

I am feeling blue: weed of the month

By Bernie Paquette
Jericho

Summer in Vermont is the best cure for the earlier seasons when the sun was exhibiting chemiluminescence. (Chemiluminescence is the emission of light during a chemical reaction, which does not produce significant quantities of heat).

Summer has arrived. Forecasts float up to eighty and flirt with ninety degrees – for Vermonters that is a “heat wave” that melts snow shovels, and sheds dull lackluster woolens, mud boots, and snow tires.

Below seventy degrees I chill, below fifty degrees I hibernate; in Vermont winters my blood freezes, my mind atrophies. Summer heat revives and inspires me.

So you ask, why am I feeling blue now in the midst of the luscious greens (there are countless shades of greens in Vermont in summer) that I love.

I am blue with joy over the blue flower, chicory (*Cichorium intybus*). Also known as blue daisy,



blue dandelion, blue sailors, blue weed, bunk, coffee weed, cornflower, horsetweed, ragged sailors, succor, wild bachelor’s button, and wild endive. Chickory’s native range is Eurasia. It now grows throughout North America and is commonly seen along Vermont roadsides and other untamed areas.

How many flowers boast such innocent periwinkle-blue eyes, thrive in wastelands, and rebound quickly after the highway department mows them down. These plants with their wiry

stems bear no resemblance to feeling blue. They are tough, hardy, brilliantly beautiful flowers.

“Before coffee was introduced in Europe, people drank chicory-root infusions much as they do espresso today.” – Brooklyn Botanical Garden

Finches including goldfinches love the seeds from chicory. The plant has been used as a medicinal as well as a forage crop.

For me, chicory brightens my days as it blooms from July to October – the summer months when I too am blue with happiness!

Thank you from the Community Center of Jericho

A great big thanks from the Community Center in Jericho to all of the volunteers and gardeners who helped to make their annual Country Garden Tour fundraiser a great success once again. This year’s event celebrated the “The Edible Landscape.” Garden tourists were able to tour the Jericho Settlers Farm and learn new approaches to year-round gardening in our climate.

We met with Queen City Acres and were enlightened about backyard urban vegetable gardens. The Jericho Seed Library displayed their seed sharing lending library, and we toured home gardens where we were introduced to a variety of edible and ornamental gardening styles.

Every edible landscape needs a guardian, and the Community Center would like to thank Betsy Chapek for donating her gorgeous garden girl scarecrows that were auctioned off to decorate local gardens.

This year’s garden tea, dedicated to the late Brooks Buxton, was held at the Community Center’s hall in Jericho. The space was decked out in fresh flowers, garden arches, trellises, and flowery table cloths where garden tourists in their sun hats socialized while enjoying their orange tea cakes trimmed with mint and blueberries and sipped ice-cold rhubarb tea from punch cups.

The ladies who organized the tea showed how the community center hall could be transformed into a gorgeous space for any event. If you are planning an event, consider renting the space that includes tables and chairs.

The community center has been used for parties, showers, dances, yoga classes, even memorial services and is very affordable. For more information on the use and availability of this space call 899-2366.

Third annual Non-Fiction Comics Mini-Fest in St. Albans

Join the Vermont Folklife Center and the Saint Albans Museum on Saturday, July 20 from 10:00 AM – 4:00 PM for the third Non-Fiction Comics Mini-Fest. This event is free and open to the public in the ADA accessible Bliss Room of the Saint Albans Museum, located at 9 Church St., Saint Albans.

This day-long event presents a diverse group of cartoonists from Vermont, New Hampshire, and New York, all engaged in non-fiction work including political cartoons, memoirs, and diaries, and covering such topics as science, graphic medicine, history, cooking and much more. Sponsored by the Eloquent Page (<http://www.theeloquentpage.com/>) and the Vermont Humanities Council.

In addition Non-Fiction Comics Mini-Fest features these presentations:

Charlotte Brontë before Jane Eyre: Burlington cartoonist Glynnis Fawkes will discuss her forthcoming graphic biography, *Charlotte Brontë before Jane Eyre*, to be published in September by Disney/Hyperion.

Cartooning through Trauma – The Unexpected Power of Comics and Veterans: Cartoonist Kurt Shaffert and oral historian Sarah Yahm discuss their project with female veterans to create the comics anthology, *A Whole Lifetime of Firsts*.

The Civil War Diary of Freeman Colby: Marek Bennett introduces characters and techniques from his ongoing *Freeman Colby* series of historical graphic novels drawn from letters, diaries, visual artwork, and other primary sources of the era.

Visit the Saint Albans Museum Saturday, July 20 and meet local cartoonists, check out their work, and learn about how comics can describe our world, teach us, and tell stories of everyday life. For more details, see www.vermontfolklifecenter.org/non-fiction-comics-minifest.

Forest Service offers bear safety, awareness tips



Forest Service officials in Vermont announced in mid-July that they have had several reports of bear sightings, bears approaching and entering shelters, and some reports of bears aggressively getting into backpacks in an attempt to find food. This week the agency began posting alert notices at trail shelters and at developed campsites to notify recreation users about the recent spike in bear activity on the Manchester Ranger District of the Green Mountain National Forest. The Forest Service says it has had numerous reports of bear sightings throughout the months of June and July.

Reports of human encounters with black bears continue to increase across the Green Mountain National Forest. While many visitors and campers never encounter a bear, the Forest is their home and bears can quickly become habituated to

human food and waste. In recent weeks, numerous incidents of bears looking for food have been reported by visitors.

It is vital that people recreating on the Forest keep a clean campsite to ensure that bears and other animals don’t forage for your food. Be sure to properly store all food as well as odorous items including toothpaste, condiments such as ketchup and mustard, food wrappers, and anything else that may attract bears. Improperly stored food not only attracts bears to people currently camping at a site, but lets the bear know that it can find food at that campsite in the future. The bear may return to the site when other families are recreating there.

Too many times, visitors believe they have stored their food safely, but in reality they have left it within a bear’s reach. Bears are meant to be wild, and feeding them creates negative consequences for them. Bears that get too used to people may eventually have to be killed to ensure your safety. Following safe food storage practices protects both you and the bears.

It is your responsibility to ensure your safety and that of future campers by not purposefully or inadvertently feeding bears. It is illegal in the State of Vermont to feed bears. So remember:

- Always keep a clean camp.
- Don’t leave any food (including condiments) out when not in use.
- Store food in bear-resistant units, hard-shelled vehicles, or car trunks.
- Keep sleeping areas, tents, and sleeping

bags free of food and odor (like toothpaste or deodorant).

- Don’t sleep in clothes you cooked or handled fish or game in.

- Never bury or burn food waste.

- If camping in the backcountry, hang your food bag at least 10’ off the ground and 5’ out from a tree limb that could support a bear: or better yet, pack and use bear resistant containers.

- If possible, in backcountry areas place sleeping tents at least 100 yards away from food storage and cooking areas.

- If hiking with a dog, keep it on a leash or leave it home.

Persons should report bear sightings or damage caused by bears to their nearest Vermont Fish & Wildlife office (802-828-1000) or a local Vermont State Game Warden (802-442-5421) prior to taking any control action on their own. Vermont Fish & Wildlife personnel will recommend appropriate measures or control strategies that can alleviate bear related problems.

On Saturday, July 13, an APnews story (<https://apnews.com/2f031df033af4aa0b1ab18bd05a8d2b4>) from Glastonbury, VT reported that a VTF&W game warden had to shoot and kill a bear that had repeatedly approached people on the Appalachian Trail – and “charged at least one hiker” – and had taken backpacks, entered occupied shelters, and wrecked tents looking for food. Please heed this article, and keep bears wild and safe. – Editor

Clutter Barn annual summer clothing sale July 27

The Clutter Barn on Park Street in Underhill, adjacent to its sponsor the United Church of Underhill, will host its July Tag Sale on Saturday, July 27, from 8:00 AM – 3:00 PM, featuring its annual Summer Clothing Sale. All summer clothing will be displayed in a tent to the left of the building and will be shared with shoppers for 25¢ for each item, or \$1 per bag (bags will be provided). That’s right! ALL of our fine summer clothing must go to make room for our winter inventory. There are still plenty of summer days left and a “new” article or two – or more – is just what is needed to perk up your wardrobe! Come on in and take advantage of this generous deal!

In addition, the Clutter Barn itself and two additional outdoor tents are overflowing with furniture, “manly items,” plastic storage containers, tins, sports items, small electrical appliances, kids’ books, glassware, pots and pans, decorating trinkets, pictures and frames, office supplies, craft/sewing and knitting accessories, footwear, linens, Christmas items, and toys, toys,

toys. A separate tent in front of the church will house books, bags, and baskets. New items are generously donated from week to week, so a new collection of gently used merchandise mingles with those things that were left after the June sale!

After the racks and tables are cleared of summer clothing, fall and winter clothes will fill the empty spaces. Collection of cooler-season clothing begins on Saturday, August 3.

The Clutter Barn is a Mission of the United Church of Underhill, with a purpose of making it possible to offer various programs of interest to all ages, to reach out to people and places both near and far, and to aid in bringing the community together. This is a drop-off location for folks who are cleaning house, down-sizing, and/or outgrowing still-useable articles that are looking for a new home! It is also a source of charitable giving and a supplier of household items, clothing, and other necessities for victims of natural or tragic disasters.

Completely staffed by volunteers, the Clutter Barn is filled every week with folks exclaiming over basic, interesting, and unique donations, sharing the efforts of sorting, dusting off, pricing, and distributing goods throughout the building with camaraderie and laughter. Donations are received every Saturday during the summer, May through September 14, EXCEPT for Tag Sale Days, the last Saturday of each month. On Tag Sale days, the Clutter Barn doors open up to the public, along with outdoor tents, offering a large variety of interesting second-hand merchandise for sale at hard-to-beat prices! In mid-September, the doors close for a week while the “tireless” staff prepares for the United Church of Underhill Old Fashioned Harvest Market, this year to be held on the church grounds and “the green” on Saturday-Sunday, September 28 and 29.

For more information on the Clutter Barn and the Old Fashioned Harvest Market, please visit the web site at unitedchurchofunderhill.com.

COMING EVENTS

Saturday, July 20

Non-Fiction Comics Mini-Fest, 10:00 AM – 4:00 PM, Bliss Room, St. Albans Museum, 9 Church St., St. Albans. Join the VT Folklife Center and the St. Albans Museum as this third annual event presents cartoonists from Vermont, New Hampshire, and New York and their non-fiction work including political cartoons, memoirs, and diaries, on topics like science, medicine, history, cooking, and more. Sponsored by the Eloquent Page (<http://www.theeloquentpage.com/>) and the VT Humanities Council. Free and open to the public; ADA accessible. For more information, www.vermontfolklifecenter.org/non-fiction-comics-minifest.

Merci Train Anniversary Celebration, 10:00 AM – 3:00 PM, Vermont Military Museum, Colchester. 2019 marks the 70th anniversary of the historic *Train de la Reconnaissance* or *Merci Train*. The museum will be open to see Vermont's boxcar. Brigitte Kibler Helzer, who was part of the large parade in NYC on the day the cars were offloaded to the United States, will share her memories, and at 11:00 AM, Nancy Remsen, a volunteer at the VT Historical Society, will speak about her experience cataloging the objects from Vermont's Merci Train car.

Sunday, July 21

Northwestern Vermont in the War of 1812, 2:00 PM, Ethan Allen Homestead Museum, Burlington. Historian Jason Barney discusses his ongoing research focusing on northwestern Vermont during the War of 1812, featuring his research on the barracks located in Swanton during the conflict.

Tuesday, July 23

Nestlings Find Nature, 10:30 – 11:30 AM, Birds of Vermont Museum, 900 Sherman Hollow Rd., Huntington. What is pollen? What is pollination? Who, what, and where are the pollinators? What are their broader connections within nature? Kids 4-8 explore, analyze, conclude, and make predictions about this fascinating process through our observations and understanding. Crafts and activities, too! Included with admission. (Become a museum member and get free admission all year.) For information: 802-434-2167 or museum@birdsofvermont.org; <http://www.birdsofvermont.org>.

Book tour: The Live Well Die Well Tour, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Kimberly Paul

for this stop on her tour and for a talk on her book *Bridging the Gap*. Paul wants to radically change the way people face end of life and is using her experience as a storyteller to do that. As Vice President of Outreach and Communications for a local hospice on the coast of North Carolina, she shared real stories about death and dying and the keys to making every moment matter. Proceeds from tickets, \$3, go to the VT Foodbank; tickets come with a coupon for \$5 off a copy of the featured book; coupons expire at closing the evening of the event. Information: www.phoenixbooks.biz or 448-3350.

Thursday, July 25

Book launch: Walker's Key, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Onion River Press and Phoenix Books Burlington for a celebration of and reading from this book by local author Frank B. Haddleton. Based on actual, long-hidden events the author unearthed while researching family history and set on the shores of both Florida and Massachusetts, *Walker's Key* is an historical novel about love, sibling rivalry, murder, and forgiveness. Free. Information: www.phoenixbooks.biz or 448-3350.

Saturday, July 27

Bird Monitoring Walk, 7:30 – 9:00 AM, Birds of Vermont Museum, 900 Sherman Hollow Rd., Huntington. Join experienced birders on the monthly bird monitoring walk on the museum's property. Great activity for adults, older children, and somewhat more experienced birders. Please bring your own binoculars. Outdoors; free; donations welcome. Please pre-register: 802-434-2167 or museum@birdsofvermont.org; <http://www.birdsofvermont.org>.

Sunday, July 28

Underhill Historical Society Blueberry Social, 3:00 – 6:00 PM, District 5 Schoolhouse, corner of Pleasant Valley and Stevensville Rd., Underhill Center. Bring your favorite blueberry dessert for all to share. Ice cream and beverages will be provided. Eric Bushey and his bluegrass band will provide musical entertainment. All are welcome.

Thursday, August 1

Book talk: The Best is Yet to Be, 7:00 PM, Phoenix Books Burlington, 191 Bank St., Burlington. Join Larry Sudbay for a reading and Q&A featuring his book. Special guest Dr. Melanie Bui (Asst. Professor, Dermatology Division, Dept. of Medicine, UVM) will highlight the work being done on melanoma research at UVM/UVMCC. A portion of the proceeds from sales of this book will benefit melanoma research in the UVMCC Department of Dermatology. The book is a unique collection of

inspiring stories; originally shared over many years in a corporate newsletter, these tales cross the line from business to a place of personal reflection. Free and open to all. Information: www.phoenixbooks.biz or 448-3350.

Tuesday, August 6

5th Annual Farmer Olympics, 4:00 – 8:00 PM, Intervale Community Farm, 282 Intervale Rd., Burlington. Farmers and farm crews, use those agricultural talents to go for the gold at this mid-season extravaganza competition! Individual farm teams will show off their finely-honed skills in events ranging from physical to cerebral to just plain ridiculous. Unwind, celebrate the season, and kick back before that heavy fall workload begins. May the best farm win! Dinner from the NOFA-VT pizza oven will be provided for all hard working farmers. Not a farmer? Join us as a spectator and cheer on your local farmers! Teams must be 4-5 people. Mixed-farm teams are allowed. Larger crews may be split into smaller teams. Schedule: 4:00 – 4:30 PM: registration and team prep; 4:30 PM: registration closes; 4:30 – 4:45 PM: welcome and opening ceremony; 4:45 – 6:30 PM: events; 6:30 – 8:00 PM: pizza social and closing ceremony. For more information, to RSVP, or to register your team, <https://nofavt.org/events/5th-annual-farmer-olympics>. Farmer participants free; spectators \$10 suggested donation for pizza.

Thursday, August 15

Celebrate Your Farmer Social, 5:30 – 7:30 PM, West Farm, 497 West Farm Rd., Jeffersonville. Join us for farm-fresh pizza and a celebration of West Farm! Operated by Angus Baldwin, West Farm is a ten acre certified organic vegetable and herb farm located on the Brewster Uplands Conservation Trust property in Jeffersonville. Angus and his crew sell their produce to hospitals, schools, restaurants, stores, and through Deep Root Organic Co-operative. Come and enjoy dinner baked in NOFA-VT's wood-fired pizza oven, followed by a farm tour. Farmers: Interested in a wash-pack efficiency tour? Arrive at 4:30 PM to enjoy this before the social starts. Suggested donation \$10. For more information or to RSVP, <https://nofavt.org/events/celebrate-your-farmer-social-west-farm-jeffersonville>.

Saturday, August 31

Bird Monitoring Walk, 7:30 – 9:00 AM, Birds of Vermont Museum, 900 Sherman Hollow Rd., Huntington. Join experienced birders on the monthly bird monitoring walk on the museum's property. Great activity for adults, older children, and somewhat more experienced birders. Please bring your own binoculars. Outdoors; free; donations welcome. Please pre-register: 802-434-2167 or museum@birdsofvermont.org; <http://www.birdsofvermont.org>.

United Way of Northwest Vermont – Volunteer Connection Listings

By Sue Alenick

United Way Volunteer Columnist

United Way of Northwest Vermont's mobile-friendly Volunteer Connection connects you to hundreds of local volunteer needs. Search by age, date, county, interests or causes that are important to you. Stay connected to community needs. Go to www.unitedwaynwvt.galaxydigital.com or contact us, volctr@unitedwaynwvt.org or 860-1677.

DRAGON BOATS – Dragon Heart Vermont is preparing for the Dragon Boat Festival to be held at Waterfront Park on beautiful Lake Champlain on Sunday, August 4. The event

raises money to support cancer survivors in the local community. Volunteers are needed to help run events between 7:00 AM – 5:00 PM. Tasks include managing parking, helping paddling teams prepare to race, selling merchandise, putting up and taking down tents, and more. Contact Cindy Rouille, 922-8413 or volunteer@ridethedragon.org.

YARD SALE! – KidSafe Collaborative is looking for volunteers to take part in their 2019 Community Yard Sale at the Champlain Valley Exposition. Volunteers can help collect and organize donated items and assist with set up from Tuesday-Friday, August 6-9 and/or help during the sale and with clean-up on Saturday-Sunday, August 10-11. Flexible shifts 7:30 AM – 8:00 PM. For information, contact Ruth Baldasty, 863-9626 Ext. 102

or <https://signup.com/client/invitation2/secure/2797328/false#/invitation>.

ANNIVERSARY – Green Mountain Habitat for Humanity is looking for a business, community group or faith organization to provide 7-15 volunteers during their Anniversary Events in Williston on Saturday, September 7 and Milton on Saturday, September 21. Tasks will include helping with customer carry-outs, restocking, donation processing, ice cream scooping, and hot dog grilling. 10:00 AM – 3:00 PM at the ReStore locations. Contact Allison DeVoe, 318-7533 or adevoe@vermonthabitat.org.

DINNERS WITH LOVE – Bayada Hospice is part of a network of hospice agencies, restaurants, and volunteers who provide free meals to hospice patients and their families on Thursday evenings. They are in need of volunteers to take turns picking up food at a restaurant and delivering it to a hospice patient. Interview and background check required. Training and ongoing support and recognition provided. Contact Beverly Hill, 448-1610 or bhill2@bayada.com.

ON THE TRAIL – The Nature Conservancy is engaged in restoring paths and trails that have been compromised by heavy storms. Volunteers are needed to help make these beautiful areas accessible for strollers and wheelchairs during the summer. Some heavy lifting. Wheelbarrows welcome! Thursday, August 1 at Williams Woods Natural Area, Charlotte, and Friday, July 26 at Raven Ridge Natural Area, Monkton. Contact 802-229-4425, Ext. 106 or volunteervt@tnc.org.

ON THE SHELF – ReSource has settled into its new home in Williston and is looking

Volunteers continued on page 3

**BLUEBERRIES ARE RIPE
AND WE ARE OPEN FOR PICKING!**

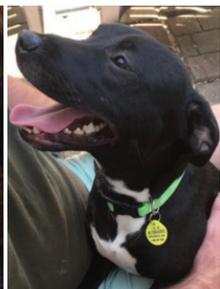


For hours and Music Night info visit

www.owlsheadfarm.com or call 802.434.3387

Winnie's Legacy Canine Rescue Puppies & Dogs Looking for Furever Homes

Saving dog & puppies one at a time



WinniesLegacy@gmavt.net

Like/Follow/Share



COMMUNITY COLUMNS

**Montpelier High School
– Senior Year**

By Doug Boardman

Special to the Mountain Gazette

The summer before our senior year, I worked hard and spent every minute I could with the love of my life, Sandy. Fate had a lot to do with our lives together. We were going together for awhile and she asked me what I was giving her for her birthday, and I thought she was kidding me because my birthday was coming up. It so happened that her birthday and my birthday were the same day, same year but I was born at my grandmother's farm house at 11:00 AM and Sandy was born at the old Heaton Hospital at 3:00 PM – so we were meant to be together forever.

Note: Up until age 69, we both celebrated our birthdays together and had a birthday cake and candles. A week before we turned 70, Sandy said she would like to have a separate cake. I was really happy in not celebrating my birthday because I didn't want to get any older than 69, and she celebrated every one and felt great that she had lived another year. I never celebrated another birthday since we were 69, but we always celebrated her birthday. I know it's all in my head, but your head rules your life.

After the Xmas ball and the hayride I truly felt life couldn't get any better, but when I bought my 1936 Ford, life got even better. Once I had wheels, I was out of the house and with Sandy. One of great features of my car was that the back seat came out real easy so we had our own lounge outside. The car also had a high clearance so we could go on back roads, although I did have problems on a rocky road and ended up with both back tires off the ground. That took a couple hours to get unstuck and of course I was late getting home and got reprimanded.

Our normal dates were driving around, parking on back roads, dances, Saturday night movies which cost \$1 for two movie tickets, two sodas, two candy bars, two large popcorns. As long as we were together, we were happy even if we were standing in a pile of poop. That is true love.

My father promoted the idea of double dating with my younger sister and my best friend Billy, and I knew why. It was so she would keep an eye on me, but my sister and I were very close and she wouldn't tell on me.

I borrowed his car now and then before I bought my old Ford and one night my sister Viv and I came up Badgers Hill and it was so icy that I was lucky to make the hill, but in going around the corner, I went off the road into a snowbank. I shoveled and had my sister back the car up while I pushed it out in the road. The problem was it was headed the wrong way, which was not a big problem because it was so icy I just pushed it around so it was heading in the right direction. We got home at 3:00 AM and I knew what would be waiting for us. Sure enough, my mother was waiting by the back door for us. I had told my sister that I would take the blame since I would get punished no matter what, so I told her to go straight upstairs to bed and I would take the punishment for both of us.

The following morning my father checked out his car and when I came down for breakfast he said he had been in a lot of snowbanks himself but have never seen as much snow packed thru the grille and into the radiator. That was one time I didn't get physically punished because I think he was impressed with the fact that I got the car out of the snowbank. It did make it very hard to get the car from him again!

I was living in a dreamworld with a beautiful loving girl, but it occurred to me that there is another era coming up and I realized that I had been cruising along with As and Bs. I knew I wanted to go to college but I wasn't eager to leave Sandy.

When you wait until your senior year to seriously consider college, you realize that it is too late to bring a B+ average up to a A+ average in one year. I did realize that I wasn't going to be farmer of any kind and I wasn't going to be a chicken plucker, crop picker, etc. My father said he wouldn't be able to help me get started in college so I said I was going to enlist in the Navy. I found out that if my father signed my enlistment paper (I was still 17 when I graduated from high school) that I would get time off my enlistment. I told him that I was going to enlist even if he didn't sign so he signed and I enlisted a week before my 18th birthday.

Next column: Sandy and SHIP AHOY



Bryan Memorial Gallery will present pianist Michael Arnowitz on Saturday, July 20, 4:00 PM at the Bryan Gallery in a concert presentation of the music of Aaron Copland, entitled AMERICA. Arnowitz will perform music from Copland's Four Piano Blues, Piano Variations, El Salon Mexico, and Copland's famous Appalachian Spring. The event sponsor is The Cambridge Arts Council. There is no charge for this program and the event.

Seating for this concert is limited, first come, first served. Bryan Memorial Gallery, 180 Main St., Jeffersonville; 802-644-5100; www.bryangallery.org. PHOTO CONTRIBUTED

Summer activities for kids at VINS



July Adopt an Eagle Special

The Vermont Institute of Natural Science (VINS) invites you to adopt Elmwood or Lafayette – or both – this July. When you support our avian wildlife, you sustain their healthy living and promote an educational experience to all who come to witness these proud birds. Our July Special includes Bald Eagles Elmwood (left) and Lafayette (right). The package includes adoption certificates, species fact sheets, color photos, and a VINS window cling decal. Your adoption contribution is tax-deductible. Adopt today! Only \$25 each – two for \$50! For information, <http://www.vinsrise.org/july-adopt-special>. PHOTO CONTRIBUTED

There's a lot going on in the natural world, and the Vermont Institute of Natural Science (VINS) in Quechee has many summer programs and events to involve kids in that natural world.

Bald eagles Lafayette and Elmwood both came to VINS after being rescued from the wild with wing injuries. They have been living together in one of VINS' exhibit aviaries for almost 20 years. Adult bald eagles can eat about 400 pounds of food in a year. Adopting one of the birds helps VINS cover their food, shelter, and medical care for the year. Visit them at the VINS Nature Center and get eye-to-eye with these amazing birds!

Come to VINS on Sunday, July 21, 1:00 – 3:00 PM for a behind-the-scenes experience and discover the steps it takes to rehabilitate and release hundreds of wild birds. Meet rehabbers who take care of these birds, and hear a story of one of VINS' permanent resident education raptors. Adults \$12.50; youth \$10.50; please pre-register at the VINS nature Store or call 802-359-5000 x201.

More activities include: Late-night Mothing Adventure, Saturday, July 20, 9:00 – 11:00 PM; Botanical Art & Illustration Pen Workshop, Tuesday, July 30, 2:00 – 4:00 PM; Earth Engineers Nature Camp, Monday, July 29-Friday, August 2, for children entering grades 4-6; VINS' Adventure Playscape and its Forest Exhibit, an immersive experience with sights, sounds, and smells of a natural forest – and more. Daily programs include Reptile Encounter, Predators of the Sky, Raptors Up Close, and Raptor Feeding Time.

VINS will be opening Forest Canopy Walk, a new exhibit in fall 2019 – <https://vinsweb.org/exhibits-activities/forest-canopy-walk/>.

Join us in Fairy Town at VINS on Saturday, August 3 for a Forest Fairy Hunt, 10:00 AM – 3:00 PM (included with admission to VINS). Build fairy houses with natural materials and trek through some VINS habitats while hunting for fairies, in a unique opportunity to connect with the natural world.

For more information, visit VINS at 149 Natures Way, Quechee or <https://vinsweb.org/events/month/>. VINS is open year-round.

Volunteers continued from page 2

to expand its store into a huge warehouse. They are now looking for volunteers to disassemble and reassemble pallet racking and to build custom shelves for display of items. A great group or team project! Flexible scheduling. Contact Carly Gilligan, cgilligan@resourcevt.org.

AND JUSTICE FOR ALL – Burlington Community Justice Center invites volunteers to spend two hours a week helping to bring equity and justice to Burlington. Join fellow community members in addressing the impact of crime on individuals and helping the responsible party to make amends. Interview, references, and background check required. Orientation and training provided. Contact Rachel Jolly, 865-7185 or rjolly@burlingtonvt.gov.

FOOD FOR THOUGHT... AND MORE – Cathedral Square is looking for a volunteer to grocery shop and deliver groceries to an appreciative aging Vermonter. Stop and shop along your way, then spend a few minutes delivering them and developing a lasting friendship. Contact Beth Alpert, 859-8819 or alpert@cathedralsquare.org.

MEAL SERVICE – Salvation Army provides the only dinner meal to the homeless in this area. They are in need of volunteer individuals and groups to prepare and serve meals to about 120 people between 5:00 – 6:00 PM any Monday through Saturday. Contact Stacie MacRae, 864-6991 ext.105 or Stacie.macrae@use.salvationarmy.org.

GLEANERS NEEDED – Healthy Roots Collaborative of Franklin and Grand Isle Counties is looking for volunteers to glean surplus food from local farms, pick up the produce at participating farms, and/or distribute the gleaned produce to charitable food sites during July. Another great individual or group activity! Contact Peter Jenkins, 735-4551 or healthyrootsgleans@gmail.com.

THE KIDS ARE WAITING – Foster Grandparent Program invites volunteers, age 55 and over, to make a difference in the life of a child. Foster Grandparents serve at preschools, child cares, Head Starts, and elementary schools between 15-40 hours a week under the supervision of a teacher or staff person, and receive a small, non-taxable stipend that does not affect rent calculations or other benefits. Tasks are usually related to tutoring, mentoring, and self-esteem building. Placements are available in Chittenden, Franklin, and Grand Isle Counties. Background check required. Contact Danielle Williams, 861-7821 or daniellew@unitedwaynvt.org.

IF YOU BUILD IT, THEY WILL COME – Green Mountain Habitat for Humanity needs volunteers, age 18 and older, to come out for a day of construction as they help a local family build strength, stability, and self-reliance through shelter. No experience needed. 8:00 AM – 3:00 PM on the day of your choice. Contact

Allison DeVoe, 318-7533 or adevoe@vermonthabitat.org.

A DRIVING NEED – Vermont Association for the Blind and Visually Impaired has an urgent need for volunteer drivers to transport blind and visually impaired people to where they need to go. Join a team of inspirational volunteers and drive on an "as needed" basis that meets your own schedule. There is mileage reimbursement for the use of your car. Background and license check required. Contact Vicki Vest, 639-5861, Ext. 243 or vvest@vabvi.org.



**Mountain High
Pizza Pie**

Monday 4:00 - 8:30 PM
Tuesday - Thursday
11:00 AM - 8:30 PM
Friday - 11:00 AM - 9:00 PM
Saturday
11:00 AM - 8:30 PM
Sunday
4:00 - 8:30 PM

899-3718

**Route 15, Jeri-Hill Plaza
Jericho**

Area Worship Services

COVENANT COMMUNITY CHURCH

"Come As You Are"

1 Whitcomb Meadows Lane, Essex, VT 05452
(across from John Leos on Route 15)

Pastor: Rev. Jeannette Conner
email: cccpastorjeannette@gmail.com
Phone: (802) 879-4313

facebook: <https://www.facebook.com/Covenant-Community-Church-125345080830320>

Adult Bible Class: Sunday 9:00 AM
Worship Service: Sunday 10:00 AM
Fellowship: immediately after service

Child care (infant through pre-K) is provided during the worship service

JERICHO CONGREGATIONAL CHURCH

"An Historic Church Proclaiming an Eternal Message"

On the Green in Jericho Center, VT

Senior Pastor David Coons and Youth Pastor Glenn Carter
Sunday Service throughout the Summer (Jun. 9th – Sept. 8th) at 9 am
Nursery care provided
Fellowship at 10:30 am

Youth group at 6:15 pm Sundays in our Sunday school building
Signing for the deaf upon request

899-4911; officejcc@comcast.net; www.jccvt.org

MOUNT MANSFIELD UNITARIAN UNIVERSALIST FELLOWSHIP

A liberal faith community standing on the side of love, as we explore truth and meaning, and work for social justice. All are welcome.

Worship Services 9:30 AM, 2nd & 4th Sundays, September-June
195 VT RT 15, Jericho VT (red barn across from Packard Rd)
899-2558 www.mmuuf.org

ST. THOMAS ROMAN CATHOLIC CHURCH

"Worshipping God in Spirit and in Truth in the Holy Sacrifice of the Mass"

On Green Street in Underhill Center Weekend Masses:

Saturday 4:00 PM Sunday 8:30 AM

Pastor: Rev. Christopher Micale

Deacon: Peter Brooks Religious Ed. Coordinator: Laura Lynch Wells, 899-4770 Parish Secretary: Theresa Gingras Phone: 802-899-4632, email: office@stthomasvt.com, Website: www.stthomasvt.com

UNITED CHURCH OF UNDERHILL

UNITED CHURCH OF UNDERHILL

"Welcoming, Worshipping, Working for God"

At the Green on VT RT15 - Rev. Jennifer Mihok - 899-1722
www.unitedchurchofunderhill.com

Worship 10:30 AM, 9:30 AM in July and August
Home of the Clutter Barn and the Old Fashioned Harvest Market
Local and global mission and service opportunities for everyone!

The Mountain Gazette

6558 VT Rt 116 Starksboro, VT 05487

(802) 453-6354 • mtgazette@earthlink.net

Deadline: July 25, Publication: August 1, 2019

Brenda Boutin publisher/ad sales/delivery

News writer - Phyl Newbeck, Editing - Sara Riley

Letters Policy:

Maximum 450 words; one letter per writer, per calendar month.

Must be signed for attribution

with writer's address and phone number.

Send your news to mtgazette@earthlink.net

www.mtngazettevt.com

Awesome Fudge

The perfect gift, or treat yourself...



Blue Mall, So. Burlington • 802-863-8306
Factory Location Route 15, Jericho • 802-899-3373
www.snowflakechocolate.com

HEALTH PROGRAMS AND CLASSES AT NORTHWESTERN MEDICAL CENTER

ONGOING

Brain Injury Support Group – third Thursday of each month, 5:30 – 6:30 PM, NMC Conference Center, Grand Isle Room. Meet other people in similar situations, share the hardships and accomplishments, gain valuable emotional support, obtain information, and discuss a variety of brain injury topics. Anyone touched by brain injury (traumatic or acquired) can attend: survivors, caregivers, friends, and family. All are welcome at our support group. Free; no registration required. For information contact Jess Leal, 877-856-1772.

Cancer Exercise Sessions – Tuesdays and Thursdays, flexible times, NMC Rehab gym, Cobblestone Health Commons. Featuring Wendy Lawrence, Physical Therapist. Pre-registration required; call 524-1064. Free for the first 8 weeks, then \$40. Designed for cancer survivors; helps improve strength and balance while fighting fatigue to bring back optimal function. You'll get started with an individualized physical therapy evaluation and customized treatment if needed – both services are billable to insurance. After these first two or three visits, participants move on to a free, 8-week open gym program that is supervised by one of NMC's Athletic Trainers to continue work on strength and conditioning. Exercise with others can be fun and supportive, especially in the comfortable atmosphere of the rehab gym. After the eight week free open gym program, participants can choose to continue their workouts at the gym for a monthly fee of \$40. Start the program at any time, and use the gym when it is convenient for you. Simply call our Physical Therapy team to get started and find out what hours the gym is open.

Program now enrolling First Time Mothers: Franklin County Home Health Agency's Nurse Family Partnership Program (NFP) helps first time mothers in Franklin, Lamoille, and Grand Isle counties. NFP is an evidenced based program that enrolls mothers during pregnancy and provides them with regular nurse visits until their child's second birthday. Nurses provide support, education and counseling on health, behavioral, and self-sufficiency issues. Interested women and their healthcare providers can call 802-527-7531 for more information.

Vermont Quit Partners Fresh Start Tobacco Cessation Class, Wednesdays, 11:00 AM – 12:00 PM, NMC Cobblestone Building, Suite 202. Pre-registration required; to sign up for a session call Chari, 524-8480. Free. Enter this class at any time and join others for this series to help you successfully quit smoking. Sessions include: understanding why you have an addiction and how to quit; mastering the first few days, mastering obstacles; and staying quit

and enjoying it forever. When you are ready to quit, the tools and support can make all the difference. We can provide you with what you need to be successful! As a Vermont resident, you can get free patches, gum and lozenges.

Healing Circle Women's Cancer Support Group: first Tuesday of every month, 4:30 PM socialize, 5:00 – 6:30 PM meeting, Northwestern Medical Center Conference Franklin Room. Pre-registration not required; free. A self-help cancer support group for women of all ages and lifestyles who have cancer. At our monthly meetings, we share information, offer each other support and comfort, and learn new things from speakers. We extend an invitation to any woman who has cancer, whether you are newly diagnosed or a long term survivor. Please call 802-524-8479 with any questions or to RSVP (not required).

Have You Lost a Loved One to Suicide? Second Thursday of every month, 6:00 – 7:30 PM, Northwestern Medical Center's Grand Isle Room. Pre-registration not required; free. If the answer to the question is "yes," please consider attending a free, confidential group that meets monthly in St. Albans. Everyone in the group, including its facilitators, has had someone close to them take their life and knows how devastating that experience can be. You can just come and listen to others share what they are going through and how they are coping or you can share your own story. The choice is always yours to do what feels best to you. For more information on dates, times, and location or to answer any questions you may have call Tony, 802-393-6503.

Chronic Disease Support Group Workshops: Various times and locations. Pre-registration required; contact Deana Chase, LICSW, 802-370-5626. Free. Are you or someone you know living with a chronic health condition? Then the Healthier Living Workshop is for you! Learn to feel better by learning how to deal with frustration, fatigue, and pain, manage symptoms and medications, and improve strength and flexibility. Each session is 2½ hours once a week, for six weeks.

Shadows of the Moon Autism Support Group: for one-on-one phone support, please call Cheryl at 802-868-7745 or Laura at 802-849-2817.

Alzheimer's Support Group: last Tuesday of each month, 6:00 – 7:00 PM, Northwestern Medical Center Franklin Room. Pre-registration not required. Free. This group is for those with Alzheimer's and caregivers, family members, and friends and is facilitated by Amanda Wilson. Please call the 24/7 Helpline at 800-272-3900 or visit al.org/Vermont to confirm details.

Parkinson's Support Group: second Tuesday of each month, 10:00 – 11:30 AM, Pillsbury Senior Community, conference room next to the library on the first floor, 3 Harborview Dr., St. Albans. Pre-registration not required. Contact Pat, 802-524-5520, or Judy 815-895-2312. Free. This group is open to those with Parkinson's and their caregivers including family and loved ones. The monthly meetings can provide an open forum to share experience with others who are coping with Parkinson's disease, gaining education and support. Wheelchair accessible.

Consuming locally grown food has many benefits. It is good for the local economy. For every dollar spent at the grocery store, nine cents goes to the farmer. For every dollar spent locally, 80-100% of the money goes to the farmer. Eating locally helps preserve farmland. Daily, 3000 acres of farmland are lost due to sprawl. Since the 1950s, 90% of Vermont's farmland has been lost. Another reason to support your local farmer is that the government does not: 70% of farm subsidies go to 10% of the largest producers, leaving small growers without governmental help.

Buying locally raised food helps save energy. The food industry uses 20% of the petroleum used annually – about the same as cars. Only 20% of what the industry uses is used to raise food. The rest is used for packaging, refrigerating, and transporting the food. These costs are dramatically reduced when locally grown food is purchased.

Breastfeeding Moms Group: first Wednesday of each month, 10:30 AM – 12:00 PM. Please call 527-5586 to find location of next group. Pre-registration required; call 527-5586. Free. This group meets once a month for snacks, crafting activities, making baby blankets, and information from the experts.

Breastfeeding and Infant Massage Group: second Wednesday of each month, 9:30 – 11:15 AM, Alburgh Library. No pre-registration required. Free. Join other moms and babies to learn how to massage your baby and discover more about breastfeeding and parenting.

Latch On! Discussion Group: third Saturday of each month, 10:00 AM – 12:00 PM, Northwestern Medical Center Family Birth Center. No pre-registration required. Free. Learn about breastfeeding and share your stories. Enjoy light refreshments and connect with other moms.

Baby Bumps Support Group for Mothers and Pregnant Women, second and fourth Monday of the month, 4:00 – 5:00 PM, Northwestern Medical Center Family Birthing Center. Pre-registration required; contact Rhonda Desrochers, 802-527-7531. Free. Pregnancy can be a wonderful time of your life. But it can also be a time of stress that is often compounded by hormonal swings. If you are a pregnant woman, or have recently given birth and feel you need some help with managing the emotional bumps in the road that can come with motherhood, please come to this free support group led by an experienced pediatric Registered Nurse. This group is for both pregnant women and mothers. Presented jointly by Franklin County Home Health Agency, Northwest Counseling and Support Services, Northwestern Medical Center, and the Vermont Department of Health.

Foot Clinics: various times and locations. Pre-registration required. Call Franklin County Home Health Agency, 802-527-7531 to schedule. Fee: \$20. Regular care of your feet can prevent problems. If you are an elderly and/or disabled person who is unable to do your own foot care, please consider attending a Foot Clinic. Franklin County Home Health Agency offers monthly Foot Clinics throughout the year in St. Albans, Swanton, Franklin, East Fairfield, and Enosburg.

Who's Your Person, What's Your Plan? (End of Life Planning): We plan for all life's milestones – marriage, birth, retirement. But few of us have plans in place for our end of life. And none of us can plan for the unexpected. Do you know who you want to speak for you and make medical decisions for you when you can't do this for yourself? Everyone 18 years and older should have a Health Care Agent – your person to speak on your behalf. By completing an advance directive you can provide this information to your family and physician. Start this conversation with your family before you are in a health crisis. Information and materials to help facilitate your conversation are available at <http://www.fchha.org/healthcareagent/> as well as www.starttheconversationvt.org. You can also call Franklin County Home Health Agency to learn more about completing an advance directive. We are also available to speak to community groups. Start the Conversation today. It's a gift.

Eat locally grown foods!

Locally grown foods can be more diverse. Almost 90% of foods grown commercially in the early 1900s are now extinct! Local growers have freedom to grow heirloom varieties.

Taste is another reason to purchase locally – the food is fresher. Because the food is picked closer to the time of purchase, the need for waxes and preservatives is reduced.

Buying locally has health benefits. Large farms tend to rely on pesticides and herbicides more than local growers. Buying locally reduces these chemicals on your food, in the air, soil, and ground water. 70% of produce in the grocery is genetically modified (GMO). GMO foods are less common in locally raised foods. Because the food is fresher, it is also more nutritious.

Buying locally helps support local economy and local farmers, preserves farmland, protects the environment, promotes diversity, tastes great, and provides health benefits. Whenever you can, eat locally – everyone will benefit!

Mary H. Kintner, D.C., R.N., is a chiropractor and nutritional consultant practicing in Jericho.

CHIROPRACTIC CARE

- Gentle Head to Toe Care
- Unhurried Appointments
- Flexible Scheduling
- Emergency Care
- Practicing Since 1989
- Former Registered Nurse
- Nutritional Counseling
- High Quality Supplements
- Orthotic/Foot Beds
- Spinal Support Products

Kintner Chiropractic Center



397 VT Route 15, Jericho
P.O. Box 63
Underhill, VT 05489

Phone (802) 899-5400
Fax (802) 899-5497

Email:

DrMaryDC@comcast.net
www.JerichoChiro.com



Dr. Mary H. Kintner

Falls Prevention Tips & Screening



Tuesday, July 23, 5:00pm
Jill LaRock, Physical Therapist
Cardiac Pulmonary
Rehabilitation Department

- Free seminar
- Refreshments served
- Reservations required

Anyone can fall, but some factors can make it more likely for you to fall. Join Copley Hospital Rehabilitation Director, Jill LaRock, to learn how you can make lifestyle changes that will improve your risk for falling.

During this free seminar you'll learn:

- Tips to help prevent falls at home**
- The role of physical activity**
- How medications, physical changes and health conditions play a role in falls**
- Other Safety tips**

Jill will talk about activities that help improve balance, flexibility and coordination. Screening will include an assessment that looks at mobility, balance and walking ability.

Please RSVP by July 21 to 888-8302 or online at
www.copleyvt.org/event/fall-prevention-tips-screening



SPORTS NEWS

Deadline to register for fall soccer is July 28

Forget to register for Fall Rec Soccer? The deadline to register your player for Mansfield United S.C. Fall Rec Soccer – K-League is Sunday, July 28.

The season will be played September and October at Browns River Middle School campus, Jericho. 2011 & 2012 players: Thursdays and Sundays; 2013-2015 players: Tuesdays and Sundays. The program cost is \$25 plus uniform cost (\$20). Scholarships are available.

To register, go to <https://www.gotssport.com/asp/application/reg/?ProgramID=79001&Type=PLAYER>. For information and/or questions, please contact mountmansfieldsc@gmail.com.



LIBRARY NEWS

DEBORAH RAWSON MEMORIAL LIBRARY

Unless otherwise noted, programs do not require registration and are free and open to all.

Adult Programs

Moon Landing Celebration – Saturday, July 20, 7:00 PM. On the 50th anniversary of the moon landing, join us for a presentation by retired IBM engineer and NASA launch technician Ron Place as he recounts his role in the Apollo missions. Ron will bring his 20-foot-long model of the Apollo 11 rocket to the library for all to enjoy.

Poetry Walk Tour – Sunday, July 21, 11:00 AM (rain date: Sunday, July 28). Join us for a tour of the second annual Poetry Walk! We'll meet at the library and then head over to Mills Riverside Park. You are invited to bring a poem of your own to share! Registration is requested in case we need to cancel due to inclement weather – please call 899-4962.

Mystery Book Group – Tuesday, July 23, 7:00 PM. The Great Deliverance by Elizabeth George. Please join us for a lively discussion! Everyone is welcome.

Trivia Quest – Saturday, July 27, 7:00 PM. Do you pine for pub quizzes, trounce at Trivial Pursuit, and jump to answer Jeopardy? If so, join us for Trivia Quest, our monthly contest of not-so-general knowledge.

Garden Tea – Sunday, July 28, 1:00 – 3:00 PM. This year's garden theme is Anne of Green Gables. Please join us to hear a reading from the book and to share refreshments with other community members while you tour our amazing gardens, planted and maintained by the Master Gardeners and local volunteers. We could use a few more readers on that day. If interested, please contact Connell Gallagher, underhill_trustee_b@drml.org.

Youth Programs

All events are free and some activities require advance registration. "Drop-in" events are come-and-go as you please within the designated time. Please inform in advance if any special accommodations are needed to attend events. Adult supervision is required for children younger than 8 years old. ALL – all ages, PREK – ages 0-6, ELEM – ages 6-9, UPPER ELEM – ages 8-10, MIDD – ages 10-13, TEEN – ages 13+

2019-2020 DCF Party! Friday, July 19, 5:30 – 6:30 PM. We will learn about all the books on the Dorothy Canfield Fisher list this year, snack on awesome food, and enjoy the company of fellow book lovers! Registration required: 899-4962. Grades 4-8.

2019-2020 Kindergarten Transition Party! Saturday, July 20, 10:00 AM – 12:00 PM. Drop in anytime to meet other incoming kindergartners, enjoy snacks, and sign up for a library card! No registration required. For incoming kindergartners.

The Humane Society Presents "I Spy an OPIE" – Tuesday, July 23, 11:00 AM – 12:00 PM. Learn about Vermont wildlife, including how special Vermont's opossums are! There will be activity sheets and coloring that you can take home! No registration required. PREK, ELEM

Heliand Consort – Tuesday, July 23, 1:00 – 2:00 PM. Please join us for a delightful hour of music with the VT Chamber Ensemble Heliand Consort featuring Berta Frank, BRMS band director and professional flutist. They will be presenting excerpts from their 2019 seasonal concert tour Summers Gathering with a trio of folk and classical songs plus woodwind music. A perfect way to spend a summer afternoon – bring your ears! No registration required. ALL

Archaeology Afternoon with the VT Division of Historic Preservation State Archaeologist Jess Robinson – Wednesday, July 24, 1:00 – 3:00 PM. Be an archaeologist for a day! Learn how archaeologists use the clues they find to understand how people lived in the past. Registration required, 899-4962. UPPER ELEM, MIDD

SPACE CAMP! VINS StarLab – Thursday, July 25, 3:00 – 4:00 PM. Offsite at the Jericho Elementary School. Through a generous donation from the VT Dept. of Libraries, we are able to host the Vermont Institute of Natural Science's portable planetarium called "StarLab." Registration required, 899-4962. UPPER ELEM, MIDD

Teen Nintendo Switch Gaming – Friday, July 26, 3:00 – 5:00 PM. We have Mario Kart 8 Deluxe, Just Dance 2019, and more! You and up to three friends can sign up for a 30-minute slot to play on our new Nintendo Switch. Registration required, 899-4962. MIDD, TEEN

VT Astronomical Society presents Night Sky Constellations! Friday, July 26, 7:00 – 8:00 PM. Join Joel Greene of the VT Astronomical Society as he shares his vast knowledge of constellations. No registration required. ALL

VSAC Presents: College Preparation tips for HS Freshman and Sophomores – Tuesday, July 30, 6:30 – 7:30 PM. Join other high school freshman and sophomores to learn tips to best prepare for college. No registration required. For incoming freshman and sophomores.

Happy Birthday Harry Potter Party – July 31, 4:00 – 6:00 PM. Games, activities and food with a Hogwarts theme! No registration required. ELEM, UPPER ELEM, MIDD

Library hours: Tuesday 12:00 – 8:00 PM, Wednesday 10:00 AM – 6:00 PM, Thursday 12:00 – 8:00 PM, Friday 10:00 AM – 6:00 PM, Saturday 10:00 AM – 2:00 PM, Sunday 1:00 – 4:00 PM; closed Monday.

For information on any of the library's programs, call 899-4962. DRML is located at 8 River Rd., Jericho; www.drml.org.

JERICHO TOWN LIBRARY

Story Time – Wednesdays, 10:30 – 11:30 AM. Pop in for a casual hour of story time, smiles, songs, and laughter with Lisa! There's a ukulele – maybe even two! Recommended ages: 0-5 years.

Post-It Forward – Wednesday, July 17, 5:00 – 7:00 PM. Have you ever wanted to leave a secret note in a library book? Here's your chance! Leave your mark in the library – tuck secret, positive Post-It notes in the books you love for patrons to discover by surprise. Only have a little bit of time to spare? Pop-ins welcome! For teens and tweens.

Family Yoga, Thursday, July 18, 10:30 – 11:30 AM. Come stretch, wiggle, move, and groove! Babies, tots, and school age kiddos with their adult are invited to come do some fun yoga poses and relax while singing songs, hearing stories, and playing games together. No prior yoga experience necessary. For early learners and their parents/guardians/caregivers.

Rocket Launch – Thursday, July 18, 3:30 – 4:30 PM. There's a lot to be done in order to send a rocket into space! Come launch a rocket of your own making into the stars with our soda-bottle rocket launcher! Get ready to do some stamping! For ages 6 and up.

Shadow Puppeteers (moving shadows) – Friday, July 19, 3:30 – 4:30 PM. Release your theatrical whims with shadow puppetry based in the South East Asia tradition of this ancient art. All materials provided. For teens and tweens.

Nocturnal Animals – Monday, July 22, 3:30 – 4:30 PM. Step into the world of animals at night. Experience all the beauty of the nighttime in the daytime! There is a lot of magic in turning your day to night and learning all about the animals and goings-on of the midnight realm. Ages 6 and up.

First Mime on the Moon! Tuesday, July 23, 2:30 – 3:30 PM. Join Robert Rivest – mime, comedian, and all-around funny guy – as he transports us to outer space. Rivest combines classic mime artistry with hilarious highlights of space travel and the Apollo Moon Landing. Robert has us explore test piloting, astronaut training, rocketing into outer space, and more. All ages.

Sensory Playtime – Tuesday, July 23, 10:30 – 11:30 AM. This drop-in Sensory Playtime allows children to connect ideas with concrete experiences, stimulates the brain (which helps strengthen neural pathways), and helps develop fine and gross motor skills. Ages 0-5 years.

The Emma Cook Duo – Wednesday, July 24, 2:30 – 3:30 PM. Join Emma Cook and her fellow musicians for a family-friendly musical afternoon on the Green. All ages.

Cardboard Box Drive-in & Pizza – Friday, July 26, 4:00 – 6:00 PM. There's nothing more special than enjoying a drive-in movie with those you love – perhaps even more special is building your car with those people first! Come create and imagine with us at our very first Library (cardboard car) Drive-In! Movie TBA. All ages.

Writers' Circle – Saturday, July 27, 10:00 – 11:00 AM. Are you a writer seeking community? Join this new bi-monthly Writers' Circle. All genres welcome. Coffee, tea, and encouraging company provided.

Open Play – Tuesday, July 30, 10:30 – 11:30 AM. Come explore our intergenerational programming space. Learn through exploration with a variety of wooden toys, blocks, puppets, games, and much more focusing on narrative play. For early learners.

JTL Board meetings are held the second Monday of every month (August 12) at 5:30 PM. All are welcome to attend.

Jericho Town Library has new, expanded library hours: Mondays 2:00 – 5:00 PM; Tuesdays 10:00 AM – 12:00 PM and 2:00 – 5:00 PM; Wednesdays 10:00 AM – 12:00 PM and 2:00 – 7:00 PM; Thursdays 10:00 AM – 12:00 PM and 2:00 – 5:00 PM; Fridays 2:00 – 5:00 PM; Saturdays 10:00 AM – 12:00 PM.

For more information on programs and library services, please visit our website at www.jerichotownlibraryvt.org or call 899-4686.

VARNUM MEMORIAL LIBRARY, JEFFERSONVILLE

Baby Got Books, Tuesdays, July 16, 23, 30, 9:30 – 10:30 AM. Story time for the littlest visitors! Join us for songs, nursery rhymes, stories, finger plays, and social time. The story time is structured for babies 0-18 months old, though all are welcome to attend including older siblings.

Children's Story Time and Crafts with LN, Thursdays, 10:00 – 11:00 AM. The library is a warm, cheery place for children to meet other children! Join us for stories read by people who enjoy sharing good books and a craft, too.

Star Gazing Party, Friday, July 19, 8:00 – 9:30 PM. Bring your blankets, telescopes, or binoculars and explore the night sky from the Varnum's backyard. This family friendly event will start off with a cookie tasting to help us learn about the phases of the moon, and then we will all enjoy popcorn and snacks under the stars.

Hunter: the Reckoning RPG, Wednesday, July 24, 7:00 – 9:00 PM. This role-playing game is based on White Wolf Game Studio's World of Darkness. Players will take on the roles of hungers (or Imbued) – humans who are given powers by unknown entities to fight the supernatural. Recommended for adults only.

Free Play at the Varnum, Friday, July 26, 1:00 – 2:00 PM. Come explore some of the games the Varnum has to offer, including STEM-based toys like ball mazes, K'Nex, and Legos. Young and old can participate!

Stories of the Stars: Myths of the Zodiac, Friday, August 2, 10:00 – 11:30 AM. With AstroMythologist Kelley Hunter. The starry sky is a library of mythic stories from around the world. Come hear classic and unusual tales about the 12 Zodiac signs, plus the magical 13th constellation! The Zodiac is the path of constellations that the sun, moon, and planets move through across the sky. Which story is yours?

Fun With the Sun! Monday, August 5, 10:00 – 11:00 AM. What gives our world color, creates our weather and seasons, and provides us with water to drink and food to eat? The sun of course! Join the Lamoille County Nature Center to celebrate our favorite star and explore the many ways that the sun powers our planet. Build an easy solar oven from materials you can find at home, and observe the sun's power by attempting some sun-cooked goodies.

Crescendo Club Library Association meeting – Tuesday, July 23, 7:00 – 8:00 PM.

The Varnum Library, P.O. Box 198, 194 Main St., Jeffersonville, 802-644-2117; thevarnum@gmail.com; www.varnumlibrary.org. Hours: Mondays and Tuesdays 12:00 – 7:00 PM, Wednesdays 3:00 – 7:00 PM, Thursdays 9:00 AM – 7:00 PM, Fridays 2:00 – 5:00 PM, and Saturdays 10:00 AM – 3:00 PM. Closed Sundays.

WESTFORD PUBLIC LIBRARY

Library Hours: Wednesday 1:00 – 7:00 PM, Thursday 10:00 AM

– 7:00 PM, Friday 1:00 – 7:00 PM, Saturday 10:00 AM – 2:00 PM; website www.westfordpubliclibrary.wordpress.com; email westfordpubliclibrary@gmail.com. Like us on Facebook. 878-5639, Bree Drapa, Librarian.

RICHMOND LIBRARY

Movie: Wall-E and Ice Cream Sundaes – Wednesday, July 24, 7:00 – 9:00 PM. After hundreds of years alone on trashed and uninhabited Earth, WALL-E (short for Waste Allocation Load Lifter Earth-Class) discovers a new purpose in life when he meets a sleek search robot named EVE. Make your own ice cream sundaes to complete the evening! Rated G. No registration required. All ages.

Children's Programs

Fun with Arts & Crafts – Wednesdays, 10:30 – 11:30 AM. Please register in advance. July 17: Comics. Learn how to make three- and four-panel comic strips like Peanuts, Foxtrot, Garfield, etc. July 24: Funflowers. Vincent Van Gogh painted sunflowers. We will make Funflowers... fantasy flowers created by our imaginations. July 31: Universe Jars. Create your own special universe in a jar using glow in the dark paint.

Flying Fish Project – Friday, July 19, 10:30 AM – 12:00 PM. Help Richmond celebrate the Year of the Salmon by painting your own fabric windsock. We will collectively write or choose a poem to express with words and designs on our windsocks. Our flying fish will hang along the river trail at Volunteers Green during the month of September. Please register in advance. Ages 6-12.

Summer Stories and Songs – Monday, July 22, 10:30 – 11:30 AM. We will read some of the best new and classic picture books available at the library and sing songs with shakers, sticks, and scarves. No registration required. Ages infant-5.

Underwater Robots go to Space – Tuesday, July 23, 1:00 – 2:00 PM. Professionals from Greensea Systems, a company right in Richmond, will explain how their technology used for underwater exploration might soon be going into space. No registration required. Ages 6-12.

Lego City – Thursday, July 25, 2:00 – 3:00 PM. Join other Lego enthusiasts to build your won corner of one big city, which will be on display for the rest of the month. No registration required. Ages 5-12.

May the Force Be With You – Friday, July 26, 10:30 – 11:30 AM. Start out by using the force of static electricity to move paper confetti, then design lightsabers to take home – and share some space stories, too. Please register in advance! Ages 6-10.

Fairbanks Museum Portable Planetarium – Tuesday, July 30, 2:00 – 3:00 PM.

End of Summer Reading Program Pizza and Popsicle Celebration – Friday, August 2, 11:00 AM – 12:30 PM. Join fellow readers in celebration of a job well done with pizza and popsicles. Bring your reading record! We will also work as a group to create some original art for the youth room walls based on the summer reading theme, A Universe of Stories. Please register in advance. For kids who read books over the summer.

Adult Programs

Knit Night in the Mezzanine – 3rd Floor, Wednesdays, 6:30 – 8:00 PM. Join other knitters in the Mezzanine Lounge for social and skill exchange. All levels, any handcraft – crochet, tatting, needlepoint, etc. – welcome.

Bridge! Tuesdays and Thursdays, 4:00 – 6:00 PM.

Tuesday Games! Tuesday afternoons, play cribbage (1:00 PM), mahjong (2:00 PM), or bridge (3:00 PM).

Mystery Book Group, Thursday, July 18, 7:00 – 8:30 PM. Silent Voices by Ann Cleeves.

Richmond Climate Action Committee Meeting, Thursday, July 25, 7:00 – 9:00 PM.

English Country Dance – Tuesday, July 30, 7:00 – 8:00 PM.

Concert: Mark Lemaire – Friday, August 2, 8:00 – 9:00 PM.

Open Monday and Wednesday, 10:00 AM – 8:00 PM; Tuesday and Thursday, 1:00 – 6:00 PM; Friday, 10:00 AM – 6:00 PM; Saturday, 10:00 AM – 2:00 PM; closed Sunday.

Richmond Free Library, 201 Bridge St., P.O. Box 997, Richmond, VT 05477; 434-3036; 434-3223 (fax); www.richmondfreelibraryvt.org.

DOROTHY ALLING MEMORIAL LIBRARY, WILLISTON

All events free. Children 8 and younger must be accompanied by an adult while at the library.

Summer reading programs for children and teens: A Universe of Stories! Register for the Summer Reading Challenge and win free books and raffle tickets. Keep track of the amount of time you spend reading, including books, magazines and audio books. (Williston/St. George residents.) Free. Sign up online at www.williston.lib.vt.us or at the library. See full list of summer activities on our website.

Preschool Music: Mondays, 11:00 AM and Thursdays, 10:30 AM. Up to age 5 with a caregiver. No pre-registration. Limit: one session per week per family.

Summer Story Time: Tuesdays at 10:30 AM, through July 30. Stories and a simple craft activity. All ages. July 16: Read with a Firefighter; July 23: Super Heroes; July 30: Moon & Stars.

Very Merry Theatre presents Frozen, Thursday, July 18, 12:00 PM. On the lawn; WCS Auditorium if it rains. All ages.

Radio Astronomy: Wednesday, July 24, 6:00 PM. A demo of radio astronomy, followed by an informal discussion of how radio waves let us see hidden astronomical objects. Ages 12-adult. Pre-register.

Food for Thought Teen Library Volunteers: Thursday, July 25, 4:00 – 5:00 PM. Teens meet for pizza, discussion, and planning special events at the library. Community service opportunity. Grades 7-12. New members welcome.

Alien Slime Day: Wednesday, July 31, 11:00 AM – 12:00 PM. Get slimed at the library! Play with recipes, colors, and add-ins. All ages.

Libraries continued on page 6

Libraries continued from page 5

Magic Show with Ed Popielarczyk and Summer Reading Finale: Monday, August 5, 6:30 PM. An evening of comedy and magic for everyone. Pick up a free book. All ages.

Meet Vermont Lake Monsters Baseball Players: Tuesday, August 13, 10:30 AM. Lake Monsters baseball players read stories and autograph baseballs. All ages. No pre-registration.

Food For Thought Teen Library Volunteers: Thursday, August 22, 4:00 – 5:00 PM. Teens meet for pizza, discussion, and planning special events at the library. Community service opportunity. Grades 7-12. New members welcome. Free.

Kindergarten Kickoff and Library Open House: Monday, August 26, 6:30 PM. New kindergarten students and their families are invited to listen to stories, get a library card, and meet new friends. For Williston and St. George students entering kindergarten in 2019. Register online (www.williston.lib.vt.us) or at the library.

Dorothy Alling Memorial Library, 21 Library Lane, Williston. 802-878-4918, www.williston.lib.vt.us.

FAIRFAX COMMUNITY LIBRARY

All events are free unless noted. Pre-registration encouraged. www.fairfaxvtlibrary.org, 802-849-2420. Call or email libraryprograms@fwsu.org.

Youth Events

All events are free unless noted. Pre-registration encouraged.

Tuesdays, July 16, 23, 30, 9:30 – 10:30 AM: Preschool Story Hour. Join us for themed stories, songs, and activities for ages 0-6. July 23 and 30: guest reader Mrs. French! No registration necessary for Story Hour.

Tuesday, July 16, 6:00 – 7:00 PM: Watercolor Galaxy Painting. Create a beautiful piece of galaxy-inspired art in this step-by-step painting class for youth. Recommended for ages 8+. Please register.

Thursday, July 18, 5:30 – 7:30 PM: Star Wars Escape Room. Join the rebel alliance to defeat the dark side in this epic escape room event. Sign up for one of three half-hour sessions: 5:30 – 6:00 PM, 6:15 – 6:45 PM, or 7:00 – 7:30 PM. Recommended for ages 10+ but families with younger children are welcome to participate together.

Wednesday, July 24, 2:00 – 3:00 PM: Eggs in Space with STARBASE! Special program by STARBASE Vermont: How does an engineer think? Practice using the engineering design process by building a safety restraint system for “Eggbert.” Launch the shuttle system into a model of the Martian moon Phobos. Ages 6+. Please register.

Thursday, July 25, 6:00 – 7:00 PM: PJ Story Hour. Kids age 0-6 listen to themed stories, followed by a craft and snack. Thanks to Building Bright Futures for this wonderful program.

Saturday, July 27, 10:00 AM – 3:00 PM: Fairfax Mini Renaissance Faire. Join us for our 3rd Annual Fairfax Mini Renn Faire on the lawn in front of the middle school. There will be sword fighting, blacksmithing, and chainmail demos, a Galileo-inspired creation station, live music, food, games, and much more! Free and family friendly.

Adult Events

Thursday, July 18, 5:30 – 7:30 PM: Star Wars Escape Room. Join the rebel alliance to defeat the dark side in this epic escape room event. Sign up for one of three half-hour sessions: 5:30 – 6:00 PM, 6:15 – 6:45 PM, or 7:00 – 7:30 PM. Recommended for ages 10+ but families with younger children are welcome to participate together.

Saturday, July 20, 10:00 – 11:30 AM: Tech Help. Get help with individual tech questions. You can ask any technological question and/or bring in a device with which you need help. You will be able assisted by our techie, Josiah. Call to reserve a half-hour time slot, or drop in.

Saturday, July 20, 10:00 – 11:30 AM: DIY Beeswax Wraps and Sandwich Bags. Back by popular demand, this workshop will teach participants how to make beeswax food wraps. These wraps are a great, eco-friendly way to store leftovers or pack in bagged lunches. Participants will make one large wrap and one sandwich bag to bring home. Ages 16+. \$15 materials fee. Must register.

Saturday, July 27, 10:00 AM – 3:00 PM: Fairfax Mini Renaissance Faire. Join us for our 3rd Annual Fairfax Mini Renn Faire on the lawn in front of the middle school. There will be sword fighting, blacksmithing, and chainmail demos, a Galileo-inspired creation station, live music, food, games, and much more! Free and family friendly.

TOWN OF JERICHO- DEVELOPMENT REVIEW BOARD

NOTICE OF PUBLIC HEARING

The Jericho Development Review Board will hold a public hearing at 7:00 pm on WEDNESDAY August 14, 2019 at the Jericho Town Hall to consider the following

- A request to the DRB by Steven & Katrina Pomarico for preliminary and possible final plat review for a four lot PUD – major subdivision. This property is located at 55 – 57 VT Route 15 which is in the Village Center Zoning District.

All interested persons may appear and be heard. Additional information related to this application may be viewed at the Jericho Planning and Zoning Office during regular business hours.

Chris Flinn
Zoning Administrator
cflinn@jerichovt.gov

Now that the summer season is here, take advantage of our Attraction Passes for free or reduced cost entry. Passes may be reserved up to a week in advanced and must be returned on the same day as they are taken out.

- Birds of Vermont: free admission for one family (immediate family only). Seasonal.

- Echo Leahy Center: admits up to two adults and three youths with a co-pay of \$7 each. (www.echovermont.org) Year round.

- Lake Champlain Maritime Museum: one family free entrance. (www.lcmm.org) Seasonal.

- Shelburne Farms: free admission for one family to the walking trails and children’s farmyard. (www.shelburnefarms.org) Seasonal.

- Shelburne Museum: half-price admission for two adults and up to four accompanying children. Must show your library card and driver’s license along with the pass. (<https://shelburnemuseum.org>) Seasonal.

- Vermont Historic Sites: free entry for one family or groups of up to eight people. (<http://historicsites.vermont.gov>) Seasonal.

- Vermont’s History Museum: free family admission. (www.vermonthistory.org) Year round.

- Vermont State Parks: free entry into state park day areas for up to eight people in one vehicle, 10:00 AM to sunset. (www.vtstateparks.com) Seasonal.

- Education and Enrichment for Everyone: good for one free class. Lectures are held Fridays, 2:00 – 3:00 PM, at Faith United Methodist Church, S. Burlington. (www.EEEVermont.org)

For up-to-date info about programs, visit our website: www.fairfaxvtlibrary.org, where you can also find a link to the interactive Google calendar. Monday, Wednesday 8:30 AM – 5:30 PM; Tuesday, Thursday 8:30 AM – 8:00 PM; Friday 8:30 AM – 3:15 PM; Saturday 9:00 AM – 1:00 PM.

BROWNELL LIBRARY, ESSEX JUNCTION

To join our Universe of Stories Summer Reading Club, register online at brownelllibrary.org. All kids, from pre-readers to teens, receive reading or activity logs when they come to the library. Every time they bring in their reading log, we count the books they read or listened to, or the activities done, and give them special stickers to track their progress. This year readers will compete; will the ORANGE TEAM or the PURPLE TEAM read the most books/hours? Track their progress across the solar system. Winners get bragging rights. (Adults can also join in the fun by registering.)

Teens may volunteer by registering online at brownelllibrary.org. Open the calendar to find the dates of the events. Click on the programs to register. Teen reading records may include books read or listened to, programs participated in or teen volunteering at programs.

Universe of Stories T-Shirts for sale for \$6. Cash or checks payable to: Brownell Library Foundation.

Adopt a Pet – All summer long, children can adopt a pet for a week and keep a journal of what they do together.

Tuesday, July 16, 7:00 – 9:00 PM: Brownell Library Trustees Meeting.

Tuesdays, July 16, 23, 30, 10:00 – 10:30 AM: Story Time. Come listen to picture book stories, songs, puppets and rhymes.

Tuesdays, July 16, 23, 30, 3:00 – 4:30 PM: Maker Tuesdays. July

ART / MUSIC / THEATER

ART/PHOTOGRAPHY

Bryan Memorial Gallery presents *THEN AND NOW*, through Monday, September 2, a *plein air* landscape exhibition of works by twelve 20th century masters of the medium, and thirty contemporary *plein air* landscape artists. Paintings by the masters were selected for their identifiable and preserved locations in Vermont. Contemporary artists were then invited to paint at the same locations as their predecessors over the course of a year. Iconic locations such as Stowe Village and Mount Mansfield were visited and revisited by artists in every season. The exhibit brings together works by 20th century masters alongside contemporary treatments of the same scenes, underscoring aesthetically the passage of time, the lineage of style, and the diversity of vision. In all, 120 paintings, arranged in groups of three and four fill Bryan Memorial Gallery’s Main Gallery and Middle Room. All of the contemporary works are for sale, and a small selection of the master works are also for sale. Open to the public at no charge. A preview of the exhibit can be

seen at www.bryangallery.org. Also, Bryan Memorial Gallery will present its 2019 *Land and Light and Water and Air* Thursday, September 5-Sunday, November 3, 2019. For more information, <http://www.bryangallery.org/pdfs/2019LandandLight.pdf>. Bryan Memorial Gallery, 180 Main St., Jeffersonville; 802-644-5100; www.bryangallery.org. Gallery hours: Thursday-Sunday, 11:00 AM – 4:00 PM, and by appointment.

All the Waters is the theme for the art show currently hanging at the Jericho Town Hall. The show is open during regular Town Hall hours. Enjoy a snack and stop by, on your way home or on your way to work, and see the show. Paintings in oil, watercolor, and pastel, photography of local bodies of water – and some far, far away – and an underwater scene in glass and a 3-D aquarium round out the show. Many mediums and voices interpret the waters in our world. The show will hang through August 2019.

Helen Day Art Center in Stowe is pleased to present three exhibitions opening this summer. *Dusty Boynton: Reliefs* will be the first exhibition of its kind where this nationally recognized Vermont-based artist, known for her monoprints and paintings on canvas, will highlight her sculptural reliefs. In Suzy Spence’s paintings in *On the Hunt*, equestrians roam over bucolic landscapes or cluster in psychologically charged groupings, fierce and elegant. An equestrian, Spence’s paintings consider contemporary issues of gender and power through the potent metaphor of fox hunting. In the group exhibition, *Composing Form*, artists from Puerto Rico, Estonia, China, and the United States work within the medium of ceramics to explore a range of complex narratives, historical references, and formal concerns. The artists Robin Best, Cristina Córdova, Sin-Ying Ho, Sergei Isupov, Kadri Pärnamets, Tara Thacker, and Jerilyn Virden bring with them a variety of histories and stories that sculpt their realities and inform their aesthetics. Helen Day Art Center, 90 Pond St., Stowe; gallery hours: Tuesday-Saturday, 10:00 AM – 5:00 PM and by appointment; 802-253-8359, www.helenday.com.

HAVOC Gallery exhibits fine art by Joël Urruty, Mandy Daniels, George Peterson, Gordon Auchincloss, John Rose, Damien Hirst, and Bruce R. MacDonald – Large, Precise, and Multidimensional. The Gallery is also open by appointment (call 800-639-1868) and most days there is someone there, so just stop by. The hours of the gallery might be chaotic, but the vision of HAVOC and the art is not. HAVOC Gallery has eighteen foot ceilings and massive doors for natural light. The gallery is easily accessed from downtown Burlington, just a three-minute drive south on Pine Street from the

Work in teams to plan and create our own stop motion animations. July 23: Explore space, learn about Saturn and turn a CD into a Saturn planet. July 30: What does it look like on other planets? Explore with your imagination while building an alien landscape terrarium.

Wednesday, July 17, 7:00 – 8:30 PM: TEDxBrownellLibrary: Space. Ted Talk videos around this theme will be viewed and reflected upon. This is a great opportunity to connect with others!

Wednesdays, July 17, 24, 31, 12:00 and 1:00 PM: Tech Help with Clif. Offering one-on-one technology help. Reservation required. Please call 878-6955 at least 24 hours in advance.

Friday, July 19, 9:30 – 10:30 AM: Play Time for Little Ones. Active play time for kids 0-5 years old. Check out our new blocks!

Friday, July 19, 2:30 – 4:00 PM: Iron Cosplay for Teens. Join us for Brownell’s first ever Iron Cosplay! Teams will face off, making the best cosplay they can using only the random stuff we provide, in 15 minutes or less! The game will occur in rounds, with challenges. Winners get bragging rights, and their creations will be displayed as part of our Universe of Stories decor!

Friday, July 19, 6:30 – 8:30 PM: Movie Night. Rated PG. Free popcorn and drinks!

Mondays, July 22, 29, 12:00 and 1:00 PM: Tech Help with Clif. Offering one-on-one technology help. Bring in your new gadget or gizmo and Clif will sit with you to help you learn its ways! Reservation required. Please call 878-6955 at least 24 hours in advance.

Monday, July 22-Friday, July 26: Mystery Word Week. Can you find the mystery word in a book? Those who do will win a free ice cream cone at Sam’s Scoop Shop! Word to be revealed Monday, July 22. For independent readers only.

Wednesday, July 24, 3:00 – 5:00 PM: LARP. Live Action Role Play (LARP) is a DIY adventure in a mythical land. Create your own character and enter the story. Fun and fantastic for ages 11 and up. For teens.

Thursday, July 25, 2:00 – 5:00 PM: Celestial Shadow Puppets. Make your own shadow puppets with Tina Logan and explore star stories from around the world! Puppet making will start at 2:00 PM; participants can stay for an optional performance of their shadow-puppet star-story, starting at 4:00 PM. Recommended for grades 3-8.

Friday, July 26, 9:30 – 10:15 AM: Music with Raph. Come sing and dance with Raph. All ages.

Friday, July 26, 5:30 – 8:30 PM: Dungeons & Dragons. Embark upon imaginary adventures. A Dungeon Master serves as this role playing game’s referee and storyteller. Game starts at 6:30 PM; come early for help with character design. For teens and adults.

Wednesday, July 31, 9:00 AM – 8:30 PM: Movie Marathon. Stop by the library to binge watch movies based on a TV series where you can “boldly go where no one has gone before.” Join us for all the movies or just watch one or two. For teens and adults.

Brownell Library, 6 Lincoln St., Essex Junction. Hours: Monday, Wednesday, Friday: 9:00 AM – 9:00 PM; Tuesday, Thursday, Saturday (July until after Labor Day, closed Saturdays): 9:00 AM – 5:00 PM. Call Main Desk 878-6955, Youth Desk 878-6956, Reference Desk 878-6957, or email frontdesk@brownelllibrary.org.

Art / Music / Theater continued on page 7

Art / Music / Theater continued from page 6

center of town. Hours: Wednesdays, Thursdays, and Fridays, 9:00 AM – 5:00 PM and every first Friday, 5:00 – 8:00 PM. HAVOC Gallery, 27 Sears Lane, Burlington; www.HAVOCGallery.com; HAVOC@havocgallery.com or 800-639-1868.

Burlington City Arts (BCA) will be running a Summer Artist Market every Saturday, 9:30 AM – 3:30 PM on lower Church St., Burlington, in front of City Hall and the BCA Center. This outdoor market offers unique handmade items by Vermont artists – ceramics, jewelry, games, clothing, accessories, and more. The Market will run through October 12. At the BCA Center, summer exhibitions run through Sunday, October 6: are *Sara Amos: Unique Multiples* and *Job Site: Alisa Dworsky and Bill Ferehawk*. For information, <https://www.burlingtoncityarts.org/exhibitions>. There will be an opening reception on Friday, July 21, 5:00 – 7:00 PM, with free admission. Burlington City Arts, 135 Church St., Burlington; <https://www.burlingtoncityarts.org/>.

At the Shelburne Museum, running through Sunday, August 25 at the Shelburne Museum's Colgate Gallery, Pizzagalli Center for Art and Education, *Harold Weston: Freedom in the Wilds* presents American 20th century painter Harold Weston's early Adirondack views and selections from the *Stone Series*, alongside diaries, letters, photographs, and related ephemera that make a case for the connections between spirit, nature, and Weston's art. Weston (1894-1972), an American modernist painter and social activist, was called "the Thoreau of the Adirondacks." This is the first exhibition to pointedly illuminate the links between the artist's written words – much in his distinctive, lyrical handwriting – with Weston's prodigious body of work. Running through October 31 is *In Their Element: Jonathan D. Ebinger, Rodrigo Nava, Dan Snow* – an outdoor installation featuring sculptures that complement and amplify one another through their shared engagement with fire, wind, and earth, pushing the boundaries of their respective materials and processes. Through October 20 at the Pizzagalli Center for Arts and Education's Murphy Gallery, the Museum presents *William Wegman: Outside In*, a comprehensive exhibition exploring over four decades of the renowned artist's ongoing fascination with the natural world showcasing over 60 works of art from his collection in a variety of media. For information, 802-985-3346 or www.shelburnemuseum.org.

Visions of Vermont Art Galleries in Jeffersonville is open Tuesday-Sunday, 11:00 AM – 5:00 PM. Hosts Jane and Terry Shaw, 644-8183; Visions of Vermont, 100 Main St., Jeffersonville. For

more information, visit www.VisionsofVermont.com.

Dianne Shullenberger Gallery, 228 Nashville Rd., Jericho, VT 05465; 899-4993 or vidianne@hotmail.com.

Emile A Gruppe Gallery, 22 Barber Farm Rd., Jericho; Emilegruppegallery.com, 802-899-3211.

River Arts of Morrisville Inc., 74 Pleasant St., Morrisville; 802-888-1261, <http://www.riverartsvt.org>.

Milton Artists' Guild Art Center & Gallery, 199 U.S. Rt. 7 South, Milton; open Wednesday-Saturday, 9:00 AM – 6:00 PM and Sundays, 11:00 AM – 3:00 PM (closed Monday and Tuesday); <https://www.miltonartistsguild.org/workshops>.

MUSIC

Bryan Memorial Gallery will present pianist Michael Arnowitz on Saturday, July 20, 4:00 PM at the Bryan Gallery in a concert presentation of the music of Aaron Copland, entitled *AMERICA*. Arnowitz will perform music from Copland's *Four Piano Blues*, *Piano Variations*, *El Salon Mexico*, and Copland's famous *Appalachian Spring*. Also included on the program will be *Conversation at the Soda Fountain*, from the music Copland wrote for the film version of Thornton Wilder's *Our Town*. Michael Arnowitz is a pianist and composer, well known to Vermont audiences. His imaginative musical landscapes and extraordinary sense of touch at the piano have delighted audiences in concert halls around the world. The event sponsor is The Cambridge Arts Council. There is no charge for this program and the event. Seating for this concert is limited, first come, first served. Bryan Memorial Gallery, 180 Main St., Jeffersonville; 802-644-5100; www.bryangallery.org.

Johnson's Tuesday Night Live will be on stage from 6:00 – 8:30 PM at the Legion Field on School Street. This free community event brings young and old together for good music and visiting. Many vendors will provide good eats at this family friendly event. The Johnson Historical Society will be there with slices of homemade pie and cake. Bring a chair or blanket and perhaps an umbrella in case of rain. Parking is along School Street, in the elementary school parking lot, and at the McClelland Building lot on College Hill. Summer showers may dampen the enthusiasm for a few minutes, but it is lightning and thunder that cancels the event. Information at 730-2943. *Brett Hughes & The Honky Tonk Crowd* will take the stage on Tuesday, July 16, followed by six more concerts on the Tuesday Night Live Outdoor Stage.

Burlington City Arts' annual summer concert series presented

by VSECU kicked off on June 12. All are welcome to enjoy free concerts, this year on lower Church Street near City Hall. The series takes place on Wednesdays and Fridays at 12:30 PM through August 28. The 2019 line-up features both local favorites and some from further afield that may be new to Burlington audiences. It's an excellent opportunity to listen to new music, have lunch with a friend or co-worker or enjoy being outside with your community, supporting live music. July 17: Green Mountain Playboys (Cajun/Zydeco); July 19: Red Hot Juba (Countrified Jazz and Blues); July 24: Mosa Music (Folk); July 26: The Blind Spots (Pop); July 31: Bella and the Notables (Jazz); August 2: Nicholas Edward Williams (Folk); August 7: Moose Crossing (Jazz); August 9: Zeichner Trio (Folk); August 14: John Emil (American Roots and Blues); August 16: Bessette Quartette (Groovy Jazz); August 21: Jenni Johnson and the Jazz Junketeers (Vocal Jazz); August 23: Alison Turner (Indie Pop); August 28: TBD. For more information: www.burlingtoncityarts.org/summerconcerts.

THEATER/FILM

Burlington City Arts is excited to announce the incredible talent headlining the 12th annual Festival of Fools, in Burlington Friday-Sunday, August 2-4. This year's free, all-ages, street performance festival will feature *Cimarrón*, Dan Deacon, *FLiP*, *Flyin Hawaiian*, Giri and Uma Peters, Kilted Colin, *Lakou Mizik*, *NANDA*, *Red Trousers*, Sara Twister, Tic & Tac, and the *Waterbombs*. Festival of Fools celebrates the inclusive art of busking and street performance. Open to the public and appropriate for all age groups. Full information about performers, festival events, and future announcements can be found at www.vtfools.org.

Dorset Theatre Festival has announced its 2019 Main Stage Summer Season: through July 27 – *Dig*, a world premiere written and directed by Theresa Rebeck; August 1-17 – *Mrs. Christie*, a world premiere by Heidi Armbruster and directed by Giovanna Sardelli; and August 22-31 – *Slow Food* by Wendy MacLeod and directed by Jackson Gay; and the *Pipeline Series: Three New Works in Process* on July 23 and August 13. All performances will take place at the Dorset Playhouse, 104 Cheney Rd., Dorset. Subscriptions for the 2019 Summer Season and single tickets are on sale now; the box office may be reached by calling 802-867-2223 ext. 101, Tuesday-Saturday, 12:00 – 6:00 PM. For more information or to purchase subscriptions and tickets online: www.dorsettheatrefestival.org.

PEOPLE IN THE NEWS

OBITUARIES



In the early hours of the morning on Wednesday, June 26, 2019, **Gael Gates Boardman** of Underhill, VT passed away in the home that he loved, on the property that he loved, in the town he loved. Gael was born in Underhill on May 14, 1938 to Eleanor Gates and Gilman C. Boardman. When he was in the fifth grade, his family moved to St. Albans, VT where he continued his education, graduating

From BFA in 1958. He attended Michigan Tech in Houghton, MI, came back to Vermont, received his BA from Goddard College and his Master's degree from St. Michael's College, Colchester, VT. In 1960, he married Judith Leslie Johnson. They moved to Underhill in 1961 and he resided there until his death. His love for anything old started early and he started to collect things... tools, automobiles, tractors. His collection filled two barns, bringing things home and rarely parting with anything. His pride and joy was his 1918 Locomobile. He was an active member of the community and was a member of the Underhill Planning Commission for years, the Board of Civil Authority for years, a member of the Historical Society for years. He was a founder of the Underhill Jericho Boy Scout Troop 627, something he was very proud of. Antique cars being his true love, he has been an active member of the Vermont Automobile Enthusiasts since 1956. He was involved in the automobile business for years and was an Adjunct Professor at St. Michaels College and at Champlain College, Burlington, VT. He leaves behind his wife of 59 years, daughter Janet (Joe Peryea), daughter Susan (Scott Tobin), and son Owen, named after an antique car (Michelle); five grandchildren: Leah, Abbie, Molly, Betsey, and Avery. There is no memorial gathering planned at this time.



Roger William Aspinall, 76 years old, from Jericho, VT passed away peacefully in West Palm Beach, FL on Monday, June 24, 2019 with his loving wife by his side. Roger was born August 4, 1942, the son of the late Daniel and Emma (Folberth) Aspinall. He was born and raised in New York, NY. On October 8,

1966 he married Jane (Towart) Aspinall, in the Bronx, NY. In 1966, he started his 35-year career with International Business Machines (IBM) and moved to Jericho in 1969. Upon retiring, he went to work for the University of Vermont. Roger always had a love of baseball, and was an avid fan of his beloved New York Yankees. Roger was always around a baseball field, whether playing or being part of his 20+ years of coaching/support of Jericho Youth Sports. Roger is survived by his loving wife of 52 years, Jane. He is also survived by his only sister, Diane (John Gott) of New Milford, CT. Roger was the father of three boys and one girl: James (Renni Belter), Roger (Kimberly Brooks), Tara (Ray Roach), and Thomas (Irina Marian). Roger was most proud of his seven grandchildren: Ellie, Emma, Emily, Michael, Connor, Rylee, and Mark. He was a member of St. Pius X and a memorial service will be held at St. Pius X, 20 Jericho Rd., Essex Center, VT on Wednesday, July 31, 2019 at 10:00 AM. Arrangements and cremation are being held by Quattlebaum Funeral Services, West Palm Beach, FL. In lieu of



flowers, the family asks that donations be made to the American Cancer Society.

Teresa Paquette Meigs of Jeffersonville, VT, a resident of this community since 1961, passed away on Thursday, July 4, 2019, at the Homestead in St. Albans, VT. Relatives and friends were invited to attend calling hours on Wednesday, July 10, 2019 at the Heald Funeral

COLLEGE HONORS

Tessa Jutras of Underhill, VT was named to the 2019 Dean's List at Boston University, Boston, MA.

COLLEGE GRADUATE

Tessa Jutras of Underhill, VT graduated Cum Laude from Boston University, Boston, MA on March 17, 2019 with a Bachelor's of Science Degree in Communication.

HOME IMPROVEMENT

Award Winning Homes



Comfort and Elegance

creating a home designed with you in mind



- Period Design Build
- Additions
- Remodeling
- Sun Rooms
- Porches • Garages
- Bath & Kitchen Remodels
- Roofing • Siding
- Flooring: Hardwood & Tile
- Window & Door Replacement
- Electrical & Plumbing
- Light Painting
- Handyman Services



23 Kristie Lane
Jericho, VT 05465
www.thurgateconstructionvt.com

Hire your neighbors!
Shop Locally!

Home, 87 So. Main St, St. Albans. A Mass of Christian Burial was celebrated on Thursday, July 11, 2019 at St. Mary's Catholic Church, 312 No. Main St, Cambridge, VT. To view a complete obituary or offer a message of condolence, kindly go to www.healdfuneralhome.com.

LANDSCAPING & MAINTENANCE



Growing well rooted plants and relationships since 1983
Design • Stonework • Planting • Patios • Water Features
www.creativelandscapingvt.com • Like us on @creativeLGC
ROBERT SCHANTZ HORTICULTURALIST
113 Route 15, Jericho, VT 589
robertschantz@msn.com Ph 802-899-8900
Fax 802-899-4957
Cell 802-363-4445

All Phase Property Maintenance, LLC
Sanding & Salting Services Residential Commercial
24 HR Service
Lawn Care & Gardens, Fence Installation/Repair, Pressure Washing, Stone-Concrete Walkways, Walls and Patios, Firewood, Light Trucking, Driveway Installation & Repair York raking, Brush hogging, Snow Plowing, Sanding & Salting, Electrical & much more...
Office: 899-2919 - Cell: 734-8247
Stephan Griffiths Jr. - Owner
Fully Insured allphase87@email.com Essex, VT 05452

TRUCKING - METAL RECYCLING



YOU CALL!
WE HAUL!

We Pick Up and Pay for Junk Automobiles!

Route 15
Hardwick
802-472-5100

3842 Dorset Lane
Williston
802-793-9133



From the Havoc Gallery

Left, HAVOC Gallery exhibits fine art by Joël Urruty, Mandy Daniels, George Peterson, Gordon Auchincloss, John Rose, Damien Hirst, and Bruce R. MacDonald – Large, Precise, and Multidimensional. The Gallery is also open by appointment (call 800-639-1868) and most days there is someone there, so just stop by. The hours of the gallery might be chaotic, but the vision of HAVOC and the art is not. HAVOC Gallery has eighteen foot ceilings and massive doors for natural light. The gallery is easily accessed from downtown Burlington, just a three-minute drive south on Pine Street from the center of town. Hours: Wednesdays, Thursdays, and Fridays, 9:00 AM – 5:00 PM and every first Friday, 5:00 – 8:00 PM. HAVOC Gallery, 27 Sears Lane, Burlington; www.HAVOCGallery.com; HAVOC@havocgallery.com or 800-639-1868.



PHOTO CONTRIBUTED

A new exhibition by artist Michael Smith, titled I can't move, case studies in still life behavior is opening at the Emile A Gruppe Gallery, Barber Farm Rd., Jericho on Thursday, July 25; there will be an artist reception on Sunday, July 28, 2:00 – 4:00 PM. According to Michael, a still life is a depiction of an arrangement of inanimate stuff, and has occupied an important place in the visual arts for centuries. A still life is steadfast and immobile. It will not turn away from the artist's (or viewer's) gaze. But when no one is looking, a still life might begin to display its obvious hidden colors. "These paintings are presented to document some of these seldom observed situations," says Michael. The show will hang through Saturday, August 24. For more information, see emilegruppegallery.com.



PHOTO CONTRIBUTED

A REPUTATION FOR RESULTS!



Richmond - \$424,900

Brand new colonial with seasonal views of Camel's Hump. 1872 sq ft home w/ 3 bdrms & 2 baths up. End of the road privacy on 1 acre lot. Open floor plan, low sheen birch floors on 1st floor. Lg kitchen w/ granite counters. Walkout basement w/ windows & slider for even more potential finished area.



Milton - \$335,000

3 bed, 2.5 bath Colonial. Freshly painted living room flows into dining w/ slider to back deck. Large, open kitchen w/ SS appliances, breakfast bar and abundant storage. 1st floor 1/2 bath and library. 2nd floor master w/ ensuite, 2 additional beds and large full bath complete 2nd floor. Lower level rec room and extra room for office.



St. Albans - \$199,000

Well cared for St. Albans duplex just down from the city center and convenient to the interstate. Large 3 bedroom unit with open kitchen as well as a 2 bedroom unit. Separate entrances and utilities. Great off street parking and fully rented month to month. Suitable for investment or owner occupancy.



St. Albans - \$160,000

Fantastic opportunity to purchase a fully approved four lot subdivision comprised of 7+ Acres. All state and local permits in-hand. Sellers even have the driveway curb cut. Set and ready to go for you! In a lovely location just outside of town with an open level plot filled with a fringe of woods to the rear.



CALL NANCY TODAY!

Nancy Jenkins Real Estate
140 Kennedy Dr, Suite 102
South Burlington, VT 05403
802-846-4888 - 888-567-4049

In the Heart of YOUR Community!

"Thanks to the expert work with Sean, I'm back to doing yoga and riding in the car comfortably. I'm grateful."

Carolyn Smiles



Transitions Physical Therapy

SPORTS • SPINE • PELVIS • POSTURE

Jericho 802.899.5200 • www.transitionspt.com



Bryan Memorial Gallery announces the appointment of Stephen Gothard of Belvidere Center as its Executive and Gallery

Assistant. Gothard will staff the gallery throughout the summer and assist the Executive Director in administrative and public relations activities throughout the year. Gothard is originally from California and has lived throughout the U.S. before recently settling in Vermont. He attended university at Purchase College, SUNY where he earned both a B.A. and an M.A. in art history. When not at the gallery, he can be found enjoying the natural beauty of the region through hiking, cycling, running, and swimming, and has completed the grueling Lake Placid Ironman Triathlon. Bryan Memorial Gallery is open daily, 11:00 AM – 5:00 PM, through October 14; 180 Main St., Jeffersonville; www.bryangallery.org; 802-644-5100.

PHOTO CONTRIBUTED

ENERGY CO-OP OF VERMONT

Use less. Save more.



Sign up today for heating oil price protection

If you'd like to save money and protect yourself from winter fuel price volatility, consider the Price Protection plans of the Energy Co-op. We'll help you select the payment plan that's right for you and introduce you to the many benefits that our member-owned Co-op provides.

Visit www.ecvt.net or call us at 802-860-4090

Energy Co-op of Vermont delivers heating oil, kerosene and premium wood pellets. The Co-op also offers energy audits, weatherization services, installation and maintenance of high-efficiency heating equipment and heat pumps, 24/7 emergency service and discounted solar installations.

STAY LOCAL. GO FAR.



"I realized that home ownership was a dream I could make happen." — Lynette Daniels, New Homeowner

MORTGAGES

UnionBank
Member FDIC Equal Housing Lender

800.753.4343
GO.UBLLOCAL.COM/MORTGAGE
Banking local can get you there faster.