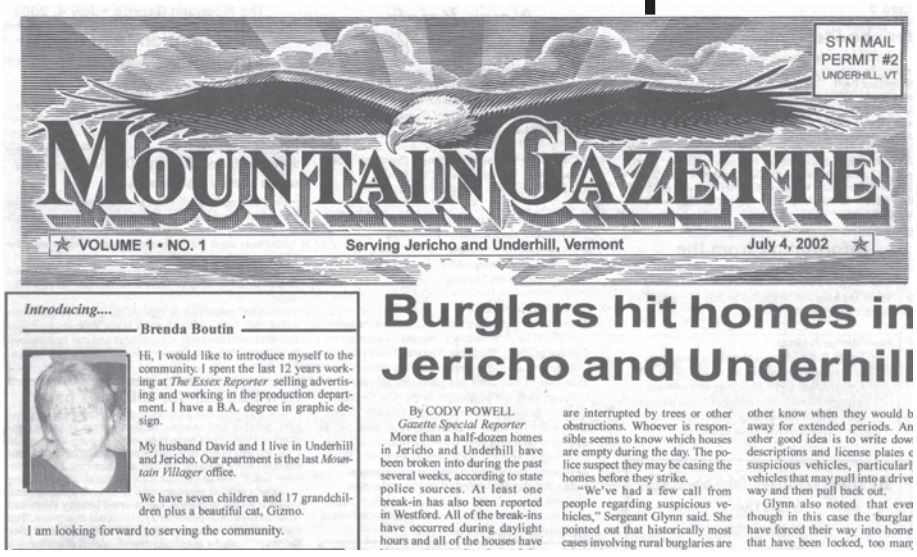
Look for the August 7 Bridal Issue. Plan your advertising accordingly!

MOUNTAIN GAZETTE

VOLUME 10 • NO. 1 • Serving Bolton, Cambridge, Jericho, Underhill, Westford, and Jeffersonville, Vermont • July 7, 2011

Mountain Gazette publishes 10th year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MOUNTAIN GAZETTE

VOLUME 1 • NO. 1 Serving Jericho and Underhill, Vermont July 4, 2002

Introducing....

Brenda Boutin

Hi, I would like to introduce myself to the community. I spent the last 12 years working at *The Essex Reporter* selling advertising and working in the production department. I have a B.A. degree in graphic design.

My husband David and I live in Underhill and Jericho. Our apartment is the last *Mountain Villager* office.

We have seven children and 17 grandchildren plus a beautiful cat, Gizmo.

I am looking forward to serving the community.

Burglars hit homes in Jericho and Underhill

By CODY POWELL
Gazette Special Reporter

More than a half-dozen homes in Jericho and Underhill have been broken into during the past several weeks, according to state police sources. At least one break-in has also been reported in Westford. All of the break-ins have occurred during daylight hours and all of the houses have

are interrupted by trees or other obstructions. Whoever is responsible seems to know which houses are empty during the day. The police suspect they may be casing the homes before they strike.

"We've had a few call from people regarding suspicious vehicles," Sergeant Glynn said. She pointed out that historically most cases involving rural burglaries are

other know when they would b away for extended periods. An other good idea is to write dow descriptions and license plates o suspicious vehicles, particularl vehicles that may pull into a drive way and then pull back out.

Glynn also noted that even though in this case the burglar have forced their way into home that have been locked, too many

By Brenda Boutin
Editor/Publisher, Mountain Gazette

There are many reasons to start a community newspaper – the love of the written word, the driving need to investigate and report, to create a place for community information – but none of these were the catalyst for the creation of the *Mountain Gazette*.

Let the truth be told… I needed a job. I had just gotten done working for the *Essex Reporter.* I didn't want to go back to working construction, and working for newspapers had been a much easier job. Note the term working "for." At that time Peter Giese was my landlord, and he asked me what I was going to do. "Oh, I'll start my own newspaper," I said, and he took me at my word! Now, after years of publishing the paper and the growing pains that come with the territory of running a small business, here I am delivering the 10th anniversary issue of the *Mountain Gazette* to you.

The *Gazette* was started with meager funds and with a computer donated by George Fowler (publisher of *the Islander* in South Hero), the trust of Dan Alexander at Denton Publications in Elizabethtown, NY, and a group of folks who donated their time, work, and expertise to bring to you, the readers, the first *Mountain Gazette.*

When I introduced myself for the first time I wrote… *Hi, I would like to introduce myself to the community…* I went on to talk about my husband Dave, seven children, 17 grandchildren, and Gizmo the cat. Well today Dave and I have nine children (we adopted Christian who will turn 12 soon, and Hope, who is 7), 22 grandchildren, and one great-grandson. The old cat Gizmo has passed on, but we have five more cats – plus a rescued dog named Dillon, courtesy of *Save Our Strays* in Huntington.

The first group to work on the paper were Terri LaPlant, a daughter-in-law; Mary Jane Lederman, who wrote the *Underhill Overview* column; Chris Leet, who provided *Jericho News and Notes*; Diane Parenteau, who provided beautiful images of our communities; Luke Mindell, an inspiring film critic; and Cody Powell, the *nom du plume* of Richard Mindell, a writer with a passion for stories.

Publishing a newspaper is difficult and time consuming to say the least, and learning about publishing was a wild ride. I had so many corrections in the first issue I actually had to make a list. I was lucky enough to have many of you offer to edit the paper, and I found a wonderful editor, Sara Riley, who has become a steadfast friend.

I invited Ted Tedford to write. Tedford, a longtime newspaper writer (at the *BFP)* and the editor of the former *Mountain Villager,* waited until he was sure that the paper was a going thing, and has since consistently provided good and professional reporting.

Then one day, in walks a tall man in glasses with a smile from ear to ear. "You need me!" he exclaimed, and he was right! Shad Emerson became a part of the paper. Shad has passed on and I miss his voice, his humor, and his meandering style of writing.

We have enjoyed the writing of many of our community members along the way: Guy Page, former editor and owner of the *Colchester Chronicle;* Kathy Johnson, who provided information for Cambridge and Jeffersonville; Phyl Newbeck, writer at large. The list includes: Ida Russin, Heidi Reposa, Daren "Rex" Rexroad, Anna Houle, Heather Graff, Kathleen Costello, Shelley Jurkiewicz, Randy Fliesher, Jon St. Amour, J. Harrison Heidel, Kitty Clark, Jason Luneau, Linda St. Amour, Wyatt Kitchen-Glodett, Suzanne Kusserow, Dr. Lewis First, Mary Kintner, Bernard Paquett, Rep. Gaye Symington, Rep. Bill Frank, Rep. Martha Heath, Duncan McKee, Eileen Haupt, and Cathy Lozier, who has provided the paper with articles and photos of the Wolverine Football.

Other contributors were Jake Grossman-Crist, photography; Charles LaPlant and Dave Boutin, delivery; and Ann Exler for editing.

The *Gazette* has proudly written about many senior citizens, veterans, and showcased the graduating classes at both Mount Mansfield and Lamoille Union High Schools.

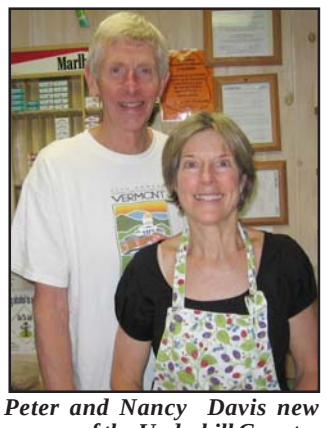
What is the *Mountain Gazette*'s direction for the next 10 years? The paper will continue to provide a place for all of the information that readers want to see, and will include most of the articles that are sent to us.

So thank you to readers, advertisers, and contributors. It is a pleasure providing you with the best service I can.

Peter and Nancy Davis buy Underhill Country Store

By Ted Tedford
Special to the Mountain Gazette

Long-time residents Peter and Nancy Davis have taken over ownership of the Underhill Country store and are wasting no time adding and thinking about new ways to serve the store's loyal customers and drop-ins.


Peter and Nancy Davis new owners of the Underhill Country Store.
PHOTO BY TED TEDFORD

"We hope to take the store to another level," said Nancy Davis. "We are adding more meals-to-go, upgrading the bakery, adding more meat and fish and offering more local products."

The couple said they were grateful to the previous owners for helping them during the transition. The Davises bought the store and the building in Underhill Center from Dennis and Renee Poley and Rick and Amy Whitmore.

Although Nancy said her husband had long yearned to be in business for himself, it was their three grown children, Wade, Rudd and Maya, who convinced him to quit his job at Manufacturing Solutions Inc. in Morrisville, something he had pondered for a while. "The job was just not fulfilling as I had hoped," Peter said. So after thinking about possibly buying the store and doing the things necessary to make it a reality he quit.

During that process Peter said he and Nancy "shadowed the previous owners and they saw us as people they'd like to sell it to."

The Davises are not strangers to the retail business. Nancy once ran a specialty business, Mountain Brook of Vermont, making and selling mustards, dressings, herb dripping oil, natural fruit spreads and muffin mixes.

Taking over a going business was a bit more demanding and Nancy conceded that from the first day, running the store "has been a very steep learning curve."

She cited several pluses arising from running the popular grocery. "It's given us a chance to reconnect with the community. We live on Waughbrook Lane. And Peter used to leave at 5:30 to drive to work in Morrisville.

"Now we see people we haven't seen in a long time and there are young people in and out all the time and I love that young people are working here. It's really good."

Nancy said she was pleased that Mary Ellen Richards – whom she calls the "Sandwich Queen" –has remained as a part-timer on the staff. Several high school students who also work part-time remain as well.

Johnson State College students uncover 2,000-year-old artifacts in Fairfax

By Jessica McCoy

Students from Johnson State College (JSC) have discovered an archaeological site in Fairfax along the Lamoille River that dates back at least 2,000 years.

The six undergraduate students conducted site work at the River Berry Farm in Fairfax from mid-May to late-June as part of a course called "Unearth the Past: Field Archaeology on the Lamoille." The course, taught by project leader and visiting anthropology instructor Corbett Torrence, has students document, evaluate and preserve the features of a specific archaeological site.

"The Lamoille is one of the least studied of Vermont's major rivers," Torrence said. "Our goal was to put the Lamoille on the archaeological map."

Working with the Vermont Division of Historic Preservation, local farmers and land owners, Torrence and the students set out to identify new archaeological sites and to evaluate and confirm reported known sites.

The River Berry Farm site was targeted for exploration last year by students taking the same course but working at Boyden Valley Farm in Cambridge. Torrence explained that the focus of the class has been the falls on the Lamoille River in Fairfax and in Johnson because they are high in natural resources and therefore are likely stopping points for early inhabitants.

"We look for flat ground that is close to water but not swampy, surrounded by forest that would be full of fruit and animals that would be used by people to survive," said student Chris Chabot of Johnson.

The group discovered several fire pits as well as materials and stones used by Vermont inhabitants thousands of years ago. They created a grid and staked out test pits, then looked just beyond the "plow zone," which is roughly 30 centimeters (one foot) below ground. They then examined the soil for changes in color that would be caused by fires that burned and oxidized the soil.

One of the most valuable things to find at an archaeological site is a fire pit, Torrence said. "Fire pits are very important because plant and animal remains decay over time, but when they are carbonized in a fire they last a very long time," he explained. "This shows us not only what the diet of these people was, but what time of the year they were eating it, depending on whether we discover the

remains of seasonal fruit or a migratory animal."

Student Shauna McMillan of Fairfax, whose interests span both cultural anthropology as well as archaeology, enjoyed getting to know the land on which she has spent her life. "I grew up on the Lamoille River," she said. "It's pretty cool that this has been under my feet the whole time, and now I get to see it and have this connection with the people who lived here, the true Vermonters."

In addition to fire pits, the students searched for flakes and pieces of quartz, quartzite and chert. Among several samples of these materials, they discovered a handmade drill, which was a particularly proud moment for the group. "It's so exciting to hit a feature or find a material that could be 4,000 years old," said student Thomas Ross of Grand Isle. "Once you do find something, you have to slow down a little bit because you want to be exact in your findings, marking and documenting exactly where and how you found them."

Students spent the last week of class in the lab at JSC testing soil and creating reports on everything they discovered. These reports will stay on file at the Vermont Division of Historic Preservation.

Jessica McCoy is a 2011 journalism graduate of Johnson State College who lives in Jeffersonville.

CESU Boards ratify two-year teacher contract

By Ted Tedford
Special to the Mountain Gazette

When Chittenden East Supervisory Union teachers return to their classrooms later this summer they will be working under a two-year contract.

All seven school boards in the supervisory union approved a contract that gives teachers a 2.5 percent increase for the coming school year and a 2.85 percent increase the following year, according to Robert Letovsky, chief negotiator for the CESU administration.

A beginning teacher will receive $37,364 and a teacher at the top of the salary index, $75,584.

The teachers union, the Green Mountain Chapter of the National Education Association, has already ratified the pact.

Under the new contract, teachers no longer will be given an annual automatic step increase without a contract as in the past. Instead both sides must negotiate this section of a new contract.

Letovsky said the 2.5 percent salary increase for the next school year will be footed from unspent federal stimulus money. CESU had received $569,645 in federal education jobs funds pegged for salary and benefits.

Letovsky said in fairness, the supervisory union's support staff which had agreed to a contract with no pay increase, and CES's administrators also will receive an increase.

Teachers' assigned duties outside the usual work day will be paid $100 a day up from $85 during the last school year.

Teachers in the Chittenden East Supervisory Union are covered by one blanket contract. The supervisory union's school include: the elementary schools in Bolton, Huntington, Jericho, Richmond and Underhill; Mt. Mansfield Union High School and Camels Hump and Browns Trace Middle Schools.

Court Report

June 14 -

Garry G. Steady, 51, Richmond, charged with vehicle operation — license suspended in Richmond on May 6; amended to disorderly conduct — obstructs vehicular or pedestrian traffic; pleaded guilty; fined $300.

June 15 -

Debra M. Morin, 54, Jericho, charged with embezzlement, felony, in Shelburne on Jan. 15, 2009; pleaded guilty; sentence deferred for three years.

Jaclyn A. Smith, 24, Jericho, charged with DUI, third offense or subsequent, felony, in Williston on Feb. 5, 2010; amended to DUI, second offense, misdemeanor; pleaded guilty; sentenced to one to two years; charged with disorderly conduct — obstructs vehicular or pedestrian traffic in Burlington on Feb. 5, 2010; pleaded guilty; sentenced to one to two months, concurrent; charged with vehicle operation — careless or negligent in Burlington on Feb. 5, 2010; pleaded guilty; sentenced to one year, consecutive.

James D. Labounty, 64, Richmond, charged with simple assault — attempted by menace in Colchester on Feb. 1; amended to disorderly conduct — fight, etc.; pleaded guilty; sentence deferred for one year.

May 23-

Justin Lucia, 26, Richmond, charged with theft of service $900 or less in Williston on Feb. 2; pleaded guilty; fined $100.

May 24 -

Michele R. Bottiggi-Longe, 52, Huntington, charged with DUI, third offense or subsequent, felony, in Williston on Nov. 6; pleaded guilty; sentenced to one to three years.

Clifford L. Hill III, 48, Underhill, charged with vehicle operation — license suspended in Essex on July 24; pleaded guilty; sentenced to six to 18 months, suspended but 30 days, probation; charged with vehicle operation — license suspended in Essex on Aug. 1; pleaded guilty; sentenced to six to 18 months, consecutive, suspended but 30 days, probation.

May 27 -

Michael Liberty, 24, Westford, charged with possession of child pornography, felony, in Williston on March 19, 2010; pleaded guilty; sentence deferred for three years; charged with possession of child pornography, felony, in Williston on March 19, 2010; amended to prohibited act, misdemeanor; pleaded guilty; sentenced to six to 12 months, suspended but 30 days, probation; charged with possession of child pornography, felony, in Williston on March 19, 2010; amended to prohibited act, misdemeanor; pleaded guilty; sentenced to six to 12 months, consecutive, suspended but 30 days, probation.

June 9 -

Christopher Sanders, 26, Underhill, charged with vehicle operation — license suspended in South Burlington on April 19; pleaded guilty; fined $500.

Police Report

On Sunday June 26, 2011 at 1:08 PM, the Vermont State Police responded to Mill Street and VT RT 108 S in the town of Jeffersonville, VT for a reported two vehicle collision. Upon arrival and subsequent investigation it was found that **Michael Kirtland**, 19 of Jeffersonville, VT, failed to yield to Raymond Campanile, 37 of Jeffersonville, VT, while attempting to make a left turn into a private drive. Kirtland sustained a minor injury to his eye and nose that did not require EMS response. Both vehicles were removed by tow truck due to the extensive damage received. Kirtland's 1998 Mazda 626 sustained severe damage to the front right quarter panel, wheel, and engine compartment. Campanile's 2005 Dodge Caravan had severe damage to the front end and engine compartment. Kirtland was issued a Civil Traffic Complaint for the motor vehicle infraction. No other court action was taken. CASE#: 11A102608

On Tuesday June 21, 2011 the State Police were called to 2000 Vermont Route 108 (North), located in the Town of Cambridge, VT for a **burglary complaint**. Upon it arrival it was discovered that the residence had been entered and multiple items were taken. Some of the items taken include an undisclosed amount of cash, piggy banks, flat screen television, computer, jewelry, Wii with games, and a Play Station 2 with its games. This burglary took place between the hours of 0915-1245 on 06-21-11. Anyone with information is asked to call the State Police. CASE #: 11A102532

To the victor goes the spoils

Pat Bartlett's father-in-law Earl Bartlett is pictured pushing a carriage with her uncle Wilber Parker in it. "They had a bet as to who would win the Presidential election, Truman or Dewey." Bartlett wrote. "The looser had to push the winner from Earl's house on RT 15 in Riverside to the bridge." The photo was taken in November 1948. Earl Bartlett was known to many as The Whistler and appeared on the Ted Mack's Original Amateur Hour in 1964. PHOTO CONTRIBUTED

Invitation to MMUHS 1981 class reunion

Come and meet with high school classmates and reminisce on Saturday July 30, 2011, from 12:00 noon until 4 PM in the Mills Riverside Park Pavilion.

Directions: Located directly off of VT Rt. 15 in the Town of Jericho. Driving North/East on Rt. 15, just before entering the Village of Underhill, you will see the entrance to the park on your right. We have rented the pavilion.

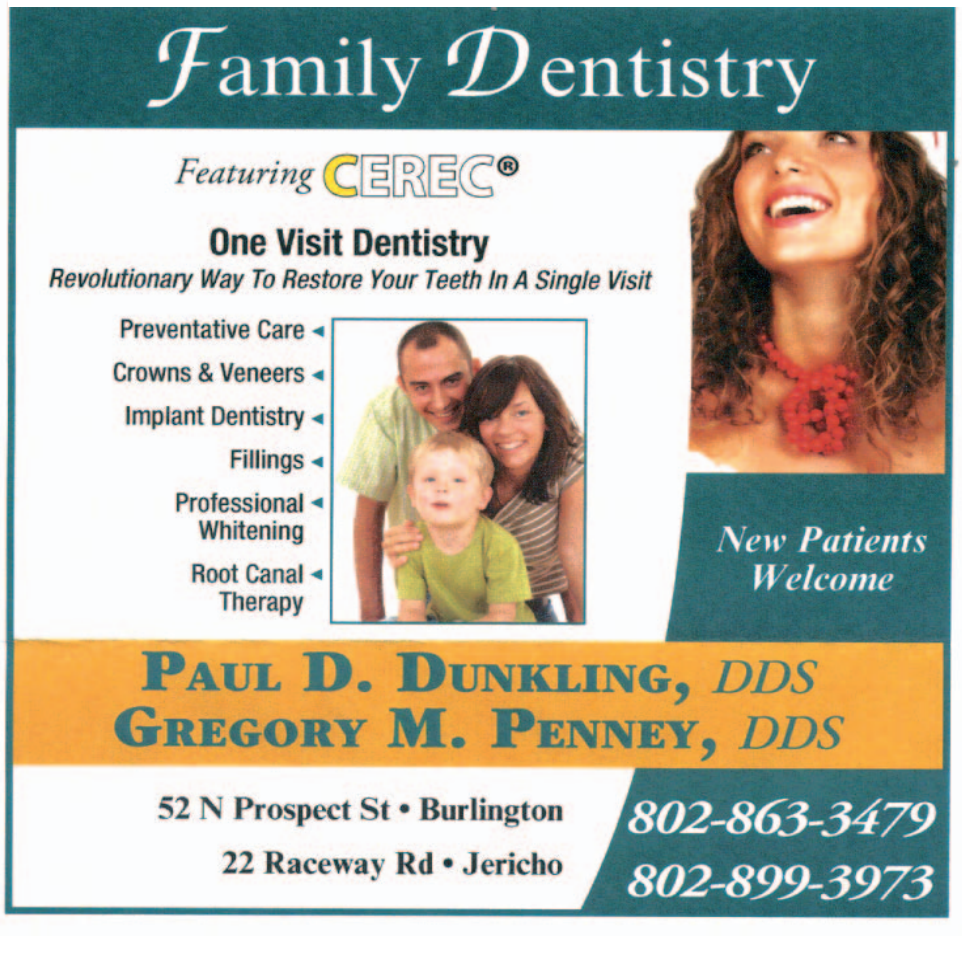
Cost is $10.00 per adult attending reunion (cost covers picnic meal, rental of pavilion, reunion expenses).

Picnic Menu: Sliced meats and cheeses, Sandwich fixings (lettuce, tomato, onions, etc), Fruit Salad, Assorted Picnic Salads, Cake and Soft Drinks. Children free.

You may also bring your own picnic too! Alcoholic Beverages are allowed in the park. Bring along your lawn chairs and your favorite game: horseshoes, Bocce, volleyball etc.

R.S.V.P. Carol Hitchcock at: *c_hitch31@comcast.net by* June 30, 2011.

Send checks payable to: Carol Hitchcock, 39 Sunnyview Drive, Jericho, Vermont 05452.



SHOP LOCALLY!

Jump into Trampoline Safety!

By Dr. Lewis First
First with Kids

Parents have been springing up to me asking me what they need to worry about if their child jumps on a trampoline. Well let me see if I can bounce off a few safety tips about trampolines.

Each year there are almost 250,000 trampoline injuries in this country that end up in emergency departments, with more than 75% of those injured being children under 15 years of age. Injuries appear to occur with equal frequency whether the trampoline is full size or tiny (meaning 3 feet in diameter).

What kind of injuries are we talking about? Minor injuries are quite common, such as sprains and strains of muscles and ligaments, as well as major dislocations and fractures. The most serious include broken necks, spinal cord injuries, and disabling head trauma resulting in paralysis or even death.

How do injuries occur? They can happen after colliding with another person, landing improperly while jumping or doing stunts, falling or jumping off, or falling onto the springs or frame. The vast majority of trampoline injuries occur on trampolines set up in the home, which is why the American Academy of Pediatrics does not recommend that trampolines be purchased for home use indoors or outdoors, and trampolines should not be part of routine physical education classes or used on outdoor playgrounds as play equipment.

Ideally, trampolines should be used under the direct supervision of physical therapists, athletic trainers, or other appropriately trained individuals for specific medical conditions, such as conditioning or rehab of injuries or in supervised sports programs such as gymnastics and diving.

If you still wish to have a home trampoline or discover that your child wants to use one at a friend's house, and you don't want your child to become a trampoline injury statistic, I have some suggestions:

- Inspect the trampoline (or have the parents who own the trampoline inspect it) before each use to make sure the frame padding is correctly and securely positioned and that there are no worn, defective, or missing parts.
- Set some ground rules that only one person should be on a trampoline at a time and always make sure you or another adult is present to supervise when the trampoline is in use.
- No one should jump on or off the trampoline.
- Somersaults should be forbidden since a landing on the head or neck could result in paralysis.
- Make sure the trampoline being used has shock-absorbing pads that cover the springs, the hook and the frame, and make sure it is set up away from other structures, trees, and play areas.
- The surface around the trampoline should be made of impact-absorbing material.
- No child under 6 should use a trampoline that is over 20 inches tall off the ground.
- The trampoline should be secured and inaccessible to children when not in use and an adult is not present.

Hopefully tips like this will jump up at you when it comes to recognizing the dangers of home trampoline use.

Lewis First, M.D., is chief of Pediatrics at Vermont Children's Hospital at Fletcher Allen Health Care and chair of the Department of Pediatrics at the University of Vermont College of Medicine.

Tell me Why

By Bernard Paquette

The Beatles first connected me to the question; tell me why, on their album *A Hard Day's Night.* Blink 182, Taylor Swift, the Backstreet Boys, and Neil Young all sing a song of the same title. However, my current favorite that asks "Tell me Why is titled *"Hey World (Don't Give Up)"* sung by Michael Franti. Franti asks, "Tell me why on this hill all the birds they used to come to fly here, come to die here." He asks, "Tell me why there's child soldiers, tell me how to fight diseases, tell me now, won't you please". Amidst many heart wrenching questions, he sings, I try, try, try, and don't give up on me I won't give up on you; Hey world, what you say?

On a scale closer to my ability, my very young nephew would, each time his family visited ours, ask why. "Why are the jets so loud?" Because Christopher, they use jet propulsion to become airborne (driving airflow over the wings creating lift). "But why Uncle Bernie, do they need to become airborne?" The pilots need to practice flying. "Why Uncle Bernie, do they need to practice?" They need to be prepared to fight for our freedom. "But why?" On and on he would ask why until another subject came up to ask why about or I just ran out of answers, real or made up.

I admired the curiosity, the non-linear analysis, and the persistence of Christopher who looked at the world the way many children do, with eager interest in learning why things happen, and why others behave the way they do. Christopher was often unwilling to give up asking why until reaching the true root answer showing me, the adult, that I had accepted for myself many shallow answers that were not really answers at all. "Hey Uncle Bernie, what you say?" often left me with the same indignation, Tell me Why.

Now that Christopher is grown up, I carry on asking why. Not tell me why questions like Michael Franti poses; those are bigger than I can get my head around. Mine are more mundane everyday life questions, like why don't neighbors each cut their grass at the same time to eliminate the cacophony of Briggs and Stratton's throughout the weekend. Moreover, tell me why so many folks haul away nature's own fertilizer –lawn clippings instead of mulching them into the lawn when they mow.

Tell me why asphalt is 'planted' and maintained while environment-softening trees that provide shade and beauty are an afterthought and often neglected in urban parking lots.

Tell me why anyone living in Vermont would ever complain about hot weather when it takes most of June and July to thaw out from winter and a snow-ridden spring. I try, try, try, not to complain about the long winters, and I never give up on Vermont with its' beautiful luscious green that amazingly comes back every year even if it takes a bit longer than I would prefer.

You might ask tougher questions like Michael Franti or dig deeper into the initial answers like my nephew Christopher. The key is not to give up. Don't give up on asking, seeing what might be made better in the world and what you can do about it.

Like Michael Franti sings, "Don't give up on me and I won't give up on you".

Just tell me why we can't eradicate litter in our communities year round. Hey world, what you say?

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Karen Floyd, Parish Administrator, 899-2326
www.calvarychurchvt.org

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Rev. Dagmar Rosenberg, Pastor - 899-3932
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gslcvt@myfairpoint.net www.GoodShepherdJericho.org

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On the Green in Jericho Center, VT
Pastor Peter Anderson & Youth Pastor Glenn Carter
8:00 & 11:00 am Sunday Worship
9:30 am Sunday School for all
10:30 am Fellowship
6:15 PM Youth Group in old school building
Signing for the deaf and wireless hearing receivers on request
899-4911, officejcc@comcast.net, www.jccvt.org

JERICHO UNITED METHODIST CHURCH
"Open Hearts, Open Minds, Open Doors"
71 Vermont Route 15, Jericho (next to Town Hall)
Rev. Patrice Goodwin, 899-4288
Rev. John Goodwin, 899-4288
Sunday Worship Service, 9:00 AM
Children's Sunday School, 9:00 AM
Men's Breakfast - third Sunday, 7:00 AM
jerichoumc@jumcvt.org • www.jumcvt.org

MOUNT MANSFIELD UNITARIAN UNIVERSALIST FELLOWSHIP
A Liberal Spiritual Community
P.O. Box 150, Jericho, VT 05465
phone 899-5335 ~ website *www.mmuuf.org*
We gather at 9:30 AM at the newly renovated space at 195 VT RT 15, Jericho (red barn across from Packard Rd) on the 2nd and 4th Sundays of September-June for worship, reflection, growth, and support.
All are welcome.

UNITED CHURCH OF UNDERHILL
"Welcoming, Worshipping, Working for God"
At the Green on Route 15 - Rev. Kevin Goldenbogen - 899-1722
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Summer worship and Sunday School 9:30 AM (July 3 - Sept. 4)
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Sonnets

By Suzanne Kusserow
Senior Guest Columnist

A sonnet is a structured poem. It has a strict 14 lines and ends with 2 lines – a couplet - which is the clincher, the moral summation of the preceding lines, the lesson to be learned and often memorized by high school students in A.P. English. William Shakespeare was good at this. One of his most famous sonnets starts with the line:

Let me not to the marriage of true minds admit impediments

Shakespeare wrote vividly about some weird people. King Lear made lousy character judgments. Macbeth and Mrs. MacB. shared a bloody power struggle, and she had the cleanest hands of any character, then or since. *As You Like It* had male and female as flip sides of the same coin. Ophelia floated down a river humming to herself about flowers. Romeo and Juliet were victims of bad timing. Hamlet had a lengthy chat with a skull. Portia would have us believe that a few mercy-filled raindrops could gently irrigate the legal system. Achilles ended up a blustery coward. The character of Cressida was called one of the daughters of the game. Bitterness and sexual nausea prevail in "Measure for Measure".

Shakespeare died at the age of 52. And some scholars say that his creative powers were withering in his forties. Therefore, I feel that, no matter how well he understood and described people, he didn't have time to live through and experience any of the impediments of the true minds of an older generation. And in a mix of current reality and humor, I would like to suggest that there are modern impediments which are peculiar to us seniors

I met an old friend of mine whom I hadn't seen since a high school prom. We grinned at each other and shared a big hug. He was shorter than I remembered, and our glasses clicked together in greeting…and locked. I spent some seconds looking into his ear, before we extricated ourselves. Somehow, the warm feeling of nostalgia and old memories were lost in the attempt to untangle earpieces. And writing of hugs, reminds me that Shakespeare never had to position himself so that his hearing aid wasn't whistling into the hearing aid of his lady love.

Then there is the dulling reality of trying to remember the last name of the person you are talking with; I readily admit that it is a true impediment to the marriage of true minds when I can't remember the name of the person to whom I am talking. Thanks to modern diagnostics, modern males are not hoisted on the painful petard of Gout. Richard and Henry and Lear did not know that venison rump roasts, flagons of ale and trifle with heavy cream, were killing their feet.

I am not sure whether the Globe Theatre had sufficient restrooms to accommodate aging female play-goers. But many an 'impediment' has occurred just trying to get to the first outhouse in time, especially with voluminous skirts weighed down with inches of crusted embroidery, and 3 pairs of highly-starched petticoats, and 4 pairs of undies, all strapped together by a whalebone corset that took two hours to pull tightly enough. Or perhaps the Mona Lisa closed-lips smile was not a seductive come on, but a clever way to hide a rotten front tooth, or a belch of bad breath from an aging stomach. The reality of impediments can now be cloaked with poultices, pills, pads, tucks and makeup, a cane or two, and modern transport. Perhaps if Shakespeare had been a lived a little longer, he might have taken his newly-sharpened quill in hand and written:

Let us, to the marriage of old minds, admit impediments
He does end with a rousing couplet:

If this be error and upon me proved,
I never writ, nor no man ever loved.

Now there's confidence that will not admit impediments! The joy of many of his sonnets was the forceful and assured positions that were stated and supported with certainty. But as we age, we need a little more latitude, a reasonable but not threatening dose of uncertainty. Will the marriage of true minds withstand the daily togetherness of retirement? And we surely want and need the unabashed dishonesty of sympathy.

Let me, therefore, to the marriage of old minds admit impediments, many of them. When true minds start to feel the inequalities of two minds; as one fades into needing care, and the caregiver starts to give up self, then the melody changes from a rhythmic march forward, to an out-of-tune lullaby, which, in its own way, is soothing. And the cracks in the song are spaces that let memories, forgetfulness, and resignation, soothe the impediment of lost love. I appreciate your sonnet, Shakespeare, but am using the addition of my own reality. Thank you for writing!

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Events

Coming Events

Friday July 8

Richmond Farmer's Market open from 3:00 to 6:30 PM on Volunteers Green in Richmond. Come and meet your local growers and buy local. For further information, contact Carol Mader at 434-5273 or *cmader@surfglobal.net*. Check out our website at *www.RichmondFarmersMarketVT.org*. The Richmond Farmers' Market participates in the Farm to Family Program and now accepts EBT and Debit cards.

Queen City Contras, Shelburne Town Hall, 5376 Shelburne Road, Shelburne, 8:00 PM. Caller Peter Johnson. Music provided by Randy Miller and Roger Kahle. All are welcome, all dances taught, no partner or experience necessary. Beginners' session at 7:45 PM. Admission is $8.00 adults. Under 12 free. Please bring clean, soft-soled shoes for dancing. Dance Info: 802-371-9492 or 802-343-7165

Saturday July 9

Beekeepers workshop, Charles Andros, former NH/VT Apiary Inspector, 1:00-3:30 PM, 18 MacLean Road, Alstead,. Look for the "BEE" sign on the south side of Walpole Valley Road. The topics of discussion will be taking off and extracting honey, wax processing, treatment of mites and foulbrood, and making propolis tincture. Bring a veil, if you have one, as we shall be opening some colonies. We'll be inside if it is a rainy day. Water and chair may also come in handy. Registration required. Email:*lindenap@gmail.com* or call 603-756-9056.

Saturdays July 9, 16, 23, 30

Carving Demonstrations, Bird Museum of Vermont, Huntington, 1:00 – 2:00 PM. Come watch a wood carver at work. Ask questions, collect fresh ideas, learn a new technique. Upstairs in the Museum workshop. Appropriate for all ages. Free with Museum admission.

Saturday July 10

Bug and Butterfly Walk, Bird Museum of Vermont, Huntington, 10:00 AM – 12:00 PM. Experience Vermont's butterflies and insects up close! Join Vermont Entomological Society (*http://www.vermontinsects.org/*) naturalists and entomologists at the Birds of Vermont Museum. Bring binoculars, magnifying glass, and an insect net if you have one. Pack a lunch if you would like to picnic after the walk. If it is raining on the 10th, please call the Museum (802 434-2167) to see if we have rescheduled.

Appropriate for everyone interested in Vermont's six-legged creatures. Free! Donations welcome. Please pre-register by calling (802) 434-2167 or emailing *museum@birdsofvermont.org*.

Sundays July 10 17, 24, 31

Sundays for Fledglings, Bird Museum of Vermont, Huntington, 2:00 – 2:45 PM (or so). Kids are invited to hike, create, explore, carve, act, write, or investigate with us on Sunday afternoons. Designed for 1st through 4th graders, but all are welcome. Continue (or start) working toward your Jr. Birder's patch!

We focus on birds but amphibians, mammals, trees, ferns, forests, insects, and other natural community members may be included. Activity details are posted at the Museum and online each week. July's theme is *Eating Around the Habitat.* We are often outdoors, so please dress appropriately. Free with admission; donations accepted. Pre-registration is helpful. Call (802) 434-2167 or email *museum@birdsofvermont.org.*

Tuesday July 12

Storytime in the Nestlings Nook, Bird Museum of Vermont, Huntington, 10:30 AM – 11:15 PM (or so). Join us for stories about birds and more. Stories will be followed by a craft project, music, or nature walk, depending on the topics and weather. Intended for pre-schoolers, but all ages are welcome. Got a favorite book about birds? Share it with us! Free with admission; donations welcome.

Friday July 15

Richmond Farmer's Market open from 3:00 to 6:30 PM on Volunteers Green in Richmond. Come and meet your local growers and buy local. For further information, contact Carol Mader at 434-5273 or *cmader@surfglobal.net*. Check out our website at *www.RichmondFarmersMarketVT.org*. The Richmond Farmers' Market participates in the Farm to Family Program and now accepts EBT and Debit cards.

Saturday July 16

59th annual Irasburgh Church Fair, 10:00 AM – dusk. Fireworks after parade. Crafts, flower market, Granny's Attic, and more.

Tuesday July 19

"Ask a Bird" Poetry Workshop with Ted Scheu, Bird Museum of Vermont, Huntington, 2:00 – 3:30 PM. Come join Vermont children's poet Ted Scheu, for a super-fun poetry writing workshop. Bring your sharpest eyes and your brightest imagination for this magical poetry adventure. We'll be observing birds and then writing odes to them using the most beautiful words we can find in our heads. Along the way, you'll be able to ask your favorite bird anything at all. How cool is that? Best for ages: 6 to 12 (5's could come too and have their parents support their writing.) Free with Museum admission. *Please pre-register* by calling (802) 434-2167 or emailing *museum@birdsofvermont.org.*

Thursday July 21

Hot Dish Supper, Binghamville United Methodist Church, Fletcher, 5:00 PM until all is served. Adults $8.00, Children $4.00. Families welcome. Menu includes a variety of hot dishes, baked beans, hash, salads, rolls, pickles, and pies.

Friday July 22

Richmond Farmer's Market open from 3:00 to 6:30 on Volunteers Green in Richmond. Come and meet your local growers and buy local. For further information, contact Carol Mader at 434-5273 or *cmader@surfglobal.net*. Check out our website at *www.RichmondFarmersMarketVT.org*. The Richmond Farmers' Market participates in the Farm to Family Program and now accepts EBT and Debit cards.

Friday July 29

Richmond Farmer's Market open from 3:00 to 6:30 on Volunteers Green in Richmond. Come and meet your local growers and buy local. For further information, contact Carol Mader at 434-5273 or *cmader@surfglobal.net*. Check out our website at *www.RichmondFarmersMarketVT.org*. The Richmond Farmers' Market participates in the Farm to Family Program and now accepts EBT and Debit cards.

Saturday July 30

Bird Monitoring Walks, Bird Museum of Vermont, Huntington, 7:30 – 9:30 AM. Join us on our monthly surveying walk. Bring rain boots or sturdy hiking shoes, sweater or jacket, binoculars, etc., depending on weather. Trail conditions vary. Best for birders and citizen scientists. Free, donations welcome.

Bridal Issue - August 7
Plan your advertisng accordingly.

Ongoing Events

ADULT ACTIVITIES

Chittenden County Postage stamps and post card club meets every first Wed. of the month 6:15 -8:30 PM, A IDX Circle GE Healthcare Building. South Burlington Information e-mail:*Laineyrapp@yahoo.com* or call me at 802 660-4817

The **Essex Art League** holds monthly meetings at the First Congregational Church, 39 Main St., Essex Jct. For information, 862-3014.

Chittenden County Stamp Club, First Wednesday of the month 6:15-8:30 PM, GE Healthcare, 1 IDX Circle, South Burlington, VT. Everyone is welcome to come learn about stamp collecting, postage history, cachets, postcards and postage stamps or a variety of other knowledge. Lainey Rappaport (802) 660-4817.

Eagles Auxiliary #3210 holds bingo at the club house on Rt. 109 Friday nights. Doors open at 5:30 PM. Bingo starts at 7:00 PM. For more info contact Sally at 644-5377.

Handbell ringers, Tuesday evenings, United Church of Underhill. All are welcome at rehearsals. Two ensembles; opportunity for small groups/shorter time periods. We ring a variety of music in a variety of settings and look forward to new faces joining us. Beginners welcome! Call Roger, 899-3106, for information.

Mt. Mansfield Scale Modelers gather on the third Thursday of the month from 6:30 to 8:30 PM. Modelers encompassing all categories of interest and skill levels are welcome. Brownell Library, Kolvoord Community Room, Lincoln Street, Essex Junction. Next meetings Thursday December 16, 2010; Thursday January 25, 2011; and Thursday February 24, 2011.

The women of the United Church of Underhill meet on the second Saturday of each month at 8:00 AM at the Church located at the park on Rt. 15 in Underhill Flats. Women interested in sharing Christian prayer and discussions are welcome. Contact Julianne Nickerson at 899-3798 for more information.

The VT-French-Canadian Genealogical Society - Do you have more time in the summer to start finding your ancestors? Do you need help filling in those blank spaces in your family tree? We have resources such as the VT Vital records to help with that and we can help anyone get started. The VT French-Canadian Genealogical Society library is located on Hegeman Avenue, Fort Ethan Allen, Colchester. We're open Tuesdays 3:00 to 9:30 PM and the following Saturdays, July 9 and August 13. We will be closed September 3. Parking and entrance across from the State Police. Please visit our website *Http://www.vt-fcgs.org*, or call 802-238-5934 for more information.

HEALH EVENTS & GROUPS

Alcoholics Anonymous Meeting, "Wing It" group meets Sundays - 11:00 AM at Maple Leaf Farm on Stevensville Road, Underhill - it's an Open Speaker meeting followed by a Brunch (there is a $10 charge for the brunch)

Alcoholics Anonymous Meeting, "The Firing Line" group meets Wednesdays, 7:15 PM - 8:15 PM at Maple Leaf Farm on Stevensville Road, Underhill - it's an Open Step meeting

Alcoholics Anonymous Meeting, "The Firing Line" group meets Saturdays, 8:00 – 9:00 PM at Maple Leaf Farm on Stevensville Road, Underhill - it's an Open Speaker Discussion meeting

Alzheimer's Support Group - Free educational support group series for families coping with a loved one with Alzheimer's disease and related dementias. This series gives caregivers the opportunity to better understand and develop strategies for the future. Held monthly at The Arbors at Shelburne. For more information and to register, contact Nicole Houston, Director of Family Services, The Arbors at Shelburne, 985-8600.

Overeaters Anonymous meets 6:00 – 7:00 PM Wednesdays at the Jericho United Methodist Church, VT Rt. 15, Jericho. TOPS Chapter 145 Jeffersonville meets 6:15 PM on Thursdays at the Eagles Club, Route 109, Jeffersonville. Weigh-in 5:15– 6:00 PM.

Healing Circle Breast Cancer Network, support group for women with breast cancer, meets first Tuesday of every month at 5:30 PM, Northwestern Medical Center, Conference Room #1. RSVP at 524-8479.

Franklin County Prostate Cancer Support Group, first Tuesday of each month, 5:15 - 7:00 PM, Northwestern Medical Center Conference Room #2, St. Albans. This support group offers men opportunities to educate themselves and each other; share and learn from each other's experiences; offer support to each other, a spouse or partner; and advocate early detection of prostate cancer. For information, Fern Mercure, 524-0719.

Statewide Quit Line, Telephone Smoking Cessation Counseling. Call 1-877-YES-QUIT (1-877-937-7848). Free.

Alcoholics Anonymous Meeting, "Keep It Simple" group meets Mondays, Wednesdays, and Fridays, 8:00 – 9:00 PM and Saturdays, 6:30 – 7:30 PM at the United Church of Underhill, Underhill Flats.

KIDS

Playgroups are free of charge and open to all children birth through age 5 and their caregivers. At playgroup you will find stories, songs, crafts, free play, local events & information, and more. It is a wonderful opportunity to play with the children in your life, meet other playmates, and connect with other parents and caregivers. Playgroups follow the school calendar. Come to any or all groups that fit your schedule. For more information on any of the playgroups, please contact Heather Lebeis at 899-4415 or *underhillplaygroup@yahoo.com.*

Wednesday: Bolton's Smilie Memorial School 8:15 - 10:15 AM and Richmond Free Library 8:45 - 10:15 AM

Thursday: Huntington's Brewster Pierce Memorial School 3:00 - 5:00 PM.

Friday: Underhill Central School 9:30 - 11:00 AM.

Bolton Family Play Night, in the Smilie School gym, usually the first and third Fridays, 6:00 – 7:30 PM. Free. Mostly unstructured play with the school's equipment. Contact Tim Grover, 434-4180.

Kids' Yoga, 3-5 years & 6 years and up. Toddler tumbling and new moms' groups. The Well, 644-6700.

SENIORS/COMMUNITY MEALS

Jeri-Hill XYZ Seniors meet at the Town Hall in Underhill Center on the first and third Wednesday of each month. All seniors are welcome! Dinners are served at 11:30 AM. For information, please call Bette Workman, 899-4446, Loreen Teer, 899-1363 or Doug Keith 899-2582.

Johnson Community Meal - Every 2nd & 4th

Ongoing events continued on page 5

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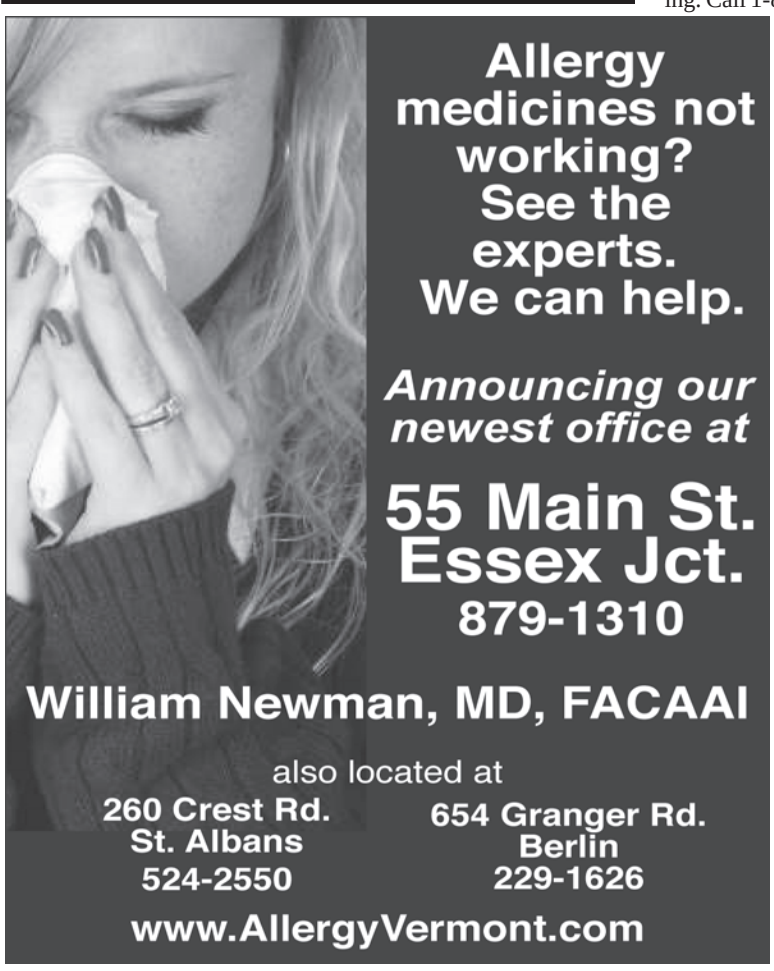


ART

Plein Air Festival - Saturday July 23, Emile A. Gruppe Gallery, 22 Barber Farm Road. The public is invited to watch 75 artists paint new works outside in scenic settings. Starting at 9:00 AM admission is free with the artists' works available for sale at the end of the day at a reception for the artists and the public at the gallery. info: www.emilegruppegallery.com or (802) 899-2974.

Exposed 2011 Outdoor Sculpture Exhibition presented by Stephen Levin and Helen Day Art CenterJuly 8, 2011 – October 8, 2011.

2011 marks the 20th year of the annual *Exposed* Outdoor Sculpture Exhibition in Stowe, Vermont. This exhibition's long history has provided opportunity for local and regional object-based and site-specific sculptors to exhibit their work.

This year's suite of work both honors the tradition of art history and reflects the contemporary global art atmosphere. It features sculptural objects and acknowledges the ever-changing role of art to incorporate active, socially engaged work in a variety of media. Curator Rachel Moore has accomplished this by including high profile sculptors alongside artists who work interactively with community and site. This year's exhibit includes artists from Canada, Germany, Greece, and Mexico.

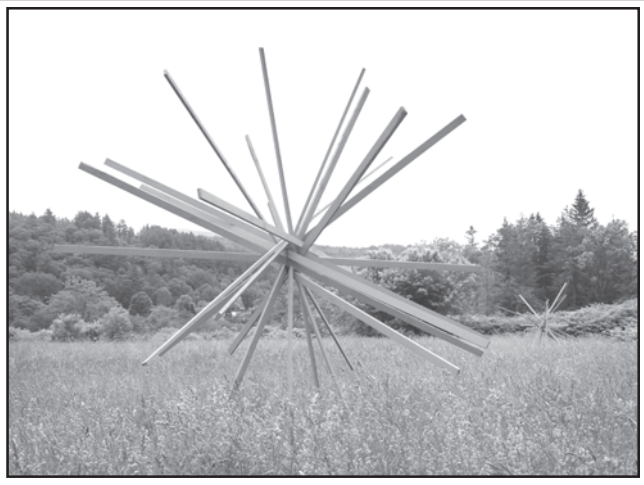
Public programs each Thursday night include 13 performers, writers, and video artists who add texture to the already diverse exhibition. These happenings will be hosted by The Art Center at 6:00 PM beginning July 14.

This year the Exposed exhibition debuts the use of a cell phone audio tour and QR codes for Smartphones. These two strategies deepen the experience for the visitors and provide instant access to the meaning and intent of the artwork in the artists' own words. This creates a more personal connection between the artist and the public, providing insight into their processes and concepts.

The addition of a cell phone tour; QR codes; walkabout tours; a catalogue with images and descriptions; and a comprehensive map cohesively work to create a more accessible exhibition, engaging the anticipated 75,000 visitors. Please visit *www.helenday.com* for more details.

Essex Art League member, Diana Dunn will be exhibiting her work through the month July at the Essex Town Offices. Ms. Dunn will be exhibiting her watercolor paintings in this solo show.
Come explore the latest exhibition of the Essex Art League at Phoenix Books. Members of the Essex Art League will be exhibiting their works in a variety of mediums through September 1, 2011.
Phoenix Books & Cafe is located at the Essex Shoppes and Cinema, 21 Essex Way #407, Essex Junction.
For more information on the Essex Art League's programs and exhibitions please visit the website at *www.essexartleague.com.*

Emile A. Gruppe Gallery presents an exhibition of paintings by the Four Sisters now through July 17. The Four Sisters are true siblings who love to paint together, each adding her own personal approach to subject matter. It is a unique situation, being sisters



Outdoor Sculpture Exhibition presented by Stephen Levin and Helen Day Art CenterJuly 8, 2011 – October 8, 2011.Sculpture by Tom Holmes. PHOTO BY GLENN CALLAHAN

who not only share a common passion for creating art, and waste no time on sibling rivalry, preferring to experiment with new approaches and encourage each other in their work. Their combined talent and experience includes oil, pastel, watercolor, sculpture, acrylic, etching, silkscreen, and stained glass.

Gallery hours are 10:00 AM – 3:00 PM Thursday through Sunday or by appointment (802) 899-3211. *www.emilegruppegallery.com.*

MUSIC

Green Mountain Chamber Music Festival, Kevin Lawrence, Artistic Director, Kodaly, Duo for Violin and Cello, Opus 7; Mendelssohn, Piano Trio No. 2, C minor, Opus 66; Korngold, Suite for 2 violins, cello and piano, opus 23. GMCMF Faculty, Friday, July 8, 7:30 PM. Recital Hall, Univeristy of Vermont, Redstone Campus, Burlington. Tickets: $20 general admission, $17 seniors, $6 students. Information: 802-233-1106. Website: *http://www.uvm.org/gmcmf/.*

Third Annual Brown Cow Summer Music Series sponsored for the community by Covenant Community Church, Friday Nights – now thru August 12, 6:30 to 8:00 PM. Covenant Community Church, 1 Whitcomb Meadows Lane, Essex, just off RT 15, across from John Leo's business.

Start your weekend off right this summer with an inexpensive family oriented musical event each Friday evening. This year the venue has changed slightly with 2-3 acts performing each evening. Of course our traditional free home-made root beer will be available! Inexpensive light meal, snacks and scoops of ice cream to transform that root beer into a "Brown Cow" will be available from the event snack bar. A free-will offering will be taken each evening to support the performers.

July 8 – Jazz Night (Calloway Taxi, Laura Grill Band, Gordon Michaels)

July 15 – Country Rock/Gospel (Carol Jones, David Dances, Epic Season)

July 29 – Special Kids Night (Mark Shelton as Captain Radical, Kids on the Block VT)

August 5 – Country Rock/Gospel (Carol Jones, Narda, Shirley and the Nation)

August 12 – Acoustic/Folk/Pop (Carrie Ferguson, Jesse Terry, Jericho Road Crew)

For more info, contact Covenant Community Church at 879-4313. Web: *www.jerichocovenantchurch.org*, e-mail: *fellowship@jerichocovenantchurch.org.*

THEATER/FILM

The **Waterbury Festival Playhouse** in Waterbury Center, central Vermont's semi-professional theater company, presents *Lettice and Lovage* by Peter Shaffer. This wonderfully engaging play explores the eternal question of whether life should be lived with zest and verve, or lived in an orderly way. Find out what happens when the two meet in the most humorous of ways.

Lettice Douffet, an expert on Elizabethan cuisine and medieval weaponry, is an indefatigable but daffy enthusiast of history and the theater. As a tour guide at Fustian House, one of the least stately of London's stately homes, she theatrically embellishes its historical past, ultimately coming up on the radar of Lotte Schoen, an inspector from the Preservation Trust. Neither impressed nor entertained by Lettice's freewheeling history lessons, Schoen fires her. Not one, however, to go without a fight, Lettice engages the stoic, conventional Lotte in a battle to the death over all that is sacred to the Empire and the crown.

Ethan T. Bowen directs an incredibly strong cast in the presentation of this play. Cael Barkman, who last appeared on the Playhouse stage in last year's Unnecessary Farce as Billie the cop, plays Lettice Douffet. Ginger Pierce, who co-founded the Playhouse and has graced its stage each year it has been open, plays her counterpart Lotte Schoen.

This is the first show of the Waterbury Festival Playhouse's sixth season. The Playhouse is becoming a regular favorite of theater lovers throughout the area, as well as central Vermont's many visitors.

Performances are Thurs. 7/7 - Sat. 7/9, Wed. 7/13 - Sat. 7/16. Tickets for all shows are $25.00 in advance (must be purchased by 5:00), $27.00 at the door. Shows begin at 7:30pm. Tickets can be purchased online at *www.WaterburyFestivalPlayhouse.com* or by phone at 802-498-3755.

Hitchcock-inspired thriller, *I'll be back before midnight* on stage at **Saint Michael's Playhouse** July 6-16, Saint Michael's College.

The show runs evenings at 8:00 PM, July 7, 8, 9 and 12, 13, 14, 15, 16; matinees at 2:00 PM, July 9 and 16.

Rest of the Playhouse season:

BOEING-BOEING, The Tony Award-winning Broadway Comedy, July 20 - 30, 2011. By Marc Camoletti, adapted by Beverly Cross, directed by **Kathryn Markey.** The uproarious jet-propelled comedy had audiences and critics cheering in London and on Broadway. Bernard, a successful architect living in Paris, thinks he can easily juggle his three flight attendant fiancées. When an old friend arrives and his three fiancées each change their flight schedules, his life hits some turbulence. It's a rollicking good time show with a "Mad Men" ambience, running evenings, 8:00 PM July 20 - 23, 26 - 30; matinees, 2:00 PM July 23, 30.

THE MARVELOUS WONDERETTES, The sensational new Off-Broadway musical, August 3 – 13, 2011. The new hit musical comedy and Off-Broadway sensation, by Roger Bean, Directed and choreographed by Keith Andrews, is a cotton-candy colored, non-stop pop musical blast from the past! Featuring favorite songs from the '50s and '60s, THE MARVELOUS WONDERETTES takes you to the 1958 Springfield High School prom where we meet the Wonderettes, four girls with hopes and dreams as big as their crinoline skirts. The girls perform such classic songs as Lollipop, Stupid Cupid, It's My Party, It's In His Kiss, Rescue Me, R-E-S-P-E-C-T, and many more! The show runs evenings, 8:00 PM. August 3 - 6, 9 – 13; Matinees, 2:00 PM, August 6, 13.

PLAYHOUSE JR., Children's Theater

PUSS 'N BOOTS, Directed by Tim Maynes, Friday, July 8 at noon; Saturday, July 9 at 10:00 AM; Sunday, July 10 at 10:00 AM amd noon. In a faraway kingdom, Oliver the Ogre wants to retire from ogre-ing and stay at home tending his flower garden. His career transition is not as easy as it seems and it takes a swashbuckling cat named Puss to set the kingdom right.

Ongoing events continued from page 4

Wednesday, 11:30AM-12:30pm at the United Church in Johnson. Come for a hot meal and get to know your neighbors. The meal will be followed by a community gathering. For more information, please contact: Ellen Hill: 635-1439, *ellen.hill@jsc.edu.*

Westford Senior lunches – Join Westford Seniors for lunch at the Red Brick Meeting House on the Common the second Monday of each month. The next senior luncheon is on Monday, September 13. There is no lunch in July or August. Lunch is served at 12:00 noon with a short meeting or presentation following. Call 878-7405 or 879-7382 for information or for a ride.

Bolton Up and Downtown Club meets the last Thursday of the month at the Bolton Fire station Suggested $3.00 donation. Meal at 5:00 PM. Open to adults 60 and over. Contact Doris Wheelock at 434-3769.

Huntington senior meal site – The Huntington Senior meals are served the third Tuesday of each month at 12:00 noon at the Community Baptist Church in Huntington Center.

St. Jude's Church, Hinesburg, senior meals held on second and fourth Wednesday of each month with bingo games after the dinners. Everyone is welcome including caregivers. Dinners are $3.00 per person. For information call Ted Barrette at 453-3087.

Starksboro First Baptist Church, Starksboro - senior meals, fourth Thursday of the month, 11:30 AM, call Brenda Boutin at 802-453-6354 for more information.

SPORTS ACTIVITIES

Pliates - Wednesday evenings at 6:30 PM at MMU. Monday evenings at 6:00 PM and Saturday mornings at 9:00 AM at Dakini Studio. Call Lisa Timbers at 899-4191 for more information or visit her website at *http://timbers.wordpress.com*

Zumba - Wednesday evenings, 6:00 PM, Jericho Community Center. For more info contact Lori Preiss at 899-0343 or visit website*:*
www.greenmountainzumba.com

SUPPORT GROUPS

CFS, Fibromyalgia, Lyme Disease, Chemical Sensitivity and Gulf War Syndrome, 1:00 to 3:00 PM every third Thursday at: The Bagel Cafe, Ethan Allen Shopping Center Burlington, VT call or visit website *www.vtcfids.org* or Lainey at 802 660-4817 or 800-296-1445 ask for Rik

Alzheimer's support group, third Wednesday, 9:30 – 11:30 AM, The Arbors, 687 Harbor Rd., Shelburne. Free education for individuals and families in the early stages of Alzheimer's disease and related dementias. For information and to register, contact Nicole Houston, 985-8600.

Approach Autism With Advocacy, Recovery & Education (AAWARE) in the Lamoille Valley, third Sunday, 3:00 – 5:00 PM, Second Congregational Church of Jeffersonville Community Room, Jeffersonville. Special topics, guest speakers, resource information; playroom for kids, fenced side yard for outdoor play. For information, Terry Holden, 644-2759 (Jeffersonville) or Tina Karl, 888-3430 (Hyde Park.)

Veterans Job Networking, Wednesdays, 9:30 – 11:00 AM, VFW Post, Essex Jct.; 1:00 – 2:30 PM, American Legion Post, St. Albans.

Eating Disorders Parental Support Group, third Wednesday, 7:00 – 9:00 PM, Covenant Community Church, VT Rt. 15, Essex Center. For parents of children with or at risk of anorexia or bulimia. We focus on being a resource and providing reference points for old and new ED parents. For information, Peter, 899-2554.

TOWN GOVERNMENT & ORGANIZATIONS

Cambridge Area Rotary meets on the first Thursday of the month, rotating to local restaurants, 7:00 – 8:00 AM. For information, call Anita Lotto, 793-0856, or Chuck Hogan, 644-8134.

Westford Fire Department, Mondays, 7:00 PM, at the fire station next to the Town Garage. For information, email John Quinn, *jquinninvt@aol.com*

Jericho-Underhill Water District meets first Monday of each month at the United Church of Underhill, Underhill Flats, 7:00 PM. For information, call 899-4076 or 899-3810.

Jericho Historical Society, second Thursday, 7:30 PM, Old Red Mill, Jericho.

Jericho Underhill Park District Board meeting, first and third Wednesdays, 7:00 PM, Deborah Rawson Memorial Library project room, Jericho. Residents of Jericho and Underhill always welcome. 899-2693 for information.

Village of Jericho, Inc. – Please be advised that the Board of Water Commissions of the Village of Jericho, Inc. will hold its next monthly meeting Tuesday July 19, 2011, 7:00 PM.

Jericho Energy Task Force meets the third Wednesday of every month from 7:00 to 8:30 PM at Jericho Town Hall.

THRIFT SHOPS & FOOD SHELVES

The **Heavenly Cents Thrift Shop** located just east of the Five Corners in Essex Jct. on Rte 15, the hours are from 10:00 AM to 3:00 PM on Tues. and Wed., 4:00 to 8:00 PM on Thurs. Please check us out.

Westford Food Shelf, open on the third Saturday of every month, 8:00 – 10:30 AM, United Church of Westford. All are welcome. Fresh produce, meat, and non-food items available.

Library News

DEBORAH RAWSON LIBRARY, UNDERHILL

Art for July are photographs by Stu Hall.

The board of Trustees meets Thursday July 21 at 7:00 PM.

The silent auction item for July is a cruise for two aboard the the classic sloop Friend Ship for two hours on Lake Champlain. Bids taken starting July 1, 10 am until 2pm on July 30th.

Remember...Through our website *www.drml.org* you have access to downloadable audio books and e-books. Also we subscribe to Mango which is a foreign language program that you can use on your computer at home. All you need is a current card from our library. Look for the *Listenupvt* link at the bottom of the home page.

The library gardens are in full swing. Please enjoy the lovely perennial garden as well as the vegetable garden, which is shared with our local food shelf. Master Gardener Trish Kargman has installed a mailbox with gardening information to be shared with the community. Feel free to leave your thoughts and suggestions in the provided journal. MG Eric Wood has created in information board, which will update you on what is happening in the garden. The board is located inside the library near the garden exit, the mailbox and gardens are around the back of the library. Consider joining us in the garden or donating produce from your family garden. We deliver to the local food shelf on the third Thursday of the month to be distributed the following Saturday. Fresh produce can be left by the bicycle rack, third Thursday, and we will get it to the church. You can find us in the gardens most Wednesday evenings and Saturday morning. Always check to be sure. More information *sadams@gmavt.net* or 899-2742.

The Deborah Rawson Book Lovers (DRBL) meet every second Tuesday in the library at 7:00 PM. In June, the book was *Possession* by A. S. Byatt. Only one of us could finish this tome, and only by skimming. To paraphrase one member, "What an incredible ability this author had, to create an entire fictional life and work of poetry, and I only wish I could have been interested, but I wasn't." The July 12 book will be something completely different – *The Guernsey Literary and Potato Peel Society* by Mary Ann Shaffer. I have a feeling we will all get through this one.

The Mystery Book Group will meet Tuesday July 19 at 7:00 PM. We will be discussing *The likeness* by Tana French. Everyone is welcome.

The Vermont Italian Club will sponsor a movie on Friday July 22 at 7:00 PM. The title will be announced at a later date.

Story Times - No registration needed Wednesday at 10:30, July 6, 13, 20, 27; Following stories read each week by a â•guest readers, we will enjoy refreshments served at the picnic table. Recommended for preschool - grade 1.

African Mask Making - Friday July 8, 10:15 AM. Hear an African story, learn some interesting facts about this amazing continent, and then make your very own African mask. Grade 1-4. Registration required, call 899-4962.

Chinese Culture and Craft - Friday July 8, 1:00 PM. Senior high student, Teddy Retzloff, has studied and visited China and is ready to share a few interesting things he has found about the culture. Learn to write a Chinese character, try typical Chinese food, find out about the importance of a chop and make one for yourself. Grades 2-4. Registration required, call, 899-4962.

Mexican-American Theater Workshop – Tuesday, July, 12 10:00-11:30 AM. Come and try your hand at theater improvisation. By request from former DRML participants, we have asked Richard Rodriguez to return. This time he will center his theatrical games on the fascinating theme of Mexican folklore. Come prepared to have fun and actively participate. Registration required call: 899-4962. Grades 3 and up.

A Child's Life in South Korea - Wednesday July 13, 10:30 AM or Tuesday July 19, 1:00 PM. Learn about the culture of South Korea ; enjoy eating a Korean snack, see some items typical of the area, and make a Korean game of your own. Program facilitator: Chris Ryan. Registration required call 899-4962. Grade 2 and up.

Rik Palieri Songs and Stories - Thursday July 14, 10:30 AM. Through his songs and stories, Rik will take us on an international trip. Hear and learn about instruments from around the globe. You will want to join the fun and be part of the journey. Registration required call: 899-4962. Open to all ages.

Family Yoga - Tuesday July 19, 10:30 AM. From the Far East comes the ancient practice of Yoga. Jen King will teach participants some of the basic poses and stretches. Take a break from the rush and enjoy one of these relaxing sessions. Registration required call: 899-4962. Grades 2 - adults; grade 1 when accompanied by an adult.

Very Merry Theatre, no registration needed. Thursday July 21, 12 noon. The Very Merry Theatre arrives in our backyard to present an original version of *Pippi.* Bring a chair or blanket. In the event of rain the performance will be held in the Underhill ID mulit-purpose room. All ages

Explore Ecuador - Friday July 22, 10:30 AM. After sharing some details of her native country, Ecuador, Sonia Rivadereia will assist participants in creating pictures in the style of a famous Ecuadorian artist. Grades 4 - adults. Registration required. Call 899-4962

Ukrainian Egg Decorating - second session offered Wednesday July 27, 1:30-3:00 PM. Enjoy learning the technique used in this elegant egg decorating which began in the Ukraine. Ann Linde will guide participants in creating their own unique egg. Registration required call: 899-4962 Grades 5 - adult.

Library hours: Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM – 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM, closed Monday. For information on any of the library's programs, call 899-4962.

ESSEX FREE LIBRARY, ESSEX

For information or directions, please call the library at 879-0313 or check our web site at *www.essex.org.*

FAIRFAX LIBRARY, FAIRFAX

Fairfax Summer Concert Series 2011 - Every Tuesday evening at 6:30 PM, Rain or Shine. Located on the green in front of the BFA Middle School, bring your chairs. Free to all and Handicap Accessible - July Shows: July 19 Conscious Roots; July 26 Big Spike.

Sponsored by Vermont Arts Council, National Endowment for the Arts, Fairfax Community Library, Fairfax Park and Rec, and BFA K-12 Enrichment

Fairfax Community Library Summer Reading Program 2011 - July Events: Thursday July 7, 10:00-1:00AM, Children's Author Jan Reynolds, 6:30-7:30 PM, Middle School book group discussion of *Millions* by Frank Cottrell Boyce; Thursday July 14, 10:00-11:00 AM Travel the world with Success by Six; Thursday July 21, 10:00-11:00 AM, local artist Sally Ziegler leads a multicultural art activity; Thursday July 28,10:00-11:00 AM**,** Exordium Exploration, 6:30-7:30 PM Middle School book group discussion of *City of Ember* by Jeanne DuPrau.

In addition to these activities we are offering a Summer Preschool Storytime Series, *Folktales from Around the World,* every Tuesday morning from 9:30 -10:30 AM now through August 2.

For more information call (802) 849-2420 or email *fairfaxlibrarian@gmail.com.*

The library is located at 75 Hunt Street Fairfax VT 05454. Library Hours Monday, Wednesday, and Friday 8:00 AM-3:15 PM, Tuesday, and Thursday 8:00 AM – 8:00 PM. <*http://www.bfafairfax.com/pages/communitylibrarynews.html. 802-849-2420*>.

JERICHO CENTER, LIBRARY

Summer Reading Program - The Summer Reading program is underway and the schedule is on line at: *http://www.jerichotownlibrary.org/programs-and-events/summer-progran-2011.* Registration started June 18 and many programs have filled up, but there are still openings. It all wraps up with an International Festival; on the Jericho Center Green on July 29 at 4pm. Please contact the library at 899-4686 if you would like to register for any of the programs.

Summer reading logs are also available at the library, with different logs for prereaders, readers, and teens. All can bring their logs to the library to get them stamped when they visit. Prereaders can enter in to a drawing for a collection of books. The drawing will be held on July 29 at the Final Event. Readers can enter a drawing for a savings bond donated by Merchants Bank. Teens can get their logs stamped each time they attend a library program, report on a book they read, or volunteer at the library and they can enter a drawing for a $25 gift certificate from University Mall that will be awarded at the end of the summer.

Story time continues through the summer on Wednesday mornings at 10AM, with topics and activities themed around the international theme of the Summer Reading program. Story time is targeted at prek – 1st grade and no registration is necessary. Come join us for stories, songs, snacks, and crafts.

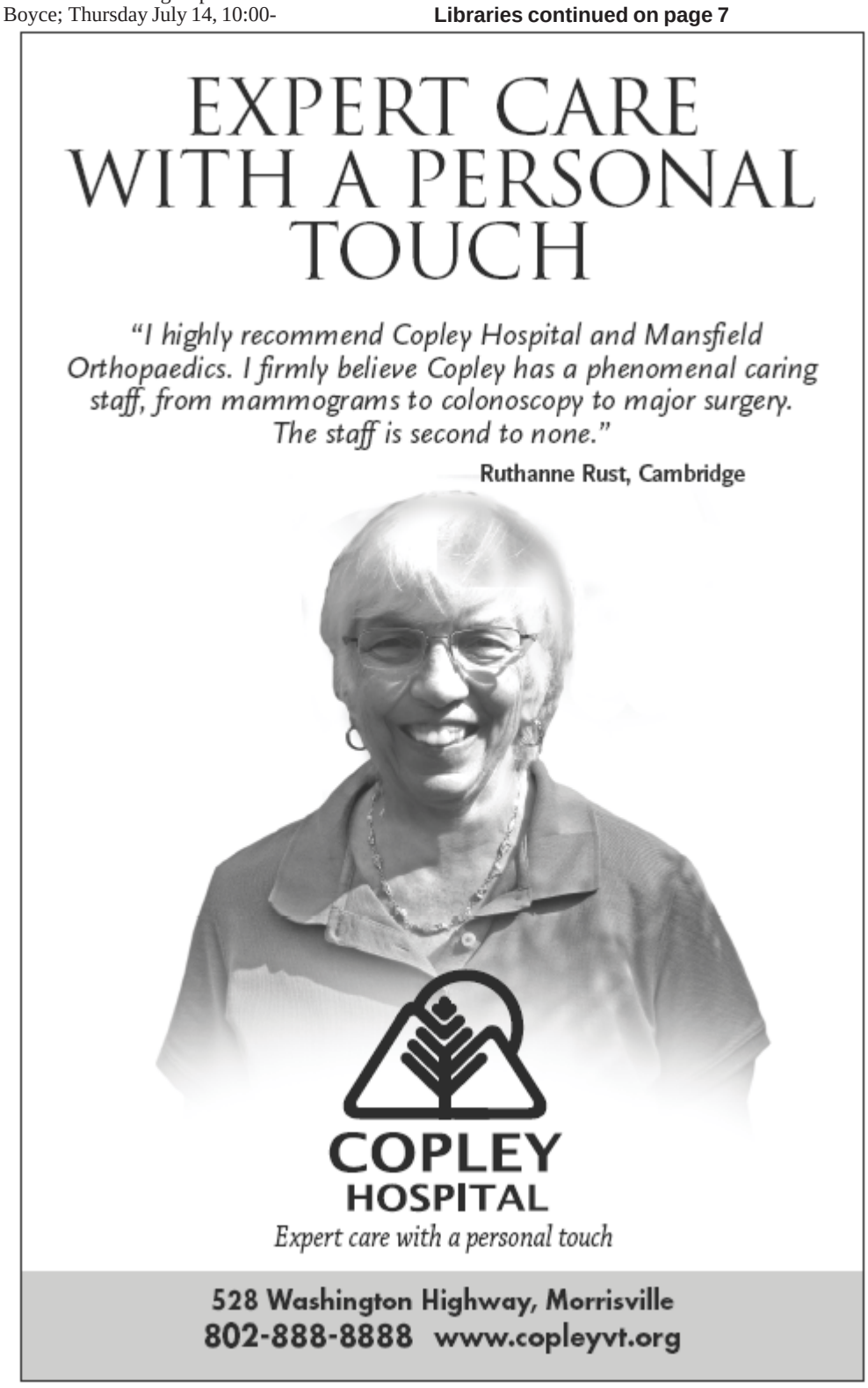
Find us on the web - You can find the Jericho Town Library on the web at www.jerichotownlibrary.org and from there, you have access to the entire card catalog for the library as well as that of other local libraries, including Richmond Free Library, Brownell Library, and Dorothy Alling Library.

You can also find the library on line at Facebook now, too. Just search for "Jericho Town Library" to find us.

Writers' Club - The writers club continues every other Monday, 6:30 – 8:00 PM. All ages are welcome**.** Meetings in July are on July 11 and 25. Please contact the library for more information.

Audio and Ebooks - Traveling this summer and looking for audio or eBooks to take with you? Visit the library web site (*http://www.jerichotownlibrary.org/download-audiobooks*) for information and a link to the Green Mountain Library Consortium, where you can check out and download audio and eBooks for free. For more information, contact the library at 899-4686.

Libraries continued on page 7



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General information reminder - The board of trustees meets regularly on the first Thursday of each month at 5PM at the library and the public is always welcome to attend. The next meeting is an exception, with the meeting scheduled for July 21.

Library hours are Monday 1:00 PM - 5:00 PM, Wednesday 10:00 AM - 12:00 PM and 2:00 PM - 6:00 PM, Friday 1:00 PM - 5:00 PM, and Saturday 10:00 AM - 1:00 PM. For more information, call the library at 899-4686, email *Jerichotownlibrary@gmail.com*, or visit the library website at *www.jerichotownlibrary.org*.

VARNUM MEMORIAL LIBRARY, JEFFERSONVILLE

There is a lot of news from the Varnum Memorial Library in Jeffersonville. New hours, a raffle basket, new programs, new books, and more....

We're thrilled to invite you to visit the library during our new expanded hours. The Library is now open on Mondays and Tuesdays from 1:00 to 8:00 PM, on Wednesdays and Fridays from 4:00 to 8:00 PM, Thursdays from 9:00 AM to 8:00 PM, and Saturdays from 9:00 AM to 12:00 PM. As well as checking out the numerous new books you can find on the shelves, being open longer may make it more possible for you to enjoy the new computers the library recently received through an e-VT grant, too.

Basket fun continues at the Library with a great new basket being raffled off on July 4th. The basket is full of books about nature and trail guides for Vermont, with an added bonus: a ONE YEAR FAMILY MEMBERSHIP AT ECHO... Tickets are a dollar each or 6 for 5 dollars. Buy early, buy often - for your chance to win.

The Library is looking forward to hosting a huge book sale on July 4. Books are going to be on sale from 9:00 AM to 3:00 PM. Get some fun reading for summer. Books are a bargain, at 50 cents for paper backs and $1 for hard covers, and half that price for children's books. Come out, browse the stock, and bring home a bag of interesting reading for the whole family.

On August 16, The Savvy Seniors theatrical group will give a comical performance on the serious issue of outsmarting investment fraud. Come learn how big the problems are, understand fraud risk factors and who is at risk, and learn how to prevent fraud. The program is free and starts at 10:00 AM.

Come visit the Varnum Memorial Library: There are programs for children and adults, free WiFi access, and of course books and materials to check out, including the ECHO Center pass. Call 644-2117 if you have any questions.

The Varnum Memorial Library is open Mondays and Tuesdays from 1:00-8:00 PM and Thursdays and Saturdays from 9:00 AM - 12 noon. There are programs for children and adults, free WiFi access, and of course books and materials to check out including the ECHO Center pass. Call 644-2117 if you have any questions.

WESTFORD LIBRARY, WESTFORD

Upcoming Events:

Thursday, July 7, 11:00 AM: Early Literacy Storytime. Stories and activities utilizing early literacy concepts for ages birth-preschool. Theme: Global Cinderella.

Friday July 8, 11:00 AM: Tai Chi for Arthritis for Ages 50+. This program contains all the essential principles of Tai Chi that support the improvement of flexibility and balance. Led by CVAA AmeriCorps member Colin Hunt. Class is full.

Saturday July 10, 7:00 PM: Concert on the Common: No Left Turn. Straight ahead electric rock: powerful interpretation of both current and classic hits. Rain location: Brick Meeting House. Co-sponsored by the Westford Recreation Department, the Turkey Trot Committee and the Westford Public Library.

Wednesday July 13, 11:00 AM: Tai Chi for Arthritis for Ages 50+ . This program contains all the essential principles of Tai Chi that support the improvement of flexibility and balance. Led by CVAA AmeriCorps member Colin Hunt. Class is full.

Wednesday July 13, 6:00-7:00 PM: International Games on the Common. Here's your chance to play games from other countries - bocce, croquet, Chinese jump rope, and more.

Thursday, July 14, 11:00 AM: Early Literacy Storytime. Stories and activities utilizing early literacy concepts for age's birth-preschool. Theme: Let's Eat.

Thursday, July 14, 5:30 PM: Bilingual Storytime. Join Adriana Teresa Letorney and her mother, Josie Hernandez, for Spanish/English stories. For ages birth - seven. Hope to see you there. Esperamos verlos.

Friday July 15, 11:00 AM: Tai Chi for Arthritis for Ages 50+. This program contains all the essential principles of Tai Chi that support the improvement of flexibility and balance. Led by CVAA AmeriCorps member Colin Hunt. Class is full.

Wednesday July 20, 11:00 AM: Tai Chi for Arthritis for Ages 50+. This program contains all the essential principles of Tai Chi that support the improvement of flexibility and balance. Led by CVAA AmeriCorps member Colin Hunt. Class is full.

Wednesday July 20, 6:00-7:00 PM: Read with JR the Newfie, a Delta and therapy dog. For 1-3rd graders. Permission slip required. Call for details.

Wednesday July 20, 6:00-7:00 PM: Global Art Projects with MC Baker, Westford resident and

Libraries continued on page 10

Kim Martin Photography

Kim was born and raised in Vermont, spending most of her childhood on the soccer fields of Chittenden County. After graduating from high school in Essex, Kim attended a few different colleges before settling in San Francisco to attend film school.

Good Shepherd Preschool provides a diverse learning experience

Good Shepherd Preschool, sponsored by Good Shepherd Lutheran Church, was established in 1973 to answer an expressed need for kindergarten in the Mount Mansfield area. When public kindergarten was established, Good Shepherd continued as a preschool. Our preschool has been accredited by the National Association for the Education of Young Children (NAEYC) since 1996. Visit us at gspvt.com or call 899-3989 to schedule a visit

Good Shepherd
Preschool
273 Route 15, P.O. Box 495, Jericho, VT 05465

SEVERAL OPENINGS LEFT IN PRE-K CLASS… REGISTER NOW!

- NAEYC accredited and 5 star rating by State of VT STARS system
- Small classes and loving individual attention
- Certified teachers
- 3-4 year old class meets Tuesday and Thursdays 8:30 – 12:00
- 4-5 year old Pre-K class meets Mondays, Wednesdays, Fridays 8:30 – 12:00
- Play-based curriculum and natural playground

The Catamount Trail Association provides unique recreational experiences

Skiers enjoy 300 miles of cross-country trails provided by CTA.
PHOTO CONTRIBUTED

The Catamount Trail (CT) is a 300-mile public-access, winter-use only, ski trail that runs the length of Vermont from Massachusetts to Canada. It is a cross-country ski trail that has been in the making since 1984 and was fully linked together in 2008. Thousands of skiers and snowshoers take to the trail every winter season — most for the day, many on Catamount Trail Association (CTA) tours, and some to ski end-to-end — all enjoying the backcountry, touring center, farmland and village surroundings along the way.

The CT is characterized by great diversity – both in terms of the difficulty of the route and the remoteness of the various sections. There is something for everyone, regardless of your ability level and the time available. The CT passes through the groomed trail systems of 10 nordic ski centers and also traverses remote sections of wilderness within several Vermont State Forests and the Green Mountain National Forest. Inn to Inn skiing is available in some areas of the state.

The CTA is a non-profit, member-driven organization that develops, manages, and conserves the CT. The CTA builds partnerships to support the Trail, and fosters awareness and stewardship of Vermont's diverse landscapes through promotion and use of the Trail. The organization also advocates backcountry and cross-country skiing and snowshoeing for the quality of life, recreational, health, economic and educational benefits they provide.

The CTA organizes over 50 special events and guided tours annually. The special events include the Ladies Nordic Ski Expo, the Get Out and Backcountry Ski Festival, the Backcountry Ski Challenge Race, and FJG Race To The Top Of Vermont. Along with all the single-day events and tours, the CTA also hosts two week-long tours and two three-day tours each winter. New to the CTA is the Catamount Cubs Ski Program, designed to introduce the sport of cross-country skiing to youth who might otherwise not have access to the sport.

Approximately 165 miles of the 300-mile Catamount Trail cross private land (the remaining miles are located on state and federal land). As of spring 2011, nearly 79 of the 165 miles of the Trail that cross private land have been permanently conserved with easements held by CTA or a conservation partner. These 165 miles are constantly in jeopardy of closure due to development pressure and changing ownership. Since 1998, the number of landowners that host the Trail has more than doubled as a result of subdivision and sales. In response to this threat, CTA initiated a Trail Protection Program to permanently conserve the trail corridor. CTA works with willing landowners to acquire permanent trail easements across their properties by purchase and by donation. CTA also partners with the state of Vermont, the Green Mountain National Forest, and many land trusts and conservation groups on conservation projects that include the Catamount Trail within a given parcel's boundaries.

The CTA, based in Burlington, publishes the Catamount Trail Guidebook, a complete section-by-section guide to the 300-mile trail. Learn more about the CTA, its winter tours, and other special events held throughout the year at *www.catamounttrail.org*.

March of the Elephants

What do you get when a lawyer, marketer, product developer, and web programmer all meet at a watering hole? A herd of elephants! Well, at least the makings of a herd. One year ago, local estate planning attorney and Jericho resident, Jennifer Luitjens, teamed up with friend, Holly Keough, of South Burlington, as well as Sean Luitjens and Chris Kesler, both of Jericho, to create Life Elephant. Emerging from the adage, "an elephant never forgets," this web service serves as memory bank for information and documents.

Life happens – travel, relocation, illness, death, natural disasters – and we need help remembering or locating stuff. Forget a password, lose your passport, or misplace a legal document? Log on to a Life Elephant account, and the information and back-up documentation are there.

Publicly launching its service about 6 months ago, *LifeElephant.com* provides its account-holders ("herd members") the tools to digitally organize and store personal information for a reasonable annual subscription fee. Members can enter customized information, such as those relating to health, money, property, passwords, contacts, and more, as well as upload any documents. Life Elephant stores all that information in its secure database, and the data is available to its members and any designated users wherever there is internet access.

For more information, visit *www.LifeElephant.com*. Also check out *www.Facebook.com/LifeElephant* and *www.YouTube.com/LifeElephant.*

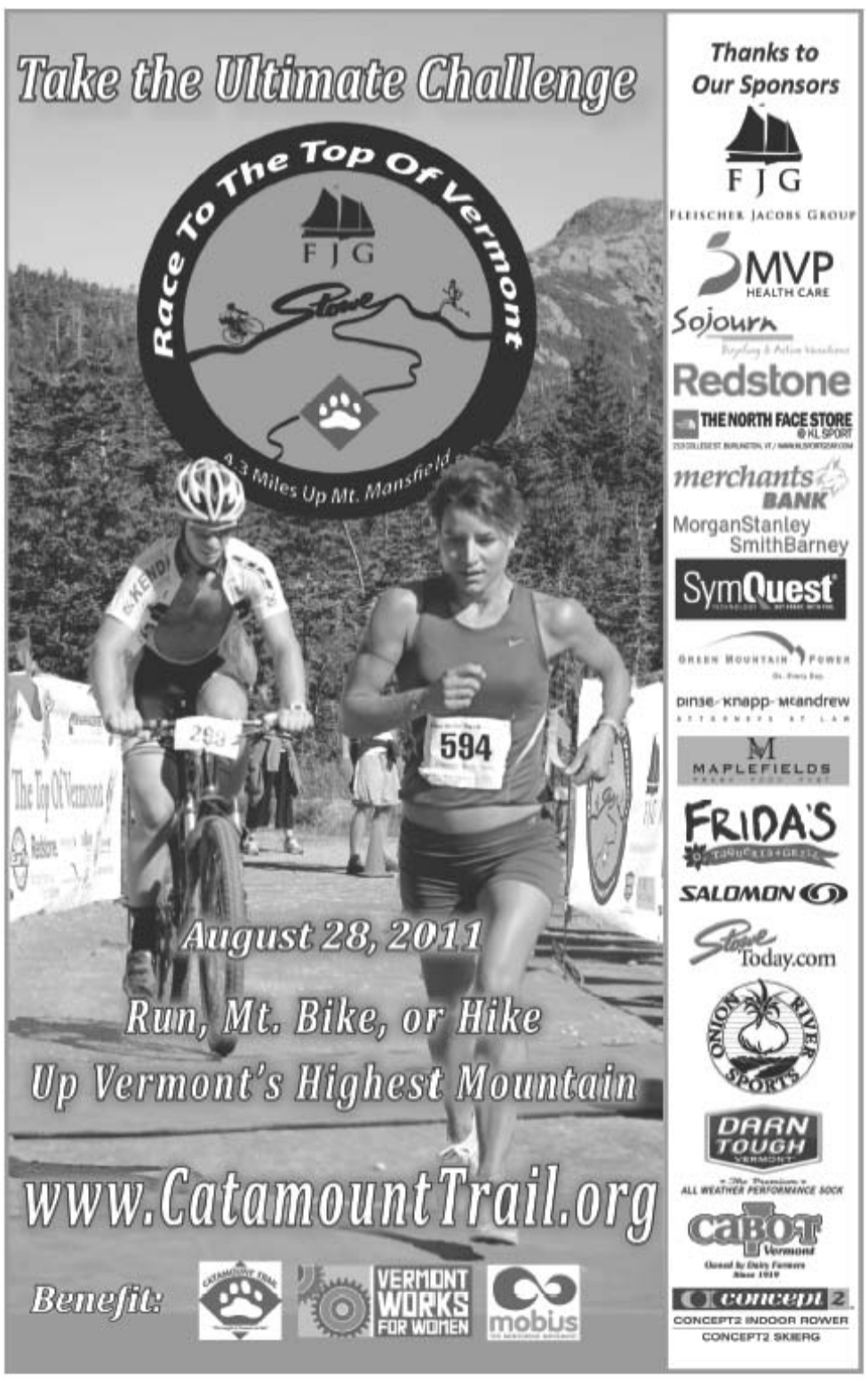
Life happens – travel, relocation, illness, death, natural disasters...
are your important papers safe?

Sean, Jen, Chris, Holly

LIFE ELEPHANT SM

Remembering and Securing your life's key information

For more information, visit *www.LifeElephant.com*.
Also check out *www.Facebook.com/LifeElephant* and *www.YouTube.com/LifeElephant.*



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Located in the charming village of Enosburg Falls, we offer thoughtful independent living in a picturesque environment where residents can enjoy the seasonal glory of Vermont.

We provide 24 hour supervision by our dedicated, caring Professional staff including:
· Nursing overview and medication management · Transportation to doctor's appointments

We offer a home-like environment as well as many other amenities that ensure our residents' comfort:
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• Housekeeping • Laundry services
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Brownway RESIDENCE
A premier Level III Residential Care Home

CLARK'S

TRUCK CENTER

Established by Elwood Clark in 1927

JERICHO, VERMONT

WE CONGRADULATE BRENDA BOUTIN, ON HER 10TH ANNIVERSARY OF BUILDING FROM SCRATCH, THE *MT GAZETTE,* AND MAINTAINING A QUALITY NEWSPAPER THROUGH ONE OF THE TOUGHEST TIMES IN US HISTORY, ALSO THE STAFF, PAST AND PRESENT FOR A JOB WELL DONE.

College Notes

College Graduates

Abigail Peterson, the daughter of Robert Peterson and Judith Peterson of Underhill, VT graduated from Ithaca College's Roy H. Park School of Communications.

Community College of Vermont 2011 graduates:

Sarah Zeno of Cambridge, Associate of Arts.

Sherry Ferland of Jeffersonville, Associate of Science.

Jacob Todd of Jeffersonville, Associate of Science.

Sara Bathalon of Jericho, Associate of Science.

Philip Demas of Jericho, Associate of Arts.

Patricia Martines of Jericho, Associate of Science.

Nicholas Bartlett of Underhill, Associate of Arts.

Luke Fleming of Underhill, Associate of Science.

Jenna Endresen of Westford, Associate of Arts.

Christopher Burgess, of Jericho, Associate of Arts degree in Software Development.

David Ladouceur, of Jericho, Associate of Arts degree in Software Development.

Deborah Ordway, Jericho, Bachelors of Science degree in Accounting.

Kimberly Osborne, a resident of Jericho, Associate of Arts degree in e-Business Management.

Andrew Patterson, of Jericho,Bachelors of Science degree in Multimedia and Graphic Design.

Melanie Stephenson, of Jericho, Bachelors of Science degree in Web Development and Design.

Joseph Telensky, of Jericho, Bachelors of Science degree in Computer Networking and Information Security.

Jennifer di Stefano, of Underhill, Bachelors of Science degree in Accounting.

Kim Harry, of Underhill, MS degree in Mediation and Applied Conflict Studies.

Michael Lunn, of Underhill, MBA degree in Masters of Business Administration.

The spring semester Dean's List at Bryant University includes **Erin Wry**, a senior majoring in Communication from Underhill.

Daniel Lee Willmott, of Jericho, graduated from Miami University with a Bachelor of Science degree.

Dean's Lists

Local residents were named to first honors on the Clark University Dean's List. This selection marks outstanding academic achievement during the spring 2011 semester: **Dylan E. Broderick,** a resident of Jericho, VT; **Joseph W. McClintock**, a resident of Westford, VT; **Finlay C. Miller** of Waterbury, VT.

Amber Leonard, Class of 2012 at Skidmore College, earned highest honors for the spring semester. She is the daughter of Marshall and Cindy Leonard of Jeffersonville, VT.

Area residents were named to the dean' list for the spring 2011 semester at Quinnipiac University: **Jessica Savage** of Jeffersonville, VT and **Kathryn Bloch** of Jericho, VT.

Erin S. Fick of Westford, VT has been named to the Dean's List for the spring semester at Samford University.

Alan Hefferon, a sophomore theater major at Saint Michael's College, landed a prized opportunity to work this summer at Saint Michael's Playhouse as an electrical and general technical intern. Hefferon is the son of James and Lynne Hefferon of Jericho, VT.

The following students have been selected for the Dean's List for academic achievement during the spring 2011 semester at St. Lawrence University in Canton, New York.

Lauren M. Bowie, of Jericho, Class of 2012; She is majoring in Estudios Hispanicos and Performance and Communication Arts.

Lindsey D. Wyatt, of Jericho.

The following students have been named to the Dean's List at the University of New Hampshire for the spring semester of the 2010 - 2011 academic years.

Hannah Eldred of Underhill earned Highest Honors.

John Tilton of Westford earned Highest Honors.

Area residents who have been named to the spring 2011 Dean's List at Champlain College lare:

Jordan Lupien of Cambridge, VT is majoring in Psychology.

Brittany Soules of Jericho, VT is majoring in Hotel Restaurant Management.

Brittany Bongiorno of Underhill, VT is majoring in Professional Studies.

Caitlin Ackerman, of Jericho, VT is majoring in Early Childhood/Elementary Education.

Deborah Ordway, of Jericho, VT is majoring in Accounting.

The State University of New York at Potsdam recently honored students who excelled academically in the spring 2011 semester, by naming them to the Dean's List. Among those named was **Emily Lindberg**, a Childhood/Early Child Education major from Jericho, VT.

Robyn Armstrong, daughter of Margaret and Craig Armstrong has been to the Dean's Lits at Keuka College, NY.

President's List

Rebecca Dolan, a Childhood/Early Child Education major from Underhill, VT was among those named to the SUNY Potsdam President's List.

Leaping before you look is a classic mistake. Replacing your windows or roof before getting an energy audit can be another. An energy audit can reveal the real sources of heat loss in your home, and guide you towards the most cost-effective improvements you can make.

Take advantage of up to $2,500 in incentives from Efficiency Vermont when you complete energy efficiency improvements through a participating Home Performance with ENERGY STAR® contractor.

Before you leap, visit www.efficiencyvermont.com/homeperformance or call a Customer Support Specialist at 888-921-5990.

Efficiency Vermont

HOME PERFORMANCE WITH ENERGY STAR
Certified contractors helping homeowners lower their energy bills

Libraries continued from page 7

Williston Central School art teacher. Create African beaded bracelets, Vermont landscapes and Japanese origami.

Thursday July 21, 5:00-6:00 PM: Book Discussion: Extremely Loud and Incredibly Close (Foer).

Friday July 22, 6:00 PM: Strategy and Board Games for Teens and Adults. Hosted by Matt Taylor.

Friday July 24, 7:00 PM: Concert on the Common: The Growlers. The high energy acoustic trio plays a great range of rock, blues and country. Rain location: Brick Meeting House. Co-sponsored by the Westford Recreation Department, the Turkey Trot Committee and the Westford Public Library.

Monday July 27, 6:00-7:00 PM: International Fair. Music, food, costume, art and photos of countries around the world. Please join us either by representing a country or visiting the Fair. Contact Victoria at 878-5639 if you'd like to represent a country.

Friday July 29, 4:30-5:50 PM: Ice Cream Feast. Make your own ice cream sundae in celebration of One World, Many Stories. Certificates for all participants and special prize drawings, including the UMall gift certificate for teens.

Sunday July 31, 7:00 PM: Concert on the Common: Starline Rhythm Boys . Vintage 40s and 50s country and rockabilly. Rain location: Brick Meeting House. Co-sponsored by the Westford Recreation Department, the Turkey Trot Committee and the Westford Public Library.

Wednesday August 3, 6:00-7:00 PM: Read with JR the Newfie, a Delta and therapy dog. For 1-3rd graders. Permission slip required. Call for details.

New Additions to the Collection: Adult Fiction: *2030* (Brooks), *The Pack* (Starr), *The Kingdom* (Cussler), *Buried Prey* (Sandford), *Bury Your Dead* (Penny), *Dreams of Joy* (See), *The Imperfectionists* (Rachman), *The Pale King* (Wallace), *One Was a Soldier* (Spencer-Fleming). Adult Nonfiction: *Blood, Bones and Butter* (Hamilton), *In the Garden of Beasts* (Larson), *Moonwalking with Einstein* (Foer). Teen: *Fractured Fables, Beauty Queens* (Bray), *Cirque du Freak - Vampire Prince* (Shan), *Allies of the Night* (Shan), *Hunters of the Dusk* (Shan). *All Cirque du Freak* books, thanks to Ms Bochanski of Westford School. Juvenile: *Picture Book: Stand Straight Ella Kate* (Klise). Easy Reader: *Fancy Nancy -My Family History* (O'Connor), *Fly Guy Meets Fly Girl* (Arnold). *Transitional: Andrew Lost - With the Bats* (Greenburg) Fiction: *Heart of a Samurai* (Preus), *Milo - Sticky Notes and Brain Freeze* (Silberberg), *Prince of Mist* (Ruiz Zafon), *Problem Child* (Buckley), *Smile* (Telgemeier). All DCFs - many with multiple copies - thanks, again, to Ms Bochanski.

The library is open Wednesday 1:00 - 7:00 PM, Thursday 10:00 AM - 6:00 PM, Friday 12:00 noon – 6:00 PM, and Saturday 10:00 AM - 2:00 PM. We can be reached at 878-5639, *westford_pl@vals.state.vt.us*, and *www.westford.lib.vt.us*. Catalog is via our website.

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Bentley Sicely born on I-89

BARRE/JERICHO

(Sicely) Bentley Isaiah James Sicely was born Saturday April 16, 2011 to Mike and Michelle (Hall) Sicely of Barre- (formally of Jericho) at 12:21 AM in the front seat of the car, he was delivered by his mother Michelle a few exits from Fletcher Allen Health Care, Burlington VT. He had a full head of dark hair, and blue eyes. He weighed 6 lbs., 7 oz. and was 20 inches long. Bentley was 4 weeks early but was very healthy. His older sister Addison who is 17 months old was so excited to meet her little brother. Bentley's other family- his maternal grandparents, Clark and Mary Jerome of Jericho, VT, and paternal grandparents, Kathy and Rick Roberts of Williamstown, VT, his aunts and uncles- Laurie Garrow of Swanton, VT; Robert and Val Garrow of Desoto, TX; Tiffany and Ken Luker of MISS; Jason Sicely of FL, Kylie Hall of Cambridge, VT and Amber Jerome of Jericho, VT. His cousins, Dakota and Aria Garrow, and Alexis and Gabrielle Brassard of Swanton, VT and Dominque Garrow of TX. He had a very exciting birth, a special one that will forever be remembered by family and friends. He is home in Barre, VT and doing very well.

HUNTINGTON

(Mansfield) Laura and James Emery Mansfield gave birth to a son, James David Emery IV, on Sunday May 22, 2011 at Fletcher Allen Health Care, Burlington VT.

JERICHO

(Edwards/Donovan) Emily Donovan and Khamal Edwards had a son, Malakai Donovan Edwards, on Thursday May 12, 2011 at Fletcher Allen Health Care, Burlington VT.

(Glanz) Traci (Michaelis) and Riley Glanz welcomed a daughter, Kelsey Harkin, on Thursday May 26, 2011 at Fletcher Allen Health Care, Burlington VT.

RICHMOND

(Ross) Allison (Koenig) and Tim Ross gave birth to a daughter, Kennedy Lauren, on Sunday May 15, 2011 at Fletcher Allen Health Care, Burlington VT.

WESTFORD

(Haller) Amber (O'Brien) and Patrick Haller are pleased to announce the birth of their daughter, Penelope Kate on Thursday May 12, 2011 at Fletcher Allen Health Care, Burlington VT.

ENGAGEMENTS

VANZO - CHEVALIER

Guy and Barbara Vanzo of Westford, VT announce the engagement of their daughter, Mary Vanzo, to David Chevalier, son of Jari Chevalier and the late Bhagat Singh of New York, N.Y.

A September 4 wedding is planned.

HOLCOMBE - LORD

Tony and Joan Corey of Greenville, S.C., and Glen Corey of Greenville, S.C., announce the engagement of their daughter, Eliza Anne Holcombe, to Nathaniel Holden Lord, son of Edwin and Benita Lord of Jericho, VT.

An October 8 wedding is planned.

ROTUNDA - PUGH

Amanda M. Rotunda, daughter of Kimberly and Joseph Rotunda of Essex, VT and Christopher M. Pugh, son of Rose and Jeff Pugh of Jonesville, VT, announce their engagement.

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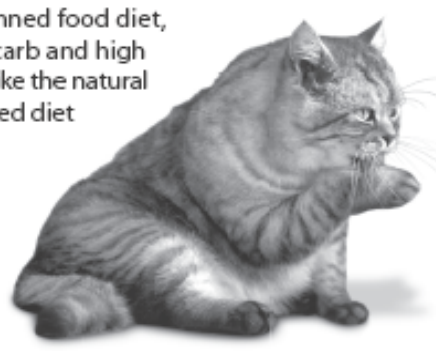
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A memorial service and celebration of the life of **Ruth Tillotson LaBrie**, 89, Jericho, VT, who died on Jan. 8, 2011, in Sarasota, Fla., will be held on Saturday, July 9, 2011, at noon in the Jericho Congregational Church of Jericho Center, VT.

LaDonna Jo Burleson, 59, Richmond, VT, passed away Tuesday June 21, 2011, after a nine month fight with cancer. Donna leaves behind a very large and loving family, too numerous to count. Everyone she knew loved her and was taken into her heart as family. She took care of us all. Mom, you have left a huge hole in all of our hearts and lives. You were the best of all of us and there will never be another like you. I know you are back in Daddy's arms now and finally have Parrish back in your arms again. You taught me how to be strong and I will try to take care of us all for you now. Go rest high on that mountain with Daddy and be happy. - Your loving daughter, Kim.

Herman Leo Lambertz, 92, Jeffersonville, VT, passed away Wednesday June 29, 2011, at Northwestern Medical Center in St. Albans. He was born on February 10, 1919, in Paterson, N.J., son of the late Charles and Lena (Pregger) Lambertz. He married Caroline Fischer on Sept. 11, 1940 in Paterson, N.J. Herman was proud to have served in the U.S. Army during W.W.II and rose to the rank of staff sergeant in the medical core. He was a 25 year member with the Milton New Jersey First Aid Squad, Chairman of the 12th District New Jersey State First Aid Council and a member of the American Legion. He will be greatly missed by all those who had the true pleasure to know and love him. He is survived by his loving wife of 70 years, Caroline Lambertz of Jeffersonville, VT; his two sons, Pastor Glenn Lambertz and wife, Kim, of Prattsburgh, N.Y., and Peter Hospodar and companion, Moni Neff, of Jeffersonville, VT; five grandchildren, Elsa Keller and husband, Christian, Carey Anne Tanis and husband, Chris, Amy Fidelis and husband, Antonio, David Lambertz and companion, Jennifer Doyle, and Holly Lewis and husband, Jim; eight great-grandchildren; nieces, Lynn McIntosh and Margo Lane; and special friends, Lee Roberge and Jacob Rivers. He was also predeceased by his daughter, Janice; a brother, Charles; and his sister-inlaw, Grace. Visiting hours were held from 10:00 AM until the time of service at 12:00 PM at the Second Congregational Church in Jeffersonville, VT on Saturday July 2, 2011, with Reverend Steve Maxfield and Pastor Glenn Lambertz co-officiating. Burial was held with full military honors on Wednesday July 6, 2011, at 12:30 PM in the Vermont Veterans Memorial Cemetery in Randolph Center, VT. Memorial contributions can be made in Herman's memory to the Milton New Jersey First Aid Squad, 45 Milton Road, Oak Ridge, NJ 07438. Arrangements were by John D. Workman, A. W. Rich Funeral Home - Fairfax Chapel, 1176 Main Street, Fairfax, VT 05454. The family invites you to share your memories and online condolences by visiting *www.awrichfuneralhomes.com.*

Mary Belle (Harris) Jones, 86, Jeffersonville, VT, died in the Vermont Respite House on Wednesday June 29, 2011, after a brief illness. According to her wishes, there will be no public funeral or visiting hours. Inurnment will be private and in the family lot in Brockway, PA. Memorial contributions may be made to the Middletown, NY Church of the Nazarene, c/o Marylin DeNicolais, Church Secretary, 139 Youngblood Road, Montgomery, NY 12549. The family is being assisted by John D. Workman, A. W. Rich Funeral Home - Fairfax Chapel and invites you to visit Mary's life tribute by visiting *www.awrichfuneralhomes.com.*

Natalie Deichmiller, Jeffersonville, VT, passed suddenly but peacefully just two weeks before her 89th birthday. Natalie was born in 1922 in New York, received her BA from UNC and her Masters degree in Marriage Counseling from Quinnipiac College. She and her first husband, Howard Bodner, lived and raised their family in Margate, NJ until she was widowed in 1968. Many people from Margate still remember Natalie riding her bike in and around Marven Gardens and dancing on the beach. Natalie moved to CT with her second husband, Arthur (Dyke) Deichmiller. After retirement, they moved to Jeffersonville where she immediately embraced the Vermont lifestyle. She and Dyke spent summers in Maine on their beloved sailboat where she would swim in the icy water and row her dinghy to explore the many islands.

In Vermont, Natalie continued to lead a life which impacted many people. She was a cross country skier and a charter member of Smugglers' 55+ Club. Natalie was an outdoor enthusiast and skied nearly every day there was enough snow to cover the rocks. In summer she had the same passion for her garden. She practiced Yoga and played the piano daily and recently learned to play the harp. Natalie was a lifelong academic with a thirst for knowledge. She was an avid reader and writer, sang with the Cambridge Chorale, was a docent at the Bryan Gallery and a volunteer with the Four Winds Program. She mentored at Cambridge Elementary school, was on the board of the Vermont Children's Aid Society and belonged to the Historical Society, the Crescendo Club, a play reading group and a writing group. She has also taught Modern Dance and Yoga and had a small marriage counseling practice. Natalie was a Renaissance woman and a child at heart. She had a free spirit and a passion for volunteerism. She never held back her opinion and advice and touched people of all ages. She will be greatly missed.

Natalie is survived by her husband, Dyke, her son, Ward Bodner, formerly of Burlington, VT and currently of Florida, her daughter and son-in-law, Scotte and Paul Mason, formerly of Underhill, VT and currently of Maine, and her step-family, Gary and Nan Deichmiller of BC and Sherry Deichmiller of NJ. She is also survived by her five grandchildren and their spouses; Hillory (Mason) and Matthew Durgin, Michael and Kylie Mason, Billy Bodner and Lilli Verrico, Brandy Stowe, and Cameron Deichmiller. Natalie is also survived by her sister, Vi Adler of NY. Natalie adored her five great grandchildren and they adored her. They are Tyler and Anthony Bodner, Grace and Charlotte Durgin, and Avery Mason.

A celebration of Natalie's life was held at the Bryan Memorial Gallery on Main St. in Jeffersonville on Saturday, July 2 at 5:00 PM.

Jason Richard Warren, 28, of Underhill, VT died on Monday June 27, 2011, in Fletcher Allen Health Care of Burlington, VT. He was born in Burlington, VT on July 27, 1982, the son of Richard J. and Nancy (Wells) Warren. He attended Mount Mansfield Union High School where he was a member of the wrestling team and also participated in Bantam weight boxing. He was a graduate of the Essex Technical Center, Class of 2000, and was employed at Healthy Living Natural Foods in South Burlington, VT. He also spent many hours helping out at the Earth Prime Comic Book Store. Dan W.: "I knew Jason as a strong, committed, kind, giving, reserved, loyal, dependable, caring and loving human being. We shared many laughs and we worked hard to try to get closer to God, together, shoulder to shoulder, heart to heart. His memory will continue to help those in need." Justin O.: "I knew Jason as a kind gentleman who led by example. He had a positive influence that will continue to help those that knew him." Andrew R.: "I knew Jason as quiet, but that he absolutely loved and cared about people in his life. I remember that he was a great friend and a very dedicated member of our community. He had an amazing sense of humor, and I loved how he gave me $%*@ if I was straying. He was everyone's sponsor." Andrew S.: "His dedication to his job was unparalleled and he loved it as he loved the people there, with his whole heart and soul." John M: Quoted from a story about Jason from John, "He had his head up, and I could see it in his eyes ... he was so happy! I felt a surge of gratitude. I am so glad that I was a witness to Jason as he shared in the experience of recovery." Jason was predeceased by his maternal grandparents and his paternal grandfather. He is survived by his parents, Richard and Nancy Warren of Underhill, VT; a half-brother, Jeremy Manley, who is serving in the US Coast Guard and his wife, Teresa; his paternal grandmother, Beverly Warren of Oklahoma City, Okla.; four aunts, Debbie Warren Gulikers and Carol Warren, both of Oklahoma City, Okla.; Barbara Player and husband, Bob, of Texas and Debbie Goss and husband, Daryl, of Barnet, VT; and several nieces, nephews and cousins. He also leaves his beloved pets: his cat, Dusty and his dog, Katie. Funeral services were held on Friday July 1, 2011, at 11:00 AM in the Ready Funeral Home Mountain View Chapel with burial to follow in Underhill Cemetery. Visiting hours were held on Thursday June 30, 2011, from 4:00 to 7:00 PM at the Ready Funeral and Cremation Service, Mountain View Chapel, 68 Pinecrest Dr., Essex Junction. To send online condolences, please visit *www.readyfuneral.com.* Those who wish may make contributions in his memory to the Humane Society of Chittenden County, 142 Kindness Court, South Burlington, VT 05403 or to Cats Vermont, 292 Pearl St., Burlington, VT 05401.

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Heads-Up Concussions

Colleen A. Wise, RN, MA
Covering 9th/10th grade students
Mount Mansfield Union High School

There are 1.36 million ED visits with Traumatic Brain Injuries (TBI's) reported to the Center for Disease Control each year. Seventy-five percent of the T.B.I.'s reported are concussions or other forms of mild brain injuries. It doesn't surprise the school nurses of Chittenden East Supervisory Union. We see this type of injury in our offices from football, lacrosse, hockey, basketball and skiing accidents as well as other falls or bodily injuries. Sometimes, the symptoms are very subtle and hard to detect and other times it is very obvious. Our rule of thumb is "If in doubt sit them out" and we are asking coaches, parents and physicians to follow that simple principle and to utilize a progressive return to play format to ensure that symptoms of a concussion do not return once the student returns to their sport or school. The purpose of this article is to give the CESU community, resources regarding concussions and introduce the new CESU health guideline that we will be following in the next academic year.

School nurses play a dynamic role in the care and treatment of student athletes following concussions. We assess and evaluate the cognitive, emotional and physical symptoms that young athletes experience after a concussion. But, up to this year, we did not have a consistent method of tracking and caring for students after a concussion. Sometime, we did not even know that they had a concussion on or off the school fields. So, in collaboration with a UVM public health project, we surveyed over 1,000 parents of students in the middle and high school about their knowledge and interest in this type of injury. 87% of the respondents supported the development of a guideline for concussion and wanted additional information on concussion available on the CESU web-site. In addition, 58% felt that they were not well informed about the recognition of symptoms of concussions.

What is a concussion? What are the symptoms? A concussion is a disturbance to the brain function caused by a blow to the head or body. It can occur with or without loss of consciousness and has a wide range of symptoms. The most common symptom of a concussion is headache but that occurs in only 10% of the cases lasting 5 or more days.

Other symptoms reported may include: nausea, feeling in a fog, trouble falling asleep, and fatigue, sensitivity to light and noise, tinnitus (ringing ears), dizziness, vomiting, feeling slowed down, sleeping more than usual, loss of balance, "seeing stars", emotional disturbances, depression and even suicide. The treatment is easy and includes cognitive and physical rest and the use of OTC medication to treat the symptom as per your doctor's orders. Cognitive rest means that while a student has symptoms they should limit the use of TV, video games for entertainment and can require limiting school work until symptoms have resolved. The symptoms usually resolve quickly if the brain is rested. The trouble occurs when students return to play, work and school too quickly ignoring other less obvious symptoms.

The literature on concussion is clear that middle and high school athletes are at greater risk for suffering a concussion. This is because many kids are playing after suffering a concussion because it was not detected and the potential for harmful cumulative effects of repeated injuries. In one study (2003), there is indication that athletes with a history of concussions may be at 1.5 times the risk of sustaining another concussion and 2 previous concussions raises the risk to 2.8 times. These statistics are concerning but do not panic and pull your child from all sports. The best way to prevent a complication is with knowledge and common sense.

The CESU guideline mandates that all coaches, nurses, athletic trainers, directors shall have yearly training on the recognition of concussions. The school nurses will communicate with the student's team after a concussion regarding the need for cognitive and physical rest. We will track their progression thru the return to play guidelines and check-in with parents and teachers as to how they are doing.

It is our privilege to care for your children in school each and every day and we are here to keep them safe on and off the field and to help ensure academic success. For more information about the guideline and to view an educational tutorial please go to *http://cesu-nurses-information.cesu.k12.vt.us* and for additional information go to the CDC web-site and search concussions there is a wealth of information available to you on that site as well.

Blood drawing to be held July 20

The Jericho-Underhill Lions Club is sponsoring a blood drawing on Wednesday July 20 from 1:00 to 6:00 PM at the Covenant Church, RT 15, near the Essex/Jericho line across from John Leo's.

As usual, donors can enjoy pies and other desserts after donating. Donors will receive a Free Movie Pass to Essex Cinemas and a coupon for a free carton of Friendly's Ice Cream. They will also get a $5 off coupon for Friehofer's. There is a critical need for blood, particularly types O- and B-.

Donors must be at least 17 years old, weigh over 110 lbs., and be in good health.

FairPoint Communications availability update

FairPoint's high-speed Internet service will reach customers along all or portions of the following streets: Essex Junction and Westford: Browns River, Castle Hill, Hemlock, Pettingill, Pine, Rosewood, Route 128, Spruce and Stygles.

Underhill: Bill Cook, Circling Hawk, Clark, Cook, Covey, Downs, Hidden View, Highland, Hill Crest, Mullen, Poker Hill, Raven Hill, Chads, Corbett, Deane, Ellsworth Meadow, Fern Hollow, Fuller, Glenn, Harvey, Macomber, Moose, Paul Cook, Pleasant Valley, Sage, Waughbrook and Westman.

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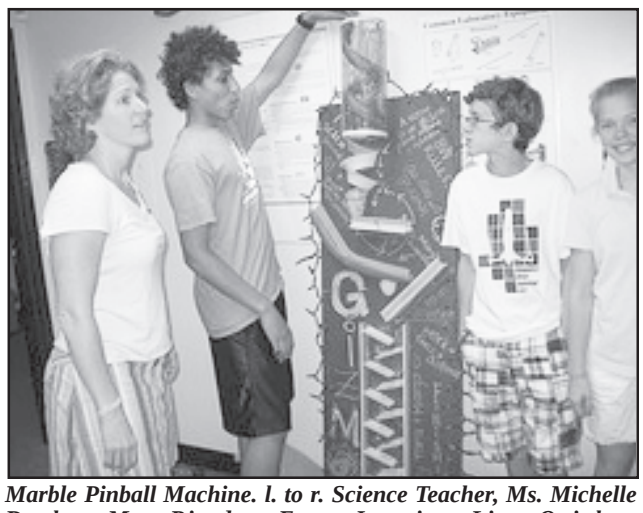


Marble Pinball Machine. l. to r. Science Teacher, Ms. Michelle Donlon; Matt Riordan, Essex Junction; Liam Quinlan, Burlington; Paige Inslee, Colchester.

Marble Island Amusement Park at Mater Christi School

During the last week of school before summer vacation, Mater Christi's sixth and seventh graders opened an Amusement Park for the rest of the school to enjoy.

Advertised as the greatest spectacle on Mater Christi's campus, the students in Ms. Michelle Donlon's science classes welcomed visitors to marble roller coasters, arcade games, Polly Pocket Pinball, Hit-O-Corn Basketball, Mallow Blaster Air Compressor and much more. All of the games were based on an understanding of physics and/or other scientific principles which the students had learned earlier in the year.

The games took place in the three rooms of the middle school science department, so weather did not impact the enjoyment of the young visitors to the "Amusement Park."

Ms. Donlon mentioned that "the older students really enjoyed using the science they had learned to invent or build the games, and the younger students had a great time using their skills to solve a problem or win a game."

What a creative way in which to bring a year of science classes to a close.

Rock and Pitmon receive Saint Michael's College Book Award

The following local high school students were awarded the 2011 Saint Michael's College Book Award for Academic Achievement with a Social Conscience: **Jordan Rock** of Cambridge, VT, a student at Bellows Free Academy and **Elise Pitmon** of Underhill, VT, a student at Mount Mansfield Union High School.

The award recognizes students who demonstrate a commitment to leadership in volunteer service and academic achievement.

Award recipients, named at schools throughout the country, are high school juniors who are inductees of the National Honor Society or an equivalent school-sponsored honors organization. They must demonstrate a commitment to service activities in high school or community organizations, taking leadership roles in these activities.

Winners were presented the book *First They Killed My Father: A Daughter of Cambodia Remembers* (HarperCollins 2000) by Loung Ung, a 1993 Saint Michael's College graduate who has become a widely acclaimed author. In "First They Killed My Father," Ung gives a powerful autobiographical account, from a child's perspective, of surviving captivity during the genocidal Pol Pot regime in Cambodia. She reveals an indomitable spirit in the face of profound suffering, including the loss of both her parents and two of her siblings. Ung has written a riveting memoir about a family's survival, and in turn, about the development of Ung's on-going crusade for a landmine free world.

Vermont Commons School honors 2011 Graduates

Set in an apple orchard surrounded by friends, family, and their teachers, a class of 17 students, including one from Underhill, **Ted Retzloff,** son of Phil and Abby Retzloff, graduated from the Vermont Commons School on Friday June 10**.** Ted will enroll at Carleton College in Northfield, Minnesota in the fall. He was also the recipient of the school's World Languages Award and was recognized for consistently striving for expanded fluency and comprehension while taking advantage of all opportunities to apply new skills and vocabulary.

Two students from Jericho, junior **Milo Self,** son of Murray Self and Anne Mueller, and eighth grader, **Nora Hill,** daughter of Bob Hill and Laury Shea, were also recognized. Milo was the recipient of the school's Research and Service Award at graduation for involvement and volunteerism at Burlington's Lawrence Barnes Elementary School, where he mentored first graders during their after school program. Nora was recognized for her commitment to the girl's basketball team as a key player during the winter season.

Jericho Conservation Commission fundraiser to be held at Emile A. Gruppe Gallery

The Jericho Conservation Commission is selling note cards and a limited number of monoprints by the late Ann E. Manning as a fundraiser for its habitat mapping project.

Cards and prints are available at the Emile A. Gruppe Gallery, 22 Barber Farm Road, Jericho, VT 05465. Gallery hours are 10:00 AM – 3:00 PM, Thursday - Sunday, or by appointment 802-899-3211.

Monoprints are made by the direct transfer of an image using etching inks and oil paints. Images are created on flat thin, metal or Plexiglas plates. The plates are then placed on the bed of an etching press and covered with a sheet of printing paper. The bed is rolled through the press and the pressure transfers the image onto the paper.

Support for Flood Victims Overwhelming

The United Way of Lamoille County (UWLC) has been collecting donated items to help those affected by recent flooding in the Barre/Montpelier area. Items were delivered weekly to the Salvation Army and distributed as needed.

The response from Lamoille residents has been overwhelming, and UWLC has been asked to suspend any additional collections for the time being.

If there is additional need for more items, UWLC will let the Lamoille community know through newspaper and radio releases. Special thanks to everyone who made a donation.

FEMA reporting information

There are three ways that people can obtain information: they can call 1-800-621-FEMA (3362); they can do it on line at *www.disasterassistance.gov* and if they have a web-base mobile device or smart phone, they can type in *m@fema.gov.*

An alternative vision to school consolidation for Vermont

To the Editor,

It has become popular to promote various forms of school consolidation as a "solution" to the dual problems of smaller budgets and smaller school populations. The recent 7 town vote involving our own community shows that there is about a 50/50 split on this question, or at least the current version of it recently presented to us to vote on.

Perhaps there is an alternative that most of us would prefer over either doing nothing or consolidation with other towns. What if, instead of combining schools and moving children around, we were to combine functions within our towns? What if we were to use school buildings that are not full to house town offices, town libraries and community centers; even some businesses might rent space.

Imagine a single centrally heated energy efficient community center that accommodates all community services needed by a town. Administrative overheads like phones, networks, security, and office equipment would be shared instead of duplicated.

The building would be designed for energy-efficiency, shared overhead and multi-use and would be open as needed up to 24 hours a day, 365 days a year instead of being unoccupied and expensive for much of the day or year.

Classrooms would be community rooms in the evening for zoning board, select board and other community meetings. Students would see how town government and infrastructure work, an onsite laboratory for learning civics. They would not only learn how the town government works but would see it in action and might eventually intern. The auditorium would be designed for: school assemblies, town meetings, community theater and arts performances; the gym for: phys ed., games, and community yoga classes.

Of greatest benefit, however, would be the significant reduction in both town and school budgets by creating and using an energy efficient cluster of shared community spaces used throughout the days and seasons, a town hall for the next century. In addition, students and parents would benefit from not having to travel to another town to get to school and we would all benefit by not losing our sense of community which is so tied up with our schools and which could remain small and local.

Martha Abbott, Underhill

Copley Hospital completes attestation for electronic health records - First hospital in Vermont to complete EHR milestone

Copley Health Systems recently completed attestation to the federal government that Copley Hospital has met "meaningful use" criteria for the Phase One implementation and use of its electronic health record (EHR) and is eligible for Medicare EHR incentive payments. Copley completed attestation on June 27, 2011; the first hospital in Vermont to do so. The attestation demonstrates to the Centers for Medicare and Medicaid Services that Copley Hospital has met requirements for EHR Medicare incentives under the American Recovery and Reinvestment Act of 2009.

"Our focus has been to improve the quality of patient care and patient safety in addition to improving the exchange of information among healthcare providers and patients through our EHR," said Mel Patashnick, President of Copley Health Systems. "Our being at the forefront of implementing this vital technology is indicative of our commitment to providing outstanding patient care."

Copley is using CPSI as its EHR platform. A number of employees, including physicians, nurses, pharmacists and other clinical staff, were involved with process preparation, the selection and installation of the appropriate software and training for implementation to meet "meaningful use" guidelines. Copley has also worked closely with Vermont Information Technology Leaders to build a bi-directional health record interface, enabling transmissions to and from the Vermont Health Information Exchange (VHIE). Copley's EHR Phase One implementation was funded in part by a grant from the Lucy D. Nisbet Charitable Fund.

Copley Hospital is the non-profit community hospital serving the greater Lamoille Valley area of north-central Vermont. This rural hospital is a vital resource for the wellness and health of the community in addition to being one of the largest employers in the areas. Copley provides 24/7 emergency services, women's and children's health services, access to more than 50 specialists including a full-time cardiologist, urologist and a state-of-the-art orthopedics program on its campus in Morrisville, Vermont. Copley provided more than $800,000 in direct charitable care last year and has provided $5.5 million in community benefits for the surrounding area.

MMU Soccer Andrea Carter Alumni Games

The MMU Varsity Girls and Boys Soccer Teams will be hosting the 7th Annual Andrea Carter Alumni Soccer Games on Saturday, August 27. All MMU Soccer Alumni families and friends are invited to come play or watch at the MMU Varsity Soccer Field. All proceeds will benefit the Andrea Carter Scholarship fund and MMU Girls and Boys Soccer.

Cost to play is $20, which includes an MMU Soccer T-Shirt. To pre-register, or make a donation to the Scholarship Fund and Friends of MMU Soccer please send a check to: Eric Barker, Activities Director, MMUHS, 211 Browns Trace, Jericho, VT 05465. Please make checks payable to Friends of MMU Soccer.

All preregistered players please include t-shirt size with your payment. Shirts will also be available on the 27th.
Questions? Please contact Eric Barker at
eric.barker@cesu.k12.vt.us or 355-0160

Jimmy Fund Fantasy Day at Little Fenway, August 13; baseball fun benefits the fight against cancer

The Boston Red Sox will be on the road August 13, but there will be plenty of baseball actions at Fenway Park as fans take to the field for Jimmy Fund Fantasy Day at Fenway. Jimmy Fund Fantasy Day at Fenway gives fans all of the action and excitement of playing out their baseball dreams while supporting the fight against cancer at Dana-Farber Cancer Institute.

Participants can either fundraise their way on to the field or purchase packages. Fielding packages start at $750 and batting packages at $2,000. Fan Zone tickets include fun activities in the concourse area such as face painting and tours of the park. Fan Zone tickets are $15 per person for anyone 12 and over, $10 for children ages three to 11, and free for children under three. Family packages are also available.

Fans that purchase their Fan Zone tickets by 5:00 PM on July 21 will be eligible to win a batting package. Fans that purchase Fan Zone tickets by 5 PM on July 28 will be eligible to win a fielding package.

The gates will be open from 9:00 AM to 5:00 PM.

Participants are also invited to *Sponsor a Patient* and purchase a batting or fielding package for a Dana-Farber patient. As a thank you for this generous sponsorship, the Jimmy Fund will provide Fan Zone tickets to the donor's family.

For more information on Jimmy Fund Fantasy Day at Fenway packages, to purchase Fan Zone tickets, or to learn more about fundraising your way on to the field, go to *www.jimmyfundfantasyday.org*.

The Jimmy Fund supports Boston's Dana-Farber Cancer Institute, helping to raise funds for adult and pediatric care and cancer research and improve the chances of survival for cancer patients around the world.

Tennis Tournament at Jericho Elementary School

The United States Tennis Association (USTA) Vermont is hosting a Junior Grand Prix tennis tournament at Jericho Elementary School, July 9-10. All youths ages 10-18 are welcome to register for this tournament by calling tournament director, Suzanne McDevitt at 899-1097 or e-mail *suzanne.mcdevitt314@gmail.com.* The cost is $20.

Recipes by Marian Tobin

Chocolate Chip Raisin Cookies
½ cup shortening
½ cup sugar
½ cup brown sugar (packed)
1 egg
1 teaspoon vanilla
1 cup all purpose flour
½ tsp baking soda
1 6 oz. package chocolate chips
½ cup seedless raisins
Cream sugars, shortening, egg, and vanilla until fluffy. Blend in rest of ingredients. Drop from teaspoon into ungreased baking sheet, placing about 2 inches apart. Bake 350° oven for 8 to 10 minutes. Cool on racks.

CVAA Senior Meals

The Champlain Valley Agency on Aging offers an ongoing series of special meals for groups of seniors at a variety of restaurants in the area. The schedule is listed below. All seniors are welcome to join the group and enjoy lunch with neighbors and friends. Participating seniors must be at least 60 years old, or the spouse of someone at least 60 years old. Suggested donation for meals is $3 at Covenant Church and United Church; for meals at other sites, $5. Transportation may be available if needed. Reservations are required for these meals and may be arranged ahead of time by calling 865-0360.

Thursday July 7 – Bridge Street Café, Richmond, 10:30 check in, 11:00 AM lunch. BBQ chicken and potato salad.

Friday July 8 – United Church Hinesburg, 12:00 noon. Baked ziti, freah garden salad, whole wheat rolls, sugar cookie.

Monday July 11 – Covenant Church, Essex Ctr., 12:00 noon. Tuna pea wiggle, Harvard beets, fruit bread, pears.

Tuesday July 12 – Pizza Hut, Susie Wilson Road, Essex Junction, 10:30 AM check in, 11:00 AM lunch. All you can eat pizza buffet.

Wednesday July 13 – Essex Grill, 10:30 AM check in, 11:00 Am lunch. Summer salad plate.

Thursday July 14 – Holiday Inn, So. Burlington, 1100 AM check in, 11:30 lunch. Turkey dinner. Friday July 15 – United church Hinesburg, 12:00 noon. Broccoli soup, egg salad, cheese and lettuce, bulky roll, butterscotch pudding.

Monday July 18 - Covenant Church, Essex Ctr., 12:00 noon. Salisbury steak, new red potatoes, stewed tomatoes, pumpernickel bread, tropical fruit.

Monday July 18 – Papa Nick's, 3:00 PN. Cold plate.

Tuesday July 19 – T-Bones, Hampton Inn, Colchester, 10:30 AM check in, 11:00 AM lunch. Baked ham.

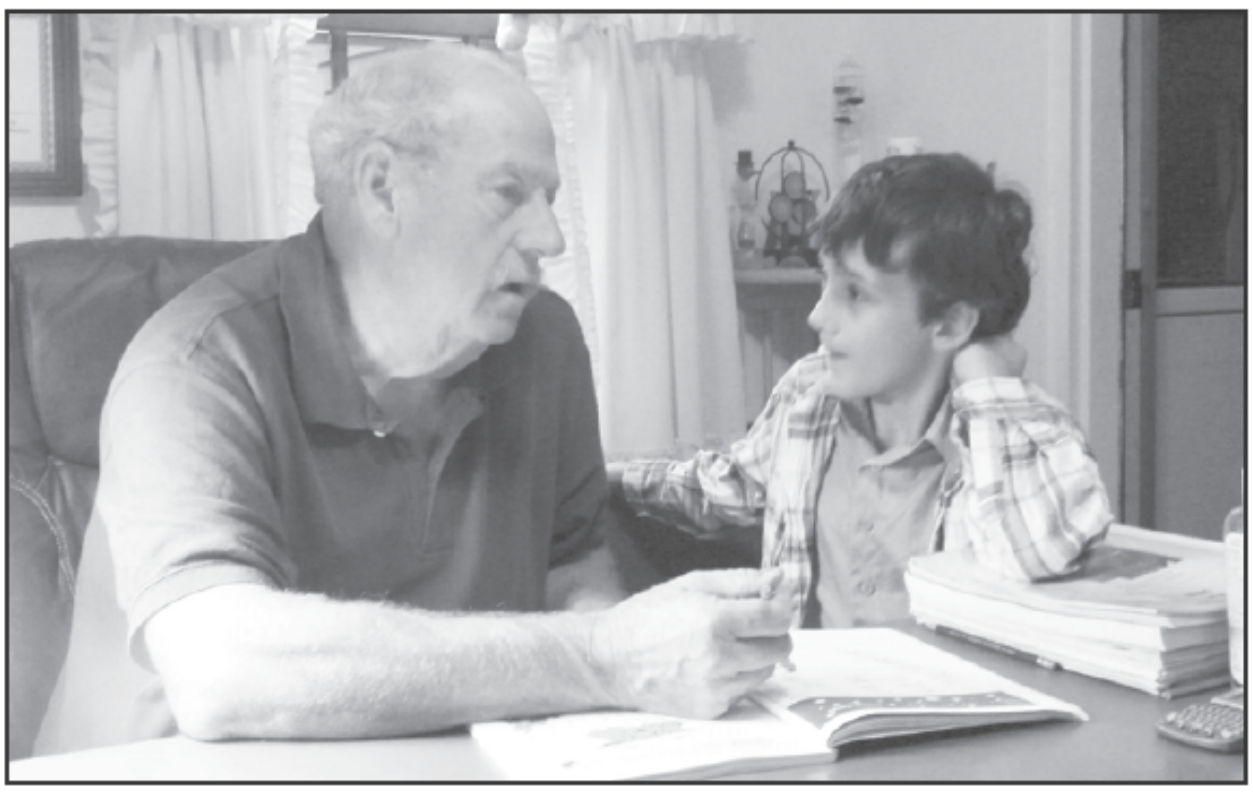
Wednesday July 20 – Ponderosa, Williston, 11:00 AM check in, 11:15 AM lunch. All you can eat buffet.

Thursday July 21 – St. Michael's College, 11:15 AM check in, 11:30 AM lunch, Buffet.

First Harvest - Gardner's' were able to send 25 lovely heads of crispy green lettuce to the local food shelf from the Deborah Rawson Library Vegetable Garden. The food shelf, located at Good Shepherd Lutheran Church, Rt. 15 Jericho, distributes on the third Saturday of the month. How about something from your garden? More info - contact sadams@gmavt.net.

PHOTO CONTRIBUTED

Just how much does your own child's education mean to you?



Master Tutor Mike Audet,* Back to Basics Reading Clinic *working with Christian Boutin.

"Your son needs to be tested for ADD or ADHD," I was told. "We think he would be able to focus better." I am sure that the school he was attending at that time meant well but I truly believe there is a better way to teach children to focus than drugging them.

I found the way that works for my son, the *Back to Basics Reading* program taught by Master Tutor Michael Audet of Underhill.

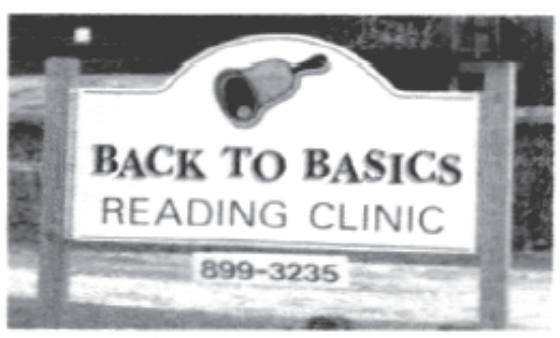
The program is just what the name indicates - a foundation in basic skills in language arts and mathematics combined with limits, boundaries and mutual respect between student and teacher.

Audet puts emphasis on leaning the magic words for academic success - focus and work.

There was no charge for initial cosultation where Mike took time to ask about my concerns, read school reports and come up with a plan to address my child's needs and to ask if I could follow through with the suggested brain exercises in lieu of needlessly drugging him.

My husband and I are very pleased with the advancements our son has made working with Mike. We highly recommend the *Back to Basics Reading Clinic* and the instructor Mike Audet.

Brenda Boutin, *Mountain Gazette*
owner/publisher



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LEGAL NOTICE

TOWN OF JERICHO – DEVELOPMENT REVIEW BOARD
NOTICE OF PUBLIC HEARING

The Jericho Development Review Board will hold a public hearing on **Thursday, 28 July, 2011 at 7:00pm** in the Jericho Town Hall to consider the following:

- A request by Fritz and Teri-Beth Garrison for a dimensional waiver to construct a garage. The property is located at 39 Hanley Lane in the Agriculture Zoning District.

All interested persons may appear and be heard. Written materials may be viewed in the Zoning Office during regular business hours.

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Email: *mtgazette@earthlink.net*

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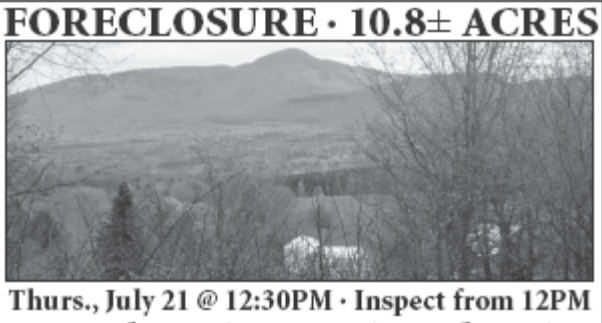

Thurs., July 21 @ 12:30PM · Inspect from 12PM
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We have a full-time custodial position available at our Westford PreK-8 School. Hours are typically 3:00 pm to 11:00 pm, but may include some day time shifts during school vacations. Position pays $11.85/hour, 40 hours/week, and is available beginning July 1. Position includes an excellent benefits package (i.e., family medical and dental insurance, life insurance, tuition reimbursement, and paid leaves). Previous commercial cleaning experience desirable. On-the-job training available. For consideration, please stop by the address below to complete an application, or apply on-line through *www.schoolspring.com* (Job ID 53619). Chittenden Central Supervisory Union, 51 Park Street, Essex Jct., VT 05452. EOE.

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Kelty Supplies: backpacks, sleeping bags, coolers, tents. Also GSI camping supplies, dishes, cooking, etc. Even Mojo Trail Food at Johnson Hardware and Rental 635-7282.

20 Brands of Footwear at Johnson Farm and Garden for men, women, youths, and kids. Huge inventory and personal service! Catalogs are out if you want to order a special pair. 635-7282.

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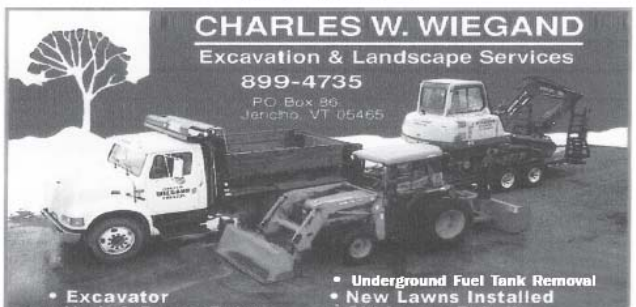

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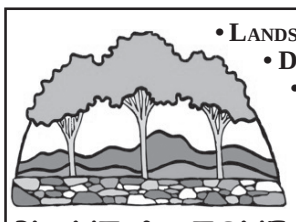

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Jericho-Underhill Water District has been awarded a Water Fluoridation Quality Award

The Vermont Department of Health Friday, July 1, that the Jericho-Underhill Water District has been awarded a Water Fluoridation Quality Award from the U.S. Centers for Disease Control and Prevention (CDC). Fluoridation is the adjustment of fluoride in the water to a level that is optimal for preventing tooth decay. The award recognizes those communities that maintained a consistent level of optimally fluoridated water throughout 2010.

Community water fluoridation has been recognized by CDC as one of 10 great public health achievements of the 20th Century. Fluoridating a community's water supplies is one of the most effective public health measures to prevent tooth decay. CDC recommends water fluoridation as a safe, effective, and inexpensive method of preventing decay; every $1 invested in fluoridation saves approximately $38 in costs for dental treatment. In addition, studies have shown that tooth decay is prevented among all age groups, not just children.

"Through Community Water Fluoridation, we are affirming that oral health is essential to our general health and well being, making our families, communities, and ourselves healthier," said Linda Greaves, Water Flouridation Program Coordinator for the VT Department of Health's Office of Oral Health in Burlington, VT.

In 2001, the U.S. Task Force on Community Preventive Services recommended that communities either adopt or maintain fluoridation of public drinking water supplies, and the past 5 U.S. Surgeons General have recommended community water fluoridation as a safe, healthy, and effective public health intervention. In 2008, more than 195 million people, or 72.4 percent of the United States population served by public water supplies, consume drinking water with optimal fluoride levels for preventing decay.

"Our latest national and state fluoridation statistics show us that we have made significant progress towards our national objective of reaching 75 percent of U.S. residents," stated Dr. William Bailey, director of the CDC Division of Oral Health. "This is largely due to the efforts of the states and communities who are receiving these quality awards for fluoridation."

State offers first veteran motorcycle plates

The State of Vermont issued the first veteran recognition plates for motorcycles on July 1, 2011.

"The State of Vermont has provided veteran recognition plates for cars and trucks for thirteen years," said Governor Shumlin. "Now all Vermont veterans can proudly display these plates regardless of whether the vehicle they drive has four wheels, or two."

The first recipient was Andy Megrath, a Vietnam Veteran who lobbied for the plates' creation many times before the legislature over the past decade and currently serves as Vice President of the Vietnam Veterans of America Vermont State Council, Andy received plate 100.

Also receiving plates:

Fred Parsons - Fred is a Vietnam veteran and continues to serve his community through veteran service organizations. Fred submitted his request for a plate early so that he could get V113, which he considers lucky.

Clyde Montgomery - Clyde is a veteran who works for the State of Vermont providing security for the Montpelier Complex. The Office of Veterans Affairs heard that Clyde was planning to camp out overnight at the DMV so he could get a low number, so the office thought decided to reward his service and enthusiasm.

Richard Reed - Richard is the senior service officer at the Office of Veterans Affairs, a program he started in 2005 to help veterans obtain their federal benefits.

There is no additional fee for the new recognition license plates, and veterans can apply to receive them at any time.

Questions regarding eligibility for the new plates should be directed to the Office of Veterans Affairs at (802) 828-3379. Questions regarding vehicle registrations should be directed to the Department of Motor Vehicles at (802) 828-2000

Share summer with a Fresh Air Child

Join thousands of volunteer host families throughout 13 Northeastern states and Canada as they open their hearts and homes to New York City children from low-income communities through The Fresh Air Fund's Volunteer Host Family program. In 2011, The Fund will celebrate its 135th summer of helping youngsters from New York City enjoy new experiences like swimming in a cool lake and catching fireflies.

For more information on how you can make summer special for a Fresh Air child, contact Mary Sherman at 802-868-2771 or The Fresh Air Fund at (800) 367-0003. You can also learn more about the Volunteer Host Family program by visiting The Fund's Web site at *www.freshair.org*.

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You wouldn't trust your home to just anyone. Why trust your mortgage?

As a mortgage officer with People's United Bank, one of New England's leading mortgage lenders, I'm uniquely qualified to help you secure the best possible mortgage rate, guide you through the mortgage process and ensure you receive the loan that's right for you. Trust your mortgage to me*.

People's United Bank

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*Application subject to approval.
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Sincerely, Brenda Boutin

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