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MOUNTAIN GAZETTE

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Underhill Select Board Race

By Phyl Newbeck
Special to the Mountain Gazette

After one term on the Underhill Select Board, Brad Holden has decided to call it quits. Two men – Clifford Peterson and James Beebe-Woodard – are vying for the opportunity to replace him. Neither man was born in Underhill but both are thrilled to call the town their home. Peterson moved here in 2001 and Woodard in 2005.

Both candidates have been active in other volunteer roles in town. Peterson joined the MMU school board in 2006 and continues to serve, with most of his efforts concentrated on the finance committee. In 2013 he was appointed to fill a vacancy on the Planning Commission. Woodard joined the Conservation Commission in 2013 and this will be his second year as the town's Green Up Day Coordinator. He has been a member of the Board of Civil Authority since 2010.

Peterson recently retired from a career in the legal profession, specializing in administrative law in both the private and public sector. He served as an Assistant Attorney General in the Civil Division of the Vermont Attorney General's office and Assistant General Counsel at the Vermont Department of Banking, Insurance, Securities and Health Care Administration. He has a J.D. from the University of Chicago Law School as well as an M.A. in English from Arizona State and a Ph. D in English from the University of Washington. Peterson was also a Fulbright Fellow at Oxford University. He retired from the state in August of 2013 but unable to stay idle, he became a judge for the Lamoille County Superior Court where he sits roughly once a month. "I have a lot of experience reading fine print and analyzing problems," he said. "I would like to bring that skill to the Select Board." Peterson also stressed his belief in the importance of listening to the public, noting that when the controversial Calendar 2.0 was proposed for Vermont public schools he went on Front Porch Forum to ask residents to let him know how they felt. "Listening," he said "is a really important virtue."

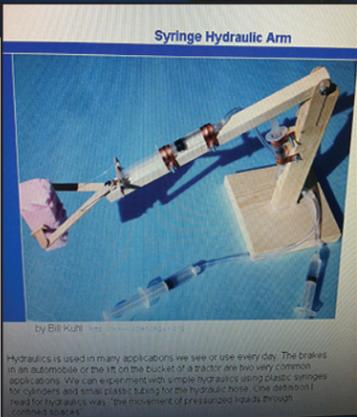
Woodard runs a consulting company for project and event management, non-profit marketing, and communication strategies. In addition, he has a contracting business doing carpentry

Westford receives Exxon Mobil Educational Alliance Grant



John Olson a representative of Jolley Associates presented Kurt Sherman, Math & Science teacher of Westford Elementary School, with a \$500 grant recently. The Exxon Mobil Educational Alliance Grant will be used to support the school's science and math programs. Funding from the ExxonMobil Corporation provides school grants across the country. Westford Elementary School is a proud recipient, and appreciates the additional support in science and math made possible through the Educational Alliance program.

Westford used funds from this grant to support an inquiry based project centered on syringe hydraulics within the 5th and 6th grade classrooms.



Syringe Hydraulic Arm
by Bill Kuhl

Hydraulics is used in many applications we see or use every day. The brakes on an automobile or the lift on the bucket of a tractor are two very common applications. We can experiment with simple hydraulics using plastic syringes for cylinders and small plastic tubing for the hydraulic lines. One difference I find for hydraulics was the movement of pressurized hydraulic fluid through a hose.

and other woodworking. Previously, he worked as Director of the Vermont Teacher Diversity Scholarship Program in Burlington and as Staff Development and Grants Project Coordinator for the Lamoille North Supervisory Union. He has contributed commentary on Vermont Public Radio. Woodard earned a B.A. in Psychology from the University of Massachusetts and did some doctoral coursework at the Massachusetts School of Professional Psychology. He believes his experience in the non-profit sector provides him with the skills necessary for the Select Board but hopes not to be defined by his professional positions. "Like many Underhill residents, and Vermonters in general, I work more than one job," he said. "In addition to consulting, I work for a Jericho farm, I teach yoga several times a week, and I work in a downtown restaurant on the weekends. I'm no stranger to hard work."

Both men emphasized that they have no ulterior motive in running; only a desire to serve. "It's a privilege to live in Underhill," is how Peterson put it. "It's a matter of serving the community. I'm happy to be living here. I like to see things done well and want to contribute to that." Woodard said his parents taught him the value of volunteer work. "I learned that strong communities are built when their members take an active, participatory role," he said.

Neither man has set an agenda to work on if elected. Peterson recognizes that the majority of the Select Board work has to do with finances and expects to concentrate on that to some extent. "First and foremost, it's the taxpayers' money," he said "and they care how it gets spent." Peterson said he has an interest in increasing the town's outreach efforts and perhaps making the website more user friendly. Woodard noted that often work and family obligations keep people from volunteering until late in life so although he wants to represent all Underhill residents, he hopes to be able to bring the voice of those in their 20's, 30's and 40's to the table. Woodard would like to use the Select Board to create greater community involvement and "a sense of ownership" through local events. He pointed to the 250th anniversary celebration as an example of an event which brought people together. "The fact that so many people came out on a drizzly day to celebrate our community made me very, very proud to be a part of it," he said.

Browns River Middle School students win Vermont Stock Market Game

The Stock Market Game teaches students how they can invest \$100,000 in the stock market and track their portfolio performance. Students in Suzanne McDevitt's 1st trimester Math I-Block used this game to learn how to design a spreadsheet that helped them to make choices investing their money. They built portfolios with a least five different stocks and used actual stock prices to track the performance of their stocks over a ten week period. Carly Elsinger and Alcott Lewis, 5th Grade students, created a winning portfolio and placed 1st in the Vermont Elementary School Division. They chose to invest in Google and Amazon, they invested early in the game and both stock prices increased dramatically. Paddy Mangan, Legacy Rhoads, Bliss Rhoads, Patrick Claghorn, and Thomas Suprenant, 8th graders at Browns River came in 2nd Place for the Vermont Middle School Division. They made the majority of their profit late in the game after they bought Twitter stock. Art Woolf, UVM economics professor and Myron Sopher, CCO of Sopher Management Investments visited BRMS and awarded the 1st place team Amazon gift certificates. The 8th grade team enjoyed a pizza party. All students in Vermont had the opportunity to participate in this National game at no cost due to a generous grant from the Vermont CFA.



Above: Carly Elsinger celebrates her 1st place portfolio with her Dad, Eric Elsinger.

Right: Carly Elsinger and Alcott Lewis accept their certificates and gift cards from Art Woolf and Myron Sopher.



PHOTOS CONTRIBUTED

Dianne Shullenberger wins Loeschner Art Competition



Fall Brambles recently won the 2013 Loeschner Art Competition at the Fredrik Meijer Sculpture and Garden Park in Grand Rapids Michigan. This piece will now be in their permanent collection and will be featured in their brochures and cards for the year. There will be a limited edition of archival prints available, 8x10 image print matted (non archival paper or ink), and cards 4 to a package. Email Dianne if you would like to place an order: vtdianne@hotmail.com.

New veterans related legislation



Ben Sullivan, from Montpelier and Underhill was one of several veterans honored as part of an announcement of some new veterans-related legislation. Sullivan, sustained significant long-term arm damage as a result of his war wounds. It is poignant that the governor looking on in portrait is Gov. Urban Woodbury of Burlington (born in Lamoille County) - he was a civil war amputee, Vermont's first in the civil war, at the first battle of Bull Run. A lifelong veteran's rights advocate, no doubt he would approve.

2014 Essex Rescue subscription drive is underway

The annual Essex Rescue subscription drive is currently underway. The subscription program is a way for families in the Essex Rescue service area of Essex, Essex Junction, northern Jericho, Underhill and southern Westford to control the cost of emergency medical services provided by Essex Rescue while supporting this community emergency service.

The cost of the basic subscription plan is \$50 per household. If a household subscribes to Essex Rescue and a member of that household receives ambulance services from Essex Rescue during the remainder of the 2013 calendar year, the squad will bill the patient's insurance and there will be no other bill for the ambulance costs. Essex Rescue will waive any denied coverage, co-pay or deductible amount for which the patient would otherwise be responsible. A person may still be a subscriber even if they do not have health insurance coverage. Interested persons can become a subscriber by contacting Essex Rescue at 802-878-4859 ext. 4 to receive an application form or by going to the Essex Rescue website, www.essexrescue.org and using Paypal. Essex Rescue is a private, not-for-profit organization that is not affiliated with any municipality. Essex Rescue's operational costs

Rescue continued on page 2

POLICE REPORTS

Since December 2013, the Vermont State Police received multiple reports of burglaries in Chittenden, Franklin, and Lamoille counties including the towns of Westford, Underhill, Jericho, Milton, Fletcher, and East Fairfield. The items stolen and method of burglary revealed a pattern of crime.

Through the course of the investigation, law enforcement officials learned that **Kyle Tetreault**, age 23 of Ferrisburgh, and **Scott Taylor**, age 20 of Milton, were responsible for the two month long burglary spree crossing three counties of Vermont. Taylor and Tetreault were taken into custody and lodged at the Chittenden County Correctional Facility. Taylor was arrested for nine counts of burglary and held for a lack of \$100,000 bail. Tetreault was arrested for four outstanding Vermont warrants for sexual assault, petty larceny, unlawful trespass, careless and negligent driving, and a work crew violation. Tetreault is also being held on a Failure to Appear warrant out of New Hampshire for felony possession of heroin. He is being held without bail. Burglary charges for Tetreault are pending.

The Vermont State Police, in cooperation with several other local agencies, have recovered many of the items stolen during the burglaries, including flat screen televisions, computers, tools, and jewelry; and are working to return property to the victims.

This is still an active and ongoing investigation.

On January 29, 2014 at approximately 1:30 PM, members of Richmond Police executed a search warrant on three different sites in Chittenden County with assistance from South Burlington, Williston and Essex Police. The warrant was to search a home in South Burlington and Richmond and a vehicle that was believed to be in Essex. While conducting the two home searches the vehicle and two suspects were not initially located. The search of the home of **Ronald Robar**, 51 of Richmond, resulted in the discovery of several items that had been stolen during a burglary at Blue Flame Gas located on Gov. Peck Road that had been reported to Richmond Police on (01/15/2014). A BOL was issued for the vehicle and its occupant(s). At approximately 4:15 PM the vehicle was spotted travelling south on Route 117 near the Jericho/Richmond town line. A felony motor vehicle stop was initiated by Patrol Officer Rick Greenough and other members of Richmond Police on West Main Street near Bridge Street. Both Joseph (Joey) Robar, 27 of So. Burlington and his father Ronald Robar were taken into custody. While being processed at the Richmond office, Ronald Robar complained of chest pains and rescue was contacted. Members of Richmond Rescue responded as well as Williston Fire ambulance as Richmond unit was tied up on another call. Ronald Robar was transported to Fletcher Allen where he was admitted. He was flash cited for 020414 into Chittenden Superior court to answer charges of violating conditions of release and possession of stolen property. Joseph (Joey) Robar was transported to the Correctional Center and lodged on charges of burglary, possession/sale of stolen property, criminal operation of a motor vehicle. Both men were out on court conditions related to pending criminal cases. Bail for Joseph Robar was set at \$10,000. During the search of the Jericho home many power tools, brass fittings, piping and cooper wiring was recovered. The items collected filled the back of a town pickup. Some of the items such as power tools do have identifying information on them and anyone missing such items is asked to contact the Richmond Police Department, Officer William Bullock at 434-2156. CASE#: 14RM00047

4-H Fundraiser

Starry Nights 4-H Club in Jericho is hosting a 10% Fundraiser Night at Texas Roadhouse in Williston on Tuesday, February 18 from 4:00-9:00 PM. Bring the ticket below to the restaurant that night and Starry Nights will receive 10% of your food sales. This will help support scholarships to a variety of 4-H events that the Club offers to its members and the field trip fund. More tickets can be picked up at Jericho General Store.

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UNDERHILL JERICHO FIRE DEPT.

UNDERHILL-JERICHO FIRE DEPT.

By Kitty Clark

EMERGENCY CALLS:

January 8, 1:58 PM - EMS, Intercept

January 8, 3:58 PM - EMS, Jericho

January 9, 7:43 PM - EMS, Underhill

January 9, 11:04 AM - Sq51 only Service Call, Jericho

January 10, 9:07 AM - EMS, Jericho

January 10, 2:27 PM - Underhill

January 11, 4:37 PM - Flooding on Packard Rd., Jericho

January 11, 4:50 PM - Flooding on Dumas Rd. Underhill

January 11, 5:30 PM - Flooding on Pinehurst Dr., Jericho

January 11, 6:09 PM - Service call to pick up sand bags, Colchester

January 13, 12:51 AM - 66 Starbird Rd., Jericho, Carbon Monoxide Alarm

January 13, 5:14 AM - Mutual Aid to Richmond for a barn fire

January 13, 6:31 AM - Two vehicle accident, 941 VT RT 15, Underhill

January 14, 12:59 PM - EMS, Essex Jct.

January 16, 3:11 PM - EMS, Essex Jct.

January 17, 2:32 PM - EMS, Underhill

January 20, 9:58 AM - One vehicle roll over, Sand Hill, Underhill

January 21, 1:08 AM - 416 VR RT 15, Underhill for carbon monoxide alarm

January 21, 11:19 PM - Mutual Aid to Cambridge, 811 Lower Pleasant Valley, structure fire

January 25, 8:25 PM - Report of an accident between Joe's Snack

Bar and Mt. High nothing found, due to error in directions from caller

January 26, 12:48 PM - Two vehicle accident at 144 VT RT 15, Jericho

January 27, 7:57 AM - EMS, Jericho

January 27, 8:37 AM - EMS, Jericho

January 27, 10:31 AM - EMS, Essex Jct.

January 27, 6:46 PM - 33 Tyler Pl., Jericho for carbon monoxide alarm

January 28, 3:00 PM - EMS, Essex Jct.

January 30, 11:30 AM - EMS, Essex Jct.

January 30, 2:00 PM - Mutual aid to Cambridge for a structure fire

January 18 the UJFD held their Annual Awards Banquet. A 2013 video of fire calls, drills and activities was shown by Randy H. Clark. Those receiving awards are as follows, Fire Officer of the Year: 2nd. Assist. Chief Mat Champlin, Support Specialist of the Year: Fire Police Frank Popoleski, and Firefighter of the Year: Lieut. Calvin Caswell. Recognition was given to the 100th Anniversary Committee and the Truck Committee. Perfect Attendance at meetings and drills were presented to ten members and Years of Service Awards were presented: 5 years: Travis Hale, Harry Schoppmann, Roy Spiller, Drew Stevens, Auxiliary member, Pam Martell. 10 years: Capt. Parker Ripley, Auxiliary members:

Christal Clark and Cis Dumas, 15 years: Shawn Martell, and 45 years: Lee Dumas.

Business meeting was held on Tuesday January 21. which included committee elections.

COMMUNITY COLUMNS

Sundowner's Syndrome

By Suzanne Kusserow
Senior Guest Columnist

It is 5:00 PM on a winter's day in the nursing home. Olga, a resident of this home for the last 8 years, is busy wheeling her doll carriage down the hall. No one can touch her plastic-limbed baby; this is baby's evening walk and Olga insists on doing it herself. The long wide central corridor is lit by fluorescent lights that cast a yellow pall over everything: the walls, the multicolored tile floor, the residents who are sprouting from the walls in wheelchairs or recliners, watching the fading of the daily routines. A restlessness hangs over the hall, a haunted mystical quiet; it almost seems to be triggered by the yellow of the ceiling lights being turned on. Later, the lights will be turned to half strength and the edges of the ceiling will again curl slightly into the shadows. But for now, this is the phenomenon called Sundowner's Syndrome (SDS), the time when the crispness of the day has not yet faded into the camouflage of the night.

A medication cart advances by room number, guided by an aide wearing a shade of pale purple that turns green under the lights. She is counting out B12 tablets, bowel softeners, sleeping tablets and Tylenol served with a huge muscle relaxant pill...hard to swallow. One woman watches closely as if the aide is going to forget to count her pills; so she counts on her fingers. The tiny plastic cup comes to her and she reaches for it. Each pill is turned over and over the requisite number of times, and then with a deliberate motion she puts them all in her mouth. She reaches for the plastic cup with a straw dangling from the edge that needs to be grabbed and settled in her mouth. Then she slurps long and hard; the water, too, reflects the yellow lights. The communal cart moves on and the next man puts both hands forth, cupped, to receive his pills.

Raymond paces, the tap-tap of his cane makes sound hollows in the tile floor. He disappears into the yellow light at the end of the corridor; the tapping fades with him. It quiets into an echo as he rounds the corner, then strengthens again as he makes a large right turn to continue his never-ending daily marathon: the Sundowner Song. The aide stops him to give him his medicines and he marches in place, then on again, around the corner, until night puts him to bed.

Sundowner's Syndrome is well-known to workers who have had a steady contact with nursing homes. I once was a nurse supervisor for the State of Vermont. As a cadre of inspectors, we covered the state nursing homes for compliance with Medicaid/Medicare rulings. We tried to arrive early in Bennington and eat breakfast with the residents. Is the toast cold and the coffee lukewarm? We sat in various parts of a home talking with patients, checking for skin markings of hastily-removed wrist restraints: Were there orders for these? Hands, arms, armpits give a good indicator of the level of hydration; is water available in an easily-reachable place? We looked at pay sheets to see if the ratio of RN's, LPN's and nursing assistants was proper for all levels of care, all shifts. Is one LPN sufficient for the care of W; what about hospitalization? Where is the notation that the doctor has been notified? It was a necessary job and accomplished and enforced with a minimal amount of watchdogging. But it was punitive. We could not give credits for an aide's good work with a resident's family; for the gardener who planted and raised cut flowers, which were gently gifted into residents' rooms. Praise was all we could do, hoping that our government status might add a lift to their jobs...those jobs that required a firm, giving, unselfish inner core...for minimum wage. I have never seen cruelty among the aides. Frustration, over someone who took too long to chew as the aide dashes between two 'feeders'; pity that rushes over one and makes sympathy too

much to bear and it hardens into brusqueness, acts of willful forgetfulness that ease the work load. I have also seen a roughened hand brush the hair out of Olga's eyes, or give a head hug to John as he spills his 200 lbs out of his wheel chair.

The aide finishes her medication rounds, pushing her communion cart among the supplicants. The halls are still yellow, pervasive and cruel to skin, but leveling in a sense; it brings us all to our present, our duties, our unity, our blurring of outside hours. John comes wheeling along, pushing his overloaded caravan with one swollen foot. He keeps all his treasures with him in bags, drunkenly clinging to the sides of his chair, held by bits of twine the kitchen workers have given him. In his lap is his prized possession: a tattered plush gray cat named CAT which he feeds with small tidbits from breakfast. Each week the aides shower CAT and John and scrub out dignity and the pieces of toast from last week. He protests furiously! John slows down during Sundowner's, finding a corner near the nurses' station and patting CAT to soothe her fears.

The aides are hurried; dinner time is coming – time to serve and feed and urge fluids, even in sips tiny enough for a bird. There is generally no complaint about the food; that is the last rebellion to go. There is usually a choice of food – American Chop Suey or a Tuna sandwich on wheat, chopped and mashed to fit the varying abilities to chew and to swallow. Some still pick with a fork, identifying each noodle before it gets risen to the mouth. Take time; there is plenty of it.

What is dreaded about SDS? Perhaps the bareness of it. There is no day without its activities of care and group exercises and toss-the-ball. And night with its usual chemical sleep is an end to thought and stiffness. SDS is a bridge between two routines of being: it is shaky...between solidarities. Sundowner's seems to be an acute expression of what is an afterthought to our system: an "Oh, by the way" method of stockpiling the disabled and the incapable. There is a feeling of restlessness, of something wrong, something naked and truthful that the all-encompassing yellow light can't humanize. This ending of the day, so early in these winter months, gives a sense of defeat that is pervasive. Day is gone but there is no funeral of completion, only the night which offers its own kind of peace.

The trays are picked up and the clatter and quick chaos of this cleaning up signals the end of Sundowner's. It is truly night now, and somehow the day has been gotten through, been accounted for by brief notations: "Olga was back from rehab and accounted for; Sara refused her Colace; John's leg ulcer was cleaned and bandaged." Residents leave the protection of the walls and slowly wheel themselves on an evening walk.

Olga squeezes the doll carriage into her side of the bedroom, which is stuffed with clothes, bottles, diapers...everything a well-cared-for baby would need. It is time for sleep for both of them, time for lullabies that Olga remembers from her own mother.

Sundowner's Syndrome is over.

Aging

By Scott Funk, Aging in Place advocate

One of the things I'm learning about aging is that it is like riding a roller coaster -- you can stand by and study it for years, but until you get on for a ride and come out of the loop-the-loop, you really don't know anything about riding a roller coaster.

All of us age and react to our aging differently. There are also markers that confirm the process and spark our reactions. None of us can be certain in advance how we will experience aging. But while we can't control every turn and dip we will encounter, we do have a choice about how we let them affect us.

Now, it should be said I don't ride roller coasters. That's not because I've gotten too old for it; I've never enjoyed the terror of being surprised by the combination of speed and height. I'm not enjoying all the twists and turns of aging, either.

Aging continued on page 3

Rescue continued from page 1

are covered in a variety of ways. The squad collects insurance reimbursements from the insurance companies of the patients served, receives funds through the annual subscription and fund drive, and gets relatively small annual contributions from each town covered. However, the biggest form of support is the daily work of Essex Rescue's dedicated volunteers. Nearly all squad members are uncompensated volunteers who have served for anywhere from a few months to more than 25 years. Most squad members donate twelve hours per week which represents the equivalent of a \$180-\$240 weekly contribution depending on their qualifications.

For more information about the 2014 subscription drive, becoming a volunteer member or any other program of Essex Rescue, please contact Dan Manz, Executive Director at 802-878-4859 ext. 2 or dmanz@essexrescue.org.

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COMING EVENTS

Thursday February 6
Soup & Bread - Eat in or take out. Covenant Community Church, Rt.15, Essex, VT (across from John Leo's). Serving 4:30 - 7:00 PM. Free will offering.

Friday & Saturday February 7 & 8
Rummage Sale, Grace United Methodist Church, 130 Maple Street, Essex Junction, Friday 9:00 AM - 5:00 PM and Saturday 9:00 AM - 1:00 PM. Take what you need and pay what you can. Any questions please call Ann at 879-7943 or the church office at 878-8071.

Saturday February 8
Family/Children activities, Phoenix Books Essex, 21 Essex Way, Essex, 11:00 AM, Meet Ladybug Girl. Free. All ages welcome. More info : www.phoenixbooks.biz or 872-7111.

Author appearance, Sustainable Communities Forum, Phoenix Books Burlington, 191 Bank Street, Burlington from 4:00 - 6:00 PM. Free. More info: www.phoenixbooks.biz or 448-3350.

Spaghetti Supper, 6:00 PM at the Jericho Elementary School Cafeteria. The meal will consist of Spaghetti with Homemade Italian Sausage, Meatballs, Salad, Italian Bread, Jell-O, plus Hot and Cold Beverages. Reservations are recommended in advance at \$8 for adults, \$4 for children under 7 or at the door at \$10 for adults and \$5 for children under 7. For Reservations, please contact: Jeff Bartley at 802-503-5801 or e-mail at jeffreybartley@gmail.com

New Tools at our VTGENLIB Website, Ed McGuire will discuss about a dozen tools and resources available at our VTGENLIB.ORG website including an index of baptisms & marriages, how to seek help on your brickwalls and viewing past issues of our journal, LINKS, from the comfort of home. Classes are held at the Vermont Genealogy Library located on Hegeman Ave, Fort Ethan Allen, Colchester, across from the State Police Building. Classes are from 10:30 to noon and are \$5.00. We are open for research Tuesdays 3:00 to 9:30 PM. and Saturdays from 10:00 AM to 4:00 PM. Please visit our website www.vt-fcgs.org/vtgen.html or call 802-310-9285 for more info.

Wednesday February 12
Author appearance, Michelle Arnosky Sherburne, *Abolition & the Underground Railroad in Vermont*, Fletcher Free Library, 235 College Street, Burlington, 7:00 PM. Free. More info: www.phoenixbooks.biz or 448-3350.

Saturday February 15
Becoming a Professional Genealogist, Joanne Polanshek is in the

process of becoming a professional genealogist. She will explain the preparation involved, the education & training available, and the process in becoming a Board Certified Genealogist. Classes are held at the Vermont Genealogy Library located on Hegeman Ave, Fort Ethan Allen, Colchester, across from the State Police Building. Classes are from 10:30 to noon and are \$5.00. We are open for research Tuesdays 3:00 to 9:30 PM. and Saturdays from 10:00 AM to 4:00 PM. Please visit our website www.vt-fcgs.org/vtgen.html or call 802-310-9285 for more info.

Jericho/Underhill Lion's Club Pancake Breakfast to benefit local scholarships and service projects will be from 7:30 to 11:00 AM at the United Church of Underhill. By donation

Wood Duck carving class with David Tuttle, Green Mountain Audubon Center, Huntington, 9:00 AM - 3:00 PM in the workshop at the Museum. Come to a one-day carving class with David Tuttle of the Green Mountain Woodcarvers. We will carve and paint a Wood Duck. Wood blank, eyes, snacks, and coffee provided. No carving experience required! Beginners are as welcome as experts. Do bring your tools and gloves if you have them; if you don't, let us know. Dave often brings some knives, gloves, etc. to sell. Please bring your lunch. Great for teens and adults. \$25 for Museum and GMWC members • \$35 for everyone else. Call 802 434-2167 to pre-register.

Open house at the Museum for the backyard bird count, Green Mountain Audubon Center, Huntington, 10:00 AM - 3:00 PM. Observe and record birds in our "backyard" and learn more about the Great Backyard Bird Count. We'll share with you our experience in this long-running citizen science project. The Museum exhibits and trails will be open; warm drinks and snacks for sale as well.

Sunday February 16
Community Breakfast, Grace United Methodist Church, 130 Maple Street, Essex Junction will be serving a free breakfast on the following days. There are two serving - one at 8:30 and the other at 10:45 AM. We will be serving scrambled eggs, sausage, pancakes with VT Maple Syrup, coffee and juice. Any questions please call 878-5923 or church office at 878-8071.

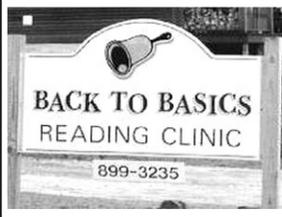
Thursday January 20
Author appearance, Jennifer McMahon, *The Winter People*, Phoenix Books Burlington, 191 Bank Street, Burlington, 7:00 PM. Free. More info: www.phoenixbooks.biz or 448-3350.

Saturday March 1

Genetic Genealogy- Part I, DNA tests can be used to confirm or refute genealogical relationships and save researchers enormous time chasing false leads. Join us for this talk and learn how to test your matrilineal and patrilineal lines, as well as choosing the right company to use and analyze the data.

Classes are held at the Vermont Genealogy Library located on Hegeman Ave, Fort Ethan Allen, Colchester, across from the State Police Building. Classes are from 10:30 to noon and are \$5.00. We are open for research Tuesdays 3 to 9:30 p.m. and Saturdays from 10 to 4. Please visit our website www.vt-fcgs.org/vtgen.html or call 802-310-9285 for more info.

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pastor_phil@goodshepherdjericho.org
www.GoodShepherdJericho.org

JERICHO CONGREGATIONAL CHURCH

"An Historic Church Proclaiming an Eternal Message"
 On the green in Jericho Center, VT
 Youth Pastor Glenn Carter
 Sunday Services at 8:00 AM and 11:00 AM
 Nursery Care provided • Sunday School at 9:30 AM for all ages
 Fellowship at 10:30 AM
 Sunday Youth Group at 6:15 PM
 899-4911: www.jccvt.org

JERICHO UNITED METHODIST CHURCH

"Open Hearts, Open Minds, OPen Doors"
 71 Vermont Route 16, Jericho (next to the Town Hall)
 Rev. Sangchul Bae, 899-4288
 Sunday Worship Service, 9:00 AM
 Children's Sunday School, 9:00 AM
 Men's breakfast - third Sunday, 7:00 AM
jerichoumc@jumvt.org www.jumvt.org

MOUNT MANSFIELD UNITARIAN UNIVERSALIST FELLOWSHIP

A Liberal Spiritual Community
 195 VT RT 15, Jericho, VT 05465
 Phone: 899-2558 website www.mmuuf.org
 We gather at 9:30 AM at the newly renovated space at 195 VT RT 15, Jericho (red barn across from Packard Road) on the 2nd and 4th Sundays of September - June for worship, reflection, growth, and support.
 All are welcome.

ST. THOMAS ROMAN CATHOLIC CHURCH

"Worshiping God in Spirit and in Truth in the Holy Sacrifice of the Mass"
 On Green Street in Underhill Center
 Weekend Masses:
 Saturday 4:30 PM
 Sunday 8:30 AM
 Pastor: Rev. Charles "Rick" Danielson
 Deacon: Peter Brooks
 Religious Ed. Coordinator: Laura Lynch Wells, 899-4770
 Parish Secretary: Theresa Gingras
 Phone: 802-899-4632, email: stthomas5@myfairpoint.net
 Website: www.stthomasvt.com

UNITED CHURCH OF UNDERHILL

"Welcoming, Worshipping, Working for God"
 At the Green on route 15 - Rev. Kevin Goldenbogen - 899-1722
www.unitedchurchofunderhill.com
 Worship and Sunday School 10:30 AM
 Local and Global Mission and Service Outreach
 Opportunities for families, men, women and youth
 Streaming audio sermons: www.becauseyoumay.com

ONGOING EVENTS

ADULT ACTIVITIES

Chittenden County Postage stamps and post card club meets every first Wed. of the month 6:15 -8:30 PM, A IDX Circle GE Healthcare Building. South Burlington Information email: Laineyrapp@yahoo.com or call me at 802 660-4817

The **Essex Art League** holds monthly meetings at the First Congregational Church, 39 Main St., Essex Jct. For information, 862- 3014.

Drop in Watercolor Painting, Every 3rd Saturday, 9:00 - 11:00 a.m., at the River Arts Center in Morrisville. An opportunity to refine your watercolor skill set or learn new techniques if you're a beginner. Bring your own materials, no registration required, drop in. Suggested donation \$8. Call 888-1261, or visit our website: www.riverartsvt.org for more details. Join us.

Eagles Auxiliary #3210 holds bingo at the club house on Rt. 109 Friday nights. Doors open at 5:30 PM. Bingo starts at 7:00 PM. For more info contact Sally at 644-5377.

Essex Art League meets the first Thursday of the month, from 9:00 - 11:00 am, at the Essex Junction Congregational Church on Rt. 15. The meeting agenda includes a business and social time, and features a guest artist presentation. A detailed calendar, listing featured speakers, is published on the League's website: www.essexartleague.com

Essex Art League meets the first Thursday of the month, from 9:00 - 11:00 am, at the Essex Junction Congregational Church on Main Street. The meeting agenda includes a business and social time, and features a guest artist presentation. A detailed calendar of meetings is published on the League's website: www.essexartleague.com.

The **Green Mountain Chapter of the Embroiderers' Guild of America** will meet on Wednesday, February 12 at 9:30 am in the Living Room/Dinning Room at The Pines, 5 Aspen Drive, South Burlington, VT 05403. We will be having a stitch in to work on

Ongoing continued on page 4

Aging continued from page 2

For me, the toughest part isn't finding out my knees have lost their bounce or my hair is inventing new places to grow. The hardest part of aging for me is having the courage to acknowledge and embrace what is happening in my life as I change. Some things just make me feel like I am 210, and that takes me to a difficult place.

The recent icy weather is a good example. Shuffling along on the ice-covered sidewalk with the dread of a high wire walker just didn't feel like 'me'. I was so afraid of falling, I just stayed indoors. Even getting from the house to the garage felt like it wasn't worth the risk.

I used to be fairly adventurous, but now, not so much. Falling just isn't worth it. The getting down is too quick, the getting back up has become harder, and the getting over it takes a lot longer. So, I'm growing more cautious.

It wasn't until the sun was out and the temperature back up that I realized how much my fear of falling had caused a loss of mobility and choice. Once I considered things, it did seem I probably overreacted a bit (which is not uncommon with me).

There were other options than hiding in the house until spring.

But to be able to consider them, I needed to be aware of the problem so I could work on a solution. It isn't just a matter of ice; it is a matter of brain engagement. You can't solve what you don't think about.

There is the rub. I don't want to think about getting older, but I'd better. Whether I participate or not I'm getting older every day. By embracing the scourge of time, one has a better chance to compensate for changes. This is my life and I don't want to miss out on any of it, no matter how old I become.

So, I'm trying to learn to listen to my body and pay attention to my reactions to aging. That should help me to make adjustments along the way. There is a world between falling on the ice and staying in the house till spring. Between those two extremes is where we can age successfully. Aging in Place, it doesn't happen by accident.

Military kids seeks entries for annual poster contest

To help recognize the service and sacrifices of military children, University of Vermont (UVM) Extension's Operation: Military Kids is sponsoring a poster contest in conjunction with April as the Month of the Military Child.

Any Vermont youth, military or civilian, 5 to 18 years old may submit a poster. Prizes will be awarded to the top three entries with the winning posters featured on the Vermont OMK Facebook page. Entries for the Annual Month of the Military Child Poster Contest must be postmarked or received by March 17. Winners will be selected on March 24 and will be invited to the Vermont State House in Montpelier on April 1 for the Month of the Military Child Kick Off celebration.

Posters must be original artwork and fit on one 11- by 17-inch sheet of paper. Any medium may be used but designs must include the messages that April is the Month of the Military Child, and that children of military families serve, too. Artists should keep in mind that the color purple represents all branches of military service.

There is no fee to enter. Only one entry per person is allowed. Name, age, home address and branch of service of parent(s) or guardian(s) (if applicable) must be included.

Posters may be mailed to Operation: Military Kids, c/o Brandy Oswald, UVM Extension 4-H Office, 655 Spear St., Burlington, VT 05405 or dropped off at this address during regular business hours. To have the poster returned, please include a self-addressed envelope with proper postage.

Although originals are preferred, e-mailed copies will be accepted. Please send to omkvermont@uvm.edu. For more information, contact Brandy Oswald at (802) 656-2073 or boswald@uvm.edu.

The Mountain Gazette

6558 VT Rt 116 Starksboro, VT 05487
 (802) 453-6354 • mtgazette@earthlink.net
www.mountaingazetteofvermont.com

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 Brenda Boutin editor/publisher/ad sales /delivery
 News writer - Phyl Newbeck

Letters Policy: Maximum 450 words; one letter per writer, per calendar month. Must be signed for attribution with writer's address and phone number.

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Ongoing continued from page 3

our Crazy Quilting and Quaker Ball embroidery. First meeting is complimentary. Bring a bag lunch. Car-pooling is available from many areas. Contact number 372-4255

Handbell ringers, Tuesday evenings, United Church of Underhill. All are welcome at rehearsals. Two ensembles; opportunity for small groups/shorter time periods. We ring a variety of music in a variety of settings and look forward to new faces joining us. Beginners welcome. Call Roger, 899-3106, for information.

Mt. Mansfield Scale Modelers gather on the third Thursday of the month from 6:30 to 8:30 PM. Modelers encompassing all categories of interest and skill levels are welcome. Brownell Library, Kolvoord Community Room, Lincoln Street, Essex Junction.



**MOUNTAIN HIGH
PIZZA PIE**

Monday - Saturday
11:00 AM - 9:00 PM
Sunday 4:00 PM - 8:00 PM

899-3718
Route 15
Jeri-Hill Plaza
Jericho

The Women of the United Church of Underhill meet on the second Saturday of each month at 8:00 AM at the Church located at the park on Rt. 15 in Underhill Flats. Women interested in sharing Christian prayer and discussions are welcome. Contact Julianne Nickerson at 899-3798 for more information.

Smugglers Notch 55+ Club meets every Wednesday at Smugglers Notch for a social time then break into groups to ski. We start with a brief organizational meeting, coffee and rolls, and then we head out to the trails in self-selected ability groups, gather informally throughout the summer for a wide variety of outdoor activities. Membership benefits include various discounts at Smuggs. For more information call Deborah at 644-5455 or just attend a meeting at the Morse base lodge starting at 9:00 AM every Wednesday.

The **Underhill Historical Society** meets at the Underhill Town Hall on the 2nd Monday of

the month, 6:30 PM. Anyone welcome.

HEALTH EVENTS & GROUPS

Al-Anon meetings in Jericho to be put in the Gazette. Thursday morning 10:00 a.m. at the Jericho United Methodist Church and Saturday morning 10:00 a.m. at the Jericho United Methodist Church.

Alcoholics Anonymous Meeting, "Wing It" group meets Sundays - 11:00 AM at Maple Leaf Farm on Stevensville Road, Underhill - it's an Open Speaker meeting followed by a Brunch (there is a \$10 charge for the brunch)

Alcoholics Anonymous Meeting, "The Firing Line" group meets Wednesdays, 7:15 PM - 8:15 PM at Maple Leaf Farm on Stevensville Road, Underhill - it's an Open Step meeting

Alcoholics Anonymous Meeting, "The Firing Line" group meets Saturdays, 8:00 - 9:00 PM at Maple Leaf Farm on Stevensville Road, Underhill - it's an Open Speaker Discussion meeting

Alzheimer's Support Group - Free educational support group series for families coping with a loved one with Alzheimer's disease and related dementias. This series gives caregivers the opportunity to better understand and develop strategies for the future. Held monthly at The Arbors at Shelburne. For more information and to register, contact Nicole Houston, Director of Family Services, The Arbors at Shelburne, 985-8600.

Brain Injury Support Group - offer survivors and family members, caregivers, friends and the community a place to come and receive valuable resources and information about brain injury. The support group is a place to share experiences in a safe, secure and confidential environment. Meets the 4th Friday of the month at the YMCA in Winooski from 11:00 AM-noon, the 1st Wednesday of the month at Fanny Allen in Colchester from 5:30-7:30 PM, and the 2nd Tuesday of the month at the Saint Albans diner in Saint Albans. Call the BIAVT help line at 877.856.1772.

International Cesarean Awareness Network supporting mothers and families recovering from or learning about cesareans and vbac's. ICAN support groups next meeting is October 14 at 4:00 PM at Maitri Health Care in Bouth Burlington with special guest Polly Perez. For more information email ICANvt@gmail.com or call Jessilyn at 644-6700.

Overeaters Anonymous meets 6:00 - 7:00 PM Wednesdays at the Jericho United Methodist Church, VT Rt. 15, Jericho. TOPS Chapter 145 Jeffersonville meets 6:15 PM on Thursdays at the Eagles Club, Route 109, Jeffersonville, VT. Weigh-in 5:15- 6:00 PM.

Healing Circle Breast Cancer Network, support group for women with breast cancer, meets first Tuesday of every month at 5:30 PM, Northwestern Medical Center, Conference Room #1. RSVP at 524-8479.

Lamoille Home Health & Hospice: Offering Hospice Volunteer Training during the month of September. Health care professionals for the area will be sharing their knowledge and passion for hospice. Please contact Charlene at 888-4651 or ccamire@lhha.org for more information.

Franklin County Prostate Cancer Support Group, first Tuesday of each month, 5:15 - 7:00 PM, Northwestern Medical Center Conference Room #2, St. Albans. This support group offers men opportunities to educate themselves and each other; share and learn from each other's experiences; offer support to each other, a spouse or partner; and advocate early detection of prostate cancer. For more information, Fern Mercure, 524-0719.

Statewide Quit Line, Telephone Smoking Cessation Counseling. Call 1-877-YES-QUIT (1-877-937-7848). Free.

Tobacco Cessation Classes, Wednesdays from 5:00-6:00 PM in the Cambridge Regional Health Center Conference Rm. This is a free, 4 sessions, ongoing class. Free Nicotine Replacement is available for participants. For more information or to sign up contact Rorie Dunphy at 644-5114 or Shannon Chauvin at 253-4853 x147

Alcoholics Anonymous Meeting, "Keep It Simple" group meets Mondays, Wednesdays, and Fridays, 8:00 - 9:00 PM and Saturdays, 6:30 - 7:30 PM at the United Church of Underhill, Underhill Flats.

KIDS

Playgroups are free of charge and open to all children birth through age 5 and their caregivers. At playgroup you will find stories, songs, crafts, free play, local events & information, and more. It is a wonderful opportunity to play with the children in your life, meet other playmates, and connect with other parents and caregivers. Playgroups follow the school calendar. Come to any or all groups that fit your schedule. For more information on any of the playgroups, please contact Heather Lebeis at 899-4415 or underhillplaygroup@yahoo.com.

Mondays: Jericho Community Center, 9:30-11:00 AM
Wednesdays: Richmond Free Library, 8:45-10:15 AM
Thursdays: Bolton's Smilie School, 9:00-11:00 AM the 1st and 3rd Thursdays of the month

Thursdays: Huntington, 11:00 AM-12:30 PM at Huntington Public Library
Fridays: Underhill Central School, 9:30-11:00 AM

Kids' Yoga, 3-5 years & 6 years and up. Toddler tumbling and new moms' groups. The Well, 644-6700.

Early Literacy Storytime, Thursdays, 11:00 AM at Westford Public Library. Stories and activities utilizing early literacy concepts for age's birth-preschool. Drop-in; no registration needed. We welcome new families. For more info, contact Victoria at 878-5639 or westford_pl@vals.state.vt.us, or visit our website www.westford.lib.vt.us and click on Events @ Your Library.

SENIORS/COMMUNITY MEALS

Jeri-Hill XYZ Seniors meet at the Town Hall in Underhill Center on the first and third Wednesday of each month. All seniors are welcome. Dinners are served at 11:30 AM. For information, please call Bette Workman, 899-4446, Loreen Teer, 899-1363 or Doug Keith 899-2582.

Johnson Community Meal - Every 2nd & 4th Wednesday, 11:30AM-12:30 PM at the United Church in Johnson. Come for

a hot meal and get to know your neighbors. The meal will be followed by a community gathering. For more information, please contact: Ellen Hill: 635-1439, ellen.hill@jsc.edu.

Westford Senior lunches - Join Westford Seniors for lunch at the Red Brick Meeting House on the Common the second Monday of each month. The next senior luncheon is on Monday, September 13. There is no lunch in July or August. Lunch is served at 12:00 noon with a short meeting or presentation following. Call 878-7405 or 879-7382 for information or for a ride.

Bolton Up and Downtown Club meets the last Thursday of the month at the Bolton Fire station. Meal at 5:00 PM. Open to adults 60 and over. Contact Doris Wheelock at 434-3769.

Huntington senior meal site - The Huntington Senior meals are served the third Tuesday of each month at 12:00 noon at the Community Baptist Church in Huntington Center.

St. Jude's Church, Hinesburg, senior meals held on second and fourth Tuesday of each month with bingo games after the dinners. Everyone is welcome including caregivers. Dinners are \$4.00 per person. For information call Ted Barrette at 453-3087.

Starksboro First Baptist Church, Starksboro - senior meals, fourth Thursday of the month, 11:30 AM, call Brenda Boutin at 802-453-6354 for more information.

"Good Food for All" free dinners, 2nd Thursday of each month at the United Church of Underhill, Rt. 15, Underhill Flats, from 5:00 - 7:00 PM, and on the last Thursday of each month at Calvary Episcopal Church, Rt. 15, Underhill Flats, 5:00 - 7:00 PM. Everyone in the communities is invited.

SPORTS ACTIVITIES

Ongoing Pilate classes at Dakini Studio in Underhill. Mon. and Thurs. at 6:00 PM call 899-4191 to register. Find more information and other scheduled classes at dakinistudio.wordpress.com.

Qi Gong, the ancient Chinese art of movement, classes are as follows: Saturdays 9-10AM--562 VT Rt. 15, Johnson; Saturdays 11AM-12PM--River Arts, Morrisville; Sundays 11:15AM-12:15PM--Artful Cup, Jeffersonville.

Zumba, Fairfax - Tuesdays 7:00-8:00 PM and Saturdays 9:00-10:00 AM. Contact Pam Adams 370-4437 or pamaj68@aol.com.

Zumba Fitness, Monday evenings only, 5:30 - 6:30 PM, at the River Arts Center in Morrisville. Zumba Fitness with certified instructor, Karen Machia. No registration required, drop in. Call 888-1261, or visit our website: www.riverartsvt.org for more details.

Zumba Fitness, Saturdays 8:30 AM, Jericho Community Center with licensed instructor Lori Preiss. 899-0343 or lori@greenmountainfitness.com.

Come join the **Zumba® party!** Tuesdays and Thursdays 6-7pm at the Jericho Community Center. \$8.00 drop in (punch cards available). Call Hannah with questions 802-598-7787

SUPPORT GROUPS

CFS, Fibromyalgia, Lyme Disease, Chemical Sensitivity and Gulf War Syndrome, 1:00 to 3:00 PM every third Thursday at: The Bagel Cafe, Ethan Allen Shopping Center Burlington, VT call or visit website www.vicfids.org or Lainey at 802 660-4817 or 800-296-1445 ask for Rik

Alzheimer's support group, third Wednesday, 9:30 - 11:30 AM, The Arbors, 687 Harbor Rd., Shelburne. Free education for individuals and families in the early stages of Alzheimer's disease and related dementias. For information and to register, contact Nicole Houston, 985-8600.

Approach Autism With Advocacy, Recovery & Education (AAWARE) in the Lamoille Valley, third Sunday, 3:00 - 5:00 PM, Second Congregational Church of Jeffersonville Community Room, Jeffersonville. Special topics, guest speakers, resource information; playroom for kids, fenced side yard for outdoor play. For information, Terry Holden, 644-2759 (Jeffersonville) or Tina Karl, 888-3430 (Hyde Park.)

Veterans Job Networking, Wednesdays, 9:30 - 11:00 AM, VFW Post, Essex Jct.; 1:00 - 2:30 PM, American Legion Post, St. Albans.

Eating Disorders Parental Support Group, third Wednesday, 7:00 - 9:00 PM, Covenant Community Church, VT Rt. 15, Essex Center. For parents of children with or at risk of anorexia or bulimia. We focus on being a resource and providing reference points for old and new ED parents. For information, Peter, 899-2554.

TOWN GOVERNMENT & ORGANIZATIONS

Cambridge Area Rotary meets on the first Thursday of the month, rotating to local restaurants, 7:00 - 8:00 AM. For information, call Anita Lotto, 793- 0856, or Chuck Hogan, 644-8134.

Westford Fire Department, Mondays, 7:00 PM, at the fire station next to the Town Garage. For information, email John Quinn, jquinninv@aol.com

Jericho-Underhill Water District meets first Monday of each month at the United Church of Underhill, Underhill Flats, 7:00 PM. For information, call 899-4076 or 899-3810.

Village of Jericho, Inc., Board of Water Commissioners of the Village of Jericho, Inc. will hold their monthly meeting on: Tuesday February 18, 2014 at 7:00 PM. This meeting will be held at the Old Red Mill on 4B Red Mill Drive in Jericho. The Commissioners would appreciate your announcement of this meeting.

Jericho Underhill Park District Board meeting, first and third Wednesdays, 7:00 PM, Deborah Rawson Memorial Library project room, Jericho. Residents of Jericho and Underhill always welcome. 899-2693 for information.

Jericho Energy Task Force meets the second Thursday of every month from 7:00 to 8:30 PM at Jericho Town Hall.

THRIFT SHOPS & FOOD SHELVES

The **Heavenly Cents Thrift Shop** located just east of the Five Corners in Essex Jct. on Rte 15, the hours are from 10:00 AM to 3:00 PM on Tues. and Wed., 4:00 to 8:00 PM on Thurs. Please check us out.

Westford Food Shelf, open on the third Saturday of every month, 8:00 - 10:30 AM, United Church of Westford. All are welcome. Fresh produce, meat, and non-food items available.

Jenn Lanphear, RN named MAT Nurse Care Coordinator

Jenn Lanphear, RN has been named MAT Nurse Care Coordinator at Maple Leaf Farm. In her new role, Jenn will work closely with the Vermont Hub and Spoke Opioid Treatment system to provide case management and care coordination, discharge planning, and to improve engagement in Medication-Assisted Treatment (MAT).



Kate Dempsey, RN named Psychiatric Clinical Nurse Specialist

Kate Dempsey, RN has been named Psychiatric Clinical Nurse Specialist at Maple Leaf Farm. Kate is a 2007 graduate of UVM and worked previously as a Nurse Manager at the Vermont State Hospital. Kate first joined the staff at Maple Leaf Farm in 2008 as a per diem nurse.



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LIBRARIES

DEBORAH RAWSON LIBRARY, UNDERHILL

Parlez-vous français? French Conversation Group Thursday February 6 and Thursday February 20 from 6:30-7:30 PM. Henry Weinstock is starting this relaxed and fun conversation group at DRML, all levels are invited and welcome. If you have any questions call Henry at 899-3349. A bientôt.

The Jericho Energy Task Force will host a movie night on Friday February 7 at 6:30 PM. The Jericho Energy Task Force is a volunteer committee in charge of tackling energy-related projects within the Jericho community, including energy efficiency, transportation and renewable energy. Call 899-4962 for details.

The Deborah Rawson Book Lovers book club will meet on Tuesday February 11 at 7:00 PM. February's book pick is *The Bird Artist* by Howard Norman. DRBL is an adult book discussion group that meets at 7 pm every second Tuesday of the month. New members are always welcome. For more information about the book club, contact Christine Staffa at christine@cstaffa.com.

The Adult Writers Group will meet Wednesday February 12 from 6:0-8:00 PM. Whether you've been working on your novel for years, or have just picked up a pen, we would love to welcome YOU. The goal of the group is to create a community of writers. The meeting time will be devoted to talking about what we have read, our observations and thoughts of improvement. We meet the second Wednesday of every month. Please contact Elise Doner with any questions about the group: busyfeet4kids@gmail.com or call 899-2644. Happy Writing.

Listen Up. Vermont Workshop on Thursday February 13 from 6:30-8:00 PM. Did you get a Kindle or IPAD for the holidays? Like to know how to download hundreds of eBooks and audiobooks available FREE through Listen Up. Vermont? Virgil Fuller will visit DRML to help ebook users learn how to use this awesome service. Space is limited to 15 participants; call 899-4962 to reserve your spot.

Lori Gildemeister will teach a Knitting for Beginners class on Sunday February 16 at 2:30 PM. Materials are limited; please bring size 6 or medium sized needles and worsted weight 5 yarn. This class is limited to a small group, call 899-4962 to reserve your spot.

Calling all Scrabble players. Monday February 17 from 6:30-8:30 PM is the next Scrabble night. Come join your neighbors for an evening of challenging word fun and laughter.

Representatives George Till and Bill Frank will be at the library Tuesday February 18 at 6:30-8:00 PM to give the community a legislative update. Come and ask questions, express your thoughts and have a discussion with our local representatives. No registration required.

The Friends of DRML will meet on Wednesday February 19 at 10:00 AM.

The Board of Trustees will next meet on Thursday February 20 at 7:00 PM.

Telling Your Story: A Self-Publishing Workshop on Saturday February 22, 1:00-3:00 PM, ever thought about writing your memoir? How about a family cookbook? Have you got a novel inside you, waiting to come out? Champlain College Publishing Initiative (CCPI) has the tools to help you develop, write and publish the book you've been dreaming about. Join us for a presentation by CCPI Managing Editor Kim MacQueen and Outreach Director Taylor Covington.

Family and Kids' Events

****Planning has begun for DRML's 2014 Summer Reading Program****
This year's theme is "Fizz, Boom, Read." and "Spark a Reaction." and centers around fun scientific themes and electrifying reading. If you have a cool idea, are an expert in the field or would like to plan a program for the kids in our community, let us know. Your ideas and expertise are welcome and needed. Email Thad at thad@drml.org

Story Time takes place on Wednesdays at 10:30 AM and Thursdays at 10 AM. Drop in for stories, songs, a walk (weather permitting.) crafts and snack. No registration required. Wednesdays: February 5 and 12 at 10:30 AM and Thursdays: February 6 and 13 at 10:00 AM.

Older preschoolers and children in kindergarten through second grade and parents are invited to come for Evening Family Story Time. Share stories, an activity and light refreshments. Thursday February 13 at 6:30 PM. Advance registration required. Please call 899-4962.

January Baby Time is on Friday February 14 at 10:30 AM. Drop in and join Thad as he leads our group with board books, lap rhymes and songs for babies 18 months and younger. This is a wonderful time for parents and child care providers to connect, chat, and share ideas. Older siblings welcome. No registration required.

Family Movie Night is on Friday February 21 from 6:30-9:00 PM. Plan on a fun family night. Wear your PJs, grab a pillow and bring the whole gang. Arrive a few minutes early to settle in. We will provide the popcorn. Call 899-4962 for details. No registration required.

Library hours: Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM – 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM, closed Monday. For information on any of the library's programs, call 899-4962.

FAIRFAX COMMUNITY LIBRARY

All events are free. Pre-registration encouraged. Call or email libraryprograms@fwsu.org

Tuesday February 4, 9:30-10:30 AM: Preschool Story Hour: "Monkey Business"

Join us for themed stories, songs, and activities for ages 0-6.

Tuesday February 4, 3:00-4:00 PM: Chess Club

Our winter chess club continues. All ages and abilities are welcome. Play to your heart's delight every Tuesday. Receive expert advice from a

skilled instructor. Boards and chess pieces are provided, though you can bring your own.

Tuesday February 4, 6:30-7:30 PM: How to Open an Etsy Shop Join Annette Hansen of Make Life Cozy as she teaches you how to open an online store for selling your handmade or antique items. Basic computer skills helpful, but not necessary.

Wednesday February 5, 3:15-4:15 PM: R.E.A.D. to a Dog
Kids ages 5-10 can read a book of their choice to a fuzzy, friendly dog. To sign-up for a 15-minute time slot, call or stop by.

Thursday February 6, 6:30-7:30 PM: PJ Story Hour. First Thursdays of each month will be the regular time slot for this program.

Saturday February 8, 10:00 AM -12:00 PM: Explore Zen Buddhism
This will be an informal discussion led by Dharman Rice. Questions are encouraged, so we'll have a lively and informative talk.

Tuesday February 11, 9:30-10:30 AM: Preschool Story Hour: "I Love You", with music by Alana

Tuesday February 11, 3:00-4:00 PM: Chess Club

Wednesday February 12, 3:00-4:00 PM: Maker Series: Shrink Plastic Key Chains and Charms

Come explore shrink plastic at the library after school. All ages welcome. We'll supply the markers, key chains, and shrink plastic.

Thursday February 13, 6:30- 8:00 PM: VHC "How They Lived" Book Discussion begins with Lives of the Artists, by Giorgio Vasari. Led by Helene Lang, the group discusses this interesting compilation of artist biographies. Books are available at the library.

Saturday February 15, 9:00 AM -12:15 PM: Chess Tournament.. Arrive at 8:45, please. Pre-register for event.

Tuesday February 18, 9:30-10:30 AM: Preschool Story Hour: "Spanish Day with Karin"

Tuesday February 18, 3:00-4:00 PM: Chess Club The final meeting of this season's chess club.

Wednesday February 19, 3:15-4:15 PM: R.E.A.D. to a Dog

Thursday February 20, 3:00-4:00 PM, Crafternoon with Nicole- Make Origami Jumping Frogs and Cranes

Join Nicole Vance, local artist, for this fun activity. Ages 6+. Pre-register at the library. Limit of 15 participants.

Thursday February 20, 6:30-8:00 PM: Beer Brewing Workshop. Join Anne and her assistant from Vermont Homebrew Supply as we learn the basics of brewing through demos and discussion.

Saturday February 22, 10:00 AM-12:00 PM: Saturday Fiber Group.

A new monthly event. Bring your knitting, crochet, or other fiber arts project and maybe a favorite book to share if you like. All welcome.

Tuesday February 25, 9:30- 11:00 AM: Fancy Nancy Party. A special school vacation installment of our preschool story hour. Must pre-register. Limit 30 participants.

Thursday February 27, 1:00- 4:00 PM: Explore Local Nature with Sue Morse of Keeping Track. We'll take a walk on the rec path, keeping all our senses attuned to the natural world around us, especially animal sounds and sign. See the Keeping Track website for more about this acclaimed naturalist: <http://keepingtrack.org/>

Thursday February 27, 6:30-8:00 PM, Sue Morse of Keeping Track Slide Presentation: Bears, Bobcats and Moose. Couldn't make the walk? Or want to learn more? Come see the amazing photos Sue has taken of local wildlife. Book raffle also.

Friday February 28, 9:30-11:00 AM: Mr. K Adventure Camp for ages 4+. Details soon. Pre-register. Another fun school vacation event.

Fairfax Community Library: 75 Hunt St., Fairfax, Vermont, 05454; Phone: 849-2420; Program Planner: Karyn Norwood at knorwood@fwsu.org; Library News: <http://www.bfafairfax.com/pages/community/librarynews.html>. Facebook page: <http://www.facebook.com/home.php?#.pages/Fairfax-Community-Library>.

School Year Library Hours: Monday, Wednesday 8:00 AM - 5:30 PM; Tuesday and Thursday 8:00 AM – 8:00 PM; Friday 8:00 AM - 3:15 PM; Saturday 9:00 AM – 1:00 PM.

JERICHO CENTER LIBRARY

ON THE GREEN IN JERICHO CENTER

The Jericho Town Library hours are: Monday: 2:00 -7:00 PM, Wednesday 10:00 AM -12:00 Noon (includes children's story time); 2:00-7:00 PM; Friday 1:00-5:00 PM; Saturday 10:00 AM – 12:00 PM. For more information call 899-4686 or email us at Jerichotownlibrary@gmail.com.

RICHMOND LIBRARY

February Wall and Display The versatile work of Huntington artist, Daryl V. Storrs can be seen on our walls and in the foyer display case during the month of February. Daryl creates hand-printed, hand-painted lithographic prints and jewelry, as well as unique paste paintings and original woodcuts. Daryl has 35 years of printmaking experience, and has been creating landscape pastels for over 25 years. In each medium her focus is on color and sense of place, and reflects the multiple dimensions of nature and the Vermont landscape. More of Daryl's work can be viewed at <http://www.darylstorrs.com>

Vermont Health Connect. Have questions about health care in Vermont? Schedule an appointment with a certified health care navigator and get some answers. Vermont Health Connect offers a new way to choose a health plan that fits your needs and your budget. Both private and public plans are available through Vermont Health Connect. A certified navigator can walk you through eligibility for financial assistance and health plan selection. For appointments, please bring your most recent tax filings or pay stubs, social security numbers for any family members applying and information about your medical needs. Schedule an appointment at the Richmond Free Library on Wednesday January 22 by calling 434-3036.

Friends of the Richmond Free Library Book Sale will be held in the library's community space on February 7, 6:00-8:00 PM, and February 8, 9:00-3:00 PM. Best selection on Friday - prices will be reduced on Saturday. \$5 bag sale from 1:00-3:00 PM. Live music, great raffle prizes, and bake sale will also be featured. The annual book sale underwrites summer youth programming for art and craft classes, featured performers and programs and special acquisitions of supplies, furnishings and materials. Raffle prizes include gift cards from Sonoma Restaurant, Papa McKee's, Richmond Home Supply, trail passes from Sleepy Hollow and Cochran's Ski Area and 16GB Kindle Fire. Raffle tickets are available at the library and at the book sale. The Friends still need some volunteers to help make the sale a success, if you have any time to donate, please contact Mary Keller-Butler at unnamedmtn@hotmail.com or call the library at

Libraries continued on page 6

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Joseph S. McLaughlin, MD

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Internship: Fletcher Allen Health Care, Department of Surgery

Medical: University of Massachusetts School of Medicine



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Robotics camp for kids slated for school vacation week

Military kids are invited to sign up now for a free robotics camp planned for school vacation week, February 24-28.

The day camp, which will be held at the Burlington Air National Guard Base near the Burlington International Airport in South Burlington, will provide a fun, hands-on opportunity to explore technology. Campers will design, build and program LEGOS and junk robots to move and perform a number of different tasks, using iPads to record their progress and results.

Operation: Military Kids (OMK) will host the camp, which is based on the University of Vermont (UVM) Extension 4-H Tech Wizards curriculum. The camp will run from 8:30 AM to 3:30 PM daily. Parents may drop kids off between 8:00 and 8:30 AM with pick-up between 3:30 and 4:00 PM.

Registrations will be accepted until February 17 or the camp is full. While priority will be given to students in grades 4 through 8 with a parent or guardian in the Vermont National Guard or armed services, space permitting, non-military kids also may attend.

To register, go to <https://omk-camp-feb2014.eventbrite.com>. If requiring a disability-related accommodation to participate, contact OMK Coordinator Stephanie Atwood at stephanie.atwood@uvm.edu or (802) 656-0346 by February 10.

No experience working with robotics is required to participate. All materials will be furnished although campers should plan to bring their own brown-bag lunch and beverage every day. Snacks will be provided.

For more information, contact Alyson Wall, OMK youth programs specialist/AmeriCorps state member, at (802) 656-0736 or alyson.wall@uvm.edu.

Bridal Issue February 20
Deadline for ads and copy. February 13
Email: mtgazette@earthlink.net

Libraries continued from page 5

434-3036. The Vermont Choral Union will be holding a "Mid-Winter Musical Tasting" fundraiser for their musical organization on Saturday February 1 from 4:00-7:00 PM. Enjoy an assortment of appetizers, desserts and Queen City Brewery craft beer. Musical entertainment by the Vermont Choral Union, Maple Jam, Calloway Taxi, Front Porch Foursome and Verve. Suggested donation of \$20. Limited capacity, RSVP by contacting events@vtchoralunion.org or visit their website, VTChoralUnion.org. (In the library's community room.) Posted on behalf of the Vermont Choral Union.

Do you have an Interesting Collection? The Richmond Library is currently looking for interesting collections to show in the foyer display case for 2014. Visitors enjoy looking at the monthly displays in the case, which in the past have included: matchbox cars, bowls, rocks, dolls, old radios and toy tractors. If you have a collection that you would be willing to share with the public for a month please contact Wendy DeForest at the library.

Cabin Fever Movies: The Richmond Senior Center is hosting classic cinema films Casablanca starring Humphrey Bogart, Ingrid Bergman and Claude Rains will be shown on Wednesday February 5 at 12:30 PM in the Community Room.

Gentle Flow Yoga is continuing on Tuesdays at 6 p.m. Admission is \$5 with non-perishable food gift.

First Monday Short Story Series: At noon, on the first Monday of each month, adults are invited to bring a bag lunch and relax while listening to Jane Vossler read a short story followed by an informal discussion. The

series offers a variety of short story styles and authors with wide appeal. The next story, Winter Dog by Alistair Macleod, will be read on February 3.

Free Tax Preparation for seniors will be offered again by local AARP volunteers on Monday mornings, starting February 3. Some documents you will need: W-2 (if received), any 1099s, Social Security Statements, ateers on Monday mornings starting February 3. Call the library to sign up for a one-hour session other financial documents relevant to your return, and new this year, a photo ID.

Vermont Tax Forms will not be distributed this year. If you need Vermont Income Tax forms, the Vermont Department of Taxes will make them available via their website, www.tax.vermont.gov, or request by email taxforms@state.vt.us and provide your full name, mailing address, form number(s) and quantity needed, or call (802)828-2515.

Computer Help Sessions. Gene Gagne offers one-on-one assistance for anyone looking for a little computer or Internet use guidance. Want to know how to prevent viruses and other "malware" on your laptop? Set up a Facebook account and create invitations and upload photos? Download a book to your iPad? Whatever your digital question, Gene can give you a boost on the learning curve. Gene is here on Wednesdays, 5:00-7:00 PM and Saturday, 11:00 AM-2:00 PM.

Mystery Book for February: Ritual Bath by Faye Kellerman. Date to be determined. Copies at the main desk.

Early Bird Math is an interactive math literacy story time for young children and their caregivers. Through books, songs and games children are exposed to many early math skills and will enjoy a chance to play with their peers. Join Wendy on Fridays at 11:00 AM. Saturday Playgroup Can't make it to Wednesday morning Playgroup? Starting Saturday November 23 and every last Saturday through May, come to playgroup at the library from 8:45-10:15 AM and meet parents and other kids for ages six months to five years.

Empty printer cartridges? Dead cell phones? The Library has partnered with Funding Factory, a free recycling fundraiser, to recycle small electronics and used ink cartridges in an effort to turn electronic waste into new materials for the Library. Look for the on-site collection bins in the foyer. We also accept your old cell phones, GPS devices, digital cameras and MP3 players.

Kids' Programs: Preschool Story Time (Ages 3-5), Mondays 10:30 AM; Pajama Time (Ages 2-6), Mondays 6:30 PM; Toddler Time (Ages 18 mo. - 3 yr.), Wednesdays 10:30 AM; and our newest offering: Early Bird Math

Storytime (Ages 3-5), Fridays 11:00 AM.

Recent Acquisitions: Astronaut's Guide to Life of Earth by Chris Hadfield, Courting Greta by Ramsey Hottman, Good-bye to All That by Robert Graves, The Great War and Modern Memory by Paul Fussell, Junkyard Planet by Adam Minter, Memories of an Imaginary Friend by Matthew Dicks, The Invention of Wings by Sue Monk Kidd, Old Betrayal by Charles Finch, Minor Adjustment Beauty Salon by Alexander McCall Smith, Takedown Twenty by Janet Evanovich, Belle Cora by Philip Margulies, The Kept by James Scott, On Such a Full Sea by Chang Rae-Lee, Pagan Lord by Bernard Cornwell, Your Life is Calling by Jane Pauley and Talk with Your Kids (109 conversations about ethics and things that really matter) by Michael Parker.

Looking for a title? Our catalog is searchable from home: rfl.kohavt.org. If you can't find a title in our inventory, searches can easily be expanded to include other libraries in the database, such as Huntington, Hinesburg (Carpenter Carse), Williston (Dorothy Alling), Essex Junction (Brownell) and others. In "Advanced Search" mode you can also search by format, e.g., book, DVD, Audiobook on CD. Please consider taking advantage of these other Chittenden County libraries if you're passing them and we don't have the title. Each interlibrary loan request averages \$7 in shared postage expenses between libraries. Any questions? Comments? Just give us a call or email. 434-3036, rfl@gmavt.net. If you'd like to get our news via email, please let us know.

VARNUM MEMORIAL LIBRARY, JEFFERSONVILLE
 Saturday January 25 from 1:30-3:00 PM - Winterfest, Hot Cider Stories; join Ellen at the Varnum Memorial Library in Jeffersonville for stories that lift off the pages and more. Cambridge Arts Council, FREE event for all ages Info: 644-2117

Preschool Story Hour Thursdays at 10:00 AM. The Varnum Memorial Library. Crafts and stories with our wonderful readers. Free and the public is invited. 644-2117

Hours: Mondays and Tuesdays 12:00 to 7:00 PM, Wednesdays 3:00 - 7:00 PM, Thursdays 9:00 AM to 7:00 PM, and Fridays 2:00 to 5:00 PM, Saturdays 10:00 AM to 3:00 PM.

WESTFORD PUBLIC LIBRARY, WESTFORD
 Storytime every Thursday at 11:00 AM
 Library Hours: Wednesday 1:00-7:00 PM, Thursday 10:00 AM-6:00 PM, Friday 1:00-7:00 PM, Saturday 10:00 AM-2:00 PM; website: www.westfordpubliclibrary.org; Email: westfordpubliclibrary@gmail.com. Like us on Facebook. 878-5639, Bree Drapa, Librarian.

AUCTIONS

FORECLOSURE: Falcons Family Share Townhouse
1,253± SF • Smuggler's Notch Resort (Plan B)
Friday, February 21 @ 4:30PM
Falcons Unit #14, Cambridge, VT

Ski - ski off Mogul Mountain
Lift -- Right out the door!

2 BR, 2 BA Falcons Townhouse. Family Share (The Falcons at West Hill): Usage for 16 weeks/year (Plan B). Master Suite w/whirlpool bath, shower & access to the deck. Full kitchen, dining & living area, stackable washer/dryer. All the comforts of home. Lots of amenities & benefits - the best weeks!

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www.proxibid.com/ThomasHirchak proxibid

FORECLOSURE: Log Home on 2.63± Acres
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Thurs., Feb. 6,
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Underhill - \$355,000

- Fully renovated ranch with sunset views on 3.3 pvt acres with common land of 13.41 A
- Open floor plan with great room with vaulted ceilings, hrdwd floors, FP & dining area
- 3 bdrms including master suite with remodeled bath. Family room with hearth for wood-stove, large mudroom & office.

NEW! Milton - \$297,500

- Customized 2 story townhouse loaded with upgrades
- Great rm w/ crown molding & arched doorways. Living room, dining area & family rm w/ FP
- Extra-large master suite with private sitting area and bath. 2 add'l large bedrooms. Crown molding throughout.

NEW! Fairfax - \$237,000

- 2 story colonial sits on ½ acre with common land of 13.41 A
- New energy efficient home. Kitchen with hardwood floors and slider. Family room and large formal living room
- Master with walk-in closet and full bath. 2 additional bedrooms and large family bath

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Hollis "Sonny" Edwards Jr., of South Cambridge, VT, died at home on January 22, 2014, after a long illness, just down the road from the brick farmhouse where he was born 81 years ago on April 16, 1932. He was the son of Lola (Flanders) and Hollis Rae Edwards Sr. Sonny began school at the age of five, sometimes riding downhill to the one-room school on his sled. He attended high school at Cambridge High School. He graduated from the Vermont School of Agriculture (now VTC) in 1955, and was the sixth generation to own the family farm. During his lifetime, the farm changed from having Jerseys to Holsteins. The Edwards' farm was the last working farm in South Cambridge. The owner of a distinctly dry sense of humor, he delighted in passing along the latest joke, or occasionally springing one on the unwary. An inveterate old Yankee farmer, Sonny could fix nearly anything with baler twine, duct tape, wire and hope. He was a member of the Vermont Farm Bureau for over 50 years, and served the Lamoille County Farm Bureau in many capacities. He received the Keith Wallace award from the Vermont Farm Bureau in November 2011. He was very involved in the community. He served on the Lamoille County Reparatative Board and Lamoille County Court Diversion, as well as the local Development Council and the town finance committee. He will be missed at Town Meeting for being willing to make motions and asking, "would someone please explain..." for his or others edification. In September 1985, he married Barbara Smith Collins. He is survived by the five children from his first marriage, Linda and husband, Paul Haines, of Johnson, Robert and wife, Debbie, of Belvidere, Martha Edwards Manning and companion, Tim Corey, of Fairfield, April and husband, Bryce Bartlett, of Jeffersonville, and Richard and wife, Kimberley, of Jeffersonville; from his second marriage, Kathy and husband, Rick Jochim of Swanton, Colleen Collins of Colorado, Victoria and husband, Tom Foster, of Morrisville, and Kevin Collins of Johnson; 26 grandchildren; eight great-grandchildren; and one great-great-grandson. He leaves sisters, Blossom Longe, and Waverley and husband, Pete Purdum; brother, Jack Edwards; many nieces, nephews, cousins; and his two devoted cats. He was predeceased by his second wife, Barbara; parents, Hollis and Lola Edwards; brother, Robert and sister-in-law, Ilene, and their daughter, Marcia; brothers-in-law, Douglas Longe, and Webster Pratt; and his dog, Freddy, who cheerfully asked for toast each morning. Visiting hours was held on Wednesday January 29, 2014, from 2:00 to 4:00 and from 7:00 to 9 PM at A.W. Rich Funeral Home - Fairfax Chapel, 1176 Main St., Fairfax. Funeral services were held on Thursday January 30, 2014, at 11:00 AM at Second Congregational Church, Jeffersonville, with the Reverend Mick Comstock officiating. Memorial contributions in Sonny's memory may be made to the Lamoille Home Health Hospice, 54 Farr Ave., Morrisville, VT 05661; or the Varnum Memorial Library, PO Box 198, Jeffersonville, VT 05464. The family invites you to share your memories and

OBITUARIES

condolences by visiting www.awrfh.com.

Mary H. Ling, of Jericho, VT, was born May 7, 1923, passed away peacefully on Jan. 19, 2014, after a short stay at Kindred- Birchwood Nursing Home. She was 90 years old. Mary was predeceased by her husband, Robert H. Ling, in August 2011. They enjoyed a long and happy life on their farm in Jericho, VT. Mary was also predeceased by her daughter, Rose M. L. Umberger in May 2006. Mary is survived by her daughters, Susan M. Ling, and Mary B. Brown and husband, Kenneth; grandson, Robert C. L. Umberger; sisters, Arlene Ploof, and Lynn Bedell and husband, William; brother, William Hance and wife, Gail; sister-in-law, Theresa Martin, wife of Mary's predeceased brother, Leo; and numerous nieces, nephews, and close friends. Mary's wishes were to be cremated with no services, but ashes spread at her daughters' discretion. The Gifford Funeral and Cremation Service, 22 Depot St., Richmond, was in care of arrangements.

Martha Ploof Ryan, 55, of Huntington, VT, died peacefully at her home surrounded by her family on Friday January 17, 2014. She was born on August 24, 1958, the daughter of Richard E. Ploof Sr. and Mary Cecelia (Randall) Ploof. She was predeceased by her loving mother who died in 1994. Martha is survived by her two sons, Daniel R. Ryan of Huntington, and Joseph M. Rotella and girlfriend, Sarajane Evans, of Huntington; father, Richard E. Ploof Sr. and wife, Barbara, of South Burlington; nine siblings and their spouses, Dick Ploof Jr. and wife, Robin, of Burlington, Diana Charbonneau and husband, Ron, of Burlington, Deb Moore and husband, Tom, of Underhill, Daniel Ploof and wife, Amanda, of Newport, Mary Marceau of Proctor, Melany Ploof of Chesapeake, Va., Matt Ploof and wife, Darcy, of Wellington, Fla., Christina Moulder and husband, Rodney, of Naples, Fla., and Jeff Ploof and wife, Tracy, of Rutland; 16 nieces and nephews; and many aunts, uncles and cousins. She also leaves her faithful friend and constant companion, her dog, Emma; as well as many other friends including, Jackie LaFontaine, Laurie Maskell, Kathy Burnett, and Caroline Canning. Martha greeted every day with a passion for life and love for those around her. Her dedication to her family, faith and being was endless, wholesome and holistic. The family would like to express their heartfelt thanks to Drs. Thomas Roland and Jania Clough, The Gerson Institute, as well as everyone who helped to make her life as peaceful and joyous as possible, especially those who made sacrifices for her during her time of suffering. A Mass of Christian Burial was celebrated on Saturday January 25, 2014, at 11:00 AM in Immaculate Heart of Mary Roman Catholic Church in Williston. Burial will be at the convenience of the family. Visiting hours were held on Friday from 4:00 to 7:00 PM at the Ready Funeral and Cremation Service South Chapel, 261 Shelburne Rd., Burlington. To send online condolences, please visit www.readyfuneral.com. Those who wish may send floral arrangements to Ready Funeral Home in Burlington, or may make contributions in her memory to Audubon Vermont in Huntington.

LETTER TO THE EDITOR

Heroes Wanted!
To the Editor,
 Is there an unsung Hero in your community? We need your help so that we can tell their story.

At its first ever Heroes Breakfast, the Vermont & New Hampshire Upper Valley American Red Cross will honor community members who have demonstrated heroism through extraordinary acts of courage or kindness. The Heroes Breakfast is a celebration of spirit and community. Whether it's helping someone escape a burning building or changing a life through acts of generosity and caring, heroism happens in our community every day.

Honorees will be recognized at a celebration on April 29, 2014. But first, help us learn about the heroes in our community by nominating someone to receive an award in one of the following categories: Armed Forces/Military Hero, Animal Hero, Youth Good Samaritan, Adult Good Samaritan, First Responder, Community Impact, Blood Services/Gift of Life, and Spirit of the Red Cross.

The heroic act or activities must have occurred in the past 16 months, occurring September 2012 or later, to be eligible for an award at the April event. Nominations will be accepted through February 24, 2014. To nominate a Hero and for more information, please visit: www.redcross.org/vermontheroes or call (802) 660-9130 ext., 111

Larry Crist, American Red Cross Regional Executive
 Vermont & the New Hampshire Upper Valley Region

REVIEWS

ART/PHOTOGRAPHY

Calling all artists. Get a head start on spring! Established and emerging artists are invited—and encouraged—to submit one or two pieces in any medium (including but not limited to photography, painting, textiles, collage, etc.) on the theme “The Warm Seasons” for a show to be hung in the Jericho Town Hall from May through August 2014.

The show is non-juried and you don’t have to live in Jericho, but the subject of all work submitted must have some connection to the town of Jericho. Deadline for registration will be April 15, 2014. For information and registration forms: (802) 899-2974 or blgreene@myfairpoint.net.

The exhibit is one of an ongoing series of shows that are part of a collaborative project between the Town of Jericho and a committee of volunteers involved in the arts. The Committee includes Jericho Selectboard member Catherine McMains, artists Dianne Shullenberger and Barbara Greene and gallery owner Emilie Alexander.

The Vermont Choral Union and Queen City Brewery present “A Mid-winter Musical Tasting,” a fundraiser for the Vermont Choral Union, on Saturday February 1, 2014 at the Richmond Free Library, 201 Bridge Street, Richmond, Vermont. The event is scheduled to begin at 4:00 and end at 7:00 PM. Come warm up with samples of Queen City Brewery’s fresh, quality craft-brewed beer, and assorted appetizers and desserts, while enjoying a variety of music by members of the Vermont Choral Union, Maple Jam, Calloway Taxi, Frontporch Foursome, and Verve.

Seating is limited! RSVP by contacting events@vtchoralunion.org or by visiting our website, VTChoralUnion.org

Suggested donation: \$20. A valid I.D. is required.

Call to Artists - Think square! Established and emerging artists who live and/or work in the Chittenden East Supervisory Union school district are invited to interpret the square—in any medium (including but not limited to photography, painting, textiles, collage, etc.) and in any size, and to submit one or two pieces representing their interpretation for an exhibit to be hung in the Jericho Town Hall from September through December 2014.

Deadline for registration will be August 15, 2014. For information and registration forms blgreene@myfairpoint.net or (802) 899-2974.

The exhibit is one of an ongoing series of shows that are part of a collaborative project between the Town of Jericho and a committee of volunteers involved in the arts. The Committee includes Jericho Selectboard member Catherine McMains, artists Dianne Shullenberger and Barbara Greene and gallery owner Emilie Alexander.

Join Libby Davidson, Colchester watercolorist, for a plein air demonstration at the **Emile A Gruppe Gallery** on Sunday February 9 from 1:00-3:00 PM. Libby will begin her demonstration on site, so dress warmly. Her current show “the 50 Project” on exhibition at the Gallery, exhibits 50 of her plein air watercolors painted last year in temperatures ranging from 23 degrees (in early spring) up to 95 degrees (in mid summer). Both sunny days and blustery days provided plenty of material for Libby’s brush. The Gallery is located at 22 Barber Farm Road, Jericho. The demonstration is free but please sign up 802 899 3211.

Victoria Patrick Zolnoski, an instructor of photography and art history at **Johnson State College**, will give a gallery talk about her work at 3:00 PM. Thursday February 13, in the college’s Julian Scott Gallery, Dibden Center for the Arts. Her talk is tied to an exhibit of her work at the gallery, which is open Tuesdays through Fridays, 10:00 AM to 6:00 PM and Saturdays 10:00 Am – 4:00 PM.

The event and exhibit are free and open to the public.

Exhibit of photographer Jared Katz at **MMCTV** opening on Thursday January 30, 5:00 to 8:00 PM, 35 West Main Street, Richmond. The exhibit entitled *Reflections of the World I See* will encompass 20 images. The exhibit will be open Monday – Thursday 10:00 AM to 3:00 PM, for more information call 802-434-2550.

Emile A Gruppe Gallery presents *The 50 Project* a unique exhibition of 50 watercolors all painted by the same Colchester artist, Libby Davidson, in celebration of her 50th birthday. The show will hang through February 23. Libby is a plein air artist and created many of her works in all types of weather, on sunny days and hold on to your easel days, with temperatures ranging from 23°F to 95°F. She began the adventure of producing roughly one painting a week in October 2012 and finished a year later in mid October 2013. The exhibit is enhanced by the artist’s interpretation of each work as she kept a notebook of her odyssey.

The Gallery is located at 22 Barber Farm Road, Jericho (Center). Gallery hours are 10:00 AM – 3:00 PM Thursday through Sunday or by appointment 802 899 3211, emilegruppegallery.com

Tuesday February 11

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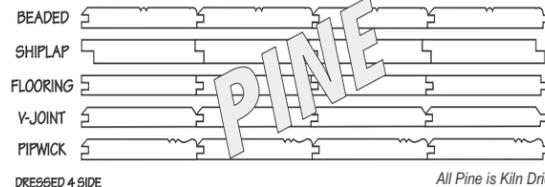
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MUSIC/DANCE

Westford Winter Music Concert, Sunday February 9, 4:00-5:00 PM. UCW White Church, Westford presents Possum Haw’s 5 member band has been called “the shooting star of Bluegrass music” by the Vermont press. Free will donation and refreshments. Call 879-4028 for information.

Queen City Contras will hold its regular dance on Friday February 14 at 8:00 PM at Edmunds School, 299 Main Street, Burlington VT. Susan Petrick will call. Music will be provided by Uncle Farmer (Ben Schreiber and Mike Sokolovsky). All are welcome, all dances taught, no partner or experience necessary. Beginners’ session at 7:45. Admission is \$8.00 adults. Under 12 free. Please bring clean, soft-soled shoes for dancing. Dance Info: 802-371-9492 or 802-343-7165

Community Senior Meals

For more information call CVAA at 865-0360

Thursday February 6, Bridge Street Cafe, Richmond
10:30 a.m. check-in, 11:00 a.m. lunch, Chicken & Biscuits

Friday February 7, United Church, Hinesburg, 11:30 AM

Monday February 10, Covenant Church, Essex Ctr.
12:00 noon, BBQ Riblets, Mashed Potatoes, Whipped Squash, Whole Wheat Sandwich Rolls, Chocolate Pudding

Tuesday February 11 Pizza Hut, Essex
10:00 a.m. check-in, 11:00 lunch. All you can eat pizza buffet

Wednesday February 12 Sweetheart luncheon Elk’s Club North Ave, Burlington, Check in 10:00 a.m. Lunch 11:00 a.m. Baked Ham Dinner, Entertainment, Tickets Required. See Pat Pike.

Thursday February 13, Holiday Inn, So. Burlington
11:00 a.m. check-in, 11:30 a.m. lunch, Turkey Dinner

Friday February 14, United Church, Hinesburg, 12:00 noon
Baked Stuffed Peppers, Cottage Cheese, Garden Salad, Whole Wheat Roll, Choc. Chihp Cokkie

Monday February 17 - No Meal Site.

Tuesday February 18, IHOP, University Mall, So. Burlington.
8:30 a.m. check-in, 9:00 a.m. Breakfast. 2 eggs, Hash Browns, choice of Breakfast Meat, Pancakes, Small Juice.

Wednesday February 19, Colonial Room, Essex Ed. Ctr., 11:00 a.m.
check-in, 11:30 a.m. lunch. Roast Pork Loin.

Thursday February 20, Ray’s Seafood, Essex, Jct.
10:30 AM check - in, 11:00 a.m. lunch
Milk is the beverage provided at each meal.

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Outdoors Club at Browns River Middle School meets every Thursdays from January 9 to March 27. Over 30 students have joined lead teacher, Robin Clokey in a variety of outdoor activities after-school like snowshoeing, sledding, hiking, and playing a variety of yard games weather dependent.

Splendid Winter Concert enjoyed by all



Fifth grade singers

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The hours are 2:30 to 6pm Monday through Friday and the pay rate is \$10/hr for Assistants and \$14-\$15/hr for the Director. We are looking for people with experience working with groups of school-age children. Email cover note and resume to hr@gbymca.org. We are an equal opportunity employer and provider.



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Left: Olivia Palmer and sixth grade singers; Center: Lukas Keating on guitar with chorus; Right: Cassey Kellner-Bourdeau dedicates special song to her grandmother; Inset above: African drummers.

Willie Lee garners

Vermont IGNITE Teacher Award

Congratulations to Willie Lee for the 2014 Vermont IGNITE Teacher Award. Lee has inspired many students with his innovative projects at Browns River Middle School. He successfully designed several school wide events like the Cardboard Challenge and the Bag i-Pad Project last year. He also started the Lego Club this year and helped start the Hour of Code. He is planning another big school wide event with a team of teachers before the February break. Lee continues to make learning fun and hands-on during and after school especially in the Engineering Club.

"Willie has been definitely ignited many students to be interested in engineering and technology," said BRMS math teacher, Suzanne McDevitt. "He has increased their interest in school and makes their learning more meaningful."

This year's award event will take place in Montpelier on March 26 at the Capitol Plaza. Willie Lee will be recognized by Vermont's new Secretary of Education, Rebecca Holcombe. "We are so proud of Willie!" said BRMS librarian, Joyce Babbitt. "Our students are so lucky to have an amazing design technology teacher."



Above Willie Lee and students; Bottom left: Gabe Gore, Justin Gildemeister, and Joe LeClair in Engineering Club; Bottom center: Cortland Doyle working on his engineering project; Bottom right: Teddy Alexander creating a puzzle.



PHOTOS CONTRIBUTED