

# MOUNTAIN GAZETTE

VOLUME 6 • NO. 23 • Serving Bolton, Cambridge, Jericho, Underhill, Westford, and Jeffersonville, Vermont • June 19, 2008

## Voices Project movie to kick off statewide tour with premier screening at MMUHS



Kingdom County Productions is proud to announce the Vermont tour of *Shout it Out*, the feature film based on the acclaimed *Voices Project*. The film will launch its 50-town tour at Mount Mansfield Union High School on Saturday, June 21 at 7:00 PM. *Shout it Out* is a musical based on the lives of Vermont teens. All the songs in the film are written by Vermont teenagers and nearly 100 teens from across the state are in the cast.

The film was shot last summer in Jericho, primarily on location at MMU. The stories and characters in the film were developed during an intensive, yearlong statewide research phase in which more than 1000 teens participated. Local teenagers in the film include Annalise Shelmandine, Donals Hefferon, Devon Mendicino, Caitlyn Hester, and Hannah Beatty of Jericho, Will Stamp of Huntington, Nick Paro

and Max Cohn of Richmond, and Ty Robinson of Underhill.

"Being involved with this project was a life changing experience for me," member Annalise Shelmandine says. "To be able to tell the stories of Vermont youth, to tell my own story and to share teens' lives with audiences is cathartic and empowering."

Besides its MMU opening, the 90-minute film will play at the following venues (all at 7:30 PM): Friday-Sunday, June 27-29, Contois Auditorium/City Hall, Burlington; Friday, July 11, BFA High School, St. Albans; Saturday, July 12, Falsom School, South Hero; Sunday, July 13, Shelburne Town Hall, Shelburne. Tickets: \$10 adults/ \$7 youth can be purchased at the door. For more information and additional dates, 592-3190 or go to [www.kingdomcounty.com](http://www.kingdomcounty.com).

## Quartz flakes may delay work on MMU's athletic fields

By Ted Tedford  
*Special to the Mountain Gazette*

Two tiny quartz flakes may force a delay on construction of a baseball and multi-purpose sports field across Browns Trace from Mount Mansfield Union High School in Jericho.

"Archeologists from the University of Maine at Farmington dug test holes and found two tiny flakes of quartz, about the size of a fingernail," according to Jim Massingham, Chittenden East Supervisory Union superintendent. An archeological dig is required by Act 250, the state's 38-year-old development control law.

Massingham said the flakes were found at a corner of what will be a parking lot across from the high school. If the flakes are from arrowhead chipping by ancient Native Americans, it could mean further digs might be required.

He said the archeologists could not give him a date when they will complete a study of the flakes to determine if they are of Native American origin "or from a farmer flicking them off while plowing." He said one of the archeologists explained that further study is needed "because the way they were shaped and cracked, it is possible Native Americans sharpened their arrowheads there."

The school district must apply for another Act 250 permit to do work on the existing oval track area and what was once a hockey rink, both south of the school. The district wants to develop the latter field into an intramural and practice field.

Massingham said even when the school dis-

trict gets Act 250 approval to go ahead with the fields and begins construction this fall, it will still be at least "a couple of years" before they can be used because the fields must "rest" at least a year and perhaps two years before they can be played on.

The district will have to undergo another series of hearings before the Chittenden County Environmental Commission on the former ice hockey rink south of the school and the oval track area, even though the school has been using them for sporting events. "We argued that we don't need it (a permit) but we lost," Massingham said. The delay may mean construction on those sites will be delayed until next year, with use delayed for another two years.

Massingham added that delays may be a problem, but it is better to phase in the field work so that the high school sports teams will have places to play. Even so, he said, it may mean that some teams may not have a home field. The varsity football team has not had a home field.

The district is awaiting word from the Vermont Army National Guard whether its construction unit will build the baseball and girls' field hockey fields. Sgt. Robert Trombley of the Guard at Camp Johnson in Colchester said the National Guard Bureau in Washington must give the Vermont soldiers permission to do the work.

"We have a tentative starting date from the Guard of June 18 or 19," Massingham said. Those dates are past the *Mountain Gazette's* deadline for this edition.

## CESU board, teachers deadlocked on health care, pay, flex time

By Ted Tedford  
*Special to the Mountain Gazette*

For the second time in two years, contract negotiations between teachers and the Chittenden East Supervisory Union (CESU) school directors have broken down.

Both sides agreed last week to declare impasse and call for fact-finding and mediation.

The sticking points are revised health insurance, salaries, and flex time.

Both sides agreed to hire Ira Lobell, a fact-finder and mediator from Albany, NY. Lobell mediated an agreement between the same factions two years ago, ending a five-day teachers' strike. Lobell will meet with the negotiators August 26. No site has been set for the meeting, according to Robert Letovsky, chairman of CESU's negotiating committee.

Negotiators for the Green Mountain Education Association, Vermont NEA, the teachers' union, rejected the three board proposals that called for changes in health care premiums and salary, as well as elimination of flex time for the teachers.

Salaries and health care were the two issues in negotiations in 2006 that led to the strike in May 2006 at the supervisory union's six elementary and two middle schools and Mount Mansfield Union High School.

Last week, the teachers' negotiators rejected a health care premium proposal that the Board claims is more favorable to the teachers while saving CESU \$400,000 a year. The supervisory union's health care costs are roughly \$2 million a year under the present contract, Letovsky said.

Teachers would continue to pay 12% of their health care premium, but their deductible would increase from its present \$250 to \$1500 for single teachers and up to \$3000 for a family. However, Letovsky said, the teachers would be reimbursed for three-quarters of their deductible. Teachers are not now reimbursed for their deductible expenses.

The cost to CESU for a single teacher's health care premium is presently \$6346 a year. Under the new proposal, that would be reduced to \$5077 for a savings of \$1269, Letovsky said. The cost for a family would be reduced from \$16,722 to \$13,380, for a savings of \$3342 annually.

By reimbursing teachers three-quarters of their deductible, "we are making them whole," he said. But, he added, "They (the teachers' negotiators) rejected it. They said it is an inferior policy." He said the teachers' negotiators did not offer an alternative.

"They (CESU) are looking to shift to a new plan," said Jonathan Harris, chief negotiator for the teachers' union. He said the CESU proposal adds some financial burden to the teachers. For instance, he said, a teacher would have to pay the co-payment for a visit to the doctor up front and then have to wait for reimbursement.

"There is no other school in Chittenden County that uses this plan," Harris said. "We are not asking for anything more than other teachers get in Chittenden County." He also said the CESU proposal might hurt recruitment of teachers in the supervisory union.

### Teacher salary changes

The CESU salary proposal would in effect scrap its present indexed system. Currently, each teacher moves up on the salary scale every year, and is paid more with advanced degrees or courses as a percentage of their base salary.

Harris said he doesn't understand why CESU wants to scrap the index system only a year after it brought all the supervisory union's teachers into it. Previously, some teachers with higher salaries were not in the indexed system. "Every single teacher is on it and now they want to change it," Harris said. He also said the supervisory union wants to reduce the number of steps on the salary scale from 18 to 16.

Letovsky explained the supervisory union's position on salaries this way: "We calculated that the age of our faculty would explode over the years. Most of the (overall) 3.5% increase would be taken up by people moving up a step, with little money to improve the bottom."

Instead, the supervisory union has proposed a fixed 'bump' of \$1767 each year as a teacher moves up (on the salary scale). Also, rather than paying teachers with advanced degrees or added study pay commensurate with their academic achievements, they would get a flat \$2474.

The teachers want a 7% increase while retaining the present index system

Letovsky said a study shows that by staying with the present pay system, most of the money would go to salaries for experienced teachers, with little left for new teachers.

"This becomes, over time, a very serious recruitment problem," he said.

The supervisory union also wants to eliminate flex time for teachers. For years, teachers who stay past their normal working hours are allowed to take time off. Letovsky said the present system is unmanageable because school administrators don't know who is in the building and who isn't.

Harris said CESU is the only supervisory union with an eight-hour day written into its contract with the teachers. He said some teachers arrive at school as many as two hours early at times, but the only time they can get some of their compensation time off is at the end of the day, if they don't have other responsibilities or required meetings.

The present three-year contract between CESU and the teachers ends June 30. If no new contract is agreed upon by the opening of school in late August, terms of the present contract will still be in force.

## 2008 Annual Party in the Park

Saturday, July 5  
1:00 - 6:00 PM  
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**Fourth of July**  
information - Page 8

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PHOTO CONTRIBUTED

### STATE POLICE REPORT

Friday, April 25, 2008 at approximately 1:45 PM, Sgt. Gregory Campbell of the Vermont State Police/Lamoille reports, Richard Manning, 33, of Cambridge, VT telephoned VSP/Lamoille dispatch to report the theft of an automobile. During the course of the investigation it was learned that **Ronald Weston Jr.**, 41, of Essex, VT went onto Manning's property without permission, loaded the vehicle onto a trailer, and later brought it to Burnett's Scrap Metals, LLC in Hinesburg, VT. The vehicle was sold for its metal content, crushed, and transported to Montreal, Quebec. Initial attempts to locate Weston Jr. were unsuccessful. However, on Tuesday, May 27, 2008 Weston was located by a member of the Essex Police Department and issued a citation to appear in Lamoille District Court on July 8, 2008 to answer charges of grand larceny and unlawful trespass. (Case #08A101968)

Tuesday, June 3, 2008 at 12:48 AM, Trooper Shaffer, VSP/Williston, reports that **Jaren Shafaieh**, 24, of Jeffersonville, VT was arrested for DUI after being stopped by State Police for speeding on VT Rt. 108. Shafaieh was processed at the Lamoille Outpost and released on citation to appear July 29, 2008 in Lamoille District Court. (Case #08A102517)

Thursday, June 12, 2008 at 11:45 AM, Trooper Michael Kamerling, VSP/Williston (Lamoille County Office) reports that three vehicles were traveling west on VT Rt. 15 in Cambridge, VT, east of Jeffersonville, about one mile west of the state highway garage, on a dry road surface in clear weather. In the lead was a 1998 Ford Econoline van driven by **Roger Draper**, 46, of Fairfield, VT. The second vehicle was a 2007 Subaru Forrester operated by **Carlotta Coolidge**, 65, of Johnson, VT. The third vehicle was a 2006 Kenworth tractor-trailer driven by **Gary Bolio**, 58, of Cambridge. The Econoline van slowed

down to turn into a driveway on the south side of the road. The Forrester behind the van was able to slow down. Bolio, the driver of the Kenworth, an 18-wheeler, was not able to bring his vehicle to a stop and struck the Forrester in the rear, pushing it into the rear of the Econoline van. Coolidge, the Forrester's driver, was transported to Copley Hospital with bumps and bruises; the other drivers were not injured. All three drivers were wearing seat belts. The crash closed down VT Rt. 15 for about 30 minutes. The Kenworth was damaged in its front cowling, bumper, and lights, but could be driven. The Econoline sustained heavy rear end and undercarriage damage and cosmetic damage to its front end, and the Forrester was totaled; both had to be towed from the scene. (Case #08A102645)

### FIRE DEPARTMENTS

**Underhill Jericho Fire Department news**  
By Kitty Clark

#### EMERGENCY CALLS

Sunday, June 1, 10:36 PM – Responded to a one-vehicle accident near 615 VT Rt. 15.

Tuesday, June 3, 6:42 AM – Responded to a two-vehicle accident in the area of 90 VT Rt.15, Jericho with injury.

Tuesday, June 3, 7:42 AM – Responded to the area of the above accident for a person injured on a bike.

Tuesday, June 3, 10:52 AM – Assist Rescue on the trails on Red Mill Dr., Jericho.

Tuesday, June 3, 9:43 PM – Responded to the intersection of Cilley Hill and VT Rt.15, Underhill for a car fire.

Wednesday, June 4, 5:50 PM – Responded to Browns River Middle School, 20 River Rd., Jericho for an activated fire alarm.

Sunday, June 8, 1:39 PM – Responded to Woodland Dr., Underhill for an outside fire.

UJFD continued on page 3

# 2008 PARTY IN THE PARK

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**UJFD** continued from page 2

Tuesday, June 10, 7:40 AM – Responded to a one-vehicle accident with injury on Browns Trace near Nashville Rd., Jericho.  
 Tuesday, June 10, 2:46 PM – Responded to Packard Rd., near Country View, Jericho for power lines arcing.  
 Tuesday, June 10, 8:45 PM – Responded the area of Poker Hill Rd. and Downes Rd., Underhill for a tree down.  
 Wednesday, June 11, 5:11 AM – Responded to Lawrence Heights, Jericho for tree on power lines.  
 Wednesday, June 11, 3:08 PM – Responded to the area of 39 VT Rt.15, Jericho for an accident.  
 Wednesday, June 11, 10:03 PM – Responded to the area of 189 Lee River Rd., Jericho for the report of a house fire, found to be a bonfire.  
 Tuesday, June 3, maintenance drill held at both stations.  
 Wednesday, June 4, the UJFD presented a plaque to Boy Scout Anthony Perri. We feel that Anthony is a hero for all he has done for his brother Ross, who is battling cancer.  
 We all wish Ross a speedy recovery.  
 Tuesday, June 10, a drill that was to be conducted at the Jericho Center Training Area was canceled due to the weather. Members did some training at the station.  
 The members of the department would like to wish Tom Woodard a very Happy Birthday!

**Westford Fire Warden notes**

General information: It is illegal to tender a fire without a permit in the State of Vermont. The only exception is a campfire no

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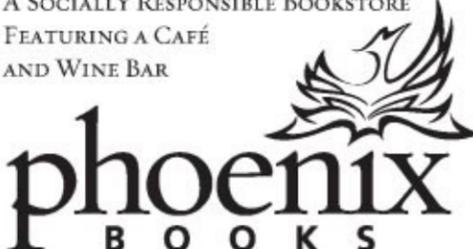
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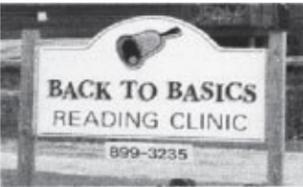
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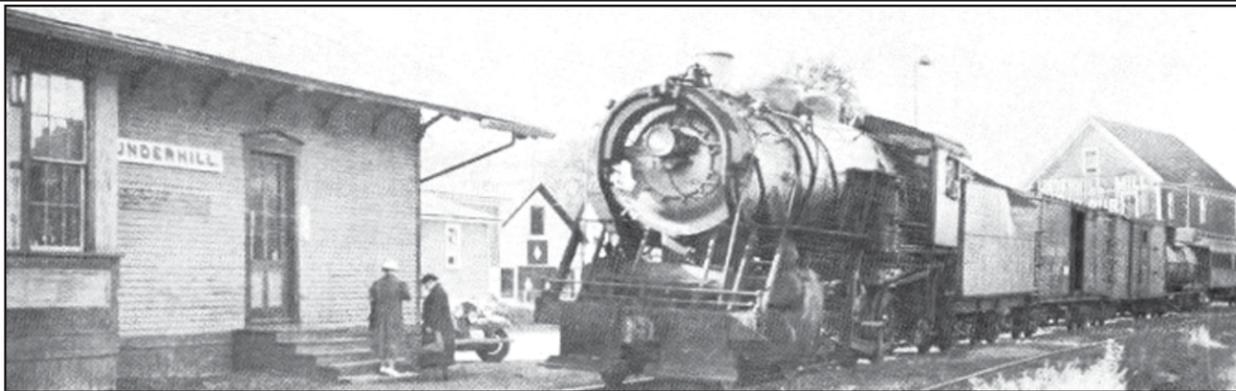


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The Burlington and Lamoille Railroad ran through Underhill and Jericho, carrying passengers and freight and dropping off the mail. The station still exists and has been remodeled into a house. Learn more about the past - turn to pages 12-15.

PHOTO CONTRIBUTED BY GARY IRISH

larger than three feet (3') around and no more than a foot (1') in height.  
 Burn permits are issued at the Town Office Monday-Friday during business hours. I will also issue permits from 4:30 – 7:30 PM Monday-Friday and on weekends from 9:00 AM – 5:00 PM as available. Effective June 1, 2008 permits can be issued for a two (2) day period upon request.  
 Permits will not be issued under very windy or very dry conditions, especially if a fire danger exists (no exceptions).

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**Next issue: July 3 • Deadline: June 26**  
**Letters Policy**  
 Letters: maximum 400 words; one letter per writer, per calendar month. Must be signed for attribution, with writer's address and phone.  
 Letters accepted by mail or email.

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 Children's Worship/Sunday School: K-6, 10:15 AM  
 Youth Group, Small Groups for Adults, Family Events,  
 Opportunities for Service; Handicapped Accessible  
[pastor@jerihocovenantchurch.org](mailto:pastor@jerihocovenantchurch.org) – [www.jerihocovenantchurch.org](http://www.jerihocovenantchurch.org)

**GOOD SHEPHERD LUTHERAN CHURCH (ELCA)**  
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 Rev. Dagmar Rosenberg, Pastor - 899-3932  
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 Sunday School for all ages - 10:30 AM  
[gslcvt@verizon.net](mailto:gslcvt@verizon.net) [www.GoodShepherdJericho.org](http://www.GoodShepherdJericho.org)

**JERICO CONGREGATIONAL CHURCH**  
 On the Green in Jericho Center  
 Pastor Peter Anderson and Youth Pastor Glenn Carter  
 Summer Service at 9:00 AM – Nursery care provided  
 No Sunday School until September  
 Youth Group at 6:15 PM in Sunday School building  
 Signing for the deaf upon request  
 899-4911; [officejcc@comcast.net](mailto:officejcc@comcast.net); [www.jccvt.org](http://www.jccvt.org)

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 Rev. Charlie Yang, Pastor, 899-4288, [cyang@troyconference.org](mailto:cyang@troyconference.org).  
 Sunday Worship Service, 10:30 AM;  
 Children's Sunday School, 9:15 AM; Adult Sunday School, 9:15 AM  
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[www.troyconference.org/jumc](http://www.troyconference.org/jumc) or [JerichoUMC@troyconference.org](http://JerichoUMC@troyconference.org)

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 Phone 899-5335 Website [www.mmuuf.org](http://www.mmuuf.org)  
 Mother's Day, Sunday, May 11, 9:30 AM: A service featuring 3 generations of the Shelmandine family in a service entitled "Precious Memories: There Was Always Music"  
 The public is very welcome. For information, call 899-5219.  
 We gather at 9:30 AM at the Jericho Elementary School on the second and fourth Sundays of September-June for worship, reflection, growth, and support.  
 All are welcome.

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 Youth Fellowship Sunday nights, 6:00 - 8:00 PM  
 Area Home Fellowships, Thursdays, 7:00 PM  
[uca.secretary1@verizon.net](mailto:uca.secretary1@verizon.net)  
[www.unitedchristianassembly.org](http://www.unitedchristianassembly.org)

# RICHMOND NEWS

## COURT REPORT

May 7, 2008, **Shaun Lanpher**, 17, Milton, VT, charged with DUI, first offense, in Richmond, VT on March 15, 2008; pleaded guilty; fined \$300.

May 27, 2008, **Allison M. Duffy**, 37, Richmond, VT, charged with vehicle operation – license suspended in So. Burlington, VT on August 23, 2007; pleaded guilty; sentenced to four to five days.

## COLLEGE GRADUATES/CAMPUS HONORS

**Graduate - Kimberly D. Glindmyer** of Richmond, VT has been awarded an Associate of Science degree from Community College of Vermont.

**Honors - Jonathan A. Martin** of Richmond, VT has been awarded a \$2500 National Merit Scholarship. He is a student at Mount Mansfield Union High School in Jericho, VT.

## OBITUARY

**Steven Philip Burelson**, 57, of Richmond, VT passed away on Monday, June 2, 2008, leaving behind a large, loving family. He is survived by his wife, LaDonna; daughter-in-law and son-in-law Kim and Scott Bombard; grandson Steven; granddaughter Erika; mother, Florence; mother-in-law, Margaret; two brothers, brothers-in-law and sisters-in-law, beloved nieces and nephews, and many others. You tried to make it hard to love you, but even so you were loved by all. Now you walk in the light and love with those who have gone before: your loving son, Parrish, and your best friend, Chris. A gathering of family and friends was held at a later date.



## FARMER'S MARKET

**Richmond Farmers' Market**, Fridays, 3:00 – 6:30 PM, Volunteers' Green, Richmond. Through October 17. No market on July 4. For information, contact Carol Mader, 434-5273 or [cmader@surfglobal.net](mailto:cmader@surfglobal.net).

<p><b>BRIDGE STREET CAFE</b> GRILL &amp; PIZZA</p> <p>Monday - Thursday 7:00 am to 8:00 pm</p> <p>Friday 7:00 am to 9:00 pm</p> <p>Saturday 8:00 am to 8:00 pm</p> <p>Sunday 8:00 am to 2:00 pm</p> <p>Sunday Brunch until 2:00 pm</p> <p>30 BRIDGE STREET RICHMOND 434-CAFE</p>	<p>You'll love our brunch!</p> <p>Featuring Weekly Specials like...</p> <p><b>Eggs Benedict</b> with home fries</p> <p><b>Maple Sausage Breakfast</b> with eggs, toast and home fries</p> <p><b>McKenzie Sausage Skillet</b> with toast and home fries</p> <p><b>Stuffed French Toast</b> Blueberry, Strawberry, Cinnamon Brown Sugar Butter</p> <p><b>Veggie Omelet</b> with home fries</p> <p><b>Specialty Pancakes</b></p> <p>Plus our regular breakfast menu and other specials!</p>
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**DOES TEEN TRAFFIC SAFETY HAVE YOU CONCERNED?**

**WE ARE, TOO!!**

And, we would like to talk about it with the community over dessert and coffee/tea

INVITING ALL YOUTH AND ADULTS TO THE FOLLOWING TOWN FORUMS:

Tuesday, June 24<sup>th</sup>  
at the Huntington Town Library

Tuesday, July 15<sup>th</sup>  
at Camel's Hump Middle School

Tuesday, August 12<sup>th</sup>  
at Browns River Middle School

**6:30 PM - 8:30 PM**

Sponsored by MMU High School and The Chittenden East Community Partnership

## STATE POLICE REPORT

Sunday, June 8, 2008, the **Richmond Animal Hospital** on East Main St., Richmond, VT, was burglarized sometime after 10:00 PM. The suspect(s) severed phone and fax lines, forced entry into the building, and made off with numerous medications and an undisclosed amount of cash. Please contact Officer Rick Greenough of the Richmond Police Department at 434-2153 with any information.

Monday, June 9, 2008 at approximately 10:00 PM, Senior Officer Sarah Messier of the Richmond Police Department responded

## From the Country Store

By Jon St. Amour

Special to the Mountain Gazette

"When you come to the end of your rope, tie a knot and hang on." - Franklin D. Roosevelt

It seemed that the end of my rope occurred just shy of midnight last Tuesday, June 10. That was the day of the great storm – one I'll hereafter call the Great \*#\*# Buster of '08 (it rhymes with Great Call Buster). It was horribly worse than last year's Great \$#@! Kicker of '07 and the year before's Great Morale Crusher of '06. At 2:30 in the afternoon this past Tuesday, our power kicked off and stayed off for a mind-boggling 20 hours here at the store and through much of Jericho Center.

When the power goes out here, two thoughts race through my head. One is: *I sure hope power comes back real soon so that I don't have to start the generator.* The second thought I have occurs two hours later – this is when I think, *\*%#%#, now I have to start the generator.* One would think that this shouldn't be so difficult, but if you were to take one look at my generator (I call it *the Incredible Hulk* – it's big, it's green, it's ugly, it's 40 years old, and it isn't very nice to me) then you would understand what I'm saying. It takes forever to start and even when I have the cable hooked up and the proper breakers shut off and on, the thing only powers two of our coolers.

But just before midnight and after seven hours of juice, the Incredible Hulk became un-incredible and it quit for the night. It wheezed and it coughed and it gave me its best, but it could give me no more. Yes, it had gas. But it lost its spirit – its will to go on. The end of my rope looked like a big, green, grease-covered Howitzer tank and I wanted to bash it with a baseball bat. But like my generator, I was done in as well. I quit and tried to fall asleep in my sweltering living room, all the while knowing full well what the catastrophe would be like when I awoke in the morning.

It was bad. Our perishables 'done perished.' Milk, ice cream, meat, produce. It was ugly. In the quiet of the morning and then throughout the day, we tallied our losses, and they were immense. But you know what? We'll survive and we'll thrive. We'll get one of them nice big fancy generators like what the big boys have and we'll be okay.

There are other things in life – other people in life – much worse off than us. Look at the people of the Midwest – many just lost their homes in floods. So I try not to take anything for granted and I try to be thankful. I'm thankful for my family and friends, for the roof over my head, and for my little store.

And I'm sure as heck thankful for insurance.

Our heartfelt condolences go to the families of Bud Hunt, Arnold



Check out our full line of groceries, beer and wine, hot New England Coffee, pies, our old fashioned candy, Gerard's bread, Vermont products & gifts, and our locally famous DELI with made-to-order subs & sandwiches.  
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11:00 AM - 9:00 PM  
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to 1858 West Main St., Richmond for a female in distress. Upon arrival Officer Messier met with the complainant, a 20-year-old female Richmond resident, who explained that she was offered a ride by a man. The male was identified as **David Norman**, 46, of Richmond. Investigation revealed that Norman offered her to stay at his house and during this visit attempted to sexually assault her. The female was able to escape and run to a neighbor's, where 911 was called. Norman was arrested for attempted sexual assault and lodged at the Chittenden Regional Correctional Facility in lieu of \$10,000 bail.

Henry, and George Gifford, who all passed away within the past couple of weeks. If they weren't good ol' boys then I don't know who is. Bud was one of the nicest men I ever met and the one thing I will always remember about him was his smile. The minute he walked through our door he had this big beaming smile and was usually talking about Marge or the farm while I rang him up for his milk. God bless him, he was a good soul.

Arnold was another one. I think everyone who knew Arnold would associate him with that big blue tractor of his. He would park that thing, climb off it, and ramble his way through our door, smiling and talking about brush hogging and what not. I enjoyed talking to him.

George Gifford was a saint among men, and he (along with my Dad) taught me how to work and how to treat a human being. My first real job was for George, mowing cemeteries in Richmond. There was a time when I was trying to navigate that boxy Cub Cadet through myriad rows of gravestones and I inadvertently bumped a stone off its base (Lord, am I going down under for that?). I was petrified of what I had done; George would calmly put his arm around my shoulder and happily tell me not to worry about it, he'd take care of it. I think the same thing had probably happened to him a few times over the years.

But I'll always remember him. He was there for me as a teacher, then he was there for my family when my grandparents and then my uncle, Kevin, passed away. He was a gentle man with a heart of gold. We'll miss George, and we'll miss Bud and Arnold walking through our door from time to time and being good, real people.

## A Look Around Town

By Brenda Boutin and Sara Riley  
Mountain Gazette staff

Our website [www.mountaingazetteofvermont.com](http://www.mountaingazetteofvermont.com) – well, computers in general – it's kind of a love/hate thing. Last week it was 'hate' (for our spam filter, not the website, which we like). Normally, spam filters are a good thing, but sometime after the June 5 *Gazette* our spam filter decided that email from the website was spam, and evil, and must be deleted *immediately*, and permanently.

So for the dozen or more of our readers who sent us messages via the website before we noted and corrected the problem: we are very sorry but we were not able to get your messages. Please try again, either via the website or directly to our regular email address [mtgazette@earthlink.net](mailto:mtgazette@earthlink.net).

Poor kingbirds – a pair decided that the top of the light fixture just outside the main door to our deck was a good place to nest. They set up housekeeping in about a day and a half and were only discouraged when we barbecued right next to them after dark on the third night. The disturbance drove them to look elsewhere. I took the nest down two days after that – it's in a small square cardboard box now, little nest and one little egg.

No dramatic wildlife sightings to report, just the occasional late-night raccoon ambling off the road, in no hurry, mind you... Still, it's a good idea to watch for movement or eyes reflected in the headlights, off to the side of the road at night.

Some dramatic weather, though, prompts another preventative-maintenance reminder: unplug the phones when a thunderstorm is coming. I (Sara) failed to remember to do that a week ago Tuesday (see Kitty Clark's *UJFD news* for the fire department's busy day June 3) and we took a big lightning-generated surge through the phone line, powerful enough that it not only killed the cordless phone base / answering machine, but also pushed on through the phone into the house wiring and killed one of our inverters (part of our off-grid power system). An expensive mistake on my part!

The garden likes this hot weather, even if we don't. Heritage zucchini setting fruit, also the Sungold cherry tomatoes; sage and thyme already in flower, dianthus a vivid carpet. Weeds in the driveway taking over.

Get inspired, if you're a gardener, by touring the private gardens of the second U-J Garden Tour. Details on page 7 in this paper... it was *wonderful* last year. Best feature in my garden this year so far is the Miss Kim lilac, covered all week in flowers and swallowtail butterflies.

# SPRING TIRES

Foreign & Domestic Auto Repair •  
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Underhill's Family Owned Locally Operated Automotive Center For 27 Years

ART

Bryan Memorial Gallery will hold a workshop with Michigan artist and Signature member of the Pastel Society of America, **Jim Markle**, Tuesday-Thursday, July 8-10. Master painter Jim Markle will present a three day pastel workshop entitled **Painting with Jim**. This in-depth *plein air* workshop will cover various ways to approach painting the landscape in pastel and will include demonstrations, two *plein air* painting sessions per day, ongoing individual critiques, and will culminate in an evening session on the third day discussing the artwork in progress and the experience of painting with pastels in *plein air*. Painting locations, selected by Markle, will change each day, with a morning session and an afternoon session at each place. Artists in any medium are welcome to this workshop. Participants should expect to start at least three paintings during the workshop. Also at Bryan, **Art of Vermont: The State Collection/Landscapes**, open to the public through July 6: landscapes from the state's collection. Bryan Memorial Gallery, 180 Main St., Jeffersonville is open daily, 10:00 AM – 5:00 PM. For more information go online to [www.bryangallery.org](http://www.bryangallery.org) or call 644-5100.

Through June 30, Phoenix Books in the Essex Shoppes and Cinema Plaza presents a new exhibit by the **Essex Art League**. Come join the fun, get a book for that road trip, and enjoy the beauty of Vermont through the eyes of resident artists. All work is available for purchase. For information, contact 899-6757 or go to [www.essexartleague.com](http://www.essexartleague.com).

**Diversion: Different Strokes for Different Folks** presented by the **Monet Mamas** through June 29 at the Emile A. Gruppe Gallery, 22 Barber Farm Rd., Jericho. Monet Mamas include Mary Lou Marcussen, Judy Kelly, Mary "Pete" Tomasi, Roberta Whitmore, and Ellie Morency. Hours: Thursday-Sunday, 10:00 AM – 3:00 PM or by appointment, 899-3211, [www.emilegruppegallery.com](http://www.emilegruppegallery.com).

During June, Essex Art League members displaying at the Williston Given Healthcare Center are **Nelly Bonfigli**, **Doug Hoppes**, and **Diana D. Dunn**. Locations: main entry and individual waiting rooms. Jennifer Fay is displaying her artwork at the Essex Town Offices. EAL also displays at the Phoenix Bookstore in Essex Junction; look in the Jericho Red Mill in July. For information, 899-6757 or [www.essexartleague.com](http://www.essexartleague.com).

On display at the Flour Shop, VT Rt. 15, Underhill, **mandala** art by **Poker Hill Arts students**, whose card and matted print creations are also being offered for sale – this year, to benefit the Jericho Underhill Park District.

At Helen Day Art Center, a lively exploration of color, pattern and form with ceramic artist **Cristina Pellechio** and painter **Esme Thompson**, June 20-August 30. Opening reception 5:30 – 7:30 PM Friday, June 20. Helen Day Art Center, School St., Stowe. Gallery hours 12:00 – 5:00 PM, Tuesday-Saturday. Visit [www.helenday.com](http://www.helenday.com) for more information.

At the Fleming Museum in Burlington, two new exhibitions are featured through the summer: **Water Works**, including ice-water pitchers from the late 19<sup>th</sup> century that graced elegant upper-class dining tables alongside water carriers from the American Southwest and holy water sprinklers from India. Through Sunday, August 24. Opening Tuesday, June 24: **Stitched Together: Quilts and their Stories**. From quilts made from a grandmother's wedding dress to a quilt stitched together from underwear to a quilt made to raise money for soldiers during the Civil War, every piece in this exhibition comes with an unusual story of its design and creation. Through Sunday, August 24. Hours: Tuesday-Friday, 12:00 – 4:00 PM; weekends 1:00 – 5:00 PM. Closed Mondays and major holiday weekends. For information including admission, 656-8582

MUSIC

**Westford Summer Concert Series** on the Westford Common, free, four summer Sundays, 7:00 – 8:00 PM (except August 24, 6:00 PM). Bring a blanket or lawn chair, bug spray. Rain location: Red Brick Meeting House. Co-sponsored by Westford Rec and the Westford Library. July 13: Starline Rhythm Boys – vintage 40s and 50s country, rockabilly. July 27: Colin McCaffrey – bluegrass, country, folk, zydeco, and roots rock fusion. August 17: Mad Mountain Scramblers – bluegrass old and new. August 24: Lamsbread – one of New England's best-known and loved Reggae bands.

**Music for Cello World Premiere** – Underhill native Jonathan Tortolano explores the world of unaccompanied music for cello in a concert at the Stowe Community Church Saturday, July 19 at 12:00 noon. He will perform the world premiere of *Five Rilke Fragments* by Michael Adelson, whom Tortolano met at a past VT Mozart Festival. Narrated by the cellist's father Dr. William Tortolano (Prof. Emeritus, Fine Arts, St. Michael's College). Also on the program: *Fifth Suite for Solo Cello* by J. S. Bach, and *Sonata for Cello* by George Crumb. Open to the public; free will offering. For information, 654-2508 or 899-3564, or [wtortolano@smcvt.edu](mailto:wtortolano@smcvt.edu).

**Green Mountain Opera Festival**, Waitsfield and Barre, through June 22. The Green Mountain Opera Festival explores the art and beauty of opera with concerts, open air events, free open rehears-



**Helen Day Art Center in partnership with Stowe Summer Music Festival presents Master Mexican Muralist Rafael Cauduro's solo exhibition: Sin Fronteras: No Boundaries, running June 20-August 30. Opening reception: 5:30 – 7:30 PM, Friday, June 20. Helen Day Art Center, School St., Stowe. Gallery hours 12:00 – 5:00 PM Tuesday-Saturday. Visit [www.helenday.com](http://www.helenday.com) for more information. Pictured: Cauduro's Dos Angeles Dos, 1996 acrylic and oil on metal, 1342 x 94 cm.**

PHOTO CONTRIBUTED

in the Hay Mow with New York Chamber soloists and Bridget Kibbey, harp, performing Bach, Caplet, Fauré, Handel, Bartók, and Ravel. Sunday, July 20, 7:00 PM, Trapp Family Lodge Concert Meadow, Stowe – *Beethoven on the Mountain* with the VMF Orchestra and Jean-Francois Latour, piano, and Sharon Moe, horn, performing Rossini, Mozart, Handel, and Beethoven. Wednesday, July 23, 7:30 PM, Inn at Essex, Essex: *Pirates of Penzance* with the Gilbert and Sullivan Singers. Sunday, July 27, 7:00 PM, Trapp Family Lodge Concert Meadow, Stowe: *Emperor in the Meadow* with the VMF Orchestra and Gil Shohat, piano, and Elliot Fisk, guitar, performing Mozart, Rodrigo, Haydn, and Beethoven. Sunday, August 3, 7:00 PM, Trapp Family Lodge Concert Meadow, Stowe: *Royal Encore* – VMF Orchestra, Allen Blustine, clarinet, Shyla Nelson, soprano, Jill Hallett Levis, mezzo-soprano, John Trianno, tenor, and Gary Moreau, bass, performing Mozart and Beethoven. For more information, contact the VT Mozart Festival at [Maryse@vmozart.org](mailto:Maryse@vmozart.org) or 862-8690.

Tuesdays: Open Mic, 9:00 – 11:00 PM, Smuggler's Notch Inn, Jeffersonville. Contact 644-6765.

Wednesdays: **NIPs-West**: Open Potluck and Songs/Dance Tunes Session at Moshe's house in Essex, first and third Wednesdays, contact Moshe 879-0876 or [www.groups.yahoo.com/NIPs-West](http://www.groups.yahoo.com/NIPs-West). Open Mic at 8:00 PM at the Overtime Saloon in St. Albans, contact [www.overtimesaloon.com](http://www.overtimesaloon.com).

Thursdays: Open Mic from 8:00 PM – 12:00 midnight at the Village Tavern in Jeffersonville.

Saturdays: Acoustic music session from 1:00 – 4:00 PM at the Foothills Bakery in Fairfax. Contact [mrksustc@together.net](mailto:mrksustc@together.net).

Fridays: **English Country Dance**, 7:00 PM – 9:30 PM, the Elley-Long Music Center, Colchester. First, third, and fifth Fridays through mid-June 2008; live music third Fridays. Contact Val Medve 899-2378 or [valandtom@together.net](mailto:valandtom@together.net).

Saturdays: Acoustic music session, 1:00 PM – 4:00 PM, the Foothills Bakery, Fairfax. Contact [mrksustc@together.net](mailto:mrksustc@together.net).

THEATRE

Come to an **Anne of Green**

als, and free master classes. For information, [www.greenmountainoperafestival.com](http://www.greenmountainoperafestival.com). Series of concerts, master classes, open air events, and free open rehearsals culminating with two fully staged and costumed performances of Giuseppe Verdi's *La Traviata*, accompanied by the Green Mountain Opera Festival Orchestra, at Barre Opera House. (802) 495-7222, [tickets@greenmountainoperafestival.com](mailto:tickets@greenmountainoperafestival.com).

**VSO's 2008/2009 season Masterworks series** is at the Flynn Center in Burlington. For details about the five-concert subscription series, *Music of Our Time*, contact the VSO office, (800) VSO-9293 ext. 10, or go online to [www.vso.org](http://www.vso.org).

**VSO Summer Festival Tour:** Love is in the air when the Vermont Symphony Orchestra travels Vermont from Thursday, June 26-Sunday, July 6. VSO welcomes pre-concert picnicking, and concludes each performance with Tchaikovsky's *1812 Overture* and celebratory fireworks. There is music from *Oklahoma*, *Carmen*, *A Midsummer Night's Dream* and more: love conquers all in a program devoted to affairs of the heart. Performances include Friday, July 4 – Shelburne Farms, Shelburne; and Sunday, July 6 – Trapp Concert Meadow, Stowe. Concerts begin at 7:30 PM. Tickets are \$29-32 for adults; free to \$16 for children. In some locations an AARP discount is also available. All sites are wheelchair accessible. Gates open for picnicking at 5:00 or 5:30 PM, depending on location. For more information or to order tickets, [www.vso.org](http://www.vso.org) or (800) VSO-9293 x.10.

**VT Mozart Festival** has dates and venues near to our area: Tuesday, July 15, 7:30 PM, West Monitor Barn, Richmond – *Harp* with New York Chamber soloists and Bridget Kibbey, harp, performing Bach, Caplet, Fauré, Handel, Bartók, and Ravel. Sunday, July 20, 7:00 PM, Trapp Family Lodge Concert Meadow, Stowe – *Beethoven on the Mountain* with the VMF Orchestra and Jean-Francois Latour, piano, and Sharon Moe, horn, performing Rossini, Mozart, Handel, and Beethoven. Wednesday, July 23, 7:30 PM, Inn at Essex, Essex: *Pirates of Penzance* with the Gilbert and Sullivan Singers. Sunday, July 27, 7:00 PM, Trapp Family Lodge Concert Meadow, Stowe: *Emperor in the Meadow* with the VMF Orchestra and Gil Shohat, piano, and Elliot Fisk, guitar, performing Mozart, Rodrigo, Haydn, and Beethoven. Sunday, August 3, 7:00 PM, Trapp Family Lodge Concert Meadow, Stowe: *Royal Encore* – VMF Orchestra, Allen Blustine, clarinet, Shyla Nelson, soprano, Jill Hallett Levis, mezzo-soprano, John Trianno, tenor, and Gary Moreau, bass, performing Mozart and Beethoven. For more information, contact the VT Mozart Festival at [Maryse@vmozart.org](mailto:Maryse@vmozart.org) or 862-8690.

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THEATRE

Come to an **Anne of Green**

**Gables Centennial Tea** at Brownell Library in Essex Jct., 3:30 – 5:15 PM Wednesday, June 25. All who enjoyed and still enjoy Lucy Maud Montgomery's *Anne of Green Gables*, originally published in June 1908, are invited to a Centennial Tea worthy of the red-haired Anne Shirley herself. The spirit of Lucy Maud Montgomery has been invited to return from the "other side" in the person of Linda Costello, who will talk about Montgomery's life and her memories of writing the Anne series. Tea and appropriate treats will be followed by a screening at 5:30 PM of the Emmy-winning Canadian movie *Anne of Green Gables* starring Megan Follows and Colleen Dewhurst. Free and open to all, but RSVP so we're prepared, 878-6955. Also on view throughout June: *Annes of the World*, book cover art from *Anne of Green Gables* translations in 18 languages, and *The Canadian Maritimes*, artifacts from Anne-country.

The Green Candle Theatre Company presents *The Nose*, an original adapted (from a short story, same name, by Ukrainian-born Nikolai Gogol) stage play by Vermonter Aaron Masi, 8:00 PM Thursdays-Sundays, June 19-21 and 26-28, 2:00 PM matinees on Saturdays June 21, 28, FlynnSpace, Burlington. "Hyper-integrated theatre of the grotesque meets gypsy jazz in the dreams of Nikolai Gogol... Audience participation, live music, costumes combining period and modern design, dream-like make-up and prosthetics, new technology for the actor, and sets and lights hyper-integrated within the other design elements are all available to inspire and entertain audiences." For tickets, [www.flynnntix.org](http://www.flynnntix.org) or 86-FLYNN. For information, [www.greencandletheatre.com](http://www.greencandletheatre.com) or [thenosejune2008@yahoo.com](mailto:thenosejune2008@yahoo.com).

At Saint Michael's Playhouse, **Barnum**, through June 28, McCarthy Arts Center, on campus, Colchester. Musical tale of showman Phineas Taylor Barnum from his street-performer, side-show start to his producing The Greatest Show on Earth. The rest of the season includes: July 1-12, *Moonlight and Magnolias*, hilarious behind-the-scenes Hollywood show-biz comedy about the making of *Gone with the Wind*, by Ron Hutchinson; July 15-26, *Almost, Maine*, "Love in the Time of Frostbite," romantic comedy set in far northern Maine; July 29-August 9, *Pump Boys and Dinettes*, Broadway musical celebrating life's simple pleasures with a mixture of country, rock, and western-swing. At Playhouse Junior: *The Wonderful Wizard of Oz* June 21, 11:00 AM and June 22, 11:00 AM and 1:00 and 3:00 PM; *Jack and the Beanstalk* July 5, 11:00 AM and July 6, 11:00 AM and 1:00 and 3:00 PM. All children's show tickets \$8. A Broadway Workshop, with theater professional Playhouse stars, for ages 7-14 will be held June 29, 11:00 AM – 4:00 PM. For cost and information, [www.thebroadwayworkshop.com](http://www.thebroadwayworkshop.com). Season subscriptions available till June 28 based on availability, online at [www.saintmichaelsplayhouse.org](http://www.saintmichaelsplayhouse.org), 654-2281, or at the Playhouse Box Office.

The Dorset Theatre Festival summer season begins June 19 with Thomas Lysaght's *Nobody Don't Like Yogi*, the story of Berra's return after a 14-year absence from Yankee Stadium. Through June 28. Beginning July 3: A.R. Gurney's *The Dining Room*, contemporary masterpiece in which six actors take on over 30 roles in a series of scenes that humorously and movingly invoke 20<sup>th</sup> century American family life. Later: *A Year With Frog and Toad* (July 24-August 9) and *June Moon* (August 14-30). Tickets available online, at the Playhouse box office, or by calling 867-5777. For information, visit [www.dorsettheatrefestival.org](http://www.dorsettheatrefestival.org).

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instructions for making food taste delicious!

**GRILLED SALMON AND ASPARAGUS WITH BASIL MAYO**

**WHAT YOU'LL NEED**

<input type="checkbox"/> 4 salmon filets	<input type="checkbox"/> Zest and juice of one lemon
<input type="checkbox"/> 1 bunch asparagus	<input type="checkbox"/> 1/4 cup extra virgin olive oil
<input type="checkbox"/> 1 cup mayonnaise	<input type="checkbox"/> Kosher salt
<input type="checkbox"/> 1 medium bunch basil, finely chopped	<input type="checkbox"/> Fresh cracked pepper

**DIRECTIONS**

Trim the bottoms off the asparagus and peel each stalk with a vegetable peeler to remove the tough outer skin. Place asparagus in a square dish and drizzle with olive oil. Season with salt and pepper and toss until evenly coated. Place Asparagus onto a hot grill (perpendicular to the grill grates so nothing falls through the cracks!). In the same dish, coat the salmon filets with oil and sprinkle each with salt and pepper. Place the salmon flesh side down onto the hot grill. Turn salmon over carefully with a spatula after about 5-6 minutes and cook the rest of the way on the skin side. (About 3 minutes more for medium rare and 6 minutes more for well done). Remove the asparagus when it has nice charred grill marks and is tender all the way through. For the mayo, combine the mayo, chopped basil, lemon juice and lemon zest in a large bowl or food processor and mix. Add salt and pepper to taste. Serve the salmon and asparagus topped with the mayo.

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**COMING EVENTS**

**Thursday, June 19**  
**Hot Dish Supper**, 5:00 PM till all are served, Binghamville United Methodist Church, Fletcher. Adults \$7, under 12 \$3. Families welcome.

**Regional Forum on Vermont's Future**, 6:00 – 8:30 PM, Contois Auditorium, Burlington City Hall. Council on the Future of VT (CFV) hosts free regional forum on what you value about the state and hear your hopes and visions for its future. Refreshments provided. For information, contact Sara Waring, 223-6098 or [cfv@sover.net](mailto:cfv@sover.net), or [www.futureofvermont.org](http://www.futureofvermont.org).

**Saturday, June 21**  
**VT Author Steve Delaney**, 2:00 PM, Phoenix Books, Essex. Delaney reads from his book Vermont Seasonings: Reflections on the Rhythms of a Vermont Year, a salute to recovering flatlanders – VT residents who believe that by living here a long time, they can become real Vermonters. Steve Delaney is a 50-year broadcaster in radio and TV, a 20-year resident of Milton, and a 10-year newscaster at VPR, and a lifetime recovering flatlander. Free. For information, contact Michael DeSanto, 872-7111.

**Sunday, June 22**  
**Jane Austen Society (JASNA) VT Chapter meeting**, 2:00 – 4:00 PM, Hauke Family Conference Center, Champlain College, Burlington. Examine the "Beginnings" of Jane Austen's career, with dramatic readings from *Northanger Abbey*, followed by discussion. Light refreshments. RSVP appreciated, 864-0517 or [jasnvt@hotmail.com](mailto:jasnvt@hotmail.com), or website: [janeausteninvermont.wordpress.com](http://janeausteninvermont.wordpress.com).

**Friday-Sunday, June 27-29**  
**VT Quilt Festival**, Champlain Valley Expo, Essex Jct. Quilt exhibits, merchants' mall, workshops and lectures at St. Michael's College, quilt appraisals Saturday, gallery talks, vendor demos, kids' classes. Admission \$12/day; seniors and groups \$10, under 14 free. For information, [info@vqf.org](mailto:info@vqf.org) or online, [www.vqf.org](http://www.vqf.org).

**Saturday, June 28**  
**Lions Strawberry Festival**, 5:00 – 8:00 PM, United Church in Underhill (corner of VT Rt. 15 and Park St., Underhill Flats. Jericho-Underhill Lions' annual Strawberry Shortcake Festival. Also, a "silent auction" with many gifts and services donated by local businesses and citizens. All the strawberry shortcake you can eat – with berries picked fresh that morning, homemade shortcake, whipped cream. \$5 adults, \$4 seniors and kids under 12. For information, or to donate to the silent auction, 373 7712.



**Bethany Harrington receives award from Lamoille County United Way**  
*Bethany Harrington shows off her new ride and her new award! Bethany was just named United Way's "Board Member of the Year" for her many contributions to the local organization. Congratulations, Bethany!*  
 PHOTO CONTRIBUTED

**Annual Strawberry Shortcake Festival**

Saturday, June 28  
 United Church, Underhill  
 5:00 to 8:00 PM

All You Can Eat  
 Adults \$5.00  
 Seniors / Children \$4.00

Silent Auction  
 Sponsored by

**Saturday, July 12**  
**TOPS garage and book sale**, 9:00 AM – 3:00 PM, 76 Raceway Rd., Jericho. Assorted items, something for everyone. Benefits Take Off Pounds Sensibly. For information, 899-3130.

**ONGOING EVENTS**

**FARMERS' MARKETS**  
**Mills Riverside Park Farmers' Market**, Thursdays, 3:00 – 6:30 PM, Mills Riverside Park, VT Rt. 15, Jericho. Through September 21. For information, Sarah Stein, 363-6618 or [vt.stein@gmail.com](mailto:vt.stein@gmail.com).

**Richmond Farmers' Market**, Fridays, 3:00 – 6:30 PM, Volunteers' Green, Richmond. Through October 17. No market on July 4. For information, contact Carol Mader, 434-5273 or [cmader@surfglobal.net](mailto:cmader@surfglobal.net).

**Westford Farmers' Market**, Fridays, 3:30 – 6:30 PM, Westford Common, VT Rt. 128, Westford. Through October 17. For information, Janet Franz, 878-7405 or [jfranz@sover.net](mailto:jfranz@sover.net).

**DONATIONS**

**United Church of Underhill's Clutter Barn**, left of the United Church of Underhill, on the green in Underhill Flats, is accepting your clutter Saturdays, 8:30 AM – 12:00 PM through September. The last Saturday of June, July, and August, we will sell goods that have been donated. We will not be able to accept donations on sale days. Accepted: clean, working household items, books, toys, games, and puzzles, spring and summer clothing, especially children's clothing. No fall or winter clothing until September. We do NOT accept computers, televisions, exercise equipment, luggage, large appliances, large furniture, rugs, magazines and National Geographic magazines, building or plumbing materials, beds, tires, rims, roof carriers, truck tops, and truck racks. We no longer take luggage. Questions? Call Kathy Williamson, 899-3122, or Sharon Damkot, 899-3572.

**SPORTS ACTIVITIES**

**Adult coed volleyball in Westford**, 8:00 – 10:00 PM, Mondays, Westford Elementary School gym. Fun, casual volleyball. \$2 at the door. Call coordinators Jon and Tammy Brown, 872-8333, for information.

**Open gym basketball** in Westford Elementary School through August 2, Tuesdays and Thursdays from 5:30 – 7:00 PM and Saturdays, 10:30 AM – 12:00 PM. \$1 donation at door.

**Women's volleyball**, Browns River Middle School, Mondays, 7:00 – 9:00 PM. All age levels and skills welcome. Follows school calendar: no volleyball when there is no school. For information, contact Cathy Leatherstitch, 899-1395 or [cleather@us.ibm.com](mailto:cleather@us.ibm.com).

**Bolton Men's Basketball**, Tuesdays, 7:00 – 9:00 PM, Smilie School Gym. For adults and young adults, age 16 and up. Contact Bill Newton, 434-3348.

**HEALTH GROUPS**

**Overeaters Anonymous** meets 6:00 – 7:00 PM, Wednesdays at the Jericho United Methodist Church, VT Rt. 15, Jericho.

**Healthy Weight Support Group**, Mondays, 12:00 – 12:30 PM and Wednesdays, 3:45 – 4:15 PM. Combines behavioral and nutritional strategies to increase physical activity and decrease calorie intake. Provides techniques to help manage eating behaviors. Come 15 minutes early for a weight check. Northwestern Medical Center, Cobblestone Building, Classroom A. Speakers: Kay Tran, Reg. Dietitian, MS, CDE; and Leslie Gardzina, Reg. Dietitian, Northwestern Medical Center. Free; pre-registration required, 524-1234 or [cfhw@nmcinc.org](mailto:cfhw@nmcinc.org).

**Fit Kids Support Group**, first Mondays, 4:15 – 5:00 PM. Program for kids 8-13 and their parents. Learn about nutrition, physical activity, ways to increase activity level safely, change eating behavior, self-esteem, and obstacles that interfere with weight management success. Northwestern Medical Center, Cobblestone Building, Classroom A. Speaker: Kay Tran, Reg. Dietitian, MS, CDE. Free; pre-registration required: 524-1234 or [cfhw@nmcinc.org](mailto:cfhw@nmcinc.org).

**Statewide Quit Line** – Telephone Smoking Cessation Counseling. Call 1-877-yes-quit (1-877-937-7848). Free.

**Alcoholics Anonymous Meeting**: "Keep It Simple" group meets Mondays, Wednesdays, and Fridays, 8:00 – 9:00 PM, and Saturdays, 6:30 – 7:30 PM, at the United Church of Underhill, Underhill Flats.

**YOUTH ACTIVITIES**

**The RATC Nest** (Richmond Area Teen Center) is open in the basement of the Richmond Town Center, Bridge Street, on Thursdays and Fridays 2:45 – 7:00 PM and Saturdays 1:00 – 9:00 PM at no cost for grades 7-12 in the Chittenden East School District. Adult supervisors are needed. Call 434-RATC for more information. The RATC Nest board meetings are held the first and third Wednesdays at 7:00 PM; the public is welcome! Call 434-RATC for more information.

**ADULT ACTIVITIES**

**Westford Knitters Group** meets the first Friday of each month, 6:00 – 8:30 PM at the Westford Library. All needle-crafters in Westford and surrounding communities are welcome. Enjoy conversation with neighbors and friends while you work on your current project. Come early or late; bring a brown bag dinner and drink if you like. For information: Julie Nelson, 343-0165 or [Julie@coolmoonyoga.com](mailto:Julie@coolmoonyoga.com).

**Handbell ringers**, Tuesday evenings, United Church of Underhill. All are welcome at rehearsals. Two ensembles; opportunity for small groups/shorter time periods. We ring a variety of music in a variety of settings and look forward to new faces joining us. Beginners welcome! Call Roger, 899-3106 for information.

**VT French Canadian Genealogy Society** library, Tuesday evenings 7:00 – 9:30 PM (except holidays). Also open Saturdays, July 12 and August 9, 10:00 AM – 4:00 PM. Vermont and Canadian Catholic Parish records, VT vital records on microfilm, census records, and other resources to assist with family history research. Volunteers are available to assist individuals. The library is at the Dupont Bldg., Hegeman Ave., Fort Ethan Allen, Colchester. For information or appointment, 862-8082, 878-8081, online at [www.vt-fcgs.org](http://www.vt-fcgs.org), or email [mail@vt-fcgs.org](mailto:mail@vt-fcgs.org).

**SENIORS**

**Jeri-Hill XYZ Seniors** meet at the Town Hall in Underhill Center on the first and third Wednesday of each month (July 2, 16). All seniors are welcome! Dinners are served at 11:30 AM. For information, please call Lenore Whitten, 878-8996, Bette Workman, 899-4446, or Loreen Teer, 899-1363.

**KIDS**

**Westford Playgroup**, Wednesdays throughout the summer, open to all children 5 and under and their families. During the hot months of June, July, and August, we meet at many different places. If it's raining, held in the Westford Library, 10:00 AM – 12:00 PM. For directions or information, Julie, 872-2641, or Matt, 849-9290. June 25:

Ongoing events continued on page 7

**Hydroponics For A New, Healthier Lifestyle**

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**The world's first kitchen garden appliance.**

Grows fresh, delicious herbs, tomatoes, salad greens and more, at your fingertips. No dirt, no mess, no green thumb needed.



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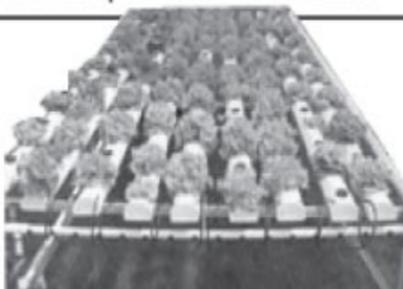
**GARDEN SYSTEMS:** Aero Garden, EZ Cloner, AeroFlo, Waterfarm, Baby Bloomer, Aquamist, The Rainforest, The Big Foot, Megagarden, Hydrofarm 4'x2', General Hydroponics, Euro Garden, American Hydroponics, N.F.T. Greenhouse Setups, and much more  
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**2008 SUMMER CONCERT SERIES**

At The Boyden Farm  
**THURSDAY EVENINGS**  
 6:30 pm-9:30 pm

June 26	Red Hot Juba Band Cosmic American Music Curing a multitude of pains, ailments and laments with up-beats and swingin' tunes!
July 10	Boyden Farm Annual Children's Festival Buddy Dubay & The Minor Key Accompanied by SuperSounds DJ Field Games, Face Painting, Joey the Clown, and more!
July 31	The Phil Abair Band Voted Burlington's #1 Best Band! Rock/R&B/Jazz/Swing
August 12	Close To Nowhere Rich and the gang return to rock Boyden Farm for the 4th season!

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 CAMBRIDGE VILLAGE MARKET  
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 Contact Us: 802.644.6363 • SPECTACULAR EVENING EVENTS FOR ALL AGES!

**Ongoing events** continued from page 6

River Berry Farm strawberry picking, then Matt's house nearby for berries and ice cream. Meet at River Berry Farm, Fairfax, 10:30 AM. July 2: Bree's house, water play, bouncy house, call for directions; rain activity is a movie and popcorn. 10:30 AM. July 9: Mills Riverside Park, outdoor play, picnic lunch or meet at nearby eatery, Jericho, 10:30 AM. July 16: Boydon Valley Farms, playground, animals, tasting, 10:30 AM. July 23: Maple St. Park playground, Essex, 10:30 AM. July 30: Sandbar Beach, swim, picnic lunch, 10:30 AM. August 6: Rossetti Natural Area, beach, picnic lunch, 10:30 AM. August 13: Anne's house, playground, sandbox, call for directions, 10:30 AM. August 20: Julie's House, swim and play, call for directions. August 27: Fairfax School playground, 10:30 AM.

**Bolton Family Play Night**, in the Smilie School gym, usually the first and third Fridays (June 20), 6:00 – 7:30 PM. Free! Mostly unstructured play with the school's equipment. Contact Tim Grover, 434-4180.

**TOWN GOVERNMENT AND ORGANIZATIONS**

**Cambridge Area Rotary** meets on the first Thursday of the month, rotating to local restaurants, 7:00 – 8:00 AM at 158 Restaurant, Main St., Jeffersonville. For information, call Anita Lotto, 793-0856, or Chuck Hogan, 644-8134.

**Tim Nulty**, Jericho Selectboard member, at the Village Cup, first and third Wednesdays, 8:00 – 9:00 AM, and at the Flour Shop, second and fourth Wednesdays, 8:00 – 9:00 AM. Anyone wishing to discuss any issue is welcome.

**Westford Fire Department**, Mondays, 7:00 PM, at the fire station next to the Town Garage. Volunteer for firefighting, dispatching, radio communications, computer operations, grant writing, equipment maintenance, fire police, education, and much more. You are welcome and encouraged to join. For information, email John Quinn, [jquinninv@aol.com](mailto:jquinninv@aol.com).

**Board of Water Commissioners** of the Village of Jericho, Inc. – monthly, 7:00 PM at the Old Red Mill on 4B Red Mill Dr., Jericho. For information, 899-2938.

**Jericho Historical Society**, second Thursday, 7:30 PM, Old Red Mill, Jericho.

**Jericho Underhill Park District Board** meeting, first and third Wednesdays, 7:00 PM, Deborah Rawson Memorial Library project room, Jericho. Residents of Jericho and Underhill always welcome. 899-2693 for information.

**Fairfax Food Shelf** has moved to the United Church on the corner of Fletcher Road and River Road, near the Foothills Bakery. The Food Shelf is open the first two Wednesdays (July 2, 9), 9:00 AM – 12:00 noon. Please use the downstairs entrance. For information, 849-6588.

**SUPPORT GROUPS**

**Alzheimer's support group**, third Wednesday, 9:30 – 11:30 AM, the Arbors, 687 Harbor Rd.,

Shelburne. For individuals and families in the early stages of Alzheimer's disease and related dementias. For information and to register, contact Nicole Houston, 985-8600.

**Approach Autism With Advocacy, Recovery & Education** (AAWARE) in the Lamoille Valley, third Sunday, 3:00 – 5:00 PM, Second Congregational Church of Jeffersonville Community Room, Jeffersonville. Special topics, guest speakers, resource information; playroom for kids, fenced side yard for outdoor play. For information, Terry Holden, 644-2759 (Jeffersonville) or Tina Karl, 888-3430 (Hyde Park).

**Veterans Job Networking**, Wednesdays, 9:30 – 11:00 AM, VFW Post, Essex Jct.; 1:00 – 2:30 PM, American Legion Post, St. Albans.

**Lamoille Valley Kin as Parents**, second and fourth Thursdays, 6:00 – 7:30 PM, Lamoille Family Center, Morrisville. Dinner and childcare provided. For more information, Imelda at 888-5229 ext. 152 or Rhonda Barr, 888-1376.

**Eating Disorders Parental Support Group**, third Wednesday, 7:00 – 9:00 PM, Covenant Community Church, VT Rt. 15, Essex Center. For parents of children with or at risk of anorexia or bulimia. We focus on being a resource and providing reference points for old and new ED parents. For information, Peter, 899-2554.

**Grandparents as Parents** – Mondays, Milton Family Community Center. Childcare provided. For information, Charlotte, 893-1457.

**Grandparents Raising their Children's Children**, third Tuesday, 6:00 – 8:00 PM, Wesley Methodist Church, Main St., Waterbury. Light refreshments and onsite childcare provided. For information, Evelyn, 433-1513.

**WORKSHOPS**

**Sunday Morning Bird Walks**, 7:00 AM, Sundays June 22, 29, Birds of Vermont Museum, Huntington. Appropriate for: Adults and older children. Donations welcome. For information, 434-2167.

**Lion's Club Strawberry Festival**

On Saturday, June 28 at the United Church in Underhill, (corner of VT Rt. 15 and Park St., Underhill Flats), from 5:00 – 8:00 PM, the Jericho-Underhill Lions will serve up their annual Strawberry Shortcake Festival.

There will also be a "silent auction" with many gifts and services donated by local businesses and citizens.

All the strawberry shortcake you can eat – with berries picked fresh that morning, homemade shortcake, and real whipped cream! \$5 for adults, \$4 for seniors and kids under 12.

The Lions' motto is "We Serve." That day, they'll provide up a 'berry' good time for one and all.

For more information, or to donate to the silent auction, call Lion Tom, 373 7712.



The gardens of John and Barbie Koier are part of this year's Garden Tour Saturday, June 21.

PHOTO CONTRIBUTED

**Jericho/Underhill Country Garden Tour**

On Saturday, June 21, six residents will open their gardens for Country Garden Tour 2008, sponsored by the Community Center in Jericho. From 9:00 AM – 2:00 PM, ticket holders will enjoy a garden tea and a self-guided tour of six gardens.

Among the gardens included in the tour are Charlie and Jean Siegchrist's gardens as the Tea Site. Complimentary tea will be served from 10:30 AM – 12:00 PM. The gardens at Barber Farm are populated with a fair number of cast-offs and leftovers from 20 years. The plants they have chosen are largely related to making winter more enjoyable and shorter in appearance. Trees and hedges screen views, provide summer cooling and winter wind deflection. The gardens include plants that are intended to engage the senses, as well as some areas of experimentation. Phil Cook's gardens are best described as collector's gardens, featuring cultivars of Siberian and Japanese irises grouped by hybridizers and arranged in island beds scattered over several acres. Also included are many shade-loving plants, and a hilltop trail showcases woodland plants and dwarf conifers. At Barbie and John Koier's, drive into the driveway, heading down past the blueberries, small fruit orchard, and wildflower hillside. On the upper lawn you will see perennial shade, sun, and pocket gardens. Walk through the herb garden and down the stone path to the vegetable garden, complete with hops. Jack Manning's gardens were originally created by the

late Ann Manning, who was an accomplished quilter, gardener, and floral designer. Since her death, Kathy Bugbee has lovingly attended the gardens and grounds. The compact gardens feature an assemblage of flowers and herbs and offer a rolling tapestry of colors and textures. The 30-foot meditation labyrinth was created for Ann by her husband Jack. Barbara and Nick VanDrimmelen have created a traditional English garden style. The front perennial beds are an introduction to the unexpected view of interconnected perennial beds, stone walls, and walkways that come into view when you walk through the back garden gate. Chris and Kim Cleary's gardens feature a diverse array of perennials and are complemented with meandering stone paths, rustic stone walls, a sculpture garden, and a unique word garden. As this area is also home to a stone sculptor, one never knows what might appear in the gardens next.

The Community Center in Jericho is a non-profit organization that maintains a historic building in Jericho Center for public use of Jericho and surrounding communities.

Tickets are \$12. They can be purchased at the Jericho Center Country Store, Old Mill Craft Shop in Jericho, the Underhill Country Store, and the Richmond Corner Market. On the day of the tour, available tickets can be purchased at the Jericho Center Country Store.

For more information, contact Orellyn Emerson, 899-3853.



**SUMMER CONCERT SERIES AT MILLS RIVERSIDE PARK**

The Jericho Underhill Park District proudly presents six performances that are from 6 until 8 PM, rain or shine, and that will delight the whole family.

Donations gratefully accepted  
Scrumptious food is available or bring a picnic.

- July 2 The Willoughbys
- July 9 Joe Capps and Hillary
- July 16 Mr. Ed's Famous Swing Jazz Band
- July 23 King Me
- July 30 North Star Amblers
- August 6 Lambsbread

Special sponsor for this series : The Mountain Gazette

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  - Morrisville 802.888.6860 Plaza 802.888.6600 Main
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**Born on the 4<sup>th</sup> of July: Independence Day events celebrate President Calvin Coolidge**

In addition to the customary festivities, this year's Independence Day celebration at the President Calvin Coolidge State Historic Site in Plymouth Notch, VT includes the raffling of an authentic reproduction of Calvin Coolidge's famous "tumbling blocks" quilt. Calvin Coolidge made the original quilt, a complex three-dimensional block design, when he was 10 years old. Raffle proceeds will be given to the Coolidge State Historic Site for the care and preservation of its textile collection. Raffle tickets are available by contacting Sandy Gregg at 802-226-7744 (email: goldenstageinn@tds.net).

The Friday, July 4 festivities celebrating the only president born on Independence Day begin at 12:00 PM, when the public is invited to join a parade leading from the village green to the Plymouth Notch cemetery, where a wreath from the White House is presented at President Coolidge's gravesite.

Following a brief ceremony, the site's Wilder House Restaurant has a chicken barbecue, and the quilt will be raffled at 1:30 PM. The Baasch Family musicians of Rutland will perform at the Union Christian Church at 2:00 PM, and Jennifer Sayles Harville, great-granddaughter of Calvin Coolidge, will speak about her family at 3:00 PM.

For information about the President Calvin Coolidge State Historic Site, call 802-672-3773, or visit [www.HistoricVermont.org/Coolidge](http://www.HistoricVermont.org/Coolidge).

**Independence Day in Jeffersonville**

Friday, July 4 will see the continuation of the traditional Independence Day celebration in Jeffersonville. Grand Marshall Frances Westman will preside over a parade celebrating *Freedom and Unity*. Parade participants should gather at 9:00 AM at G.W. Tatro Construction – the parade steps off at 10:00 AM.

The fair follows at Cambridge Elementary School, with good eats, wonderful music, interesting crafts, fun for the kids, and great company. The Cambridge Arts Council and the Smugglers' Notch Area Chamber of Commerce are proud to present Tammy Fletcher – Mountain Girl! Tammy is a regional favorite and she'll perform her brand of rootsy and soulful Americana music on the main stage outdoors. Local teen power trio *Sour Boy* will perform a mix of old school rock and roll and funk with a modern twist, in a show suitable for all ages in the gym. Both acts begin at 11:30 AM. The annual Frog-Jumping contest, sponsored by the Cambridge American Legion Post, will take place at 1:30 PM in front of the Main Stage.

The annual fireworks display, preceded by the 40<sup>th</sup> Army Band, takes place at dusk at Smugglers' Notch Resort.

For information on the day's celebrations, contact Ray Saloomey, weekdays, at 644-8232.



**Westford's 4<sup>th</sup> of July celebration**

Once again, Westford celebrates a hometown Independence Day at the Westford Common, 11:00 AM – 1:00 PM on Friday, July 4, with hot dogs and hamburgers, and strawberry shortcake. Music will be provided by *Backside Grind*, a local classic rock band. There will be a library book sale, an 8th Grade Dunk Booth, and a Cub Scout Duck Race. Everyone is invited, and all are welcome!

**4<sup>th</sup> of July parade, celebrations, and fireworks in Morrisville**

A parade with a theme of *Bridges to the Future* begins at noon Friday, July 4 in Morrisville. The day's events also include Freedom Fest, a youth music festival held by the Morristown Elementary School, 548 Park St., Morrisville, and will begin directly after the parade. A Fiddler Contest with a \$500 grand prize will include performances by The Radio Rangers and the Not Brothers, beginning directly after the parade at the Band Shell by People's Academy, 202 Copley Ave., Morrisville. The VT Jeep Association will be putting on demonstrations with their giant jeep teeter-totter and more. Local Thunder Road racer #75 Pistol Pete will be showing off his race car and will be joined by other racers at Oxbow. There will be a pick-up basketball tournament and skating at Lamoille Area Recreational Center, 704 Bridge St., Morrisville, on the morning of July 4. After the parade, ultimate Frisbee and Geo-Cashing will be held at Peoples Academy. As always there will be food and craft vendors along the parade route and at the Academy. For information, 888-9880 or [blackramfarm@gmail.com](mailto:blackramfarm@gmail.com).

**Celebrate the 4<sup>th</sup> on the 3<sup>d</sup> in Burlington**

Not enough time to celebrate in one day? On Thursday, July 3, Burlington's 4<sup>th</sup> of July celebration includes multiple events at five sites, followed by fireworks at 9:30 PM over the Burlington waterfront. At Perkins Pier from 5:00 – 9:30 PM, Karaoke on the Waterfront and live country swing and blues, rock, soul and jump performances. At North Beach from 7:00 – 9:00 PM, rock 'n roll by Rumble Doll. At Waterfront Park from 4:00 – 8:00 PM, Local Motion Bike Parking, Waldo & Woodhead at the promenade, and Sambatucada Afro-Brazilian Percussion at the promenade. At the Waterfront Festival Site from 5:30 – 9:00 PM, family fun, music, , entertainment, inflatables, Skyriders (acrobatic trampoline performance), strolling entertainment (stilt walking, mime, and juggling). At the Boathouse from 8:00 – 11:00 PM, Unknown Blues Band with Sandra Wright. At Battery Park from 7:30 – 8:30 PM, Burlington Concert Band 1851 playing traditional patriotic pieces, and pony rides. For information, 864-0123.

**Stowe Independence Day celebration, fireworks**

Festivities start Friday, July 4 at 5:30 PM with fireworks at dusk at the Stowe Events Field.

**Richmond Independence Day celebration, fireworks**

July 4th Parade and Fireworks - 10:30 AM. The parade starts at Volunteers Green with East Main Street to Bridge Street Parade in the morning, all day events ending with fireworks on Friday, July 4th. Information: Call 24/7 Hotline 802-434-6024.

**Underhill-Jericho Independence Day "Party in the Park"**

Come and join the fun Saturday, July 5 from 1:00 - 6:00 PM for the second annual *Mountain Gazette's* "Party in the Park." Times are tough and gas prices high. Let's develop our own tradition right here at Mills Riverside Park. The concert features Lamsbread from 4:-00 6:00 P.M. Music through out the afternoon by DJs from SuperSounds and inflatables for the children. Come and savor the treats from Rex's Outrageous Road Crew Crunch.

Bring the family, a picnic, lawn chairs and games, dogs (on leash, and baggies to scoop the poop), and spend some quality time with the family close to home.

The party is co-sponsored by GTG Hydroponics and Rex's Outrageous.

**Hinesburg's 4<sup>th</sup> of July celebration**

A parade kicks off Hinesburg's celebration, beginning at 11:00 AM at the bottom of Buck Hill Rd. and continuing to Firehouse Plaza for food, fun, and entertainment in the afternoon. There will be a chicken BBQ at the Fire Department at 12:00 noon.

Fireworks begin at dusk at the Hinesburg Elementary School fields.

**Fireworks safety information**

As we approach our Independence Day celebrations on the Fourth of July, I've received a few inquiries about fireworks. The following information is from the Department of Public Safety's website:

All fireworks, not including sparklers, snakes, party poppers, snappers and glow worms, are illegal in Vermont.

Specifically prohibited are firecrackers, M80s, cherry bombs, skyrocket, Roman candles, torpedoes, and daygo bombs.

A permit for a supervised public display can be obtained from the Fire Chief after it is determined that the fireworks display will be handled by a competent operator in a manner that will not be hazardous to people or property. Application for a permit must be made at least 15 days in advance of the fireworks display. This permit is non transferable.

Please be aware that if you do choose to shoot off any of the above named illegal fireworks, any injuries or damage to property resulting in a fire will be the sole responsibility of the operator.

If you have any questions, pertaining to the above information, please call me at 879-1231. Thank you.

Dennis Angiono, Westford Fire Warden

**Using your child's car seat correctly**

In Vermont, over 80% of child safety seats are used. An improperly used child safety seat can't protect your child in a crash. Motor vehicle crashes are the leading cause of injury and death for children, according to the National Highway Traffic Safety Association (NHTSA). Parents and caregivers should follow NHTSA's "4 Steps for Kids" as their children grow to ensure maximum child passenger safety:

Use rear-facing infant seats in the back seat from birth to at least one year of age and at least 20 pounds;

Use forward-facing toddler seats in the back seat from age one and 20 pounds to about age four and 40 pounds;

Use booster seats in the back seat from about age four to at least age eight;

Use safety belts in the back seat at age eight or older and taller than 4'9".

It is imperative to remember that all children under age 13 should ride in the back seat.

Where can you go to get help? Visit the fitting station at the Underhill-Jericho Fire Department, where a certified Child Passenger Safety Technician (CPS) will help you with your child's safety seat. The CPS technician will help make sure the seat is the correct one for your child, and teach you how to properly use and install the seat in your vehicle.

UJFD fitting station is open first and third Monday of the month, by appointment only. Please call the fire station, 899-4025, for an your appointment. Information on car seat safety, visit [www.vthighwaysafety.com](http://www.vthighwaysafety.com).

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LETTERS TO THE EDITOR

The Formula for Success

To the Editor,

Local and national media outlets spend an enormous amount of time debating the issue of what's wrong with our K-12 education system and how to improve it. The dialogue is quite often laced with acrimony and venomous criticism. I suspect I'm not alone as one who has grown weary of these types of exchanges.

As many local area high schools conduct graduation ceremonies this week, it's fitting and refreshing to recognize what I believe is a fairly unique success story – one that celebrates the combination of academic and athletic success of a team.

If you followed high school athletics this spring, and girls lacrosse in particular, you may have noticed that the Mount Mansfield girls' lacrosse team has had a phenomenal season, for which they were recently awarded the number one seeding in the VPA Division 1 playoffs. But what's truly remarkable is what these young ladies have accomplished off the athletic field, in the classroom. If you attended an MMU girls' lacrosse game and randomly selected any MMU player on the field, chances are that player is an honor roll student. And overwhelmingly so. In fact, nearly 90% of the roster are current members of the most recently published honor role. More impressive, though, is the fact that most of the players have achieved high honors or better this spring. Amongst these high achievers, both on and off the lacrosse field, are leaders within their schools and communities, including this year's Valedictorian, National Honor Society members, and recipients of various awards and scholarships associated with excellence in academics, community service, and the arts.

Members of this senior-laden team who will be graduating this upcoming weekend will be attending some of our most prestigious universities this fall. A few will play lacrosse, but most will not. But they're all likely to continue to achieve academic excellence at their respective institutions. Moreover, I fully expect all of these young ladies to move on to have successful careers. Some, without a doubt, will become future leaders that will make significant contributions to society and the world.

These girls deserve all the credit in the world for their dedication and hard work on the field and in the classroom. But kudos should also be extended to the Jericho/Underhill community, local lacrosse recreation league volunteers, parents, teachers, school administrators, and coaches. All have played a role in maintaining focus on excelling both in the classroom and on the lacrosse field, but the classroom has always come first for this special group.

I've often read and contemplated why it is that many nationwide surveys and statistics show that student athletes, especially in women's collegiate athletics, perform better academically than non-athletes. I suspect, to a large extent, it has something to do with the desire to achieve and succeed, as well as with the dedicated and extensive support provided by parents, communities, and schools. Somehow, I don't think this "formula" for success is so elusive. Nor do I think there are any shortcuts. Rather, the "formula" is readily apparent, but takes years of hard work by all involved to execute. In the case of the MMU girls' lacrosse team, the execution has been spectacular, both on the field and in the classroom.

Jeff Butkus, Jericho

Principal proud of school and community

To the Editor,

To the entire learning community of Underhill Central School,

I just wanted to take a moment to thank everyone for an amazing school year. Underhill Central is a very special place and it is so because of the love and support that the entire community provides. It has been an incredible year for us and we look forward to all the years to come. Thanks to the students, thanks to the staff, thanks to the families and to the entire community. As my first year at UCS comes to a close I can sincerely say that it has been the best year of my educational career. I look forward to many more!

Michael Berry

Proud Principal, Underhill Central School

Meeting to address forest issues, plan

The Forest Legacy Program, a partnership between participating states and the USDA Forest Service to prevent forestlands from conversion to non-forest uses, will hold a public meeting Tuesday, June 24 at 6:30 PM, Charlmont, Morrisville as part of a state-mandated periodic assessment of the state's need for the program.

A draft of a new plan for the program, the Assessment of Need (AON), has been developed over several years by the Agency and the Vermont Forest Stewardship Committee. The plan lays out the current condition of private forestlands in the state, articulates goals for the VT program, proposes a single Forest Legacy Area encompassing many parts of the state, and updates criteria for selecting individual projects. At the meeting, attendees will hear a presentation about the program and the draft AON and offer their comments and suggestions.

For information, visit [www.vtfpr.org/lands/aon.cfm](http://www.vtfpr.org/lands/aon.cfm) or contact Bill Rossmassler at Lamaille County Planning Commission, 888-4548, or [bill@lcpvvt.org](mailto:bill@lcpvvt.org).

Emergency conditions and measures

By Jerry Mullen,

Emergency Response Coordinator, Bolton

I recently got a chart showing what all those colors mean. You know the colors I mean, Warning Orange or Red or whatever that Homeland Security tells us about when they suspect a disaster is a brewing. This chart came from [www.Ready.gov](http://www.Ready.gov), a website run by the US Dept of Homeland Security.

The most common and most anticipated type of emergency (that we usually write into our plans at the town level in Vermont is flooding. We occasionally (like every year) get flooding someplace in the State, tho' none in recent years as bad as the one in 1927. But if you are caught in a flood, it is just as bad for you as the one in '27. We have also had wild land fires on occasion during dry weather, or ice storms that stop our electricity for various lengths of time. And as Jane and I found out last fall, there is the possibility of attempted home invasions.

Anyway, here is what the colors mean. Now that the US is involved in war against terrorist organizations, you may never see Condition Green or Blue again, but I'll put 'em in anyway:

Condition Green: Low Risk. Recommended actions for citizens are: Develop a family emergency plan. Visit [www.Ready.gov](http://www.Ready.gov) for help in creating a plan. Share it with family and friends and practice it. Create an "Emergency supply kit" for your household. Get informed. Visit the web site above or get copies of various emergency handbooks. Know how to shelter-in-place and how to turn off utilities such as power, gas, and water. Examine volunteer opportunities in your town such as Citizen Corps, Volunteers in Police Service, Neighborhood Watch, Community Emergency Response Teams (CERT), or others. Donate some time. Take a Red Cross first aid course. (CERT training covers much of this as well.)

Condition Blue: Guarded Risk. Recommended actions for citizens are: Complete all the stuff from Condition Green that you didn't have time to do. Review stored disaster supplies and replace stuff that is outdated. Be alert to suspicious activity and report it to proper authorities.

Condition Yellow: Elevated Risk. (That's what we are generally in today.) You should complete all the stuff from Green and Blue that you didn't do. Ensure that disaster supply kit is stocked and ready. Check telephone numbers in family emergency plan and update 'em. Develop alternate routes to and from work or school and practice them. Continue to be alert to suspicious activity and report it to proper authorities.

Condition Orange: High Risk. Citizens should: Complete all the stuff you didn't do when things were safer. Exercise caution when travelling. Pay attention to travel advisories. Review your family emergency plan and make sure all family members know what to do. Expect delays, baggage searches, and possible restrictions at public buildings. Be patient. Check on your neighbors or others who might need assistance in emergencies. Continue to be alert to suspicious activity.

Condition Red: Severe Risk. You should: Complete all recommended actions at lower levels. Stay tuned to TV or radio for current information or instructions. Listen to local emergency management officials. Be prepared to shelter in place or evacuate as instructed. Expect traffic delays and restrictions. Provide volunteers services only as requested. Contact your school and/or work to determine status of work days.

Welcome back, Marian!

Recipes

By Marian Tobin

String Bean Soup

- 2 quarts stock
- 2 cups grated raw carrots
- 1 cup finely diced onion
- 2 cups fresh chopped string beans
- 1/2 tsp. garlic salt
- salt and pepper to taste

1/2 cup raw rice or pasta

- 2 rounded Tbsp. flour
- 4 Tbsp. bacon drippings
- 1/2 cup evaporated milk

Cook vegetables in broth with garlic salt, salt, and pepper, until tender.

Add 1/2 cup raw rice or pasta. Cook until rice or pasta is tender. In another pan, add flour to bacon drippings, stirring constantly, until brown, being careful not to burn. Add slowly to the soup, stirring, until desired consistency.

Lastly, stir in evaporated milk, stirring with a long-handled spoon.

Do not boil, it may curdle. (Make your own stock with chicken backs, necks, and wings.)



In response to popular demand, Marian Tobin of Underhill returns with her recipes - readers' favorites!

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**GRADUATES / HONORS**

**Burlington Technical Center graduation**

The Burlington Technical Center graduated 105 students on June 10, 2008. The following Mount Mansfield Union High School students successfully completed their BTC programs: **Michael Best**, Electronic Recording Arts; **Kyle R. Fuller**, Auto Body Repair; and **Jacob Kilpeck**, Aviation Technology.

**CAMPUS HONORS**

**Caitlin Shamp**, daughter of Scott and Nancy Shamp of Jericho, VT, has been named to the Dean's List at Endicott College, Beverly, MA, for the spring 2008 semester. Shamp is a sophomore majoring in psychology.

**Andrew D. Davis** of Underhill, VT was named a Presidential Scholar for the spring 2008 semester at Clarkson University, Potsdam, NY. He is a senior at Clarkson, majoring in mathematics.

**Douglas A. Clift** of Jericho, VT has won a \$2500 National Merit Scholarship. He is a student at Mount Mansfield Union High School in Jericho.

**RECENT COLLEGE GRADUATES**

**Matthew R. Manz** of Underhill, VT graduated Sunday, May 18, 2008 from St. Lawrence University, Canton, NY, with a degree (cum laude) in Spanish. Manz, a graduate of Mount Mansfield Union High School in Jericho, VT, minored in film studies.

**Benjamin L. Burdet** of Jericho, VT graduated from St. Lawrence University, Canton, NY, on Sunday, May 18, 2008 with a degree in biochemistry.

**Cybill Jessica Yanus** of Underhill Center, VT was awarded a bachelor of science with honors from Elon University, Elon, NC. Yanus maintained a GPA of 3.50 or higher over her four years at Elon University. She is the daughter of Paul and Marlene Yanus of Underhill Center and a 2004 graduate of Mount Mansfield Union High School in Jericho, VT.

The following students have been awarded degrees from the Community College of Vermont: **Sheena R. Crickmore** of Huntington, VT, Associate of Arts; **Laura J. Miller** of Jeffersonville, VT, Associate of Arts; **Amanda L. Roberts** of Jeffersonville, VT, Associate of Arts; **Rachelle D. Nerbak** of Jericho, VT, Associate of Arts; **Melissa J. Howard** of Westford, VT, Associate of Arts; **Kendra D. Myers** of Westford, VT, Associate of Arts; **Julia M. Russell** of Westford, VT, Associate of Arts; **Rebecca J. Phillips** of Cambridge, VT, Associate of Science; **Kyle E. Williams** of Cambridge, VT, Associate of Science; **Paula B. Fitzgerald** of Westford, VT, Associate of Science.

**JUST MARRIED**

**GARRISON-GALLANT**

Jennifer J. Gallant, daughter of George and Catherine Gallant, and Arthur W. Garrison III, son of Arthur W. Garrison II and Mary Garrison, were united in marriage Friday, April 25, 2008.

The Rev. Kirk Thompson officiated at the double ring ceremony in Grace United Methodist Church in Essex Jct., VT.

Amy Morrill was matron of honor. Bridesmaids were Heather Garrow and Karen Nadeau. Erin Courville was flower girl.

Raymond Garrison was best man. Ushers were John Garrison and Raymond Garrison Jr. Jackson and Ryan Garrow were ring bearers.

A reception was held at the Hampton Inn. Mrs. Garrison graduated from Mount Mansfield Union High School and Johnson State College. She is employed by Aquatec Biological Sciences. Her husband graduated from Essex High School and served in the U.S. Marine Corps. He is employed by the town of Shelburne, VT. They reside in Underhill, VT.



**ENGAGEMENTS**

**O'NEIL-SEPTEMBER**

John and Eugenia O'Neil of Jeffersonville, VT announce the engagement of their daughter, Stephanie O'Neil of South Burlington, VT, to Alan September of South Burlington, son of Albert and Donna September of Torrington, CT. An October 31, 2008 wedding is planned.

**PARIZO-WELLS**

Homer Jr. and Cynthia Parizo of Bolton, VT announce the engagement of their daughter, Melissa J. Parizo of Milton, VT, to Jamie J. Wells of Milton, son of Johyn and Brenda Wells of South Burlington, VT. An October 11, 2008 wedding is planned.

**GRADUATES / HONORS**

**VCS student Retzlaff wins prize**

Each year, Vermont Commons School honors students with Distinguished Achievement Awards in each subject area. The 2008 award winners were announced on Friday, June 6 during the 11<sup>th</sup> annual VCS graduation. Underhill resident Theodore "Teddy" Retzlaff of Underhill, VT, VCS class of 2011, received the Distinguished Achievement Award in Social Science.

**PEOPLE IN THE NEWS**

**Benjamin L. Burdet** of Jericho recently earned a degree in biochemistry from St. Lawrence University in Canton, NY.



**Peter Hofstetter**, Chief Executive Officer of Northwestern Medical Center, was awarded QHR's first annual CEO of the Year award during their annual meeting in Brentwood, TN, Thursday, June 5, 2008. Peter was chosen from among more than 150 of his hospital CEO peers across the U.S.



**Donna M. Dec** of Jericho has been named human resources benefits and training administrator for SymQuest Group Inc. of So. Burlington. Dec previously was concierge in the owner service department at Smugglers' Notch in Jeffersonville.



**Robert F. Peterson** of Underhill was named recently to be director of operations for SymQuest Group Inc. of So. Burlington. He had been VP of administration for



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**HEALTH**

**What is shingles?**

Shingles is a painful viral infection of the nerve roots that exit the spine. Shingles is caused by the same virus that causes chicken pox – herpes varicella zoster. In fact, shingles is a resurgence of the virus. Once you have been infected by a virus, the virus never leaves your body. The virus lays dormant until the immune system is somehow compromised by age, stress, etc. Then they re-attack; viruses are opportunists!

The shingles viral infection occurs in phases. The first phase is a prodrome characterized by flu-like symptoms such as dizziness, weakness, fatigue, headache, chills, fever, tingling, numbness, and itching. The active stage is when a painful rash with blisters occurs over a specific area supplied by a particular spinal nerve. Pain can be mild to severe. Typically shingles affects only one side of the body.

During the active stage, shingles is contagious to anyone who has not been exposed to chicken pox. Someone afflicted with shingles will not transmit shingles to another person but will transmit chicken pox to someone who never has had chicken pox. Consequently, during the active phase of shingles it is important to avoid contact with anyone who has not had chicken pox, people with compromised immune systems such as people with HIV/AIDS, people on steroids, chemotherapy, and radiation, as well as pregnant women and newborn babies.

The third stage of a shingles infection occurs 20% of the time. This is called post herpetic neuropathy (PHN). When this occurs, skin sensitivity persists for months. Typically, depending on age, a shingles outbreak lasts two to four weeks.

Anyone who has had chicken pox has the herpes zoster virus in their body. There is no way of knowing who will or who won't contract shingles. Incidence increases with age. Over 50% of those afflicted are older than 60 years of age. A compromised state of health predisposes an individual to shingles. If the outbreak is severe and affects the head, vision and hearing can be compromised. Muscle weakness, even paralysis can occur. Hypersensitivity of the skin can persist in the affected area. Scarring of the skin is also possible.

Prevention is always the best treatment for shingles. Living a healthy lifestyle with sufficient rest and relaxation, adequate nutrition, and (of course) chiropractic care can keep the immune system functioning optimally. Once infected there are medical interventions available to block viral infection. Lysine, an amino acid, helps block viral replication. Get adequate rest, use anti-itch lotions such as calamine, wash blisters twice a day. Do not bandage blisters, but a compress of vinegar and water can provide relief.

Shingles is a painful recurrence of the virus that causes chicken pox. No one knows who will and who won't get shingles, but a compromised immune system allows the virus to attack the spinal nerve roots to cause shingles outbreak. Prevent a shingles outbreak in your life by practicing healthy habits including proper nutrition, adequate rest, and chiropractic care.

Mary Kintner is a chiropractor and nutritional consultant practicing in Underhill.

**DONOR RECOGNITION**

**Thank a blood donor**

These blood donors in our area have received their gallon pins from American Red Cross Blood Services, New England Region recently. Thank you for helping us to acknowledge these caring individuals.

- Fred Lavenberg of Jericho – 6 gallons.
- Juliette Horton of Westford – 12 gallons.
- Roger Koniuto of Underhill – 13 gallons.
- Daniel Salmonson of Jericho – 27 gallons.
- Benjamin Ware of Westford – 29 gallons.
- John Irving of Jericho – 34 gallons.
- Ronald Berry of Underhill Center – 44 gallons.
- John McCarthy of Jeffersonville – 46 gallons.
- Timothy Durbrow of Underhill – 47 gallons.
- Dawn Stanger of Underhill – 53 gallons!



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**OBITUARIES**

**Weldon John Charles Pyoral**, age 55, of Jeffersonville, VT passed away unexpectedly of natural causes at his home on Thursday, May 22, 2008. Weldon was born on November 27, 1952 in Laurium, MI, the son of Hilda (Waarala) and the late Arvid Pyoral. He grew up on a dairy farm in the Upper Peninsula of Michigan and was proud of being a "Yooper." In 1968, he moved with his parents to Lake Worth, FL where he met his future wife, Kathryn Farnham, formerly of Danville, VT. After completing a semester of college he purchased a gas station, which he successfully sold in 1973. He then dug graves for a while and on August 17, 1973, he married the love of his life – Kathryn Elizabeth Farnham. Weldon attended Palm Beach Junior College and, after his graduation in 1976, he and Kathy traveled around the United States in their pop-up camper. Weldon then attended the University of Florida, receiving the Burke Marketing Research Fellowship upon graduation in 1978. They moved to Cincinnati, OH, where he received his MBA from the University of Cincinnati while working full time for Burke Marketing Research. In 1980, he and Kathy moved to St. Louis, MO where he worked for Monsanto in the Agriculture division, and then to Cleveland, OH, where he was the head of Marketing Research for Leaseaway Transportation. In 1987, Weldon and Kathy moved to Jeffersonville to raise their children. Their business, All Seasons Work & Play, was destroyed by a fire in 1998. When Weldon and Kathy resurrected their business from the ashes, they built All Seasons Homestead Helpers, a successful heating business as well as a home and garden website company. In 2007 they started Best Products, which manufactures the Squeeze Strainer. Weldon, a very active civic member, served on boards for the Smugglers' Notch Snowmobile Club, Chamber of Commerce and Second Congregational Church of Jeffersonville. He enjoyed helping with school basketball and baseball games by refereeing, umpiring, and running the time clocks. After fire destroyed the Second Congregational Church of Jeffersonville, Weldon served as co-chair of the rebuilding committee. He is survived by his wife and soul mate of 38 years, Kathy; his sons, Gregory of Chicago, IL and Benjamin of Jeffersonville; mother Hilda (Waarala) Partio; and sisters and brothers-in-law Jo-Anne and Leonard Danielsen, and Marilyn and Jim Murphy, all of Madison, WI. He also leaves his sisters-in-law and brothers-in-law Barb and Russ Hokanson and Bob and Jane Farnham, as well as many wonderful nieces, nephews, aunts, and cousins, and his special cats, Spot and Tom. He was predeceased by his step father, Vilho Partio, and sister-in-law and brother-in-law, Carole and Cliff Hanninen. Weldon will be remembered for his passion for boating, where he had many interesting experiences and relaxing, wonderful times with a great bunch of friends. The 3 P's will never be forgotten. He always tried to enjoy life, making friends and wonderful memories wherever he lived or traveled. A memorial service was held on Tuesday, May 27, 2008 at the Second Congregational Church in Jeffersonville with the Rev. Peggy Tooker officiating. Inurnment will be private and at the convenience of the family. In lieu of flowers, donations may be made in Weldon's memory to the Jeffersonville Second Congregational Church Pastor's Discretionary Fund (helping local families in need), P.O. Box 40, Jeffersonville, VT 05464, or the Cambridge Rescue Squad, P.O. Box 431, Jeffersonville, VT 05464.



cho, Bud attended the Jericho schools and grew up farming. In May 1945, Bud joined the U.S. Army and proudly served with Cannon Company 350<sup>th</sup> Infantry Regt., 88<sup>th</sup> Infantry Division. He supervised the operation, training, and instruction of military personnel. He conducted classes in the operation, firing, and maintenance of 105mm Howitzers. He served in World War II in Italy for 13 months. Bud received an honorable discharge in December 1946. He received various declarations and citations, including the Army of Occupation Medal, World War II Victory Medal, Good Conduct Medal, and the European African Middle Eastern Campaign Medal. On June 14, 1948, Bud married Marjorie Bradley of Johnson. During their 60 years of marriage, they raised their four children Marvin, Malcolm, Murray and Martha, and watched eight grandchildren and 10 great-grandchildren grow. In 1951, Bud bought his family's farm. Over the years he worked the farm and ran a trucking business, delivering milk to local creameries. Each year, Bud and his family tapped hundreds of maple trees and enjoyed the time they spent gathering sap and boiling in the sugarhouse. From 1962-1965, Bud served on the Jericho Selectboard. He worked from 1967-1988 as the road foreman for the town of Jericho. For over 60 years, Bud was an active member of Mount Mansfield Lodge No. 26, F&AM. He was also a lifetime member of the Congregational Church in Jericho. Bud is survived by his wife Marjorie and his four children: Marvin and his wife Becky of Lexington, SC; Malcolm and his wife Vi of Jericho; Murray of Jericho; and Martha Prince and her husband Jason Stockwell of Jericho; as well as eight grandchildren and 10 great-grandchildren: Jody Woods, her husband Brad and their three children Jacob, Allie, and Courtney of Land o' Lakes, FL; Christine Johnson, her husband Glenn, Christine's daughter Chelsea, and Glenn's children Tiffany, Allissa, and Andrew of St. Albans, VT; Trevor Hunt of Lexington, SC; Melissa Culver, her husband Brian and their daughter Abigail of Essex Center, VT; Peg Cram-Hunt, her partner Michelle and their son Foster of Essex Junction, VT; Brad Hunt and his children Maxwell and Hailey of Colchester, VT; Sgt. Crystal Duggins and her daughter Julie of Milton, VT; Melanie Farr, her husband Ashley and their daughters Aislynn and Alexis of Richmond, VT. Bud is also survived by many nieces and nephews, several cousins, several special brothers-in-law and sisters-in-law, including Jim and Marilyn Bradley, and special friends Kenny Barkyoub, Craig Brown, Gloria Garrapy, and Donna Ladouceur. Special thanks for their support to Dr. Joe Haddock, who was more than just Bud's doctor but a wonderful friend as well; Margaret Pratt, a special nurse at Thomas Chittenden Health Center; and the VNA. In lieu of flowers, donations can be made in Bud's memory to the Mount Mansfield Lodge No. 26 F&AM Scholarship Fund, c/o David Schuler, P.O. Box 142, Jericho, VT 05465, or to the Jericho Con-



In Loving Memory of Maitland "Bud" Hunt  
 --To My Dear Friend Martha and the entire Hunt Family--  
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 And may your God comfort and peace in the thought  
 Of the joy that knowing you meant one thought.  
 For time and space can never divide  
 Or keep you loved one from your side.  
 When memory parts in colors true,  
 The happy moments forever to you  
 --Love Tracy Dillista-Gamelin--

gregational Church Building Fund, 331 Browns Trace, Jericho Center, VT 05465. Funeral services and a Masonic service were held Saturday, June 7, 2008 in the Jericho Congregational Church in Jericho Center. Burial with military honors followed at the Jericho Center Cemetery.

**Scott M. Wright** of Cambridge, VT was born July 2, 1963, in Barre, VT. He passed away at home on Saturday, June 7, 2008, after a short battle with cancer. He is survived by his wife of 27 years, Amy (Farnsworth) Wright; his daughter, Heather Smith and her husband, Larry; his son, Christopher "Buck" Wright; his grandchildren Raymond, Dallas and Heaven Smith; his siblings, Williams "Billy" Nelson Jr., James "Jimmy" Nelson, and Diane Chapin; Penny Barber and Kimberly Sue Walker and their partners; his in-laws, Robert and Verlie Farnsworth; and several nieces and nephews and extended family. Scott was predeceased by his parents, Thelma and Ronald "Bud" Wright of Northfield. Scott joined the U.S. Army in 1980 and served his country during Desert Storm and was on active duty until 1992. He served in the Vermont National Guard for some years after. Scott enjoyed hunting and fishing. He also enjoyed watching sports. He was a huge fan of NASCAR and Jeff Gordon, the Patriots, Celtics, and the Red Sox. Scott lived life to its fullest, enjoying all the comforts. He was hard-working, full of laughter, and cared deeply for his family and friends. He will be greatly missed by all that knew him. Memorial services were held Saturday, June 14, 2008 in the Kingston Funeral Home, 35 Slate Ave., Northfield, VT. Interment with full military honors followed in Mount Hope Cemetery in Northfield. In lieu of flowers, contributions may be made to Lamoille Area Cancer Network, P.O. Box 38, Lake Elmore, VT 05657.

**Underhill Center resident Phil Halsey died unexpectedly at his home on Saturday, June 14, 2008. A memorial gathering in Phil's honor will be held Friday, June 20 at the Underhill Town Hall, 4:00 - 7:00 PM. For information, call Judy Boardman, 899-2260. A full obituary will appear in the July 3 edition of the Mountain Gazette.**

**Horseback riding and creative arts camp**  
 VSAarts of Vermont and the CHAMP therapeutic riding program are teaming up to provide children and young adults with a combined horseback riding/creative arts camp July 28-31, 1:00 – 4:00 PM, at Good Hope Farm, South Hero. Campers will be encouraged to explore riding and relating with horses in an inclusive group through riding activities in the arenas and using art materials in the program room at the barn: playing games on horseback and painting with baling twine, old grooming brushes, and more. All riders are welcome including those with special needs or requiring adapted riding assistance. Participants will ride and create each day. Class size is limited. For more information, contact swta@vsavt.org or Peggy, 655-7735, or egdjad1971@aol.com or Jean, 372-4087.

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**Arnold W. Henry**, 73, of Jericho Center, VT passed away on Monday, June 2, 2008 following a brief illness, in Fletcher Allen Health Care in Burlington, VT. He was born on September 10, 1934 in Stone Ridge, NY, the son of Arnold C. and Elizabeth Henry. Arnold graduated from Wappingers Central School, Wappingers Falls, NY in 1952. He graduated from IBM Apprentice School and worked for IBM for 38 years. Arnold married Linda Sue Hepworth on July 14, 1956 in Wappingers Falls; they were married for 51 years. Arnold was a naval reservist for eight years during the Korean War. He enjoyed farming and gardening and was on the Jericho Cemetery Association Board. He is survived by his wife Linda Henry of Jericho Center; three children: son John "Jack" Henry and his wife Nancy of Hinesburg, VT; daughter Barbara Jane Mazut and her husband Gary Mazut of Fairfield, CT; son Andrew Edward Henry and wife Maxine of Grand Blanc, MI; six grandchildren: Justin Henry, Philip Henry, Joshua Henry, Jennifer Henry, Benjamin Henry, and Tyler Mazut; two great-granddaughters: Delila Henry and Aria Henry; two sisters, Nancy Delano and her husband Alexander of Deland, FL, and Gloria Packard of Denver, CO. A service was held Friday, June 6, 2008 in the Corbin and Palmer Funeral Chapel, Essex Junction. In lieu of flowers memorial contributions can be made to American Heart Association, 434 Hurricane Lane, Williston, VT 05495.

**Arietta C. Wrisley**, 98, of Underhill, VT a longtime resident of Underhill, passed away in Mayo Healthcare in Northfield, VT on Thursday, June 5, 2008. Born in Stowe, VT on July 25, 1909, she was the daughter of the late Maurice and Viola (Miner) Horner. Arietta married Orville Wrisley, who predeceased her in August 1991. Graveside services were held from the Waterbury Center Cemetery on Sunday, June 8, 2008 with the Rev. Kevin Goldenbogen officiating. Memorial gifts in lieu of flowers would be appreciated to Mayo Healthcare Inc. Patient Activities Fund, 71 Richardson St., Northfield, VT 05663.

**Maitland Rolla "Bud" Hunt** passed away peacefully at his home in Jericho, VT with his wife and daughter Martha by his side on Tuesday, June 3, 2008. Maitland, known to most as "Bud," was born on September 12, 1923, the son of Rolla and Fern Davis Hunt. Fern passed away when Bud was four years old and Rolla remarried Pearl McCloud Sturtevant. A lifelong resident of Jeri-

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# HISTORY FROM OUR SENIOR CITIZENS

## Men and Memories of Jericho and Underhill

By Brenda Bennett Boutin  
Mountain Gazette staff

The *Men and Memories* program at the Deborah Rawson Memorial Library was a follow up presentation to a women's group held in 2006. The discussion, facilitated by Jean Archibald and Gary Irish, was geared around jobs and businesses in Underhill and Jericho during the 1920s, '30s, and '40s. However, many of the men attending came to the area in later years.

The gentlemen in attendance were Dr. Burnet Rawson, Gary Irish, Richard Becker, Bernie Simpson, Ken Tobin, Ed Moore, Mark Yung Fleisher, John Punket, Gael Boardman, Merrill Canedy, Bill Durbrow, Bob Cochran, Stewart Alexander, David Sullivan, and Frank Goss.

When Jean posed the question, Ken Tobin answered with, "There were plenty of farms here then. Most folks worked on the farms." A lady in the audience spoke to how the cows on the Whitcomb farm would cross the road and stop the traffic. "I remember when we moved to Underhill, we had a deal with the Tillitson farm: we'd supply eggs and they'd supply us with milk," Jean Archibald said. "We kept having kids and I would call and tell them we needed more milk." Merrill Canedy remembers driving the cows from the UVM farm down Main Street in Burlington. "You couldn't do that now," he laughed.

Bill Durbrow made reference to Earl Bartlett taking over management of David Gallup's property. Roy Keith, Marian Fay, and Ed Moore went to purchase the property for a church. "We tried to talk him down," Ed recalls. "But he wouldn't budge. We paid what he wanted. Then he told Ed, 'The fastest way to dig your own grave is with your teeth.'"

Earl Bartlett was an astounding whistler. Dr. Rawson remembered hearing him in school and others took note of Bartlett appearing on the TV version of the *Ted Mack's Amateur Hour*. Gael Boardman believes that his last performance was for him and his son.

References were made to the number of stores that had been in the area, and to the three-story mercantile that stood where Joe's Snack Bar now resides. (*Joseph Rotunda bought the former E.B. Williams store from George Woodruff. The store was destroyed by fire on April 15, 1963 - History of Jericho, Vermont Volume II.*)

Gael Boardman told about how Stanley Hoag built houses in the area after the war. "He hired the Linder family to work for him," Boardman said. "They built a house and found out that there wasn't enough head room" in the cellar. It seems that Hoag told

the woman who had already moved in not to be alarmed at the loud noise after lunch. There was large rock that kept them from digging the basement deeper, so he had one of Linder boys dynamite the rock. Linder had learned demolition during the war. The Linders had been know to blow up heaps of tires and bed springs. "Everyone lived," Boardman chuckled.

Speaking of demolition, the Conservation Corps came to the area to clear ditches and blew debris 60' into the air. Ken Tobin remembered his dad and Uncle Henry were blasting rock. Henry was wary of dynamite. After an afternoon of blasting, someone tossed a stone into an opening Henry and Ken's dad were looking into and Henry remarked, "See, stuff could still be coming down."

Betty Moore commented that in the 1940s, folks would take out their phonograph and dance in the middle of VT Rt. 15. "Not many cars back then," she said.

"If you ran out of gas back then," Ken Tobin said, "you'd wait a long time before another car came along, and there were no gas stations open."

Stewart Alexander told how Clyde Haywood would light the fire at the school house. One morning, he put a frog under the teacher's hand bell and when the frog jumped out, she swooned. The picked her up and put her in the closet.

Ed Moore spoke about a project her and other Underhill residents have been working on. They group has compiled comprehensive (and as complete as it can be) volume on the seven cemeteries in the town. "We have visited every cemetery," Moore stated, "and have combed through mountains of documents." The information can be accessed at the Underhill Town Offices. Moore has created a database and the information should be available online in the future. "This has been a formidable task," Ed explained. "There are 8400 graves and the question was, could it be put into one database and onto one map?" Moore assured the crowd the answer was yes.

(In the early 20<sup>th</sup> Century, industry in Jericho was thriving. There were three creameries: one was on Lee River Road, a second was the Borden's Milk Receiving Station on Stone Hill, and the third was behind Fosters' Mill on River Road. There was a cheese factory located at the Riverside Cooperative Creamery.

(Other businesses included: Underhill Feed Mill; harness and shoe repair: Dennis Rood, Ernest Gomo, and John Vautier; blacksmith shops: Jed Varney, Frank Hoskins, Howard Ayers, William Trieb, Perly King, and Leo Carrier; lumber mills: E.B. Williams; Whittings Novelty Shop; Crossett Shonio; William Trieb barrel builder; granite sheds; barbers and beauty shops including Gert's Beauty Parlor. There was a sanatorium run by Bertha Pettingill and a Rest Haven run by Mrs. Clifford Fuller.

(The Hotel Sinclair was in the Riverside area of Jericho and the Fenns used their home as a Tourist House. There was a luncheonette and a soda fountain, the Cabin Restaurant and Effie's.

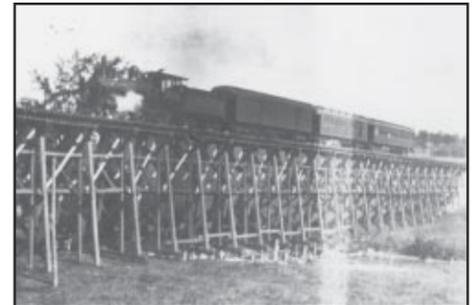
(The two towns sported several general stores, a grist mill and several lumber mills - History of Jericho, Vermont Volume II)

The communities were thriving!



Build by Ed Sinclair, and run by him and his wife Ruth. And contrary to current use, their name, as far as anything I have ever heard, was pronounced "Sinkler", not "Sin-clare."

The building became Joe Rotunda's store, but the picture shows it when George Woodruff was running it from 1928-1940. This picture was taken in the early to mid 1930s. The Rotunda Brothers (Joe and Tom) ran it from 1940 until it burned April 15, 1963. The building on the left is the drug store.



Burlington and Lamoille trestle in Jericho over Lee River.



At right, the tarmac when VT Rt. 15 was being paved in 1935. The building in front of it was Frank Machia's store (just left of the building where the Hackneys now live), and in back of the left tree you can see a bit of the creamery on the lot in front of Browns River Middle School.

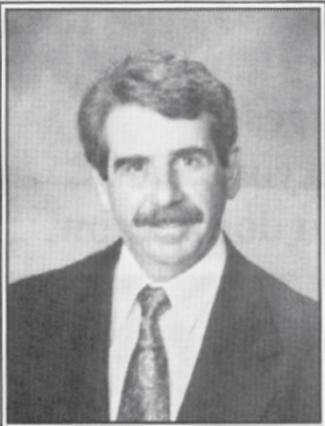


Riverside Appliances, formerly Chancey Hayden's store. Hayden was the Jericho Postmaster.



This is Wayne Nealy's store in Jericho Center, later Desso's and now the Jericho Center Country Store. From the look of the car, this was taken around the early to mid 1920s. Wayne was a clerk there for the Jordan Bros., then purchased the business, and later the building. He ran the store from 1922-1958, and in addition was the assistant Town Clerk from 1907-1926, and Town Clerk from 1926-1951. He was also postmaster of the post office located in the store for 34 years. It became a tradition for the storekeeper to also be the Town Clerk - first E.H. Lane, then E.B. Jordan, and finally Wayne, between them covering about 100 years.

PHOTOS CONTRIBUTED BY GARY IRISH AND COURTESY OF THE TOWN OF JERICHO



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# HISTORY FROM OUR SENIOR CITIZENS

## Harold Putnam - life down on the farm

By Brenda Bennett Boutin  
Mountain Gazette staff

"Down on the farm..." fits Harold Putnam, one of two children born to Joel and Mabelle Putnam in September of 1914. He was born on the farm that his great-grandparents, Joel and Esther Putnam, purchased in 1853.

Harold and his sister Elizabeth went to school in Cambridge. "The school bus used to come and pick us up," Harold said. The bus was horse-drawn and picked up children who lived more than two miles from school. "Bet you didn't know that rural schools were placed so that no child had to walk more than a mile to school," he continued. Harold graduated from Cambridge High School in 1931 at the top of his class, and his sister went on to nursing school. "Elizabeth was a person in her own right," Harold tells. "She was head of maternity at Copley Hospital for years." Elizabeth did not marry until late in life.

Like generations before him, Harold took over the farm from his father. "Farming has changed a lot," Harold mused. He goes on to tell about how farmers used to bring their milk to the Cloverdale Creamery and have it run through the separator. The cream was shipped to Hartford, CT and the farmer took the skim milk home to feed the pigs. As time passed, farmers had their own separators and took only the cream be shipped. It wasn't until the 1930s that whole milk was shipped to Boston, MA on the Burlington and Lamoille Railroad.

Farming was done with horses, and Harold said, "I had a great Morgan mare that I raised from a colt." Harold paid \$50 for Beauty and trained her himself.



Harold's Dad haying.

take-off. "That engine was Ford tough," Harold smiled. Although he couldn't remember if Elwood Clark had built that one, he knew that Clark had gotten ahold of some army surplus vehicles and had built and sold them to farmers. "There weren't any tractors around then," he said. Farmers did a lot of work with them. "I remember when gas was four gallons for a dollar," he went on. "Now it's four dollars to a gallon."

"I didn't go to war," Harold said. "I would have if I had been called." Since he was the only son of a farm family, he was not required to serve in the military services.

Harold met his wife Lois Gould in church. Lois had moved to Cambridge when her father was assigned as minister at a local parish. Times were tough in the 1930s and Harold and Lois went on picnics. They were married on June 16, 1946, and had four children: William (Bill), George, John, and Beth. "That was the most important day of my life," Harold says.

"We lost John," he said. "He did two tours in Viet Nam and came home without a scratch." John was a pilot and was killed stateside during practice maneuvers.

The Putnam farm sits in three counties and three towns. "Up in the woods," Harold gestures behind his little house, "there's a spot where Chittenden, Franklin, and Lamoille counties meet." The farm lies in Cambridge, Westford, and Underhill. "Fletcher use to come across the river," he tells the listener. "But they re-drew the town line so folks wouldn't have to cross the river to go to town meeting. If you drew a straight line from that stop," Harold continues, "you'd end up at the 'chin' of Mount Mansfield. It would cut a house on Pleasant Valley Road right in half."

Along with dairy farming, the Putnams have produced maple sugar products for generations. Early on, sap was collected in wooden buckets and gathered by horse-drawn wooden tubs. The sap was boiled in flat-bottom metal pans on two stone arches. By the turn of the century, the sugarbush had grown to 3000 taps. Wooden buckets were replaced by metal buckets, and the stone arches were replaced by a single metal arch. In that era, there was little market for liquid maple syrup. Most of the crop was sold as maple sugar at ten cents per pound, in five- and ten-pound tin cans.



Lois and Harold Putnam

A new sugarhouse was built in 1936, the old one having stood the test of time for nearly 75 years. Tractors began to replace horses for gathering sap in the 1950s and 1960s. Otherwise, sugaring at the Putnam Family Farm continued largely unchanged until August, 1968 when the sugarhouse burned. A small replacement sugarhouse was built and only enough syrup for family use was produced from 1969-1976. In 1976 another sugarhouse was built, which served well until it was retired in 2002.

Harold's son Bill and his wife Donna are the fifth generation of Putnams to carry on the tradition. Bill is no longer farming, but he has kept the original farm property to date, renting pasture space to a local beef farmer and barn space for storage. He continues to sugar with a new, state-of-the-art sugarhouse launched last spring. He made 725 gallons of fine Vermont syrup.

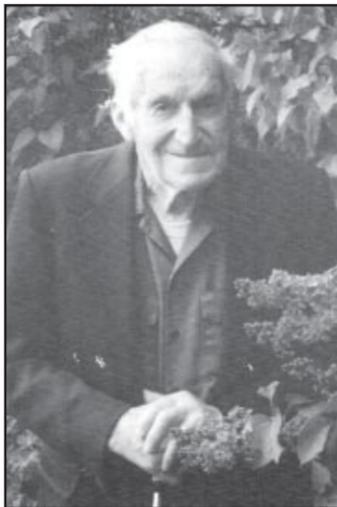
Harold lost his beloved Lois in 1999. "I wish I'd had a few more years with her," Harold said. "But God took her home."

Today Harold lives in a little house across the road from the farm. He and his grandson have built a beautiful lilac garden in memory of Lois. The garden surrounds the visitor with aromas and shelter. In the center of the garden sits a potash kettle, hand-hammered generations ago. A cabin that once graced the Big Spring on Smugglers' Notch is also preserved there.

Harold is a true historian. He has gathered and preserved documents and photos of this area and has compiled them in stacks of albums.

Harold is surrounded by his children, grandchildren, and great-grandchildren. He encourages friends to stop by for a chat.

When asked if he had any regrets, Harold said, "I've had a good life. I wish my wife had lived longer."



Harold in the lilac garden.



Sugarhouse in 1936. PHOTOS CONTRIBUTED

Men working at the Putnam sugar camp.



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# HISTORY FROM OUR SENIOR CITIZENS

## Luella Lamphere - mother, Town Clerk, historian

By Brenda Bennett Boutin  
Mountain Gazette staff

Nestled in a little white house on Beartown Road in Underhill Center there lives a lady who has been instrumental in fostering changes in the town of Underhill: Luella Lamphere was born May 18, 1915. She is a direct descendent of Samuel Adams (as were Ethan and Ira Allen).

At the time of her birth, Luella's parents were leasing the store in Underhill Center from C. E. Terrill. Her father later owned the store for 30 years.

When she was ten, her mother bought the adjoining building and developed it into the Mansfield Inn. "Mother was in charge of the accommodations for folks who came to the Underhill side of Mount Mansfield to ski," she said. Luella produces documentation that shows that railroad fare from New York City cost \$9, round-trip. A hotel room with meals cost \$3 and you could get a room for \$1 but had to walk to get your meals.

Her father sold the store and moved the Town Clerk and Treasurer's office into the house. He also sold insurance.



Luella and her brother

The post office was in the front room of the house. Her parents owned a camp in South Hero and she almost drowned. "My mother saved me," she tells listeners.

Her mother was a trained nurse and an accomplished seamstress. She kept Luella well dressed.

As a child Luella played with dolls and handmade clothes, a wicker carriage and crib, doll dishes, a table and chairs, paper dolls cut from the Sears catalogue, cups and saucers, a toy iron stove, and wagons and sleds.

"We played made up games," she said. "Once we dressed up our little dog in a fancy hat and lace and put her in a wheelbarrow with a stuffed dog." She smiles and goes on to say that she and her friends dressed up and had a mock wedding for the dogs on the steps of St. Thomas Church.

She remembers that there was a great deal of work to be done. Little girls could stir the cream to separate the butter from the whey, and she was charged with bringing in wood, dusting, and washing dishes.

She was a member of 4-H in both cooking and sewing groups. When you learned to sew well enough, you could join the ladies in sewing and tying quilts.

Luella went to school in the Center and in 1927, the flood washed out the bridge between the school and town. "A big tree went down over the stream," Luella remembers. "We walked across it to get to and from school."

She attended high school in Essex. "Old Guy Benedict had a car that he bused kids with," she said. "He was a grand old man. He'd run errands for folks." She graduated in 1932. There were about 30 or so in her class.

Luella met her husband Carl when he came from Swanton to Underhill to work for the Civilian Conservation Corps. He would visit her at her home. "We drew in rugs," Luella smiled. The term references hooking rugs: they were done on old burlap bags and each person would design their own patterns. "I still have one that we did in the basement somewhere," she said. They were married in 1935 and enjoyed 51 years together until he died in 1986. They had five children, three still living.

"There wasn't much money, so we made old clothes into quilts and braided rugs," Luella said.

They would go sledding on traverses. "We'd start up beyond the Catholic Church on Range

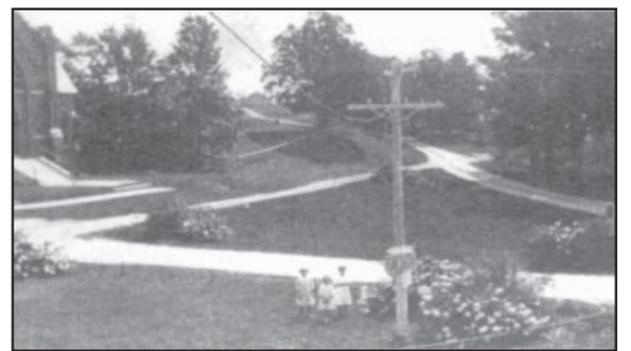
Road," she said.

Though her mother was not Catholic, she had many friends in the Catholic Society. "Mother didn't like the way the lawn in front of the church looked," Luella said. "She got some women together and they organized help to clean up the area and plant flowers." She went on to tell how the cars still parked on the lawn and so she commissioned an iron fence to keep folks off the lawn.

Luella's mother became Town Clerk when her father died. "She



Looking down Range Road toward the Center, the fenced corner on the right belonged to the Catholic Church.



The church yard was lovely when the ladies had finished with it. The iron fence can be seen in the lower right hand corner.

PHOTOS CONTRIBUTED

finished out his terms," Luella recalls. "Then I became Town Clerk and held the position for 20 years." During that time Luella was instrumental in getting the cemeteries in good order and much more. She was Town Clerk from 1939-1959. "I'd do title searches for lawyers," she said. "They trusted me to do them right."

In 1948, she read where some schools in other towns were serving hot lunch. She found that there was a state program to pay toward the hot lunch program. Luella suggested to the Parents-Teachers Association that they have a program in Underhill. Robert Russell opposed the idea, fearing that it would cost them money. They needed a sponsor for one year to get state funds and she guaranteed them that it would not cost them a cent. They voted their consent. Luella went on to raise money; one event was a dance at the Hen House in Underhill Center. Al Cole's band was hired for \$45. They raised \$77.07 for the program. They hired ladies in each district to cook and deliver them to the schools.

When her children were ready for high school, she gave up her job as Town Clerk and Treasurer and drove her children and others to Burlington for school. "I went back and forth for eight years," she said.

Luella quit work in Burlington when the Mount Mansfield School District was forming and went to work as Treasurer for the district. She retired in 1980.

Today Luella lives surrounded by boxes of file folders and piles of binders, still writing and researching every aspect of Underhill history that she can find. "I've been through papers and cut out things," she said. "Here's a story you need to write." She handed the reporter a file containing information on the Hannaford Fife and Drum Corp.



Luella Lamphere

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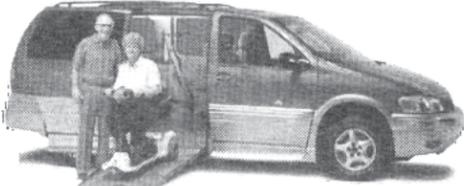
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# SENIOR NEWS

## Cathedral Square recognized for excellence

Grand Way Commons is South Burlington's newest affordable senior housing community, developed and managed by Cathedral Square Corporation. During the 2008 Community Development Award ceremony at the State House in Montpelier, Cathedral Square was recognized for the successful completion of the project.

"This project exceeded our expectations," stated Nancy Eldridge, Executive Director of Cathedral Square. "Not only were we able to open more homes to area seniors, we were also able to house four wonderful organizations under one roof. Cathedral Square shares the first floor with United Way of Chittenden County, HomeShare, and the Adult Day Program of the Visiting Nurse Association of Chittenden and Grand Isle Counties. It's a great location for all of these activities and South Burlington could not have been more welcoming."

With a waiting list of more than 800 households, Cathedral Square is always looking for ways to expand housing opportunities for seniors. Grand Way is the eighteenth senior housing community in Chittenden County that is operated by the organization. Cathedral Square also recognizes that a strong social service network is critical to the well being of its residents. "Resident Service coordination is a commitment we make to our residents, and the need for services within our communities is growing", said Eldridge. "It was a natural extension of this commitment to create a building that supports the organizations that serve seniors."

Tom Fowler, Property Manager of Grand Way Commons, attended the award ceremony and spoke of the importance of Grand Way Commons to the lives of so many residents. "I hear again and again what a nice place this is to live. It's always good to remember that Cathedral Square is in this first and foremost to improve lives."

Cathedral Square Corporation is an award-winning developer, owner and manager of affordable housing for older Vermonters and individuals with disabilities.

## Copley Terrace receives superior rating

Copley Terrace, a 38-unit Housing & Urban Development (HUD) property located on Washington Highway in Morrisville, has received a superior rating from a recent management review by the Vermont State Housing Authority. Copley's Administrative Director of Facilities and Support Services Carol Ferrante noted that areas inspected included general appearance and security, follow-up and monitoring of project inspections, maintenance and standard operating procedures, tenant management relations, general management practices and overall rating.

Ferrante attributes credit to the many residents and site manager and resident services coordinator Connie Hamel. "Our residents play a key role in the rating," says Ferrante. "Their pride in making Copley Terrace 'home' makes the overall management and upkeep a pleasure for Hamel and staff."

The happiness and well-being of residents is one of many criteria HUD pays close attention to when reviewing a site. "Based on interviews conducted with our residents during the assessment it is clearly evident they are happy with the facility and how it is managed," commented Ferrante adding, "Connie works closely with each resident ensuring their needs are met as well as creating an atmosphere that encourages healthy lifestyles and comfort."

Copley Terrace, built in 1983, is for low-income elderly and mobility impaired. Wellness activities, with funds made available through the Housing and Supportive Services Grant from the Vermont Department of Aging and Disabilities, include yoga, blood pressure screenings and foot clinics. Other activities include hair dresser visits at the on-site beauty salon, jam sessions where local musicians entertain, use of the community computer with internet access, and bingo. Recently, Meals on Wheels began providing a weekly family style meal allowing residents to eat together. And bible study has been added to the growing list of offerings. "A volunteer group of residents also prepares a monthly community meal for other residents," added Ferrante.

For more information on this senior citizen community, call Connie Hamel at 888-7896. Copley Terrace is part of Copley Health Systems.

## CVAA Meals

The Champlain Valley Agency on Aging offers an ongoing series of special meals for groups of seniors at a variety of restaurants in the area. The schedule is listed below. All seniors are welcome to join the group and enjoy lunch with neighbors and friends. Participating seniors must be at least 60 years old, or the spouse of someone at least 60 years old. Suggested donation for meals is \$3 at Covenant Church and United Church; for meals at other sites, \$5. Transportation may be available if needed. Reservations are required for these meals and may be arranged ahead of time by calling 865-0360.

Thursday, June 19 – Ponderosa, Williston, 11:00 AM check-in, 11:15 lunch. All you can eat buffet.

Friday, June 20 – St. Michael's College buffet, Colchester, 11:30 check-in, 11:45 AM lunch.

Monday, June 23 – Covenant Church, Essex Ctr., 12:00 noon. Corn chowder, tuna salad, lettuce and tomato, bulky roll, sherbet.

Tuesday, June 24 – T-Bones, Hampton Inn, Colchester, 11:00 AM check-in, 11:30 AM lunch. Pasta salad plate.

Wednesday, June 25 – St. Michael's College buffet, Colchester, 11:30 check-in, 11:45 AM lunch.

Thursday, June 26 – Ponderosa, Williston, 11:00 AM check-in, 11:15 lunch. All you can eat buffet.

Friday, June 27 – United Church, Hinesburg, 12:00 noon. Goulash, garden salad, Italian bread, ice cream.

Monday, June 30 – Covenant Church, Essex Ctr., 12:00 noon. BBQ riblets, mashed potato, spinach, fruit bread, Mandarin oranges.

Tuesday, July 1 – Vidalz, 20 Susie Wilson Rd., Essex Jct., 10:30 check-in, 11:00 lunch. Pot roast dinner.

Wednesday, July 2 – Dutch Mill, Shelburne Rd., Shelburne, 10:00 AM check-in, 11:00 AM lunch. Baked ham dinner.

Thursday, July 3 – Bridge Street Café, Richmond, 11:00 AM. Chicken.

Friday, July 4 – Holiday – no mealsite.

In addition, CVAA-sponsored meals for seniors are offered on an ongoing basis at the following establishments. Tickets must be presented before ordering. For details about the special ticket program, call 865-0360:

A.J.'s Kitchen, 85 Main St., Essex Jct. – open menu; tickets limited. Sunday-Tuesday, 5:00 AM – 2:00 PM, and Wednesday-Saturday, 5:00 AM – 8:00 PM.

Bridge Street Café, Richmond – breakfast, lunch, or dinner (ordered before 5:30 PM) Monday-Thursday. Regular menu excluding shrimp, steak, or some specials.

Dutch Mill, Shelburne Rd., Shelburne – Tuesday-Sunday, 7:30 AM – 2:00 PM.

Old Yankee, 4A Jericho East, Jericho. Meals Wednesday-Sunday, 3:00 – 5:00 PM. Ordering off senior menu.

Ponderosa, Williston – lunch buffet, 11:00 AM – 4:00 PM, Monday-Friday. Tickets are limited.

## Meals on Wheels volunteers needed

Do you believe that our elders should be respected and cared for? Do you have an hour a week to spare? Yes? Then please consider volunteering for Meals on Wheels.

We are in need of a few more drivers and substitute drivers to deliver nutritious meals to a few folks in our area. Won't you please help to assure that your neighbors get to eat a hot meal today?

If you are interested in volunteering, or if you could benefit from receiving meals, please call Lisa at the Champlain Valley Agency on Aging, 865-0360 x1 040.

## Something's gonna get you

Lean in closer. I've got a secret to tell. Ready? Despite increasing longevity, medical advances, and even genetic testing, we're all terminal. In other words something's gonna get you! The only question is, from a financial planning point of view, what will it be, how long will it last, and what are the financial ramifications?

None of us know whether an accident or illness will cause our demise. We don't know if our death will be quick or preceded by years of care. So, given all the uncertainty, what do financially savvy people do to plan?

There are three critical insurance coverages needed to protect your income, and assets like retirement savings, against any kind of health problem. Ignore one of them, and you are vulnerable – to either paying out-of-pocket, or worse, not being able to pay. What happens then? Dependency on the kindness of friends, relatives, charities, and/or government programs.

Critical Insurance Coverage #1: health insurance. This will likely be Medicare if you are over age 65, and some type of health insurance if you are under age 65.

Critical Insurance Coverage #2: disability insurance. Disability insurance replaces your income if you can't work because of illness or injury. Long-term disability insurance will typically pay until age 65. If you are under age 65 and you rely on your income, this is critical coverage. See what coverage is available through your employer, and if it's not adequate, buy an individual policy.

Critical Insurance Coverage #3: long-term care insurance. Long-term care insurance will pay for professional long-term care services if you need long-term care. Long-term care is defined as care expected to last at least 90 days, caused by either severe cognitive impairment or the loss of at least two activities of daily living. Long-term care may be given in your own home, by a certified nurses' aide for example, or it may be received in a facility such as an assisted living facility or nursing home. Long-term care insurance is the only type of insurance designed to cover this care.

To recap, health insurance pays the acute medical bills such as doctors, hospitals, and physical therapists. Disability insurance doesn't pay any bills, but it replaces lost income if you are sick or hurt and can't work. Long-term care insurance pays for professional custodial care: help with activities of daily living such as dressing, bathing, eating, etc. and/or for supervisory care that is needed due to a cognitive impairment such as Alzheimer's disease.

Long-term care insurance is a must to complete your health insurance planning no matter what your age, and disability insurance is a must if you are under age 65. Although something's going to get you eventually, that doesn't mean that you can't protect your lifestyle and your wallet.

*Duncan A. Winton is a speaker and founder of D. A. Winton & Assoc.*



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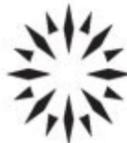
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**New walkway at Jericho Town Library**



Did you see the work going on in front of the Jericho Town Library during the month of May? Come check out the now complete new stone walkway at the entrance to the library. It was generously designed, planned, and installed by Steve Matterna of Archway Masonry. The Jericho Town Library Board would like to thank Steve for the donation of his time and talent. Joe Erdelyi's assistance was also appreciated, along with several monetary donations from community members to cover the cost of materials. A special thanks to Whitney and Jennifer Fellows for donating one of the pallets of stones.

PHOTO CONTRIBUTED

**Pairings at The Village Cup**

Kim Evans and Sue McNamara, owners of The Village Cup, announce the expansion of their bakery and café. This well-established destination is now open Friday and Saturday nights, with good wine and beer, good food, and good company. This is the philosophy that is reflected in the evening menu. The menu pairs an extensive wine and beer list with creative small plates and entrees. Well-known for their delicious dessert and bakery items, now come and enjoy an amazing selection of local cheeses, small plates, flatbreads, salads, and featured entrée specials. This local daytime gathering spot is sure to become a nighttime favorite as well. Come enjoy the spirit of community and epicurean adventure.

**Meeting to address forest issues, plan**

The Forest Legacy Program, a partnership between participating states and the USDA Forest Service to prevent forestlands from conversion to non-forest uses, will hold a public meeting Tuesday, June 24 at 6:30 PM, Charlmont, Morrisville as part of conducting a state-mandated periodic assessment of the state's need for the program.

A draft of a new plan for the program, the Assessment of Need (AON), has been developed over several years by the Agency and the Vermont Forest Stewardship Committee. The plan lays out the current condition of private forestlands in the state, articulates goals for the VT program, proposes a single Forest Legacy Area encompassing many parts of the state, and updates criteria for selecting individual projects. At the meeting, attendees will hear a presentation about the program and the draft AON and offer their comments and suggestions.

For information, visit [www.vtfpr.org/lands/aon.cfm](http://www.vtfpr.org/lands/aon.cfm) or contact Bill Rossmassler at Lamoille County Planning Commission, 888-4548, or [bill@lcpvct.org](mailto:bill@lcpvct.org).

**DEBORAH RAWSON MEMORIAL LIBRARY, JERICHO**

Calling all gardeners! Every Friday morning people are invited to join Susan Adams at the library from 9:00 – 11:00 AM to do volunteer weeding and grounds upkeep. Bring your tools and enthusiasm. Snacks and drinks will be provided. For more information please contact Holly at the library.

The Board of Trustees meeting is Thursday, June 19 at 7:00 PM. Everyone is welcome to attend.

Again this year adults are invited to keep a summer reading log. For every five books you read you may enter into a drawing for a gift certificate to an area business. Stop by today and pick up a form! The drawing will take place on August 29. This is sponsored by the Deborah Rawson Friends of the Library.

Wednesday, July 9 at 7:00 PM the mystery book group will be meeting to discuss the book *The Nine Tailors* by Dorothy Sayers. Everyone is welcome so please join us!

We have new Putumayo music CDs as well as several new DVDs including *Planet Earth*, *The Blue Planet*, and the complete *Monarch of the Glen* series. New books on CD: *The Unexpected Mrs. Pollifax*, *The Amazing Mrs. Pollifax*, *Vineyard Prey*, *The No. 1 Ladies' Detective Agency*, *Change of Heart*, *The Glass Lake*.

Reading Buddies – In Reading Buddies, middle and high school students are paired with elementary students who wish to practice their reading skills over the summer. We encourage partners to meet 30 minutes each week of the summer whenever possible. For details, pick up an information sheet and application form at the Deborah Rawson Memorial Library. Students will be enrolled on a first come, first served basis.

Stress Reduction 101, Thursday, June 26, 1:00 PM – Do you sometimes feel like there's too much going on all at the same time? Betty Moore Hafter will help teens discover ways to relieve stress, relax, and concentrate on their inner self. Participants will create their own individual set of "stress beads." Grades: 5-high school. To register, call 899-4962.

Teens and Tweens Writing Camp, Tuesday, July 1 and Wednesday, July 2, 10:00 AM – 12:00 PM, Thursday, July 3, 9:00 – 11:00 AM. Last year's Writing Camp was jumping with enthusiastic writers. Molly Abbey returns this year to lead both students who love to write and those who are interested in keeping their writing skills sharp. Grade 5-high school. To register, call 899-4962.

Story Times – No registration needed. Wednesdays, 11:00 AM, July 2, 9, 16, 23, and 30. Stories read each week by a "guest reader" followed by light refreshments at the picnic table. Recommended for preschool-grade 1.

Bad Bugs: Watch Out, the "Lone Ranger" is Coming – Thursday, July 3, 12:00 noon. Be here when the Very Merry Theatre arrives at our backyard to present an original version of *The Lone Ranger*. If it rains, the event will be held in the Underhill I.D. multi-purpose room. All ages.

Spin a Tale, Tuesday-Thursday, July 8-10 from 10:15 – 11:45 AM. Portia Senning from the Underhill Central School will help young writers develop their writing skills. Participants will have the opportunity to try some interesting activities that will foster their creativity and promote a love of writing. Grades: 3-5. To register, call 899-4962.

Library hours: Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM – 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM; closed Monday. For information on any of the library's programs, call 899-4962.

**JERICHO TOWN LIBRARY, JERICHO CENTER**

It is not too late to join the Summer Reading Program *Catch the Reading Bug @ Your Library*. It is open to preschool through young adult, with programs, prize drawings, story hours, a reading club, and more. Families are invited to join the Read-to-Me portion of the program. All programs are free of charge. For further event descriptions, flyers are available in the library and the Summer Program events are listed on the [twotownsonline.org](http://twotownsonline.org) website. Stop in or call 899-4686 to register for summer events.

Friday, June 20, 7:00 – 9:00 PM, TAB (Teen Advisory Board) Movie Night. Refreshments. Please call for more information. Refreshments. Grades 7 and up.

Monday, June 23, 2:00 – 3:00 PM, Live bee hive with Tom Baribault (Grades 5 and up) and Anne Gnagey (K-4).

Wednesday, June 25, 2:00 – 3:00 PM, Wiggle Squiggle Bugs with Donna McDermid. Grades K-4.

Monday, June 30, 10:00 AM – 12:00 PM, Beeswax and hand dipped candles with Kate Mendocino. All ages.

Monday, June 30, 2:30 – 4:30 PM, Pinhole cameras with Olaf Verdonk. Grades 5 and up.

Wednesday, July 2, 2:00 – 3:00 PM, Water Bugs with Gretchen Alexander and Brian Swisher. All ages.

Monday, July 7, 1:00 – 2:00 PM, Tie flies for fishing with Dave Harame. Grades 5 and up.

Monday, July 7, 2:00 – 4:00 PM, Makeup Metamorphosis with Marjorie Minot. Grades 7 and up.

Wednesday, July 9, 2:30 – 3:30 PM, Outrageous Origami. Paper supplied and can BYO dollar bills. With Amy Malinowski. Grades 3 and up.

Wednesday, July 9, 4:00 – 6:00 PM, Buggy Books with Tracey Campbell Pearson. Refreshments. Grades 3 and up.

Friday, July 11, 3:00 – 4:00 PM, Ms. Frizzle – All about spiders Grades 1-4.

Friday, July 11, 4:00 – 5:00 PM, Settlers' Farm with Emilie Alexander: potluck on the Green with recipe

exchange. All ages.

Monday-Wednesday and Friday, July 14-16 and 18, 1:00 – 3:00 PM, *Stories That Fly* writing camp (Grade 5 and up) with Chris Simms and Amy Malinowski.

Monday, July 21, 1:00 – 2:00 PM, Backyard Bugs – slides, mounted and live bugs, plus cool tee shirt craft with Jerry Schneider. Grades K and up.

Wednesday, July 23, 2:00 – 3:00 PM, Wacky Worm Sisters' Down to Earth Worm Farm in Greensboro Bend.

Friday, July 25, 1:00 – 2:00 PM, Butterfly Ballet and make tutu costume with dance teacher Mia Groff. Grades K-4.

Wednesday, July 30, 3:00 – 4:00 PM, Book discussion with MMUHS English teacher Jen Adkisson.

Wednesday, July 30, 4:00 – 5:00 PM, end of summer Bug Me Party on the Village Green in Jericho Center, co-sponsored with the Deborah Rawson Memorial Library. Share in the fun with games, snacks, and drawings, prizes and book giveaway. If raining it will be held at the Community Center. All ages.

Story time including craft and snack is every Wednesday, upstairs at 10:00 AM. June 25-July 23. Special bug themes for summer program!

The public is welcome so join us at our upcoming meeting Board of Trustees on Thursday, July 10.

The hours for the Jericho Town Library on the Green are Monday and Friday 1:00 – 5:00 PM, Wednesday 10:00 AM – 12:00 PM and 2:00 – 6:00 PM, Saturday 10:00 AM – 1:00 PM. For more information call 899-4686 or email us at [Jerichotownlibrary@gmail.com](mailto:Jerichotownlibrary@gmail.com).

**WESTFORD TOWN LIBRARY, WESTFORD**

Thursday, June 19, 11:00 AM: Storytime. Stories and activities for preschoolers. Theme: South and Central America.

June 20, 7:00 PM: Special Event: Slide presentation and book-and-clothing drive for children's shelter in Peru. Westford resident Andrea Letorney is spearheading a drive to collect items for Q'osqo Maque, a shelter for homeless children in Cusco, Peru. Letorney recently spent several weeks volunteering at the shelter with her two sons and was struck by the extreme poverty she witnessed there. Determined that she would continue to help the shelter after returning home, she is seeking donations of children's books, drawing materials, warm clothing and jackets for children or small adults, and Spanish/English dictionaries. Items can be dropped off from now until July 15 at Rovers North on VT Rt. 128 in Westford or at the library. There will also be a drop box for donated items at the July 4 library book sale at the library. Letorney's sons Graham and Calef and friend Adriana Hernandez have created a slide show to be presented by Andrea featuring images of their trip to Peru, including Inca ruins, the Inca Trail, and children at the shelter. Admission is free, but attendees are urged to bring an item to donate.

Saturday, June 21, 11:00 AM: Kick off the Summer Reading Program! What's Bugging You?! Carol Winfield presents exotic bugs and insects. See [www.westford.lib.vt.us](http://www.westford.lib.vt.us) for the Summer Reading Program brochure.

Saturday, June 21, 6:30 PM: Women's Game Night. Join this fun and friendly group for food, laughter, and board games. For more information, contact Kara Bolton, 879-2513.

Saturday, June 21, 6:00 – 7:00 PM, Book Discussion: *My Antonia* by Willa Cather. Pulitzer Prize-winner Cather considered this book to be one of her best works and critic H. L. Menckhen claimed it was one of the best American novels ever written. Published in 1918, the novel compassionately and intimately traces the story of a Bohemian family as they settle on the Great Plains of Nebraska.

Thursday, June 26, 11:00 AM: Storytime. Stories and activities for preschoolers. Theme: Ladybugs.

Saturday, June 28, 11:00 AM: Float-building. Get ready for everyone's favorite 4<sup>th</sup> of July Parade! Help build a bug-themed float and then meet at the Town Garage on Friday, July 4, to be part of the parade! Adult volunteers encouraged.

Friday, July 4, Parade! Meet at the Town Garage to ride the library float in the parade. They'll be plenty of candy to throw this year!

Friday, July 4, 10-2, Book Sale. Stop by the library to stock up on some great summer reading! We've got a great selection of paperbacks and hardcover fiction, nonfiction, cookbooks, children's books, videos and more, all at rock-bottom prices.

Lots of new additions to the collection – come to the library and check them out!

We are open Wed 1-7, Th 10-6, Fri 12-6, and Sat 10-2. We can be reached at 878-5639, [westford\\_pl@vals.state.vt.us](mailto:westford_pl@vals.state.vt.us) or our website [www.westford.lib.vt.us](http://www.westford.lib.vt.us).

Visit our recently updated website for upcoming events and new books, CDs, and DVDs: [www.westford.lib.vt.us](http://www.westford.lib.vt.us). Our hours are Wednesday 1:00 – 7:00 PM, Thursday 10:00 AM – 6:00 PM, Friday 12:00 – 6:00 PM, and Saturday 10:00 AM – 2:00 PM. We can be reached at 878-5639 or [westford\\_pl@vals.state.vt.us](mailto:westford_pl@vals.state.vt.us). "Check us out!"

**VARNUM LIBRARY, JEFFERSONVILLE**

The Varnum Library is open Monday and Tuesdays 1:00 – 8:00 PM, Thursdays and Saturdays 9:00 AM – 12:00 PM. The library is at 194 Main Street, Jeffersonville.

**RICHMOND FREE LIBRARY, RICHMOND**

The Richmond Free Library, 201 Bridge St., Richmond, 434-3036, is open Mondays and Wednesdays, 10:00 AM – 8:00 PM; Tuesdays and Thursdays, 1:00 – 6:00 PM; Fridays, 10:00 AM – 6:00 PM; Saturdays, 10:00 AM – 2:00 PM; closed Sundays.

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### Poker Hill School news

It's been a great school year at Poker Hill School. We've had fun in the sun, the snow, the rain, and the mud. The children have learned and grown and many are ready to head off to new places and new adventures as they leave us for kindergarten.

We have recently added some new animal friends to our school. We have two very sweet new lambs named Buttercup and Sassy, and two guinea pigs, Cookie and Sparkles. Raven and Princess, two miniature ponies, have joined us as well. Raven is a 16-year-old mare and Princess is a 10-year-old mare. The children have enjoyed feeding them and simply observing their behavior.

Lastly, the Poker Hill School Board is proud to announce the hiring of three new teachers for the 2008-09 school year. Tamara Pless will bring her exuberant enthusiasm to our Tuesday/Thursday program. Tamara lives in Jericho with her husband Bryant and their two children, both PHS alumni. Tamara has education endorsements in physical education, health, and counseling. Cathy DesRoches will be a full-time teacher. She is a 2005 graduate of St. Michael's College with a degree in Elementary Education. She loves to rock climb and snowboard. Kat McGorry will also be working as a full-time teacher. She graduated from UVM this May with degrees in Early Childhood Education and Early Childhood Special Education. She also has a minor in Art. Kat enjoys playing Ultimate Frisbee, snowboarding, and working with clay. We look forward to our new teachers becoming part of our Poker Hill family. Emily Carson and Heather Ward-Minger are both resigning this June.

We hope everyone has a wonderful summer and we look forward to seeing old and new friends at summer camp and in September!

### Browns River Middle School news

We have come to the end of another school year. This year we are saying goodbye to veteran teachers Cheryl Wexelblatt and Charlotte Kenney, who have a combined total of 63 years of dedication to teaching and children. Mrs. Wexelblatt and Mrs. Kenney are each retiring. We wish them all the best as they enter into a new phase of their lives.

We are also saying goodbye to two teachers who are continuing their careers at different schools next year: Heidi Abbott and Juliet Veve-Thomas. A great big thank you to them for their dedication to our school and students over the past few years.

We are also welcoming new staff to our school. Bonnie Tolzmann will be our new Spanish/World Languages teacher for grades 5, 6, and 8. She has taught Spanish part time at Essex High School, was a long-term substitute in Spanish I and III at Milton High School, and was an Instructor in Beginning Intensive Spanish at St. Michael's College.

Justin Bayles has been hired to be the Student Activities Coordinator, which is a new position at BRMS. His past experience includes: Assistant Athletic Director at the Pine Ridge School, coaching experience in softball, soccer, and basketball, and most recently he was the Planning Room Director at the Thomas Fleming School, where he also managed the after school program.

David Baroody will be teaching 8<sup>th</sup> grade Language Art/Social Studies next year. He has taught five years in private schools and Essex Middle School, and completed his internship at Williston Central School.

Lisa Windhausen will be teaching 8<sup>th</sup> grade Science and Algebra next year. She completed her internship at Shelburne Community School and was the lead science teacher for grades 7 and 8 on a team at Williston Central School.

Two Special Education teachers will be joining our staff next year. Shelley Francis comes to us from Mount Mansfield High Union School and will work with students in grades 5 and 8. Jennifer Drager has finished her student teaching at CVU and recently completed her Master's Degree in Special Education at St. Michael's College. She will also be working with students in grades 5 and 8.

If you come by to visit the school this summer, be prepared to see some construction work going on! This July construction will be underway to create a new entryway to our school. We will be removing some windows in the Main Office area so when parents/visitors come to our school during the day, they will enter directly into our office area. The other main doors will be locked during this time. This is for security purposes. After school hours, the new entryway will be locked and people will be able to enter the building from the front entryway as they have done in the past.

That's it for this school year. Have a wonderful, safe summer and we will be back very soon for the 2008-09 school year.

### Report from the UCS Board: building heating and insulation

At the March Town Meeting the voters of the Underhill Central School District approved the expenditure of \$194,000 to improve the heating and insulation of the school building.

The concerns highlighted in the school report were: The ceiling of the 1986 addition is not properly insulated and the roof ventilation is inadequate, causing icicles outside and dripping water inside. The carbon dioxide levels in one classroom and the multipurpose room were above standards due to inadequate air circulation. High levels of carbon dioxide, although not a health hazard at these concentration levels, cause people to become lethargic and less alert – exactly the opposite of what we want in our classrooms. The ventilation air system in the multipurpose room is not operational. Some rooms are not adequately heated. A complete engineering analysis of the older heating/ventilation systems and their controls should be undertaken.

The School Board has retained Dore & Whittier Architects, Inc. of South Burlington to define the scope and details of the work to be done. It is our expectation that the project will be completed before school begins August 27. The scope of the work will include:

Throughout the facility: Balance air and water movements, seal duct-work and replace torn gaskets, do hydronic water testing and, if necessary, fill the hydronic systems with 30% glycol solution.

For the 1980 addition (multipurpose room, kitchen, and administrative offices): Replace existing corrugated metal roof over kitchen and administration offices with standing seam metal roof with ice and water shield. The existing rafters will be reinforced to meet current code requirements for snow load. Provide continuous rigid insulation with vented insulation sheathing panel at the roof level. Provide spray insulation at roof-to-wall transitions and insulate the attic wall. Replace and relocate heat generating equipment currently located in the attic space including the kitchen freezer compressor, and the dryer vent pipe. Repair controls on air handling unit (AHU) in multi-purpose room and relocate piping for access to AHU.

For the 1986 and 1993 additions (on the ball field side): Clean system components. Insulate ductwork and heating coils. Replace Louvers with wall caps. Repair exhaust fan. Reconfigure access location into attic of 1993 addition and provide insulated access door to align with attic insulation. Mechanically fasten loose batt insulation in the attic space.

The architects informed us that the funds we requested in March are not enough to guarantee solving the ice-dam problem. The recommendation to resolve this issue is to replace the roof and insulation, adding continuous rigid insulation with vented insulation sheathing panel at the roof level, as will be done for the 1980 addition (see above).

The School Board asked the architect to include in the scope of the work a method of sealing the corrugated metal roof so that in the event the snow and temperature (and inadequate insulation and venting of the roof) causes an ice dam to form, the water at the top edge of the dam will not find its way into the building.

The architect states that it is not feasible to build an interior "cold attic" due to the structure of the trusses and the many pipes, ductwork, and wires running throughout the attic.

It is recognized that there is no way to bring the 1986 and 1993 additions (on the ball field side) to proper condition short of bringing it to the increased insulation and roof surface ventilation similar to that which will be done this summer to the 1980 addition. It is expected that this work will be required in the next few years.

A look ahead: as a part of our budget preparation for the 2009-2010 school year we asked the principal, Michael Berry, to prepare a list of items that should be considered for inclusion in that budget. His list included introducing foreign language into the curriculum, and increasing the support for students that need literacy and mathematics assistance. Also included was a request for increased support of students in their social, emotional, and mental health needs, many of which are a result of, or are made worse by, family circumstances. Additional items on the list included further increased support for computer technology in the school and continuing to maintain the building.

The Board and administration invite your involvement in decisions on these and other items for improvement of our students' success. Our next regular meeting is scheduled for September 2 at 6:30 PM at the UCS. Meetings are generally the first Tuesday of the month.

The UCS board: Derik Bellin, Peter Geiss, John LaRue, Tony Julianelle, Shara Tarule

Wednesday, June 25: Underhill I.D. School Board meeting, 6:00 PM, Underhill I.D. Elementary School, Jericho.

Thursday, June 26: Mount Mansfield Union School Board meeting, 7:30 PM, Camel's Hump Middle School, Richmond.



Abby Lee as Charity Barnum and Bobby Hedglin-Taylor a clown in the Broadway musical Barnum, running at St. Michael's Playhouse through June 28.

PHOTO CONTRIBUTED

### "Drive like we live here," sez Tommy T. Traffic

For at least ten years, traffic has been the topic of much complaint at Underhill Town Meetings. The expressed concerns have not been so much with the inevitable increase of cars, but with the unsettling speed that a significant percentage of drivers thinks is appropriate on our rural roads.

We often don't drive... like we live here. This year, by town consent, a traffic committee was formed to study and address this issue. Say what you will about committees, it's the democratic way – many voices, many minds – considering and addressing common problems. This committee meets on the first Tuesday of every month at 7:00 PM at the Underhill Town Hall. The public is welcome.

So far, it appears that the more radical ideas like speed-activated land mines, nets that fall from trees, and snipers with tranquilizer darts will be rejected. But there is strong agreement that something has to be done.

We need to help everyone drive... like we live here. What to do, exactly?

Traffic calming. The phrase itself is sedating, isn't it? "Traffic calming" is a set of traffic engineering strategies that, through a variety of mechanisms, are proven to have some degree of success in achieving the following goals:

- 1) Reducing the number of drivers with excessive speed on all roads.
- 2) Reducing the average speed.
- 3) Providing more clarity to drivers in terms of posted speeds and appropriate traffic patterns.
- 4) Increasing safety and comfort for pedestrians.
- 5) Supporting the economic and civic life of the Center and the Flats, our two village centers.

We don't have to re-invent the wheel to achieve a quantity of these effects in our town. There's some (free) expertise available. Perhaps some grant monies to implement that expertise, too. The Chittenden County Metropolitan Planning Organization provides technical assistance, including observations of traffic patterns, field measurements of roads, and the identification of locations with restricted sight distance. They can then suggest, with some confidence, demonstrated solutions to the now near-universal Vermont problem of car travel and rural living.

Some of the solutions being discussed are gateway treatments (these better define the change in expectations as a driver enters a 'village'), signage, "dynamic" striping, 'splitter' islands, and the effective use of landscaping in traffic calming, visually defining roads by edge striping, raised crosswalks, intersection reconfiguring, etc.

It's a process, this thing. We are all dependent on cars and trucks in Underhill. They are tools we cannot discard, of course. There are differing interests and differing opinions about all this. But my guess is that nearly all of us have had that experience of some multi-ton steel-and-chrome box on wheels, driven by a totally-unaware numbskull, hurtling by – just barely in control – as we are walking, or biking, or riding a spirited (or dispirited) horse, or pushing a stroller.

Or driving, maybe. At such times, my grandfather would shake his head in disgust and comment, "Flying a little low, ain't he?"

It's not right. Exactly where are we all hurrying to on this short journey of ours around the sun? The journey will be even shorter for some of us. We're going to be hit by a few tons of careening metal. Or we're going to hit something.

So, I've begun driving differently. Let's all do that. If you speed, you're gonna bleed, one way or another. Those tickets are ghastly expensive nowadays! I have personal experience with this.

Drive like we live here.  
Tommy T. Traffic (a.k.a. Tom Nugent of Underhill)

Speed is a device of Shaitan - a saying of the Fremmen in Frank Herbert's Dune

### CESU meetings

Monday, June 23: Chittenden East Supervisory Union Policy Committee meeting, 7:00 PM at the Central Office, Richmond Town Center, Richmond.

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## Robert Hamlin named VT Athletic Directors Association Scholarship Award Winner

The Vermont State Athletic Directors Association (VSADA) is proud to announce that Robert Hamlin, MMU '08, has been recognized as one of ten VSADA Scholar-Athlete Award recipients for his outstanding achievements in the areas of athletics, academics, community service, and leadership.

"This is an amazing honor for Robert, his family, coaches, and MMU," said Activities Director Brian Cain. "The VSADA Scholar-Athlete Award is as prestigious of an award as there is for VT athletes. Robert is very deserving of this award."

Robert has been a four-year varsity starter and a captain on the cross country running, wrestling, and track and field teams. Hamlin's career has been as decorated as any athlete in VT history. He has led the cross country program to three consecutive Division 1 state championships. According to head coach Bill Eschholz, "Without Robert's leadership and ability to effect positive change in his teammates, we would not have won any of our three state titles."

Hamlin has been even more impressive on the wrestling mat, with a career record of 165-3. Three-time VT State Champion, two-time New England Regional Champion, and a third place finish at the National tournament earned him All-American honors and the best finish at the National wrestling tournament ever by a Vermont wrestler. Says MMU wrestling coach Harley Brown, "Robert is one of those kids who gives all he has every day, not just into what he does, but into his teammates. He is one of the most giving kids I have ever met. He is one of the key people in coaching our youth program and has the respect of coaches and wrestlers from all over Vermont."

Hamlin's athletic ability has earned him a scholarship on the wrestling team at Lehigh University, one of the top NCAA programs in the country. Robert also excels in academics, earning As in a course load that contains mostly AP and honors level courses. Robert has earned high honors every semester for his entire high school career. However, what is most impressive about Robert is his humility, willingness to spread the spotlight, and dedication to the pursuit of excellence.

Robert could be in National Honors Society or many other recognition societies and clubs, but shuns individual accolades. He wishes to give them to his classmates and teammates. At the beginning of the school year, Cain asked him to take a photo for a motivational poster for use around the school and the district and he declined. "I was impressed with this type of humility. Robert told me that he did not want to have any individual attention, but that he would be in a group or team photo and would be willing to help me gather the kids necessary to get the photo taken. This type of humility in today's society needs to be celebrated."

There are many more victories that Robert Hamlin has had while being a student-athlete at MMU highlighting the impact this fine young man has had on his community. Coach Bill Eschholz said it best. "My own 10-year-old son is already chasing a lot of Robert's records and wants to be 'just like Robert.' I am happy he has some one to look up to."

Hamlin is one of five male athletes in Vermont to receive this award. MMU's Caroline Winterstein '08 was also nominated and was a finalist for one of the five female awards.



Robert Hamlin receiving Vermont Press Association Athlete of the Year award from Mike Donahue.

## Robert Hamlin named Vermont Athlete of the Year by VT Sportswriter and Sports-casters Association

The Vermont Sportswriters and Sports-casters Association named Robert Hamlin of Mount Mansfield Union as the state's 2007-08 Male Athlete of the Year during a sold-out banquet at historic Plumley Armory at Norwich University on Sunday, June 8, 2008.

Hamlin, who won four Vermont state individual wrestling titles, was voted the male Athlete of the Month for March 2008 after he won his third straight New England wrestling crown by winning four major matches at the 44th annual tournament in Lowell, MA. The three New England titles also earned Hamlin induction into the New England High School Wrestling Hall of Fame — only the second Vermont wrestler so honored.

Hamlin also picked up a couple of wins in March at the National High School Senior Tournament in Virginia in the 171-pound division before losing. Also in March, the VT State Athletic Directors Association honored him as one of its top scholar-athletes for 2007-08.

Hamlin, who helped the Cougars win the state cross country championship in the fall, also runs track in the spring. The honor roll student has signed a National Letter of Intent to attend Lehigh University, where he plans to wrestle.

## Till, Hamlin take home Ethan Allen Club Scholarships

Robert Hamlin and Laura Till, both of Mount Mansfield Union HS, were named the top 2007-08 scholar-athletes for Chittenden County high schools by the Ethan Allen Club during a sold-out banquet.

Dave Holton of the scholarship committee presented each a \$2500 check at the end of the 16th annual dinner.

This marks the first time in the award's history that both the male and female winners were from the same school.

Hamlin and Till, who are both honor roll students, were among 20 scholar-athletes representing various seasonal sports honored at the banquet. Essex had 10 seasonal winners, while Champlain Valley Union had four; Mount Mansfield three; Burlington, Colchester, and Milton had one each.

"This is a big honor. My brother got nominated a few years ago. He did so many things and didn't win it. All the others this year had done such amazing things. It is a real honor," Hamlin said.

Till had to rush from winning a semifinal lacrosse game in Jericho to make the banquet, and hadn't thought about winning. "I was very, very surprised. Our game got postponed (Tuesday). We ran from the game, took a shower. It wasn't on my radar screen. We had a strong group of student athletes. It's definitely nice," she said.

The high-scoring Till was a standout starter for four years in both lacrosse and ice hockey and often times is double-teamed. She participates in numerous activities including madrigals, select chorus, and school orchestra. Till also serves as a student representative on the Mount Mansfield Union School Board.

Till works in a sandwich and pizza shop to help finance community service trips to developing nations, including Costa Rica and the Dominican Republic. She helped organize a school trip for 20 MMU students to Nicaragua. She plans to play lacrosse at Bowdoin next year.

Hamlin, a three-sport standout for the Cougars, has signed a national letter of intent to wrestle at Lehigh University next year. After helping MMU win the state cross country championship in the fall, Hamlin picked up his fourth individual state wrestling crown this winter and his third New England individual title.

Hamlin also picked up a couple of wins in March at the National High School Senior Tournament in Virginia in the 171-pound division before losing. Also in March the Vermont State Athletic Directors Association honored him as one of its top scholar-athletes for 2007-08. He also won the Dave Schultz High School Excellence Award from the National Wrestling Hall of Fame.



Laura Ann Till

### 21st CENTURY COMMUNITY LEARNING CENTERS PROJECT DIRECTOR

Lamoille North Supervisory Union  
Hyde Park, Vermont

The Lamoille North S.U. is seeking a multifaceted individual to oversee and coordinate the 21st CCLC after-school and summer programming within the five elementary schools of the LNSU. In collaboration with the Administrative Council (AdCo), the 21st CCLC Program Committee, Site Coordinators, school faculty, and community partners, the Project Director will develop an ongoing strategy to ensure program quality, quality staffing, professional development, scheduling, resource allocation, and sustainability. This is an 80% FTE (30 hours/week) position.

Please review the full job description at [www.lnsu.org](http://www.lnsu.org).

A Bachelor's degree in education, human services, or liberal arts coupled with experience in grants project management, elementary and/or middle school education, or human services are required, as are strong administrative, organizational, and writing skills. Work experience in an educational setting is highly preferred.

To apply, please send a letter of application, resume, and three letters of reference to:

**Terry Bailey, Superintendent of Schools**  
Lamoille North Supervisory Union  
95 Cricket Hill Road  
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apply online at [www.schoolspring.com](http://www.schoolspring.com)

Application deadline extended to June 27, 2008  
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### Local website helps families find 'free' things to do close to home

With the rising cost of fuel and a soft economy these days, many families are looking to stay closer to home this summer. *FindandGoSeek.net*, a public service that is free to use and to submit listings and reviews to, recently launched a new feature making it easy for parents to find inexpensive and free things to do and see. Now users can search through the thousands of listings to find only those that are free.

*FindandGoSeek.net* provides a broad range of activities, events, and places to go in an easy to navigate website. With over 450 categories and thousands of listings, users can browse through detailed descriptions, photos, maps, and other parents' reviews of things to do in northern Vermont and surrounding destinations.

Sample list of some of the free things to do this summer include:

- Popular swimming holes and beaches
- Outdoor movies and concerts
- Parks, trails, and hiking paths
- Parades, fireworks, and festivals
- Local library events, teen centers



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**Green Mountain Club outings**

Unless otherwise specified, call the trip leader to sign up, find out what equipment you'll need, and learn about any changes. Check with trip leader before bringing your pet along. Guests are always welcome. Trip leaders often arrange carpooling. If you ride along in someone else's car, we recommend reimbursing the driver at the rate of four cents a mile. (Many outings meet at the UVM metered parking lot near the water tower. Access is from East Avenue or Williston Road.)

June 21 (Saturday) Camel's Hump – Up the Monroe Trail to the Alpine Trail, then the Alpine and Long Trails to the summit. If there's time, the other end of the Alpine Trail on the way back. Moderate with slow pace, 6.6-8 miles. Dot Myer, 863-2433 or dotmyer@verizon.net.

June 22 (Sunday) Camel's Hump via Bamforth – Camel's Hump from the river, taking the Long Trail south up Bamforth Ridge to the summit and return. Difficult+, 12.5 miles, 4000' elevation gain. The ridge is fairly rugged. Full day hike. Group limit 10. Contact leader by June 20. Richard Larsen, 878-6828 or larsen007@aol.com.

June 27 (Friday) Mount Abraham – The Long Trail from Lincoln Gap to the summit of Mount Abe and back. Moderate hike, moderate pace, 5.2 miles, 1600' elevation gain. Group limit 12. Contact leader by June 25. Sheri Larsen, 878-6828 or larsen007@aol.com.

June 28 (Saturday) VT Presidentials – Rare opportunity to do a Long Trail loop hike; challenging section includes a stiff climb and some great high-elevation walking. Mt. Wilson and Mt. Cleveland via the Emily Proctor, Long, and Cooley Glen Trails. Moderate difficulty with a strong pace, approx. 12.4 miles, 3000' ascent. Peter Cottrell, 879-0755 or pcottrel@bellatlantic.net.

July 4 (Friday) Camel's Hump, Burrows Trail – Easy to moderate hike with strong pace, 4.8 miles. Early start! Group limit 10. Contact leader by July 2. Robynn Albert, 878-4036 or robynalbert@hotmail.com.

July 6 (Sunday) Burnt Rock Mtn via Hedgehog Brook Trail (Dog Friendly) – Moderate with moderate pace. 5.2 miles, 2000' elevation gain. Bring plenty of water for yourself and your dogs. Group limit 8 people, 4 dogs. Contact leader by July 4. Kelley Mackison, 999-7839 or kellemackison@gmail.com.

July 12 (Saturday) Paddle around Juniper Island – Starting from the boat access at the base of Shelburne Bay, paddle up around Shelburne point, around Juniper Island, and back. Be ready to paddle in moderate wind and waves. Moderate to difficult, 9 miles. Limit: 8 boats. Contact leader by July 11. David Hathaway, 899-9982 or David.Hathaway.78@gmail.com.

July 20 (Sunday) Emily Proctor, Long Trail, Cooley Glen Loop – Cross Mt. Wilson (3745'), Mt. Roosevelt (3528'), unnamed (3400'), and Mt. Cleveland (3482'). Difficult hike, moderate pace, 12.4 miles, approx. 2000' elevation gain. Group limit 10. Contact leader by July 18. Bob Lang, 453-2380 or lang@gmavt.net.

July 25-26 (Fri-Sat) Overnight camping at Twin Brooks – Leave work a little early for a short hike up to the Twin Brooks Tenting Area on the south approach to Mansfield. Bring a tent or tarp and spend the night sleeping under the stars. We'll have a campfire and may even tell ghost stories! Saturday, optional hike over the ridge of Mansfield. Group limit 8. Linda Evans, 899-3006.

**Westford Rec opportunities**

The school year is done, and summer programs are coming. For the programs to do well, we need parent volunteers to help out coaching. This does not mean that you need to be an expert in the particular sport you are helping in. You just need a desire to have fun and learn. Please consider volunteering this summer! Contact a Rec member: Tammy Brown, 872-8333; Randy Aiken, 872-0841; Rich Staab, 879-4745; George Lamphere, 879-6488.

Adult Coed Volleyball, Mondays 8:00 – 10:00 PM: Fun, casual volleyball at the Westford School Gym. \$2 at door. Starting June 23, playing outside for the summer. Please contact Jon or Tammy Brown, 872-8333.

Summer Soccer, July 3-July 31, Mondays and Thursdays, 6:00 – 8:00 PM: Fun, relaxed soccer for grades K-6. Teams will change each week, depending on who shows up! Parent coaches needed; please contact a rec member to volunteer or for more information.

Summer Lacrosse for the Family, June 25-August 20, Wednesdays, 6:30 – 8:00 PM: All skill levels welcome. Just bring a stick, water, and your running legs – no other gear required – no checking allowed! Cherie Dunkley (878-3929) or Tammy Brown (872-8333). \$2/person at the field, or the season \$12/family, \$6/person.

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In these sessions, you can: quit fighting with your kids, let them make lots of mistakes while the price tag is low, teach them to solve their own problems, help them discover good decision-making skills, stop screaming them to bed. They will build high self-concept!

Parenting general (July 12), preschool (July 19), teen (July 22), and elementary (July 29). All sessions are held at the United Church of Underhill, at the corner of Park Street and VT Rt. 15 in Underhill Flats. The session leader is a trained Jericho resident. Session cost: fee is by donation appropriate to what each participant can afford. For more information, email LoveAndLogicParents@yahoo.com.

**Volunteers are always needed**

These listings are a sample of more than 500 volunteer needs from more than 200 agencies you can find on-line at [www.unitedwaycc.org](http://www.unitedwaycc.org), and clicking on *Volunteer*; or, call us at 860-1677 Monday-Friday, 8:30 AM – 4:30 PM.

Relay for Life – American Cancer Society needs volunteers for two 24-hour relay events: June 20 starting at 6:00 PM at Champlain Valley Expo, and June 28 starting at 6:00 PM at Franklin County Field Days. Tasks include parking, security, food service, etc.

Vermont Dismas House needs volunteers to staff their lemonade and corn-on-the-cob stand at the Chew Chew Food Festival, four-hour shifts, June 27-29 at Burlington Waterfront Park.

Burlington Housing Authority is looking for a volunteer to teach English as a second language to a class of non-English speaking residents at Franklin Square. Weekday afternoons, two hours a week, July-mid-August.

The Haunted Forest volunteer kick-off meeting Monday, June 30 for volunteers for the 28<sup>th</sup> Haunted Forest in October. Volunteers are needed for all kinds of tasks. Very flexible schedules.

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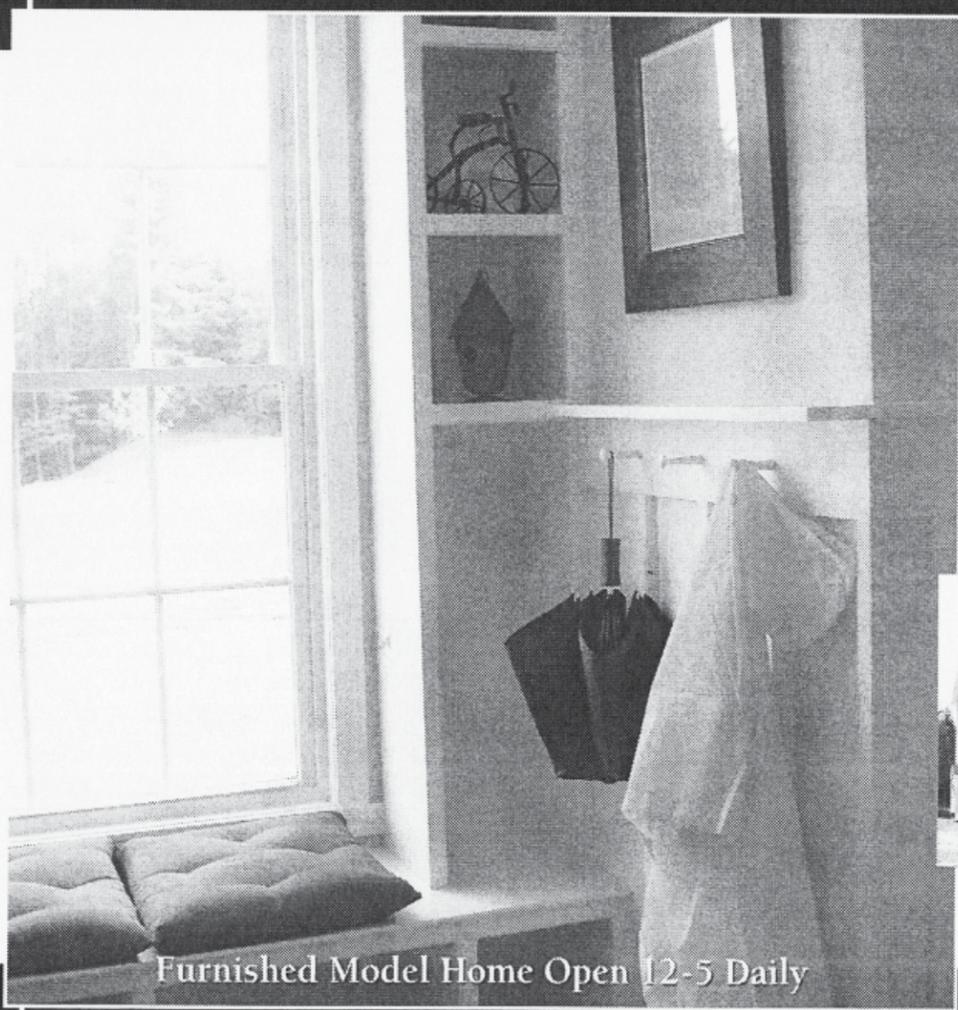


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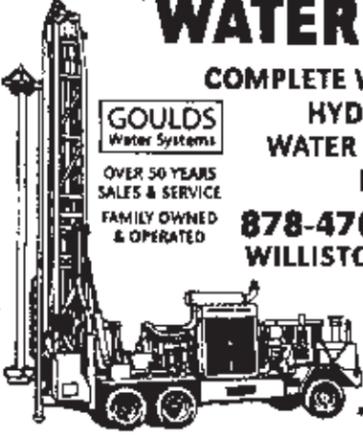


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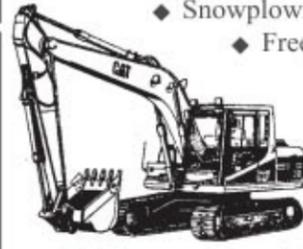
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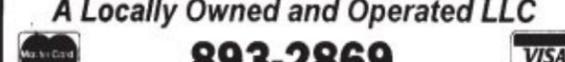


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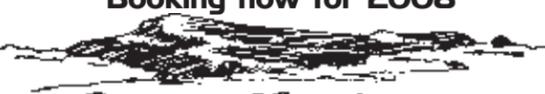
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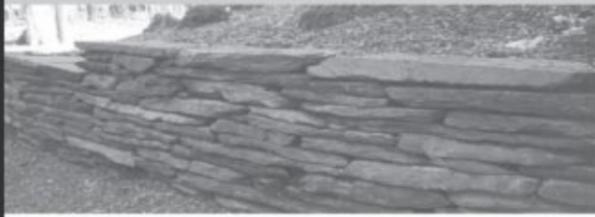


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