Ariella Aubin, Huntington; Fiona Nelson, S. Burlington; Michael Walsh, Shelburne; Brandon Pratico, No. Hero; Ethan Behr, So. Burlington; Nick LeBlanc, So. Burlington; John Bahrenburg, Shelburne; Bryan Hong, Burlington; Dallas Martell, Colchester; Caitlin Salmon, Essex Junction; Zara Gill, Winooski. Front row: Elizabeth Breen, Charlotte; Claire Ammirato, Westford; Brendyn Byrne, Essex; Claire Reilly, Burlington; Sara Fernandez-Young, Milton; Henry Ammirato, Westford; Mike North, S. Burlington; Will Bond, Shelburne; John Lang, Burlington; Mr. Allan Whayland, play director; Sam Thompson, Milton. On floor: Kian Arani, S. Burlington; Solomon John, Burlington.

PHOTO CONTRIBUTED

Around Christmas time each year, Mr. Allan Whayland's Mater Christi School seventh graders perform a play. This year's choice was William Shakespeare's *A Midsummer Night's Dream*. The play, written toward the end of the 16th century, features young lovers who fall comically in and out of love over the course of

a single, enchanted midsummer night.

The audience, composed of students from other grades in the school and the seventh graders' parents, was delighted with the romantic comedy performed in Mr. Whayland's classroom. Six performances (three per seventh grade homeroom) were given to accommodate

all who wanted to see the play.

Younger audience members were probably as mesmerized by the lights and fog as much as by the wonderful performance. On the other hand, adults in the audience were impressed by the actors' excellent interpretation of Shakespeare's original words.

Look for the new publication being inserted in the Mountain Gazette on January 22, 2015. **Our Schools**, an independent publication, will feature stories of student achievements from the schools in the CESU District including: Bolton, Huntington, Richmond, Underhill and Jericho.

NEWS BRIEFS

UNDERHILL-JERICHO FIRE DEPARTMENT

By Kitty Clark

EMERGENCY CALLS:

Wednesday, December 17, 2:38 AM – Smoke in residence, 36 Fitzsimonds Rd., Jericho

Wednesday, December 17, 11:26 AM – EMS, Underhill

Wednesday, December 17, 8:26 PM – Structure fire, 70 Barber Farm Rd., Jericho

Thursday, December 18, 9:53 PM – Mutual aid to Interstate 89, multi-car accident

Friday, December 19, 3:47 AM – Carbon monoxide alarm, 41 Leary Rd., Jericho

Friday, December 19, 6:07 PM – Accident, near 45 Nashville Rd., Jericho

Sunday, December 21, 10:34 AM – Fire alarm, Maple Leaf Farm, Underhill

Monday, December 22, 10:26 AM – EMS & lift assist, Jericho

Tuesday, December 23, 8:17 AM – Propane leak, 105 Hanley Lane, Jericho

Tuesday, December 23, 10:50 AM – EMS, Jericho

Tuesday, December 23, 11:29 AM – Electrical fire, 100 Raceway Rd., Jericho

Thursday, December 25, 5:19 PM – Fire in basement, 74 Maple Ridge Rd., Underhill

Thursday, December 25, 5:23 PM – Smoke alarm, burnt food, 33 Duffy Rd., Underhill

Friday, December 26, 9:55 PM – Carbon monoxide incident, 67 Old Pump Rd., Underhill

Tuesday, December 30, 8:00 AM – Mutual aid, Cambridge, assist with a recovery

Tuesday, December 30, 4:42 PM – EMS, Underhill

Thursday, January 1, 12:50 AM – Accident, intersection of Park St. and River Rd., Underhill

Thursday, January 1, 1:03 AM – Fire alarm activated, Maple Leaf Farm, Underhill

Thursday, January 1, 9:39 AM – Fire alarm activated, Maple Leaf Farm, Underhill

Thursday, January 1, 12:45 PM – Fire alarm activated, Maple Leaf Farm, Underhill

MEETINGS AND DRILLS:

Tuesday, December 2 – Maintenance night at both stations, going over the trucks and equipment. Chief's meeting and K's met to plan future drills.

Tuesday, December 9 – Following announcements, "UJFD, Extermination Play Book" with instructor Lieutenant Sean McCann. What apparatus leaves first (which is Rescue 1) and what needs to be done arriving on scene of an accident. Second apparatus to leave is an Engine. Next week will be a hands-on drill.

Tuesday, December 16 – Announcements, C2 Mat, thanked all the members who responded to the numerous calls that we had during the storm. Green Mountain Power employees were appreciative of our hospitality. Training was hands-on extrication in back of the station on three vehicles.

Tuesday, December 30 – Announcements: Mat thanked Tim, Johannes, Roy, and Lee for responding to Cambridge to help CFD with the recovery from the river. Three apprentice members – Marcus, Troy, and Connor – have completed the Chittenden County Basic Fire Course. Training was on "Ventilation" with instructor 2nd Assist Chief Tim Clark. Tim first wanted the members to keep the Cambridge firefighters in their thoughts as it was a difficult incident for them, spending two days at the river with a recovery. Discussion on "What is Ventilation," types, advantages, negative ventilation, positive pressure ventilation, and discussed the pros and cons of both positive and negative ventilation.

SAFETY MESSAGE:

If you have a steep driveway and it becomes slippery, please have it sanded in case you have a fire – so the fire trucks can make it up to your house. Twice this past month this was an issue and it makes it very difficult for the firefighters to set up quickly to extinguish the fire.

When you empty your ashes from your wood stove or fireplace, be sure to place them in a metal bucket, not a paper bag or cardboard box. Place them away from your residence.

Also, we all use our dryers more in the winter time, so be sure to empty the lint before each use and check your dryer vent.

Happy New Year, let's have a safe 2015 and practice fire safety every day.

Jericho Water Commissioners to hold meeting January 20

The Board of Water Commissioners of the Village of Jericho, Inc. will hold their monthly meeting on Tuesday, January 20 at 7:00 PM, at the Old Red Mill on 4B Red Mill Drive in Jericho.

VT Genealogy Library winter hours

Winter can be cold and dark but the Vermont Genealogy Library is toasty warm and we have lots of information that might help you find that missing ancestor. We have the VT Vital Records, baptism, marriage, and burial records, etc., as well as resources for New England, New York, and Canada. We are located on Hegeman Avenue, Fort Ethan Allen, Colchester. We're open Tuesdays 3:00 – 9:30 PM and Saturdays 10:00 AM – 4:00 PM. Please visit our website www.vtgenlib.org or call 802-310-9285 for more info. Our new schedule of classes starts in February.

Where to donate blood to the Red Cross

The American Red Cross asks people to make a resolution to give blood regularly in 2015, beginning with January National Blood Donor Month. Donated blood has a limited shelf life and must be constantly replenished to treat patients in need.

Thursday, January 8 – Essex Junction – 2:00 – 7:00 PM, Albert D Lawton School, 104 Maple St.

Friday, January 9 – Burlington – 10:00 AM – 3:00 PM, VT Dept. of Health, 8 Cherry St.

Saturday, January 10 – S. Burlington – 10:30 AM – 4:00 PM, University Mall, 155 Dorset St.

Tuesday, January 13 – Hinesburg – 12:30 – 6:00 PM, St. Jude's Parish Hall, VT Rt. 116

Wednesday, January 14 – Burlington – 8:00 AM – 1:00 PM, Dunkin Donuts, 471 Riverside Ave.

Wednesday, January 14 – Winooski – 10:00 AM – 3:00 PM, My Web Grocer, Champlain Mill, 20 Winooski Falls Way

Jericho icicle contest!

The Jericho Energy Task Force is once again sponsoring an icicle contest. We're asking residents of Jericho to send us photos of the icicles hanging from your eaves. Those icicles are a sign that heat is leaking out of your house and money is leaking out of your wallet. Send your photos to enerjericho@gmail.com and you'll be entered into a contest to win a free home energy audit to save that heat and money. Photos will be displayed at Town Meeting and residents will vote on the most impressive icicles.

COMMUNITY COLUMN

Ambushes

By Scott Funk
Aging in Place Advocate

How is it you can go to bed feeling great and wake up in the morning with a pain in your leg that turns out to be osteoarthritis? (For the younger readers of the column, osteoarthritis is a degeneration of joint cartilage and the underlying bone, causing pain and stiffness, usually in the hip, knee, spine, or thumb.)

It makes no sense. The right hip joint wore out last night and now there is bone on bone where cartilage used to be? What happened after I fell asleep? Was it a dream of "The Long March" and I walked across China?

These are ambushes: injuries haunting us from our past, or the general wear and tear of life finally catching up to us, and *Wham!* Out of nowhere you're limping around, looking for a cane. (Here is a sign you are over sixty: when you suddenly need a cane, it turns out you already own one.)

Naturally, I'm griping about this because it happened to me. One day I'm walking up and down the hills of Bare with my wife and our dog. Next day, I am hobbling about the house trying to figure out what happened.

Of course, whenever you have a health problem, you learn a lot of neat stuff. Like hip replacement surgery is one of the most common operations in America. The average age of the patients is 62. Slightly more women than men are affected. At least those are the statistics at Dartmouth Hitchcock.

You also suddenly encounter everyone in the Green Mountains

United Way Volunteer Connection Listings

By Sue Alenick, *United Way Volunteer Columnist*

Make volunteering your New Year's Resolution! Choose one of the options below or go to www.unitedwaycc.org/volunteer to check out more than 300 other volunteer options from local nonprofits, schools, and public partners, or call us at 860-1677.

GIVE SHELTER – CVOEO & United Way are looking for volunteers interested in helping with a planned low-barrier winter shelter for homeless individuals in Burlington. Pairs of volunteers will serve as awake-overnight shelter staff for one of two overnight shifts. If you are interested in learning more, contact Laurie Dana at 861-7832 or laurie@unitedwaycc.org to be added to our update list as plans are finalized.

JANUARY IS NATIONAL MENTORING MONTH and volunteers are needed in both community- and school-based programs. We will be featuring specific programs throughout the month:

Foster Grandparent Program of United Way of Chittenden County seeks volunteers age 55+ to work with children in preschools, child care centers, Head Starts, and elementary schools. Volunteers must serve a minimum of 15 hours/week, meet income guidelines, and receive a small, non-taxable stipend for their work. Volunteer sites are located in Chittenden, Franklin, and Grand Isle counties. Training and a background check are required. Contact Phet Keomanyvanh at 861-7821 or email phet@unitedwaycc.org.

Everybody Wins! Vermont is a statewide, school-based mentoring program which pairs mentors with 1st-5th grade students at elementary schools with a focus on improving literacy. Each mentor is paired with a student and spends one hour per week during the school year helping to build the child's own desire to read. When you read with a child... everybody wins! Go to <http://ewvt.org/locations.html> to see all of their sites. Contact Becky McCullough at 734-2959 or email becky@ewvt.org.

YouthBuild is an alternative high school, development, and job skill training program for men and women ages 16-24. Tutors are needed for these young people as they work toward their GED or diploma while receiving training in construction skills. Volunteers are asked for a minimum six month commitment, Wednesdays from 2:00 – 3:00 PM and provide one-on-one tutoring in basic reading and math skills. A background in education or training/development would be helpful. A background check is required. Contact Lizzy Fox at 223-6607 or email lfox@resourcevt.org.

DAY OF SERVICE – Essex CHIPS invites volunteers to join them on Monday, January 19 to celebrate Martin Luther King, Jr. Day with a day of service. Examples of past service projects: helping at the Heavenly Food Pantry, making Valentines for Veterans, helping at a winter clothing drive, making pet toys, assembling Special Olympics gift bags, painting at the Essex Senior Center, and more. Contact Adriane Schubert at 878-6982 or email adriane@essexchips.org.

YULE FUEL

Bring your Christmas tree FREE to CSWD and it will be recycled into heat & electricity!

- * Remove all ornaments, lights, tinsel, stands, etc., until all that's left is the tree itself. NO artificial snow.
- * If you bagged the tree, you must remove the bag when adding your tree to the Yule Fuel pile.
- * Bring your tree to CSWD Drop-Off Centers in Essex, Milton, Richmond, South Burlington & Williston, or the McNeil Wood & Yard Waste Depot in Burlington.

For hours, locations, and limits: www.cswdvt.com

CSWD | CHITTENDEN Solid Waste District | 872-8111 | www.cswd.net

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Letters Policy:

Maximum 450 words; one letter per writer, per calendar month.
Must be signed for attribution with writer's address and phone number.

Coming in our January 22 issue:

Our Schools

Our Schools is an added publication contributed by Richard Mindell featuring the children of the CESU school district. Each issue will focus on art, music, awards, sports, camps, class projects, and much more.

Email Richard at:

ramlamvt@hotmail.com

The Mountain Gazette is not responsible for any photos or information contained in the *Our Schools* pages.

PEOPLE IN THE NEWS

OBITUARIES



Martha (Kane) Tortolano, 77, of Underhill, VT passed away on Saturday, December 20, 2014. She was the beloved wife of Dr. William Tortolano of Underhill. Martha was the mother of SMSgt. William Tortolano III, USAF, and his wife, Maryann (Estabrook) Tortolano, of Alexandria, VA, Allegra (Tortolano) Havens and her husband, Brent, of Virginia Beach, VA, and Jonathan Tortolano and his wife, Janetta (Wilczewska) Tortolano, of Toronto, Canada. Her grandchildren are William IV, Julianne, and Joseph Tortolano, Fabia Wilczewska Tortolano, and Ariana Havens. She is also survived by her brother, Thomas Kane of Tucson, AZ. She was predeceased by her parents, Thomas and Evelyn (Sullivan) Kane, and granddaughter, Isabella Wilczewska Tortolano. Martha enjoyed an international reputation as a concert singer, including concerts and oratorio in the United States, Canada, Scotland, England, and Italy. Performances included the Vermont Symphony and Philharmonic; the Montreal Chamber Orchestra; soloist at St. Peter's Basilica, Rome; and soprano with Sir David Willcocks, in Mendelssohn's *Elijah* in England. For many years, Mrs. Tortolano was Voice Instructor at St. Michael's College, as well as a private studio of voice and piano. Many of her students went on to professional careers in music. She was a graduate of the New England Conservatory of Music (B.Mus.) and the University of Vermont (M.A.). For 15 years, she was a dedicated guide at the Shelburne Museum. Martha's greatest joy was her children. All are professional musicians (violin and cello) and all married professional musicians. The Lord wanted her to have her own orchestra. With her husband, they performed concerts at many venues including Cambridge University, St. Patrick's Cathedral (NYC), The University of Leeds, England, and the Basilica Santa/Sabina in Rome. Her master's thesis and recital was on the Twelve Tone Opera, *Lulu*, by Alban Berg. She made her operatic debut in *La Serva Padrona* by Pergo Lese. A devout Irish Catholic, she loved her family church, Sacred Heart Church in Portland, Maine, and the family parish, St. Thomas in Underhill, VT. Martha and William were married for 54 years. Visiting hours were at the LaVigne Funeral Home and Cremation Service, Winooski, on Friday, December 26, 2014. The Requiem Mass was celebrated at St. Thomas Catholic Church in Underhill on Saturday, December 27, 2014. Online condolences can be shared with the family at www.lavignefuneralhome.com. Donations in her memory may be made to Saint Anne's Shrine, Isle LaMotte, VT 05463.



star and direct in many theater productions for the St. Johnsbury Players, where she met her "Dear Joe." Joan's down-to-earth qualities and talents only added to her natural beauty, and not a soul who had the chance to know her was left untouched by her generosity, her gift of laughter, and her genuine love for all people. Aside from the theater, Joan loved to dance – the ballroom her second home, swing her favorite music, and the jitterbug her forté. Many remember Joan when she worked for the Music Shop and the Farmer's Daughter in St. Johnsbury, as well as the Candlemould Shop in Essex Junction. Owners prized Joan's work ethic and indefatigable devotion, and trusted her implicitly to manage their establishments. Customers stayed loyal to Joan when she opened her own shop, Plum Pudding, and many delighted in her impromptu teas and tours of her gardens filled with herbs and flowers. Joan's artistry and love of arts and crafts revealed an exquisitely elegant, giving, and talented woman who wore her heart on her sleeve and who was able to impart a unique, aesthetic style that appealed to so many. Joan liked to say that we are born from the stuff of stars, and that stardust is where we return. We have only to look up to the heavens to know that a star is born, and that Joan has once again found her rightful

place among the stars. For close to 50 years, Joan and Joe shared their love in marriage. We are eternally blessed to have been given the opportunity to share our love with Joan, our very own Queen of the Stardust Ballroom. Joan is survived by her husband, Joe Balaun; and children, Craig Arthur Balaun and his partner, Greg, of Reno, NV; Grace Andrea Shumski and her partner, John Coon, of Jericho, VT; Dwight Alan Balaun and his wife, Ronda, of Burlington, VT; and Gary Joseph Balaun of South Burlington, VT. Joanie leaves her brother, Robert Morris of St. Johnsbury; sister, Jean Morris of Charleston, VT; granddaughter, Lena Shumski of Essex, VT; sisters-in-law, Margaret Balaun Stearns of Newfane, VT and Roseanne Balaun of Salina, KS; and brothers-in-law John Balaun of Evergreen, CO, Ralph Balaun of Marysville, KS, and Paul Balaun of Neosho, MO. Joan was predeceased by her son Gary's identical twin, Jay Joseph Balaun; brother-in-law, Bill Balaun of Salina, KS; and brother, Raymond Morris. Visiting hours were held on Monday, January 5, 2015 at the Corbin and Palmer Funeral Home, Essex Junction, VT, followed with a special funeral service at First Congregational Church, Essex Junction, on Tuesday, January 6. Burial will be in the spring at Fairview Cemetery in Essex Junction, with a celebration of Joan's life at her gardens in Westford. In lieu of flowers, please consider a donation to the Visiting Nurse Association of Chittenden and Grand Isle Counties, 1110 Prim Rd., Colchester, VT 05446.

WELCOME HOME

BOLTON

(Perry) Colleen (Malloy) and Scott Perry had a daughter, Juniper Janilyn Perry, on Friday, October 24, 2014 at UVM Medical Center in Burlington, VT.

CAMBRIDGE

(Prescott) Sloane (Irwin) and Tyler Prescott had a daughter, CeCelia Grace Prescott, on Sunday, October 12, 2014 at Fletcher Allen Health Care in Burlington, VT.

(Stygles) Darla (Brown) and Ken Stygles had a daughter, Abigail Jane Stygles, on Monday, October 6, 2014 at Fletcher Allen Health Care in Burlington, VT.

(McMahon) Alicia (Rand) and Jaime McMahon had a daughter, Kasidy Bradley McMahon, on Wednesday, November 5, 2014 at Northwestern Medical Center in St. Albans, VT T.

FAIRFAX

(Albright) William and Beth Albright had a daughter, Axley Jem Albright, on Saturday, October 11, 2014 at Fletcher Allen Health Care in Burlington, VT.

(Lantagne, Raymond) Amanda Leigh Chmura Lantagne and Curtis Clarence Raymond had a son, Salem Francis Raylen Lantagne, on Friday, October 24, 2014 at Northwestern Medical Center in St. Albans, VT.

(Matton) Jillian (Pecor) and Trevor Matton had a daughter, Kendall Lee Matton, on Thursday, October 16, 2014 at Fletcher Allen Health Care in Burlington, VT.

(Hayden-Raley) Melissa and Michael Raley had a son, Marshall Adrian Raley, on Saturday, October 25, 2014 at UVM Medical Center in Burlington, VT.

(Hebert) Stephenie (Maglaris) and Cory Hebert had a daughter, Emmy Gloria Hebert, on Monday, October 27, 2014 at UVM Medical Center in Burlington, VT.

(Turner, Maskell) Matthew Maskell and Jessica Turner had a daughter, Maisie Shay Maskell, on Monday, October 27, 2014 at UVM Medical Center in Burlington, VT.

(Walsh) Rhanna (Longe) and Nick James Walsh had a son, Benjamin John Walsh, on Friday, November 14, 2014 at Northwestern Medical Center in St. Albans, VT.

JEFFERSONVILLE

(Baker, Quilliam) Monique Baker and Joshua Quilliam had a son, Brantly Quilliam, on Saturday, December 1, 2014 at Northwestern Medical Center in St. Albans, VT.

JERICHO

(Barone) Tracie (Lockyer) and Dominic Barone III, had a daughter, Audriana Emma Barone, on Wednesday, November 12, 2014 at Northwestern Medical Center in St. Albans, VT.

(Dailey, Crawford) Beth Dailey and Scott Crawford had a daughter, Rowan Lucy Crawford, on Sunday, October 26, 2014 at UVM Medical Center in Burlington, VT.

(Davis) Rebecca (Lipka) and Jerry Davis had a daughter, Nova Ruth Davis, on Friday, November 14, 2014 at UVM Medical Center in Burlington, VT.

(Shea) Katelyn (McLaughlin) and Rob Shea had a daughter, Emma Isabella Shea, on Wednesday, October 29, 2014 at Fletcher Allen Health Care in Burlington, VT.



Kedric Peter "Pete" Parent, 75, a longtime resident of Richmond, VT, passed away in the comfort of his home and family on Tuesday evening, December 23, 2014, following a brief battle with cancer. Born in Burlington on October 23, 1939, he was the son of the late Kedric J. and Gladys M. (Smith) Parent. On January 20, 1962 he married the former Sandra L. Potts in Waterbury, VT. Pete was a graduate of Richmond High School, and then went on to serve in the U.S. Army as a Paratrooper with the 82nd Airborne and 8th Infantry Division. Following his discharge he returned to his hometown, married his sweetheart Sandy, and they began a long and happy life together. Sandra was truly the love of his life. As testament to this love, Pete recently forgot a password to enter his computer. When he finally remembered it as "slp10," he declared it to be Sandra's initials and that she was a "10." Such was the love and respect he had for her through 53 years. Pete was employed by IBM in Essex Junction, VT for over 32 years, from which he retired. A lifelong student with a passion for continuing education, Pete earned his Bachelor of Science degree from Trinity College in Burlington, VT and his Master's degree from St. Michael's College in Colchester, VT, all while working full time and a busy family life. His memberships included the Richmond Congregational Church, where he served as Secretary for three years; the Green Mountain Community Alliance Church in Duxbury, VT; and he served the Town of Richmond as member and chairman of the Selectboard. In his leisure time, Pete enjoyed playing golf and was an avid reader. In his later years, he joyfully dedicated himself to spending as much time as possible with his grandchildren, Em-Dood, Lindser, and Zachy, as he liked to call them, attending their various activities and enjoying their adventures together. He kept busy picking them up and taking them wherever they needed to be. He never denied them a stop for ice cream as they traveled. Pete is survived by his wife of 53 years, Sandra L. Parent of Richmond; their children, Sharon Fantini and her husband, Mark, of Milton, VT, Mark Parent and his wife, Suzanne Bourgeois Parent, of Richmond; three grandchildren, Zachary Fantini, Emma Parent, and Lindsey Parent; brother, Gene "Bud" Parent and his wife, Evangeline, of Brookfield, VT; niece, Sarah Anderson and her husband, Seth; nephew, James Parent; as well as brother and sisters-in-law, and many nieces and nephews from the Potts side of the family. Pete was a kind and gentle soul who always tried to live his life with a smile on his face and laughter in his heart. Pete had a wonderful sense of humor and generosity for others. Friends and family were invited to a time of visitation and remembrance for Pete Parent from the Green Mountain Community Alliance Church, Duxbury, on Saturday, January 3. Graveside inurnment services will be held this spring in the Waterbury Center Cemetery. Assisting the family is the Perkins- Parker Funeral Home and Cremation Service in Waterbury. To send online condolences please visit us at www.perkinsparker.com and Facebook. For those who wish, memorial gifts in lieu of flowers would be appreciated to the Visiting Nurse Association of Chittenden and Grand Isle Counties, 1110 Prim Road, Colchester, VT 05446, www.vnacares.org.



A star is born: **Joan (Morris) Balaun** passed peacefully in her sleep with her husband by her side, at their home in Westford, VT on the winter solstice, Sunday, December 21, 2014. Joan was born on September 12, 1929 to Clayton and Dorothea (Stillwell) Morris in St. Johnsbury, VT. She graduated from the St. Johnsbury Academy in 1947, and went on to

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Ted & Jeff Alexander Route 15, Underhill
899-2056
Underhill's Family Owned Locally Operated Automotive Center for 33 Years

(Waite, Hevrin) Megan Waite and Corey Hevrin had a daughter, Sayah Jakori Hevrin, on Friday, October 31, 2014 at Fletcher Allen Health Care in Burlington, VT.

WEST BOLTON

(Courtemanche) Sarah (Kellerby) and Benjamin Courtemanche had a son, Cody Samuel Courtemanche, on Thursday, October 16, 2014 at Fletcher Allen Health Care in Burlington, VT.

WESTFORD

(Madori, Hale) Lea Madori and Daniel M. Hale had a son, Gunnar Madori Hale, on Monday, November 17, 2014 at UVM Medical Center in Burlington, VT.

(Morgan) Catherine and Jason Morgan had a son, Beckett Saunders Morgan, on Tuesday, November 18, 2014 at UVM Medical Center in Burlington, VT.

Send your news to mtgazette@earthlink.net or call **Brenda at (802) 453-6354**



Mountain High Pizza Pie

Monday - Wednesday
11:00 AM - 8:30 PM
Tuesday-Saturday
11:00 AM - 9:00 PM
Sunday 4:00 - 8:00 PM

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Jericho

Area Worship Services

CALVARY EPISCOPAL CHURCH
Calvary Episcopal Church is a welcoming, caring, Christian Community called to live the Gospel of Jesus Christ, grow our spiritual gifts, and serve our neighbors. 372 VT RT 15, Jericho Sunday Worship Service 9:30 AM Rev. Regina Christianson Rector Karen Floyd, Parish Administrator, 899-2326 www.calvarychurchvt.weebly.com

GOOD SHEPHERD LUTHERAN CHURCH (ELCA)
273 VT RT15 - between Jericho and Underhill
Rev. Phillip Roushey, Pastor. Sunday Worship 9:00 AM - Nursery Provided Sunday School for all ages - 10:30 AM
pastor_phil@goodshepherdjericho.org
www.GoodShepherdJericho.org

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Sunday School at 9:30 AM for all ages
Fellowship at 10:30 AM Youth group 6:15 PM
Sundays in Sunday school building
Signing for the deaf upon request 899-4911;
officejcc@comcast.net; www.jccvt.org

MOUNT MANSFIELD UNITARIAN UNIVERSALIST FELLOWSHIP
A Liberal Spiritual Community 195 VT RT 15, Jericho, VT 05465
Phone: 899-2558 [website www.mmuuf.org](http://www.mmuuf.org)
We gather at 9:30 AM at the newly renovated space at 195 VT RT 15, Jericho (red barn across from Packard Road) on the 2nd and 4th Sundays of September - All are welcome.

ST. THOMAS ROMAN CATHOLIC CHURCH
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Deacon: Peter Brooks Religious Ed. Coordinator: Laura Lynch Wells, 899-4770 Parish Secretary: Theresa Gingras Phone: 802-899-4632, email: stthomas5@myfairpoint.net, Website: www.stthomasvt.com

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COMMUNITY COLUMNS

Infectious information about the HPV vaccine

By Dr. Lewis First

Chief of Pediatrics at the UVM Children's Hospital

Recently parents have begun to ask me some pointed questions about the human papilloma virus (HPV) vaccine for preventing genital warts and cervical cancer. So this week, let me take my best shot and provide some information on this vaccine.

The HPV vaccine protects against getting infected with or spreading HPV, a sexually transmitted virus that causes genital warts and may lead to cervical cancer in women and cancer of the genitals, mouth, and throat in men. The virus often does not cause damage immediately but can do it years later, so people may not even know they have it and can pass it on to others. In fact it is estimated that 50 percent of sexually active women in this country will get HPV at some point in their lives if they do not get vaccinated.

The new vaccine against HPV works best when given to someone who has not been infected. That is why, according to recommendations from the Centers for Disease Control and Prevention and the American Academy of Pediatrics, it is being given to girls and guys ages 11-12 years old, ideally as a series of three shots over a six-month period. Hopefully, these children have not yet become sexually active, although the vaccine can still be given even when someone is in their 20s and has not yet been vaccinated.

What are the complications of this vaccine? Some parents believe we are giving live virus to their child, but **that is not true**. The vaccine contains bits and pieces of killed virus and thus cannot result in the complications of live virus, such as genital warts and cervical cancer. The only side effects of this vaccine that we are aware of are some soreness at the injection site, or feeling a bit faint afterward – and even these are rare.

Once your teenager gets this vaccine, it is important to remember that it only protects against one type of sexually transmitted disease. Make sure your child knows that they will still need to use appropriate protection if and when they become sexually active. If you have further questions, talk to your older child or teen's health care professional, who can tell you more about the benefits of this vaccine.

Hopefully tips like this will "wart off" or should I say ward off any misinformation you may have when it comes to making sure your children or teens receive this important vaccine.

Lewis First, MD, is chief of Pediatrics at the UVM Children's Hospital and chair of the Department of Pediatrics at UVM College of Medicine.

Music Appreciation 101

By Sue Kusserow

Special to the Mountain Gazette

There was a man named Noah ("My uncle is named Noah," says John) and he had a large boat. He had heard there was going to be a lot of rain ("There was a lot of rain yesterday," says Susan) and he felt he needed to get as many animals on his boat as he could, so they wouldn't drown. *The animals came in two by two*. Now hold your mouth when you say *two*. See how it makes a nice little O? *The elephant and the kangaroo*. See? You hold your mouth the same way, only you say a different word! That's called a rhyme. What's the next number? "THREE," says the Underhill Central School kindergarten. Right! Let's see if we can see each other's teeth. What word can you make with that same smile, but be a different word? "Bee," says Maven, "see," says Clyde, "knee," says someone, forgetting that useless letter K. And soon we are onto number FOUR/*The monkey forgot to close the door*; FIVE/alive, then up to TEN/"hen," says Jazz, adding each time, the River Jordan that we need to cross to get all the animals on "my uncle Noah's boat."

I am quite squeaky today, having over the years dropped from a soprano, to a deep rich tenor. But kids are natural sopranos, so I pitch upwards, sounding like a dropout from an Operetta. But no one cares, least of all me. It is my every Tuesday with Mrs. Curry's class of fourteen, and there are very few ancillary obligations that would keep me from being here. We have a rabbit, who needs to be fed various choices from the garden; a frog who went a-courtin' with a sword and a pistol by his side. Now, very few people have seen such a frog, "Has anyone here seen such a funny-looking frog?" But in the days before television and radio, "silly" songs were a wonderful way of connecting child to child, family to family. Those are listening songs, and the kids can't wait to sing "Dry Bones" *dem bones, dem bones, gonna wiggle around...* and get some movement into the singing. (Mrs. Curry is excellent at hopping and marching around all the desks to the directives of an old plantation tune!) There are wonderful songs about what we do when we go outside, with pantomime actions: a sledder, a snowball, a skier, and of course a snow angel. We don't really care about words, but we need songs that have a spirit. I am sure you have all sung: *Oh when the ants come marching in...* (two times, kids)... *they are headin' for the cupboard*. And occasionally, I will try a waltz or a lullaby to bring in some quiet (a relative term) listening: *Bye 'n Bye, Stars shining, number one,*

number two, number three. How I love my babe, Bye 'n bye.

What am I trying to teach? Nothing, really. I am doing what I am happy doing: making songs and music into a joy that can enhance our lives. Music has been found to be the most universal of emotions; it fills our brain quite completely. The charting done by scans and electrodes shows red and orange spots of involvement spreading through more of the parts of the brain than with most any other thought or action. Who among us has not marched along with John Phillip Sousa's "*Stars and Stripes Forever*," or remember singing "*Blowin' in the Wind*" with Peter, Paul and Mary? I probably have driven my poor teenage granddaughter into a corner of the car, with CDs playing Pete Seeger or Gordon Bok and my whistling along, although she is very good about it. Songs will keep with you most of your life. You will hum something later and it will bring memories of words and tunes (albeit with many humming spots), but you will always still have the joy of doing something you don't have to be good at... *It's a Grand Night for Singing, Swinging Along the Open Road, Whistling Dixie, How Can I Keep from Singing?* (a wonderful old Quaker hymn from North Carolina).

And all the animals we have met: foxes on chilly nights, froggies who went a-courtin', ladybugs who ate flea sandwiches at their picnics; rabbits whose favorite food were carrots, in any form (*in a pie? OH MY!*), and a turtle who hides in his shell until he forgets that you're there, and goes walking around with his head in the air. One inventive child ran for his coat, to curl up on the floor, covered with his "shell."

In the beginning, an appointed "helper" takes my guitar out of its case, and although I wait for a crash as they trip on the shoulder strap, they are so careful. And at the end of our singing, they are invited to come and strum the guitar and get acquainted for at least one chord. True to our cultural training, the girls are gentler and often pluck one string at a time. The boys use the wood face as a drum. I get hugged at the end... one little boy comes up to my rather flabby tummy and gives me a big hug. "Why do you kiss us on the head, Gramma Sue?" "Because it's the only place I can reach," I say. I am truly glad to be so honored to be asked back every week. I get so much more than I give, and that is the very basic essence of music. It will fit any need, any mood, any age. And as is obvious here, it unites generations: an 82-year-old lady stomping her feet, and a group of 5-year-olds clapping their hands. What a joy!

ART / MUSIC

ART/PHOTOGRAPHY

At the Emile A. Gruppe Gallery in Jericho, an exhibition of watercolors by Gilbert Myers of Williston, through December 31. Gill has retired from his practice of elder law but continues his passion for art in painting and giving. In 1980, Gill helped to build a church for the Yucatan Indians and supports the church with the sale of his art work. For more information, contact the gallery. Emile A Gruppe Gallery, 22 Barber Farm Rd., Jericho. Gallery owner Emilie Alexander. Gallery hours: Thursday-Sunday, 10:00 AM – 3:00 PM or by appointment. Information, www.emilegruppegallery.com or 899-3211.

Jericho artist and gallery owner Dianne Shullenberger's work is on exhibit through Saturday, January 24 as part of the show *Preoccupied* at Burlington City Arts, 135 Church St., Burlington. *Preoccupied* features visually stunning work that demands careful study. Each artist has accomplished incredibly ornate scenes that are impressive at first glance and upon closer inspection illustrate tiny features diligently cut, sewn, hashed, and drawn with the utmost attention to detail.

Bryan Memorial Gallery, 180 Main St., Jeffersonville. *Land and Light* exhibition through Sunday, December 28. Call to artists for *GEMS* to become members and submit to its annual exhibition of artwork in a small format, exhibiting through Sunday, December 28. Membership required. Specs, entry form, and information available at www.bryangallery.org. For information, 802-644-5100.

Celebrate *Art from the Heart* at City Hall Gallery, 149 Church St., Burlington, on exhibit through Friday, January 2 and featuring patient and volunteer art, information, and photos in a friendly, supportive, and creative environment for hospitalized children and their caregivers. Artistic improvisation with color, imagery, writing, music, movement and metaphor invites feelings of relief, escape, inspiration, and hope. Since 1994, Art from the Heart has been supporting a wholehearted community helping children, families, and caregivers feel better through art. To donate to *Art from the Heart*, go online to www.burlingtoncityarts.org/donate-become-member.

Art / Music continued on page 5

COMING EVENTS

Wednesday, January 7

The Cougar Returns to the East, 6:30 – 8:00 PM, Richmond Free Library, 201 Bridge St., Richmond. Cougars are not only being seen in eastern North America, some are attempting to re-colonize their former habitats. It's only a matter of time! Join Sue Morse for a magnificently illustrated discussion of cougar biology and ecology. Green Mountain Audubon Center members \$5, nonmembers \$10. No registration needed for slide presentation.

Friday, January 9

Queen City Contra Dance, 8:00 PM, Shelburne Town Hall, 5376 Shelburne Rd., Shelburne. Music by *Pete's Posse*; caller Mary Wesley. All are welcome, all dances taught, no partner or experience necessary. Beginners' session 7:45 PM. Admission is \$8 adults; under 12 free. Please bring clean, soft-soled shoes for dancing. Information, 802-371-9492 or 802-343-7165; www.queencitycontras.org.

Saturday, January 10

7th Annual Ladies Nordic Ski Expo, 8:30 AM – 5:30 PM, Trapp Family Lodge, Stowe. For women looking to learn and practice new ski skills, instructional sessions on classic and skate skiing, and backcountry and telemark techniques. Gear rental available (call ahead, 802-862-7000). Guest speakers Louise and Regina Limoge of *Vermont Climbing and Adventure School*. Lunch included in registration fee; après-ski social with wine, cheese, and chocolate tasting offered at the Lodge. For information including cost and to register, <http://catamounttrail.org/events/ladies-nordic-ski-expo/> or gmaino@catamounttrail.org.

Sunday, January 11

Drawing Birds in Motion, 1:00 – 4:00 PM, Green Mountain Audubon Center, 255 Sherman Hollow Rd., Huntington. Join Vermont artist Charles Norris-Brown and teacher/naturalist Gwendolyn Causer as we explore the anatomy and artistry of avian subjects. Working from photos, video and live subjects (at the bird feeders) we'll see how bird anatomy informs the movement of flight. All levels welcome, especially beginners! For adults and children 12+. For pre-registration and information including fee, 434-3068 or vermont@audubon.org.

Thursday, January 15

An Evening of Story & Poetry, 6:30 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Shelagh Shapiro and Malisa Garlieb for an evening of story and poetry. Shelagh Shapiro's novel *Shape of the Sky* tells the story of Resolute, Vermont – population 613 – a town trying to raise much-needed money by hosting a rock festival. Malisa Garlieb's debut poetry collection, *Handing Out Apples in Eden*, grapples with issues at the core of modern relationships. Both of these titles are published

Coming events continued on page 5

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Art / Music continued from page 4

Helen Day Art Center has chosen this year's recipient of the Giving Tree. The Waterbury Food Shelf has been picked to receive all non-perishable donations. The Giving Tree is a tradition of the *Festival of Trees and Light*. "We ask all our visitors to bring something for the Giving Tree whenever they come to the Art Center. Our goal is to fill the shelves and make sure that no one in our community goes hungry now and during the holidays", said Nathan Suter, Executive Director of Helen Day Art Center. The *Festival of Trees and Light* runs concurrently with the *Members' Art Show & Sale*. Helen Day Art Center, 90 Pond St., Stowe, 802-253-8358, www.helenday.com. Hours: Wednesday-Sunday, 12:00 – 5:00 PM, and by appointment.

The work of artist Michelle Ennis Jackson of Essex Junction is featured at Shelburne Vineyard's Tasting Room Gallery. The show, *Capturing the Essence of Vermont* runs through February 28. Shelburne Vineyard Wine Tasting Room, 6308 Shelburne Rd. (US Rt. 7), open 11:00 AM every day except Thanksgiving, Christmas, and New Year's Day. New exhibits by local artists change every four months. For more information, www.shelburnevineyard.com.

MUSIC

A New Year's Eve concert featuring Hannah Beth Crary, Hillary Stewart, the Fiddleheads, and the Highland Weavers will benefit the Gillett Pond Save the Dam fund. The concert begins at 7:30 PM on Wednesday, December 31 at Richmond

Congregational Church, Bridge St., Richmond. For information, contact Tim Whiteford, 434-4565 or whiteford@gmavt.net.

Dance and dine to toast the New Year and benefit the Vermont Symphony Orchestra, Wednesday, December 31, 7:30 PM – 12:30 AM, Sheraton Hotel and Conference Center Ballroom, S. Burlington. Ring in the new year and dance to the VT Jazz Ensemble. Proceeds benefit VSO's artistic and educational music programs throughout the state. Reception with a VSO ensemble; elegant dinner, silent auction. For information including cost and tickets, contact Amy Caldwell, 800-VSO-9293 x.16, amy@vso.org, or www.vso.org.

Young Tradition Vermont will bring in the New Year with two concerts on January 2 and 3, 2015 at the FlynnSpace in Burlington, Vermont. Friday, January 2 will feature some of the most creative and productive singers in the region who write their own material: *Cricket Blue* (Laura Heaberlin and Taylor Smith); Eric George, Addie Herbert; Chris Dorman; and Hannah Fair. Saturday, January 3 will feature tune players who have won annual Young Tradition Vermont Contests including The Irregular and Les Poules a Colin, with special guests Pria Schwall-Kearney and Kit Joyce from Australia, plus Anna Lindblad from Sweden. \$15 suggested donation to attend each concert. Reservations available by sending a message to mark.sustic@gmail.com. Doors open at 6:30 pm. General admission.

Cathedral Arts presents free, informal noontime concerts on Tuesdays, 12:00 – 1:00 PM at the Episcopal Cathedral, 2 Cherry

St., Burlington. Bring a bag lunch; coffee and tea provided. January 13, 2015: *Young Artists Concert* – This annual showcase recital presents gifted young Vermont musicians. January 27: *Sharing Our Songs* – Area singers and pianists present a program of classical song, including art song, musical theater, and opera arias.

Choral Services at St. Paul's Episcopal Cathedral, 2 Cherry St., Burlington. *Evening Prayer in the style of the Community of Taizé*, 7:30 PM, Sunday, January 18; Monday, March 30; Sunday June 7. Candlelight, chanted prayer, meditation, silence, in the manner of the French monastic community.

Myra Flynn, a Vermonter from Randolph, and her longtime musical partner Paul Boffa will be at Shelburne Vineyard, 6308 Shelburne Rd., Shelburne for a post-holiday house concert at 6:00 PM, Saturday, December 27, an intimate evening featuring her unique and personal blend of soulful songwriting and ageless covers. Admission is free and all are welcome.

Send your news, wedding announcements, births, graduations, awards, and obituaries

tomtgazette@earthlink.net

or

call Brenda at (802) 453-6354

Coming events continued from page 4

by Wind Ridge Books, based in Shelburne. Come celebrate local lit! Free. For information, www.phoenixbooks.biz or 448-3350.

Saturday, January 17

Bird Monitoring Walk, 8:00 – 10:00 AM, Green Mountain Audubon Center, 255 Sherman Hollow Rd., Huntington. Discover which "winter irruptives" are visiting Vermont from the far north. Check in on our "winter regulars" to see how they're surviving in the snow. Following a monthly monitoring route, we track bird populations in every season. All Ages; donations appreciated. No pre-registration needed.

Sunday, January 18

VT Respite House Memorial Tree Lighting and Remembrance Ceremony, 2:00 – 4:00 PM, Williston Federated Church, corner of US Rt. 2 and North Williston Rd., Williston.

Thursday, January 22

Hieroglyph: Stories and Visions for a Better Future, 6:30 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Kathryn Cramer, editor of the anthology *Hieroglyph*, and contributor James Cambias for a discussion of this collection of "stories and visions for a better future." This remarkable anthology unites twenty of today's leading thinkers, writers, and visionaries to contribute works of "techno-optimism" that challenge us to dream and do Big Stuff. Engaging, mind-bending, provocative, and imaginative, *Hieroglyph* offers a forward-thinking approach to the intersection of art and technology that has the power to change our world. Free. For information, www.phoenixbooks.biz or 448-3350.

Drawing Birds in Motion, 9:00 – 10:30 AM, Green Mountain Audubon Center, 255 Sherman Hollow Rd., Huntington. Can you crunch with your canines, catch with your talons, and munch with your mandibles? If so, you might be a predator. We'll forage for food, sniff for a snack, and hone our hunting skills. Let's howl, growl and growl! Ages 3-5 with adult companion. For pre-registration and information including fee, 434-3068 or vermont@audubon.org.

Sunday, January 25

Winter Wildlife Tracking: Bobcats to Birds, 8:15 AM – 4:30 PM, meet at Richmond Park and Ride, at I89 exit 11, Richmond. Join Sue Morse of *Keeping Track* and Sophie Mazowita of Audubon VT for a full day of reading the winter woods at Wolfrun in Jericho. We'll search for animal signs large and small, from fresh tracks and trails to a single hair snagged on tree bark as we reveal the stories of bobcat, deer, and black bear, and look and listen for winter birds and learn how their calls can alert us to the presence of predators. Hiking will be moderate, on and off trails. Snowshoes recommended. For pre-registration and information including fee, 434-3068 or vermont@audubon.org.

Saturday, January 31

Sharing the Wonder of Winter Early Childhood Workshop, 10:00 AM – 12:00 noon, Green Mountain Audubon Center, 255 Sherman Hollow Rd., Huntington. Are you looking for new ways to share nature with children? This professional development workshop, first in a seasonal series, will focus on building your toolkit of natural history knowledge, outdoor activities, and mentoring techniques. Explore animal tracks, winter birds, trees,

forts, and survival in the snow, ending with a discussion of our discoveries over hot cocoa by the warm woodstove. Perfect for Pre-K to 2nd grade educators, professionals, and caregivers. Homeschoolers and parents welcome. For pre-registration and information including fee, 434-3068 or vermont@audubon.org.

Saturday, February 7

Family Night Owls, 7:00 – 8:30 PM, Green Mountain Audubon Center, 255 Sherman Hollow Rd., Huntington. Venture out into the winter woods, awakening your night-time senses as we look and listen for owls. We'll leave our flashlights behind and travel by the light of the moon on a family-friendly walk, stopping for stories and calling out to the night birds. We'll come back from our adventure to warm up around the glow of a winter campfire. For families with children age 5 and up. For pre-registration and information including fee, 434-3068 or vermont@audubon.org.

Tuesday, February 10

'Snowflake' Bentley's 150th birthday symposium, 7:00 PM, Jericho Elementary School auditorium, VT Rt. 15, Jericho. Moderator Mark Breen, Fairbanks Museum and Planetarium, and VPR's original *Eye on the Sky*. Panelists Dr. Bruce Berryman, Lyndon State College, Lyndonville; Paul Sisson, National Weather Service, Burlington International Airport; and John Miller, Johnson State College. Following their discussion, the audience is invited to share Bentley's birthday cake. John Dunlop, cellist, and Laura Markowitz, violinist, members of the VT Symphony Orchestra and Jericho residents, will provide appropriate period music.

Saturday, February 14

Bird Monitoring Walk, 8:00 – 10:00 AM, Green Mountain Audubon Center, 255 Sherman Hollow Rd., Huntington. Discover which

"winter irruptives" are visiting Vermont from the far north. Check in on our "winter regulars" to see how they're surviving in the snow. Following a monthly monitoring route, we track bird populations in every season. All Ages; donations appreciated. No pre-registration needed.

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LIBRARY NEWS

DEBORAH RAWSON LIBRARY, UNDERHILL

Happy New Year from DRML! Thank you for making 2014 a wonderful year! We are so grateful to you, our patrons, and look forward to another year of providing good books, fun, engaging programs and a vibrant, active library space for all to enjoy! We hope to see you soon!

We will be CLOSED from Thursday, January 8 through Wednesday, January 14 for the installation of expanded library shelving. We will resume regular library hours on Thursday, January 15.

The art displayed in January is photos by Craig Calhoun.

The DRML Board of Trustees will meet on Thursday, January 15 at 7:00 PM in the fireplace room for the annual budget meeting for the library district. All DRML patrons are welcome and encouraged to attend.

Calling all Scrabble players! Monday, January 19, 6:30 – 8:30 PM is the next Scrabble night. Come join your neighbors for an evening of challenging word fun and laughter!

Legislative Update with Bill Frank and George Till will take place on Tuesday, January 20 at 6:30 PM in the fireplace room. Our local representatives will discuss topics of political interest from the 2015 Legislative Session.

Join presenters Janice Solek-Tefft and Kenneth Tefft on Wednesday, January 21 at 6:30 PM for a presentation and talk titled, "GaGa for Ghana and Peace Corps – a 'Perfect Fit'" about their experience in Ghana as part of the Peace Corps. Topics for discussion will include culture, language, education, and arts and crafts.

Join the Jericho Energy Task Force for their annual movie series beginning on Thursday, January 22 from 6:30 – 8:30 PM with the film Trashed: No Place for Waste. Popcorn and cider provided (but please bring your own cup and bowl.) Co-sponsored with Chittenden Solid Waste District.

Baby Time! Saturday, January 24 at 10:30 AM. Infants and babies up to 18 months are introduced to the wonders of language with nursery rhymes, songs, fingerplays, and board books. This is a great time for parents and childcare providers to connect, chat, and share ideas. Older siblings welcome. No registration required.

January Story Time! Drop in for stories, projects and a nutritious snack! Wednesdays, January 21 and 28 at 10:30 AM, and Thursdays, January 15, 22, and 29 at 10:00 AM. No registration required.

Join friends on Thursday, January 15 from 3:00 – 4:30 PM for TINKER TIME! Do you like creating new things from craft materials, recyclables, scraps, etc? Curious about how to make things work, enjoy taking things apart and experimenting and inventing? Kids in grades 3 and up can join Thad to take things apart and look inside and then use the parts to build something else! Call 899-4962 to sign up and reserve your spot in the workshop.

Join friends for Family Movie Night on Friday, January 23 from

6:30 – 9:00 PM. Plan to bring the whole gang to DRML for the family-friendly movie, Dolphin Tale 2. Bring your pillow and blanket and we'll provide the popcorn!

Legos! Join Thad for a Lego building session on Saturday, January 24 from 12:00 – 1:30 PM in the project room. Call 899-4962 to register.

Library hours: Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM – 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM; closed Monday. For information on any of the library's programs, call 899-4962.

JERICHO CENTER LIBRARY

Board meetings have been changed from the first Tuesday of the month to the first Monday at 7:15 PM. The next meeting is Monday, February 2.

The JTL newsletter has a new format! We are now sending an Electronic Newsletter to our subscriber list. Do you wish to subscribe? You can easily do so using the handy "Newsletter Sign-Up" widget found on our website <http://www.jerichotownlibraryvt.org/library-resources.html> as well as on our Facebook page, <https://www.facebook.com/JerichoTownLibrary>.

Library Survey & Raffle – We would love your feedback on library programs, book selection and general operations. Complete a short online survey (less than 5 minutes) to be entered to win the following prizes: free ski tuning from Ski Express in Richmond; gift certificate for one pound of chocolate from Snowflake Chocolates in Jericho; a quart of maple syrup from Stokes Family Sugar House; \$20 gift certificate to Jericho Country Store. Complete the online survey by going online to <https://www.surveymonkey.com/s/LNRL-LJ6>. You must indicate your name and a phone number to be entered into the raffle. The drawing will be held February 1. Thank you for your time and feedback!

Local Author Event: Reading & Book Signing – On Saturday, January 24, Vermont author Ted Tedford will read excerpts from his latest novel, Incident at St. Albans (2014) – a tale of Confederate soldiers who conducted a raid on St. Albans in the American Civil War. The event takes place on the second floor of the library from 10:00 – 11:30 AM.

Crafters' Circle – Do you find the time to work on your craft projects at home? Join other craft enthusiasts at the Monday evening Crafters' Circle, which meets at the library at 6:00 PM. If you embroider, quilt, crochet, knit, create paper arts, or want to learn, this is the group for you. Join us any Monday – everyone is welcome whenever you can attend. Bring your current projects or try something new. Check our Facebook page for weekly craft ideas: <https://www.facebook.com/JerichoTownLibrary>.

Ready to Read! Early Literacy Initiative – Join the Jericho Playgroup in the Early Literacy Outreach. Beginning on Monday, January 12, Jericho Town Library's volunteer Christy Liddy will visit the Jericho Playgroup for a story time with infants, toddlers, and preschoolers ages birth-5 and their caregivers. Story time will feature felt board activities, songs, finger plays, and books to take home. This story time is part of a new library initiative, Ready to Read!, an early literacy outreach program that models the importance of making books a part of everyday life by promoting library services. Join Jericho Town Library for story time at the Jericho Play Group every other Monday at 9:00 AM at the Jericho Community Center.

Wee Read: Jericho Town Library Story Time – Wednesdays, 10:00 – 11:00 AM, join story teller Elizabeth Bernstein and musician Derek Burkins for an animated story time, a fun filled hour featuring stories, live music, movement, finger plays, craft, and a healthy snack. Upcoming themes: January 14: Pajama Party; January 21: Transportation; January 28: Exploring Shapes.

Library hours are: Monday 1:00 – 7:00 PM; Wednesday 10:00 AM – noon (includes children's story time) and 2:00 – 7:00 PM; Friday 1:00 – 5:00 PM; Saturday 10:00 AM – noon. For more information call 899-4686, go online to www.jerichotownlibraryvt.org, or email Jerichotownlibrary@gmail.com.

VARNUM MEMORIAL LIBRARY, JEFFERSONVILLE

Thursday, January 15 – CCLA meeting, 6:00 PM Executive; 7:00 PM Members.

Monday, January 19, 10:00 AM – Young Naturalist Series. Lamolite County Nature Center presents Tracks and Traces. Come prepared for indoor and outdoor play!

The Varnum Library, P.O. Box 198, 194 Main St., Jeffersonville, 802-644-2117, TheVarnum@gmail.com. Please visit Varnum Library's website, <http://thevarnum.org>.

Hours: Mondays and Tuesdays 12:00 – 7:00 PM, Wednesdays 3:00 – 7:00 PM, Thursdays 9:00 AM – 7:00 PM, Fridays 2:00 – 5:00 PM, and Saturdays 10:00 AM – 3:00 PM.

WESTFORD PUBLIC LIBRARY, WESTFORD

New Art at the Library – Anne Cummings, Eco Artist – Art Show and Opening, Friday, January 16, 6:00 – 7:00 PM. Westford resident Anne Cummings creates work from recycled, reused, and repurposed materials with the intent of making art that minimizes its impact on the environment and educates viewers on environmental issues, and to express her conviction to use Eco Art for Change.

Did you get a new E-reader? Want to put free eBooks on it, but don't know how to download free eBooks to your iPad or Kindle from ListenUp VT? Come to New Device Training at the library Friday, January 9, 6:00 – 7:30 PM. Bring your charged device, passwords, Apple ID, etc.

PJ Storytime Wednesday, January 28, 6:30 – 7:30 PM. Bear Stories – story and craft – wear your PJs!

The library is accepting donations of books, DVDs, and audiobooks for the 4th of July book sale. Books in good condition (would you give it to a friend?) accepted; please, no textbooks, encyclopedias, magazines, cassettes, or VHS.

Early Literacy Storytime every Thursday, 11:00 AM. No registration required. January 15: Martin Luther King, Jr.; January 22: Funny books; January 29: Rabbit stories. Storytime consists of several stories around a theme and a theme-based craft. All ages and levels of attention are encouraged to come – even if they fidget, they are still getting a lot out of it!

Building Bright Futures Playgroup – Mondays, 9:30 – 11:00 AM (except January 19). For children 6 and under. For more information contact Janice, Janice@fish.net.

Let's Pretend It's Not Winter – free iced tea and iced coffee at the library, Friday-Saturday, January 16-17, all day.

Stuffed Animal Sleepover and Breakfast with the Animals! Friday, January 30. Sleepover – drop off by 7:00 PM; Breakfast – Saturday, January 31, 9:00 – 10:00 AM. The library is having an animal sleep over. Drop off one of your furry friends anytime the week of January 28-30 and the animals will have a fun sleepover at the library the night of January 30. Bree will treat them to a good time and Saturday morning, will have a slide show of all the fun things they did at the library that night. You can pick them up and have breakfast with your animal at the library – all should be picked up on Saturday.

Library Hours: Wednesday 1:00 – 7:00 PM, Thursday 10:00 AM – 6:00 PM, Friday 1:00 – 7:00 PM, Saturday 10:00 AM – 2:00 PM; website westfordpubliclibrary.wordpress.com; Email: westfordpubliclibrary@gmail.com. Like us on Facebook. 878-5639, Bree Drapa, Librarian.

FAIRFAX COMMUNITY LIBRARY

All events are free unless noted otherwise. Pre-registration encouraged.

We subscribe to Vermont Online Library, where you can find full text magazines, journals, newspapers, books, articles, images, video, manuals, foreign language courses, and much more. It's a comprehensive set of databases for any research too – better than a broad Google or Bing search – more vetted and focused. There is no cost to you, the user. To access, follow the link at our Online Resources page: fairfaxvtlibrary.org/online_resources.html, password pizza. We will be having a class on how to use these resources on Thursday, February 19 in the evening.

We are now doing community outreach via Legos! Once a month (4th Mondays, 3:00 – 4:00 PM), Annette will bring our Lego bins to the Fletcher school so the kids there can have a Lego Club. During school vacations we'll have it here at the library.

Call for Design Proposals! Project: Create a unique logo to be used to brand the library, and accompany/enhance our new tagline, "Where Community Connects." We chose this slogan because we are a "Community" – combined school and public library – and we felt the word "connect" has many connotations – social, intellectual, digital. For details see the main page of our website.

Parents, did you know that a child needs to be 8 years of age to be in the library without a parent or supervising babysitter?

We have passes! Shelburne Museum and the Museum Store are open year round! Visit now to view our exhibitions of exquisite jewelry, renowned American paintings, and historic Civil War era textiles! Winter admission is \$8. www.ShelburneMuseum.org.

Library closed? E- and audio books are always available via <http://listenupvermont.org>.

Thursday, January 8, 6:00 – 7:00 PM: PJ Story Hour. Co-sponsored by Building Bright Futures.

Thursday, January 8, 6:30 – 8:00 PM: Non-Fiction Book Discussion Group. This month's selection is Devil in the White City by Erik Larson. Part true murder story, part history of Chicago in the late 19th century. Books available to borrow at the library.

Saturday, January 10, 10:00 AM – noon: Embroider a Patch for Your Jeans! Learn fun and easy stitches as you learn crewel embroidery! Everything provided. Ages 9+. Must pre-register.

Tuesday, January 13, 9:30 – 10:30 AM: Story Hour: Mice Are Nice.

Tuesday, January 13, 3:00 – 4:15 PM: Chess Club continues for those registered.

Wednesday, January 14, 3:00 – 4:00 PM: LEGO Club! Ages 6+ are welcome to join us after school for this monthly event. Each month a different theme! Please pre-register.

Thursday, January 15, 6:00 – 8:00 PM: Kid's Origami! Ages 6+ can come join us to make many different models. Adults welcome, too!

Saturday, January 17, 10:00 – 11:30 AM: Outdoor Nature Walk! All welcome for an informal winter nature walk. We'll look for birds and tracks. Event will be cancelled if the temperature is below 20° F. Please dress appropriately. Led by amateur naturalist Annette Hansen.

Monday, January 19, 3:00 – 4:00 PM: Crafternoon with Nicole. We are starting another series of these fun art events for 6-10 year olds. These will be the 3rd Monday of each month, led alternately by local artists Nicole Vance and Annette Hansen. Must pre-register.

Tuesday, January 20, 9:30 – 10:30 AM: Story Hour: Stars, Wishes and Dreams.

Tuesday, January 20, 3:00 – 4:15 PM: Chess Club continues for those registered.

Thursday, January 22, 3:15 – 4:15 PM: R.E.A.D. to a Dog. Kids ages 5-10 can read a book of their choice to a fuzzy, friendly dog. Must pre-register. Each slot is 15 minutes.

Thursday, January 22, 6:30 – 8:00 PM: Join Corey from non-profit suncommon.org in this workshop about solar home heating, and other issues related to solar power.

Tuesday, January 27, 9:30 – 10:30 AM: Story Hour: Penguins.

Tuesday, January 27, 3:00 – 4:15 PM: Chess Club continues for those registered.

Friday, January 30, 6:00 – 9:00 PM: Fairfax Reads Haroun and the Sea of Stories. Pizza and Movie Night! Read the book, then come watch another fairy tale: The Princess Bride! Must pre-register. Ages 12+.

February 14 is the annual chess tournament for all current chess club members. Look for a new chess group (without a coach) starting after February vacation, a new games lending library, lots of events around the great book Haroun and the Sea of Stories, informational classes about library resources and VT Health Connect and your taxes... and much more!

School Year Library Hours: Monday, Wednesday 8:00 AM – 5:30 PM; Tuesday and Thursday 8:00 AM – 8:00 PM; Friday 8:00 AM – 3:15 PM; Saturday 9:00 AM – 1:00 PM.

For up-to-date information about programs, visit our website www.fairfaxvtlibrary.org, where you can find a link to our interactive Google calendar. Fairfax Community Library: 75 Hunt St., Fairfax, VT, 05454; 849-2420. Program Planner Karyn Norwood, knorwood@fwsu.org; Library News: www.bfairfax.com/pages/communitylibrarynews.html.

ALLING LIBRARY, WILLISTON

All events are free. Library Teen Advisory Group: Thursday, January 8, 4:00 – 5:00 PM. Teens meet for pizza, discussion, book/DVD selection, and planning special events for the library. Community service opportunity. Grades 7-12. New members welcome!

Toddler Yoga & Stories: Saturday, January 10, 10:30 AM. Simple yoga and books for children ages 1-5. Presented by Karen Allen.

Pajama Story Time: Monday, January 12, 6:30 PM. Bring kids in PJs with their favorite stuffed animal for stories, a craft and a bedtime snack. Sponsored by Building Bright Futures.

Library news continued on page 7

Foreclosure: 3BR, 2BA on 8.75± Acres

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Fairfax - \$899,000

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- Master suite up with vaulted ceiling, bath with WI shower and claw foot soaking tub. 2 add'l bdrms up with large bonus room



Underhill - \$545,000

- Mt Mansfield views from one end of the house to the other!
- Great room with cathedral ceilings & a wall of windows
- Master bedroom with vaulted ceilings, bath and WI closet. 3 additional bedrooms up with bath, study and loft
- Newly finished family room



New!! Underhill - \$479,000

- Mt Mansfield & Adirondacks views! 3100+ sq ft. & 3.61 acres
- Front to back living rm. Den w/ wood FP, country kitchen w/ corian countertops
- Lg formal dining rm. Master suite w/ prvt bath & 3 season porch. 2 add'l bdrms. Family rm & lower level recreation area



Huntington - \$249,500

- Country home w/ 4 bdrms & 2 baths. Open living rm, dining area & modern kitchen w/ island & hrdwd floors w/ slider to deck.
- 3 bdrms up w/ remodeled bath. Step up to the master suite w/ hrdwd floors, vaulted ceiling, prvt office & bath.
- Walkout lower level family rm

Library News continued from page 6

Preschool Music: Mondays with Peter Alsen, 11:00 AM (except January 19, library closed) and Thursdays, 10:30 AM. For children up to age 5 with a caregiver. No pre-registration. Limit: one session per week per family.

Story Time: Tuesdays, 11:00 AM. Includes a simple craft activity. For children ages 3-5. January 13: Owls; January 20: Science Story Time with Kristen Littlefield: 1 (Sponsored by Friends of DAML); January 27: Silly Stories.

After-School Games: Monday, January 12, 3:00 – 4:00 PM. Bring your own trading cards (Magic, Pokémon, Yu-Gi-Oh!) or play one of the library's games. Grades 3+. Snacks provided.

littlBits Club: Thursdays, January 15-29, 4:00 – 5:00 PM. Learn

about circuitry using snap-together electronics modules and recycled materials. Grades 3-5. Pre-register. Space is limited. Presented by Peter Hibbler and Jake Kahn, CVU high school students. littlBits kits donated by Williston-Richmond Rotary Club.

Read to a Dog! Tuesdays, 3:30 – 4:30 PM, starts January 13. Bring a book and read to one of our registered Therapy Dogs of Vermont therapy dogs. All ages. Call 878-4918 to pre-register for individual sessions.

Make It! Duct Tape Crafts: Monday, January 26, 3:30 PM. Presented by Food for Thought Teen Group. Grades K+.

Spanish Musical Playgroup: Saturday, January 31, 10:30 AM. Non-Spanish speakers welcome! Spanish rhymes, books, and songs

for children birth to age 5. Includes a craft activity and snack. Music with Constanca and crafts with Natasha. Sponsored by Building Bright Futures.

Dorothy Alling Memorial Library, 21 Library Lane, Williston. 802-878-4918, www.williston.lib.vt.us

BROWNELL LIBRARY, ESSEX JUNCTION

Story Times are offered on a weekly basis, and regular attendance is encouraged. Adults are welcome to join us at all Story Times. We share early literacy and math tips to use with your kids at home. Contact the Youth Desk to register for the year.

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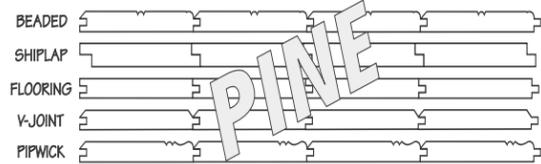
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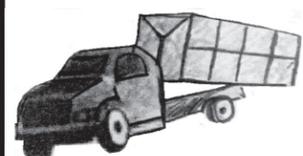
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ONGOING EVENTS

ADULT ACTIVITIES

Eagles Auxiliary #3210 holds bingo at the club house, VT Rt. 109, Friday nights. Doors open at 5:30 PM. Bingo starts at 7:00 PM. For more info contact Sally, 644-5377.

Essex Art League meets the 1st Thursday of the month, from 9:00 – 11:00 AM, at the Essex Junction Congregational Church, VT Rt. 15. The meeting agenda includes a business and social time, and features a guest artist presentation. A detailed calendar, listing featured speakers, is published on the League's website: www.essexartleague.com.

Handbell ringers, Tuesday evenings, United Church of Underhill. All are welcome at rehearsals. Two ensembles; opportunity for small groups/shorter time periods. We ring a variety of music in a variety of settings and look forward to new faces joining us. Beginners welcome. Call Roger, 899-3106, for information.

Mt. Mansfield Scale Modelers gather on the 3rd Thursday of the month, 6:30 – 8:30 PM. Modelers encompassing all categories of interest and skill levels are welcome. Brownell Library, Kolvoord Community Room, Lincoln Street, Essex Junction.

The Women of the United Church of Underhill meet on the 2nd Saturday of each month, 8:00 AM at the Church located at the park, VT Rt. 15, Underhill Flats. Women interested in sharing Christian prayer and discussions are welcome. Contact Julianne Nickerson at 899-3798 for more information.

The **Underhill Historical Society** meets at the Underhill Town Hall on the 2nd Monday of the month, 6:30 PM. Anyone welcome.

HEALTH EVENTS & GROUPS

Al-Anon meetings, Jericho United Methodist Church, Thursday mornings 10:00 AM, and Saturday mornings, 10:00 AM.

Alcoholics Anonymous meeting, "Women's Big Book" group meets Thursdays, 6:00 – 7:00 PM, United Methodist Church, VT Rt. 15, Essex Jct. across from Grange Hall.

Alcoholics Anonymous Meetings "Wing It" group meets Sundays, 11:00 AM, Maple Leaf Farm, Stevensville Rd., Underhill. Open Speaker meeting followed by a Brunch (\$10 charge for the brunch). "The Firing Line" group meets Wednesdays, 7:15 – 8:15 PM, Maple Leaf Farm, Stevensville Rd., Underhill. Open Step meeting. "The Firing Line" group meets Saturdays, 8:00 – 9:00 PM, Maple Leaf Farm, Stevensville Rd., Underhill. Open Speaker Discussion meeting.

Alcoholics Anonymous Meeting, "Keep It Simple" group meets Mondays, Wednesdays, and Fridays, 8:00 – 9:00 PM and Saturdays, 6:30 – 7:30 PM, United Church of Underhill, Underhill Flats.

Brain Injury Support Group – offer survivors and family members, caregivers, friends and the community a place to come and receive valuable resources and information about brain injury. The support group is a place to share experiences in a safe, secure and confidential environment. Monthly meetings: 4th Fridays at the YMCA in Winooski 11:00 AM – noon; 1st Wednesdays at Fanny Allen in Colchester, 5:30 – 7:30 PM; and 2nd Tuesdays at the Saint Albans diner in Saint Albans. Call the BIAVT help line, 877-856-1772.

Foot Clinics – Having trouble trimming your own toenails? Franklin County Home Health provides foot clinics around the county that can help. Call 802-527-7531 for an appointment and cost information. Cost: \$20.

International Cesarean Awareness Network supporting mothers and families recovering from or learning about cesareans and VBACs. For more information email ICANvt@gmail.com or call Jessilyn at 802-363-5499.

Overeaters Anonymous meets 6:00 – 7:00 PM Wednesdays, Jericho United Methodist Church, VT Rt. 15, Jericho.

Champlain Valley Prostate Cancer Support Group meets 6:00 –

8:00 PM, 2nd Tuesdays, Hope Lodge, 237 East Ave., Burlington. Newly diagnosed? Prostate cancer recurrence? General discussion and sharing among survivors and those beginning or rejoining the battle. For information contact Mary L. Guyette RN, MS, ACNS-BC at 802-274-4990.

TOPS Chapter 145 meets Thursdays 6:15 PM, Eagles Club, VT Rt. 109, Jeffersonville. Weigh-in 5:15 – 6:00 PM.

Healing Circle Breast Cancer Network, support group for women with breast cancer, monthly meetings 1st Tuesdays 5:30 PM, Northwestern Medical Center, Conference Room #1. RSVP at 524-8479.

Lamoille Home Health & Hospice: Offering Hospice Volunteer Training. Health care professionals share their knowledge and passion for hospice. Please contact Charlene at 888-4651 or ccamire@lhha.org for more information.

Franklin County Prostate Cancer Support Group, monthly, 1st Tuesdays, 5:15 – 7:00 PM, Northwestern Medical Center Conference Room #2, St. Albans. This support group offers men opportunities to educate themselves and each other; share and learn from each other's experiences; offer support to each other, a spouse or partner; and advocate early detection of prostate cancer. For more information, Fern Mercure, 524-0719.

Statewide Quit Line, Telephone Smoking Cessation Counseling. Call 1-877-YES-QUIT (1-877-937-7848). Free.

KIDS

Playgroups are free of charge and open to all children birth through age 5 and their caregivers. At playgroup you will find stories, songs, crafts, free play, local events and information, and more. It is a wonderful opportunity to play with the children in your life, meet other playmates, and connect with other parents and caregivers. Playgroups follow the school calendar. Come to any or all groups that fit your schedule. For more information on any of the playgroups, please contact Heather Lebeis at 899-4415 or underhillplaygroup@yahoo.com.

Mondays: Jericho Community Center, 9:30 – 11:00 AM
Wednesdays: Richmond Free Library, 8:45 – 10:15 AM
Fridays: Underhill Central School, 9:30 – 11:00 AM
Fridays: Huntington Public Library, 11:00 AM – 12:30 PM

SENIORS/COMMUNITY MEALS

Community Soup & Bread Supper, 1st Thursday of the month, 4:30 – 7:00 PM, Covenant Community Church, 1 Whitcomb Meadows Lane, Essex (across from John Leo's on VT Rt. 15 near the Jericho/Underhill line). Eat in or take out. Variety of soups, breads, and sweet dessert. Stop in on your way home. Donations gladly accepted. Call Pastor Pete Norland, 879-4313 for more information.

Jeri-Hill XYZ Seniors meet at the Town Hall in Underhill Center on the 1st and 3rd Wednesday of each month. All seniors are welcome. Dinner served at 11:30 AM. For information, Bette Workman, 899-4446, Loreen Teer, 899-1363 or Doug Keith 899-2582.

Johnson Community Meal - 2nd and 4th Wednesdays of the month, 11:30 AM – 12:30 PM, United Church, Johnson. Come for a hot meal and get to know your neighbors. Meal will be followed by community gathering. For information, please contact: Ellen Hill, 635-1439, ellen.hill@jsc.edu.

Westford Senior Lunches – Join Westford Seniors for lunch at the Red Brick Meeting House on the Common, monthly on the 2nd Monday. Lunch served at 12:00 noon with a short meeting or presentation following. Call 878-7405 or 879-7382 for information or for a ride.

Bolton Up and Downtown Club meets the last Thursday of the month at the Bolton Fire station. Meal at 5:00 PM. Open to adults 60 and over. Contact Doris Wheelock at 434-3769.

Huntington senior meal site – The Huntington senior meals are

served monthly on the 3rd Tuesday, 12:00 noon at the Community Baptist Church, Huntington Center.

St. Jude's Church, Hinesburg, senior meals held on 2nd and 4th Tuesday of each month with bingo games afterward. Everyone is welcome including caregivers. Dinners \$4 per person. For information call Ted Barrette, 453-3087.

Starksboro First Baptist Church, Starksboro senior meals, 4th Thursday of the month, 11:30 AM. Call Brenda Boutin, 802-453-6354 for more information. (No meals in November and December.)

"Good Food for All" free dinners, 2nd Thursday of the month, United Church of Underhill, VT Rt. 15, Underhill Flats, 5:00 – 7:00 PM; and on the last Thursday of each month at Calvary Episcopal Church, VT Rt. 15, Underhill Flats, 5:00 – 7:00 PM. Everyone in the communities is invited.

SPORTS ACTIVITIES

Ongoing Pilate classes, Dakini Studio, Underhill, Mondays and Thursdays, 6:00 PM. Register at 899-4191. For more information and other scheduled classes, www.dakinistudio.wordpress.com.

Zumba, Tuesdays, 5:30 PM, Red Brick Church, Westford, with Heather Sanders, \$5, first class free; Saturdays, 9:15 AM, BFA, Fairfax, \$5; Sundays, 9:00 AM, Meeting House, Fletcher, \$5; with Kathy Bourdeau Mondays, 7:30 PM, BFA, Fairfax, \$5; Wednesdays, 7:00 PM, BFA, Fairfax, \$5.

Zumba Fitness, Monday evenings only, 5:30 – 6:30 PM, River Arts Center, Morrisville. Certified instructor Karen Machia. No registration required, drop in. 888-1261 or www.riverartsvt.org for more details.

SUPPORT GROUPS

CFS, Fibromyalgia, Lyme Disease, Chemical Sensitivity and Gulf War Syndrome, 1:00 – 3:00 PM, monthly, 3rd Thursdays, The Bagel Cafe, Ethan Allen Shopping Center, Burlington. For information, www.vicfids.org, Lainey at 802-660-4817, or 800-296-1445 ask for Rik

Alzheimer's support group, monthly on the 3rd Wednesday, 9:30 – 11:30 AM, The Arbors, 687 Harbor Rd., Shelburne. Free education for individuals and families in the early stages of Alzheimer's disease and related dementias. For information and to register, contact Nicole Houston, 985-8600.

Approach Autism With Advocacy, Recovery & Education (AAWARE) in the Lamoille Valley, 3rd Sunday, 3:00 – 5:00 PM, Second Congregational Church of Jeffersonville Community Room, Jeffersonville. Special topics, guest speakers, resource information; playroom for kids, fenced side yard for outdoor play. For information, Terry Holden, 644-2759 (Jeffersonville) or Tina Karl, 888-3430 (Hyde Park.)

Veterans Job Networking, Wednesdays, 9:30 – 11:00 AM, VFW Post, Essex Jct.; 1:00 – 2:30 PM, American Legion Post, St. Albans.

Eating Disorders Parental Support Group, monthly on the 3rd Wednesday, 7:00 – 9:00 PM, Covenant Community Church, VT Rt. 15, Essex Center. For parents of children with, or at risk of, anorexia or bulimia. We focus on being a resource and providing reference points for old and new ED parents. For information, Peter, 899-2554.

TOWN GOVERNMENT & ORGANIZATIONS

Cambridge Area Rotary meets on 1st four Thursdays of the month, upstairs at 158 Main restaurant, Jeffersonville, 7:00 – 8:00 AM. For information, Susan Lassiter, 644-6600 or Slassiter@unionbankvt.com.

Westford Fire Department, Mondays, 7:00 PM, at the fire station next to the Town Garage. For information, email John Quinn, jquinnvt@aol.com.

Jericho-Underhill Water District meets 1st Monday of the month, United Church of Underhill, Underhill Flats, 7:00 PM. For information, 899-4076 or 899-3810.

Jericho Historical Society, monthly on 2nd Thursdays, 7:30 PM, Old Red Mill, Jericho.

Jericho Underhill Park District Board meeting, 1st and 3rd Wednesdays, 7:00 PM, Deborah Rawson Memorial Library project room, Jericho. Residents of Jericho and Underhill always welcome. 899-2693 for information.

Jericho Energy Task Force meets monthly, 2nd Thursdays, 7:00 – 8:30 PM, Jericho Town Hall, VT Rt. 15, Jericho.

THRIFT SHOPS & FOOD SHELVES

Essex/Jericho/Underhill Food Shelf, 3rd Saturdays, 9:00 – 11:30 AM, at Good Shepherd Lutheran Church, VT Rt. 15, Jericho. Meat, dairy, produce, pantry items, pet food, and some non-food items. All are welcome.

Westford Food Shelf, open monthly, 3rd Saturdays, 8:00 – 10:30 AM, United Church of Westford. All are welcome. Fresh produce, meat, and non-food items available.

The Heavenly Cents Thrift Shop, just east of Five Corners, Essex Jct., VT Rt. 15, 10:00 AM – 3:00 PM Tuesdays and Wednesdays; 4:00 – 8:00 PM Thursdays.

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